

TILDEN NATURE AREA

JANUARY 2025 NATURALIST PROGRAMS

East Bay
Regional Park District
www.ebparks.org

*All programs meet at the Environmental Education Center unless otherwise noted.
Accommodation will be made for visitors with disabilities upon advance request.*

Program Key:

Ⓟ = Parking fee may apply

♿ = Wheelchair accessible

Contact Us:

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The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

CREATURE FEATURE

Interpretive Staff

10:30 - 11 am, Every Sat

From reptiles to rabbits, cockroaches to cows, you'll be amazed upon meeting our featured animal ambassador!



WINTER WATERCOLOR

Melissa Fowlks

11 am - 12:30 pm, Sat, Jan 4

Take some respite in nature, slow down, and use the natural settings around you to inspire your creativity through watercolor. Each Saturday, we will meet at the Environmental Education Center and move to a different location nearby.



FUN ON THE FARM

Interpretive Staff

2 - 3 pm, Every Sat

Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the farm near the chicken coop.



NIGHTTIME NOISES ♿

Jenna Tidd

3 - 4 pm, Sat, Jan 4 & 18

Sometimes sounds in the night can spook us! But they aren't as scary when you know who's making them. Learn about noisy nocturnal animals and play with shadow puppets!



CLOSIN' TIME ON THE FARM

Anthony Fisher

4 - 4:30 pm, Sat, Jan 4, 11 & 25

Help put the animals to bed and tell 'em goodnight. Meet on the farm near the chicken coop.



SUNDAY STORYTIME ♿

Interpretive Staff

10:30 - 11 am, Every Sun

Gather 'round for a wonderful children's book read aloud.



BE A NATURE DETECTIVE

Cooper Matuszak

1 - 2 pm, Sun, Jan 5

Through games and nature appreciation activities, we'll use our senses to gather information and learn new ways to explore the world around us. Best for ages 5+ and their families



RUMINANT RAMBLE

Jenna Collins

2:30 - 3 pm, Sun, Jan 5 & 26

Join us as we take our goats out to stretch their legs and see new sights! This short walk will start and end at the Little Farm. Meet at the haybarn.



GOODNIGHT FARM

Jenna Collins

3:30 - 4 pm, Sun, Jan 5, 12 & 26

Ever wonder what the farm animals eat for dinner? Join us as we feed the animals their evening meal and say goodnight to the farm. Meet at the haybarn.



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CAFECITO IN NATURE - CON LOS REYES DEL BOSQUE

Paula Urtecho

9 - 10:30 am, Mon, Jan 6

Tilden Nature Area.

Join us for a cafecito in the parks and connect with nature. This Dia de los Tres Reyes Magos, we go in search of avian royalty - birds with coronas! Crowned Kinglets, Crowned Sparrows...might we see an Orange-crowned Warbler?! Easy walk with frequent stops on gravel and dirt trails. Meet at the Environmental Education Center. Te esperamos para disfrutar y compartir juntos!



MONDAY BIRDING

Jenna Collins

9 am - noon, Mon, Jan 6, 13 & 27

Birds, habitat, plants, and spoor, the mysteries of Nature await!

Jan 6: Point Pinole, Atlas Road Staging Area. Flat

Jan 13: Tilden Nature Area. Meet in front of the Environmental Education Center. Slight hills

Jan 27: Miller Knox, Richmond. First entrance after the tunnel. Flat.



GARDEN HELPERS

Paula Urtecho

1 - 2 pm, Fri, Jan 10

There is plenty to do in the winter garden. Drop in to lend a hand and see how the garden grows! Enter next to the Round Barn at the Little Farm.



MUSHROOMS!

Paula Urtecho, Anthony Fisher

10 - 11 am, Sat, Jan 11 & 25

2 - 3 pm, Fri, Jan 24 & 31

All it takes is a little precipitation and they begin to appear as if by magic. Fantastical forms and colors, sometimes delicious and sometimes deadly. It is that time of year, folks. Let's go on the hunt for mushrooms! Meet in the Environmental Education Center.



LOUNGE WITH LAGOMORPHS &

Jenna Collins

1 - 2 pm, Sun, Jan 12

What's a lagomorph? It's the name of the taxonomic order that rabbits belong to. Join us in the visitor center to learn more about this furry mammal. Then sit back and relax while we read stories with our rabbits.



CAFECITO IN NATURE - CON LOS PAJARITOS

Martha Arlette Cerda

10a m -noon, Mon, Jan 13

Point Pinole Regional Shoreline. Atlas Staging Area.

Join us for a cafecito in the parks and connect with nature. Enjoy a charla about birds along the marsh. Expect a mid-impact walk of 2 miles on paved dirt trails at a slow to moderate pace. ¡Te esperamos para disfrutar y compartir juntos! Bilingual in Spanish and English. Please bring a reusable cup if you can.



THE OVER-THE-HILLS-GANG

Anthony Fisher

10 am - 12:30 pm, Tue, Jan 14 & 28

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.

Jan 14: Redwood Regional Park. Canyon Meadow Staging Area.

Jan 28: Point Pinole. Atlas Staging Area.



MANZANITAS AT SOBRANTE RIDGE

Paula Urtecho

2 - 3:30 pm, Fri, Jan 17

Sobranete Ridge Regional Preserve.

Meet at Coach Rd. entrance to Sobranete Ridge.

When most plants go dormant for the winter, Manzanitas begin to flower! We will hike to a grove of rare endemic Pallid Manzanitas to appreciate the spectacle and learn about this iconic California plant.



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HIKE WITH PRIDE

with "FAT PEOPLE HIKING BAY AREA"

Interpretive Staff

10 am - noon, Sat, Jan 18

Curious about exploring your local parks? Give it a try and enjoy the outdoors with "Fat People Hiking Bay Area!" Together we will meet like-minded people, build community, and create a safe space for all bodies in the great outdoors. We encourage people from all identities and backgrounds to join us!

Jan 18: Shadow Cliffs Interpretive Pavilion, 2500 Stanley Boulevard, Pleasanton. Mid-impact, 2.5 miles along lakes and creeks - a great birding opportunity. Mostly flat with a few gentle inclines.



TRY WEAVING &

Ivar Diehl

1 - 2 pm, Sun, Jan 19

Experience the craft of weaving wool. Try your hand on our weaving loom while learning about sheep and wool. All supplies provided. Ages 5+. Parent participation required.



TILDEN TOTS

Melissa Fowlks

10:30 - 11:30 am, Wed, Jan 22

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story. Meet outside the Environmental Education Center.



UP CLOSE AT THE FARM

Martha Arlette Cerda

11 am - noon, Mon, Jan 27

The Little Farm is turning 50! Come meet our charming farm animals up close, learn what they eat, how they move, and explore their unique stories. Meet on the Farm.



HIKE AND STORYTIME

Melissa Fowlks

4 - 5:30 pm, Thu, Jan 30

Join Naturalist Melissa and Librarians Deborah & Sheila in nature exploration activities, and a themed story time.

January 30: Richmond Main Library, 325 Civic Center Plaza.



HELP THE FROG GET TO THE WATERFALL THAT LEADS TO THE POND!



WATERFALL

