The Tilden Nature Area is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

Program Key:

= Parking fee may apply
= Wheelchair accessible
= Online registration

Contact Us:

Mail: 600 Canon Drive
Berkeley, CA 94708
Telephone: 510-544-2233
Email: tnarea@ebparks.org
FARM CHORES FOR LITTLES
Melissa Fowlks
10:30-11am, Sat, Jul 9 & Aug 13
Little children will enjoy taking care of the little animals at the Little Farm. Meet at the chicken coop for a variety of age-appropriate activities.
No registration, drop-in, for info (510) 544-2233

TURTLE TALK
Jenna Collins
1-1:30pm, Sat, Jul 9 & 23
Come meet our resident turtle and find out how this awesome reptile navigates the world. Meet at the visitor center.
No registration, drop-in, for info (510) 544-2233

INVERTEBRATE EXPEDITIONS
Trent Pearce
2-3pm, Sun, Jul 10 & 24
Summer brings insects, arachnids, and other arthropods to the fields and forests. Learn about our exoskeleton-bearing friends on these short walks. All ages welcome.
No registration, drop-in, for info (510) 544-2233

WOOL TO DYE FOR
Jenna Collins
11am-Noon, Sat, Jul 16
Unlike video games, you can’t shear a green sheep to get a green sweater! Discover how people create color from natural ingredients then dye yarn using modern pantry staples. Meet at the visitor center.
No registration, drop-in, for info (510) 544-2233

THE ITSY BITSY SPIDER...
Jenna Collins
1-1:30pm, Sat, Jul 16 & 30
...went down the water spout and built a beautiful web! Join us for a hike around the farm to see where our littlest critters hide. Bring your magnifying glasses! Meet at the visitor center.
No registration, drop-in, for info (510) 544-2233
**TILDEN NATURE AREA**

**JULY /AUGUST 2022 NATURALIST PROGRAMS**

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**TILDEN TOTS**
Melissa Fowlks
10:30-11:30am, Wed, Jul 20 & Aug 17
Bring the littlest ones to the park to explore! Do a craft, meet some animals, and listen along to a story.
Meet outside the visitor center.
No registration, drop-in, for info (510) 544-2233

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**CHORES FOR LITTLE GARDENERS**
Jenna Collins
10-11am, Sat, Jul 23 & 30
Lend a hand weeding, watering and planting our healthy vegetables. Meet at the Kids Garden.
No registration, drop-in, for info (510) 544-2233

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**THE OVER-THE-HILLS GANG**
Various Parks
Trail Gail
10am-12:30pm, Tue, Jul 26, Aug 9 & 23
Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.
No registration, drop-in, for info (510) 544-2233
**Jul 26:** Crockett Hills, Crockett Ranch staging area—Grasslands and ranching on this hilly walk.
**Aug 9:** Huckleberry Preserve — Up and down all around on small trails, in this shady park (No dogs)
**Aug 23:** Point Pinole, Atlas Bridge Staging Area—Learn about its explosive past, (flat!).

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**BLACKBERRIES, MORE THAN AN EDIBLE FRUIT**
Trail Gail
1:30-3pm, Sun, Aug 7
With some warm weather and a little luck, we can experience this natural fruit, firsthand. Not all blackberries are the same, or are they?
No registration, drop-in, for info (510) 544-2233
TILDEN NATURE AREA
JULY /AUGUST 2022 NATURALIST PROGRAMS

AFTERNOON NATURE WALK
Anthony Fisher
1-2:30pm, Sat, Aug 13, 20 & 27
Each moment in Nature is new. What shall be revealed today? Meet at the Visitor Center.
No registration, drop-in, for info (510) 544-2233

MORNING LOW TIDE
Point Pinole, Giant Road Staging Area
Trail Gail
8-10am. Sun, Aug 14
The early bird gets the worm, lug worm that is. Explore the shore and find out who else is up early. Wear shoes that can get muddy!
No registration, drop-in, for info (510) 544-2233

TAKE A WALK ON THE WILD SIDE
Trail Gail
8-10am. Sun, Aug 21
Trek to the top of the world. We’ll climb Wildcat Peak, watch for wildlife and experience our connection to the rest of the bay area. Bring water.
No registration, drop-in, for info (510) 544-2233

WEDNESDAY WALK
Briones Regional Park, Alhambra staging area
Trail Gail
9am-12:30pm, Wed, Aug 31
Water, Water everywhere, or is there? We’ll find out on this hilly walk.
No registration, drop-in, for info (510) 544-2233

Summer Riddles

1. Why do bananas use sunscreen?
2. What is full of holes, but can still hold water?
3. I am a frozen treat. I am not in a cone. I do not have a stick. Part of my name sounds like a day of the week. What am I?

1. Because they peel. 2. A sponge. 3. An ice cream sundae!

Healthy Parks
Healthy People