


# TILDEN NATURE AREA

MARCH—APRIL 2023 NATURALIST PROGRAMS

East Bay   
Regional Park District  
www.ebparks.org

All programs meet at the Environmental Education Center unless otherwise noted. Accommodation will be made for visitors with disabilities upon advance request.

Programs requiring registration have a  symbol after the program name. Use the listed course number when making reservations by phone (1-888-EBPARKS opt. 2) or at our registration website, [ebparks.com](http://ebparks.com). All other programs are drop-in only. For more information on drop-in programs call 510-544-2233 or email [tnarea@ebparks.org](mailto:tnarea@ebparks.org).



## CREEK & POND STUDY

Trent Pearce

3-4pm, Sat, Mar 4 & 18

Take a 'dip' and discover creatures that call streams and ponds home. Wear shoes to get wet/muddy.



## MONDAY BIRDING

Various Parks

Anthony Fisher

9am-Noon, Mon, Mar 6, 13, 20 & 27

Learn the birds, and never want for friends.

**Mar 6:** Briones, Bear Creek Staging Area, Hills.

**Mar 13:** Point Pinole, Dotson Family Marsh. Flat.

**Mar 20:** Wildcat Canyon, Alvarado Staging Area. Hills.


**Mar 27:** Briones, Old Briones Road Entrance. Hills.




## The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

## Program Key:

 = Parking fee may apply

 = Wheelchair accessible

 = Online registration

## Contact Us:

**Mail:** 600 Canon Drive

Berkeley, CA 94708

**Telephone:** 510-544-2233

**Email:** [tnarea@ebparks.org](mailto:tnarea@ebparks.org)

Healthy Parks   
Healthy People

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### THE OVER-THE-HILLS GANG

Interpretive Staff

10am-12:30pm, Tue, Mar 7 & 21, Apr 11 & 25

VARIOUS PARKS—Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.

**Mar 7:** Martinez Shoreline—mostly flat!

**Mar 21:** Sobrante Ridge, Coach Drive (hills & no facilities)

**April 11:** Contra Loma, Large parking area, near swim lagoon (parking fee)

**April 25:** Tilden Park, Steam Trains overflow lot—Search for flowers on his hilly walk.

### TILDEN TOTS

Melissa Fowlks

10:30-11:30am, Wed, Mar 15 & Apr 19

TILDEN NATURE AREA—Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story. Meet outside the visitors center.



### HIKE AND STORYTIME

Various Parks

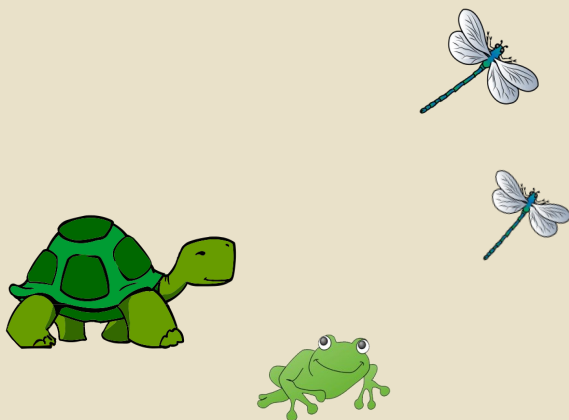
Melissa Fowlks

11am-12:30pm, Thu, Mar 16 & Apr 20

Join Naturalist Melissa and Librarian Deborah in nature exploration activities, and a themed Storytime.

**Mar 16:** Kennedy Grove, meet at the lawn.

**April 20:** Miller Knox, meet at Big Meadow Picnic site.



### VIRTUAL CREEK & POND STUDY

Trent Pearce

3-4pm, Sat, Mar 11

Live on Instagram @tilden.nature.area! Explore aquatic insects, amphibians, and more from the comfort of your phone.

### INSECTS (AND OTHER CURIOUS PHENOMENA)

Tilden Nature Area

Anthony Fisher

2-3:30pm, Sat Apr 1, 8, 15 & 22

Take the pulse of the park on these casual, exploratory walks. We will bring some organisms back to the microscope before releasing them.

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