Tilden Regional Park

Year Opened: 1936  Acres: 2,079

Highlights: Hiking, bicycling, equestrian, picnicking, group camping, public golf course, lake swimming, historic merry-go-round, steam trains, Botanic Garden, Little Farm, historic Brazil Building.


Lake Anza

Enjoy beach sunbathing, swimming, picnicking, and food service (swim complex entrance fee). For swim season and lifeguard hours see ebparks.org, or call 1-888-327-2757, option 3, ext. 4562.

Golf Course

Enjoy an 18-hole championship golf course, a driving range and practice green, the pro shop, and food service. Reservations: (510) 848-7373.

Tilden Nature Area

This 740-acre preserve with 10+ miles of hiking trails is home to farm animals, including cows, sheep, goats, rabbits, chickens, and pigs. Several heritage breeds are preserved, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery to feed the animals. Park naturalists offer interpretive programs about the area’s natural and cultural history for schools, organized groups, and the public. To make school or group program reservations, call the EEC at (510) 544-2323 or 1-888-327-2757, option 3, ext. 4564, or see ebparks.org.

Nature Area Trails

Tilden Nature Area’s trails, designated by symbols on trailside directional posts, vary in length and difficulty and traverse a variety of habitats. A self-guided trail booklet is available for the Jewel Lake Trail from the EEC. The Short-Loop Trail offers a relatively non-strenuous walk compared to Tilden’s more demanding trails.

Botanic Garden

The Regional Parks Botanic Garden specializes in the display, propagation, and conservation of California’s native plants. The Garden’s plant displays are presented geographically and cover our entire state from our southern deserts, to the high Sierra, to the northwestern redwood forests. Garden hours are 8:30 a.m. to 5:30 p.m. daily June to September and 8:30 a.m. to 5 p.m. daily October to May. Phone 1-888-327-2757, option 3, ext. 4507.

Brazilian Room

This historic building, a 1939 gift from the nation of Brazil, is popular for weddings, social events, and meetings. The facility, including a commercial kitchen and patio, may be viewed during open houses and by appointment. Phone (510) 544-3164.

Merry-Go-Round

The Merry-Go-Round, built in 1911 by Hershell-Spillman, and relocated to Tilden Regional Park in 1948, features beautifully restored wooden menagerie carousel animals. For information, operating hours, and ticket prices, call (510) 539-1004.

Ours to Explore, Enjoy and Protect

Please enjoy the Regional Parks safely and help protect and preserve the parklands by complying with park rules and regulations.

Safety:

• Stay on trails. Shortcuts are dangerous and damage natural resources.
• Bring plenty of water to prevent dehydration.
• Be prepared for sudden changes in weather conditions.
• Keep parks clean. Pack out what you pack in.
• Inform someone where you are going and when you will return.
• Save our 24/7 Dispatch center number on your cell phone: Emergency (510) 881-1121; Non-emergency (510) 881-1833.

Rules:

• Dogs must be leashed in parking lots, 200 feet from any trail or park entrance or as posted in picnic areas, developed areas. Dogs must be under voice control at all times. Clean up after your pet: bag it, bin it.
• Bicycles and e-Bikes are permitted on designated trails only.
• Bicyclists yield to pedestrians. Both yield to equestrians.
• State law requires that all bicyclists under age 18 wear a helmet. All bicyclists and equestrians are encouraged to wear helmets at all times.

The following are prohibited:

– Wading and/or swimming in pond and/or designated areas.
– Feeding or approaching wildlife.
– Feeding in non-designated areas/parks.
– Consuming alcohol in non-designated areas/parks.
– Bringing animals onto pond or designated areas/parks.
– Smoke/Puffing.
– Picking Flowers.

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See ebparks.org/rules.

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The following are prohibited:

– Wading and/or swimming in pond and/or designated areas.
– Feeding or approaching wildlife.
– Causing damage to plants, geological, or archaeological features.
– Smoke/Puffing.
– Picking Flowers.

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Our bases are set and we are ready. We are not only ready but we are energized and ready to go. We have a plan and we are going to execute it. We have a team that is committed and we are going to make sure that we execute it. We have a plan and we are going to execute it. We have a team that is committed and we are going to make sure that we execute it.