Tilden Regional Park

Year Opened: 1936

Acres: 2,079

Highlights: Hiking, bicycling, equestrian, picnicking, group camping, public golf course, lake swimming, historic merry-go-round, steam trains, Botanic Garden, Little Farm, historic Brazil Building.

Feeds: No fee for parking or dogs.


Lake Anza

Enjoy beach sunbathing, swimming, picnicking, and food service (swim complex entrance fee). For swim season and lifeguard hours see ebparks.org, or call 1-888-327-2757, option 3, ext. 4562.

Golf Course

Enjoy an 18-hole championship golf course, a driving range and practice green, the pro shop, and food service (swim complex entrance fee). For swim season and lifeguard hours see ebparks.org, or call 1-888-327-2757, option 3, ext. 4562.

Nature Area Trails

Tilden Nature Area’s trails, designated by symbols on trailside directional posts, vary in length and difficulty and traverse a variety of habitats. A self-guided trail booklet is available for the Jewel Lake Trail from the EEC. The Short-Loop Trail offers a relatively non-strenuous walk compared to Tilden’s more demanding trails.

Botanic Garden

The Regional Parks Botanic Garden specializes in the display, propagation, and conservation of California’s native plants. The Garden’s plant displays are presented geographically and cover our entire state. The Botanic Garden is open Tuesday through Sunday, 10 a.m. to 4:30 p.m. The nearby Little Farm features beautifully restored wooden menagerie carousel animals. For information, operating hours, and ticket prices, call (510) 559-1004.

Ours to Explore, Enjoy and Protect

Please enjoy the Regional Parks safely and help protect and preserve the parklands by complying with park rules and regulations.

Safety

Stay on trails. Shortcuts are dangerous and damage natural resources.

• Bring plenty of water to prevent dehydration.

• Be prepared for sudden changes in weather conditions.

• Keep parks clean. Pack out what you pack in.

• Inform someone where you are going and when you will return.

• Save our 24/7 Dispatch Center number on your cell phone: Emergency (510) 881-1121; Non-emergency (510) 881-1833.

Rules

• Dogs must be leashed in parking lots, 200 feet from any trail or park entrance or as posted in picnic areas, developed areas. Dogs must be under voice control at all times. Clean up after your pet: bag it, bin it.

• Bicycles and e-Bikes are permitted on designated trails only.

• Bicyclists yield to pedestrians. Both yield to equestrians.

• State law requires that all bicyclists under age 18 wear a helmet. All bicyclists and equestrians are encouraged to wear helmets at all times.

The following are prohibited:

• Feeding or approaching wildlife

• Fishing or trapping wildlife

• Causing Damage to plants, geological or archaeological features

• Smoking/vaping

• Flying Drones

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See ebparks.org/rules.