How many regional parks in the southeast sector have you visited?
- Dublin Hills in Dublin
- Sunol Regional Wilderness in Sunol
- Shadow Cliffs in Pleasanton
- Las Trampas in San Ramon
- Brushy Peak in Livermore
- Sycamore Valley in Danville
- Bishop Ranch in San Ramon
- Del Valle in Livermore
- Pleasanton Ridge in Pleasanton

For more info visit:
www.ebparks.org

Sunol Visitor Center is open
Weekends from 8:30am-4pm

Program Key:
PECIAL = Parking fee may apply
$ = Small fee

Contact Us:
Email: SVISIT@ebparks.org
Telephone: 510-544-3249
Follow us on Facebook!

Participants must adhere to East Bay Regional Park District COVID guidelines at all times.

BIRD WALK SPECIAL
Sunol Visitor Center
Kristina Parkison
Registration is required.
9-10:30am, Sat, Jul 2 #45000

The Bay Area bursts with bird life! New and experienced birders alike, join us as we discover patterns of behavior, migration, and habitat.

FOSSIL DISCOVERY TABLE SPECIAL
Sunol Visitor Center
Erica Stephens
9am—12pm, Sat, Jul 2

Delve into Sunol’s underwater past while viewing fossil specimens from our archives! Stop by the Sunol Visitor Center to discover more about paleontology of the East Bay.
SNAKE TALK  🎨
Sunol Visitor Center  
Betty Villalta  
2:30-3pm, Sun, Jul 3, 10, 17, 24, 31, Aug 7, 14, 21, 28

Come meet our animal ambassador gopher snake. We will learn about the important role’s snakes play in the ecosystem. We might even get a chance to see our gopher snake get their weekly meal.

SUMMER SCAVENGER HUNT  🎨
Sunol Visitor Center  
Erica Stephens  
8:30am-12pm, Sat, Jul 9, 16, 23, Aug 13

Beat the heat with a self-guided scavenger hunt stroll in Sunol! Drop by the Sunol Visitor Center to grab an activity sheet and begin your adventure in the park. What discoveries will you make this summer?

LET’S GET OUTSIDE CLUB  🎨
Sunol Visitor Center  
Betty Villalta  
5-8pm, Sun, Jul 3

Easy / Moderate Hikes (2-4 hour guided experience)

Are you looking to get outside and start hiking? If so, these Naturalist-led hikes are perfect for beginners. As we hike, we will learn about the nature around us. The club will meet on the first Sundays of the month. Come and join us!

**2.5 mile hike with an elevation gain of 515 ft.

OUTDOOR DISCOVERIES  🎨スポンサー
Sunol Visitor Center  
Betty Villalta

Registration is required.
10:30am-11:15am, and 11:15am–12pm, Mon, Jul 11, Sensational Snakes, #45058, #45059
10:30am-11:15am, and 11:15am–12pm, Mon, Aug 8, Meteor Power, #45060, #45061

Explore the world around you in this preschool and home school nature series! Meet the Naturalist at the Visitor Center and get ready to adventure together. The program consists of a 20—25 minute lesson with a Naturalist, followed by a craft or activity.

CANINE CAPERS  🎨スポンサー
Sunol Visitor Center  
Kristina Parkison

Registration is required.
9-11am, Sat, Jul 16  #45003

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer selves by exploring and learning about the natural world around us as we hike park trails.
NATURE JOURNALING WORKSHOP
Sunol Visitor Center
Facebook or Zoom
Erica Stephens
Virtual 2-3pm, Sat, Jul 16, Aug 13
Virtual program!
Journal East Bay bat species and uncover secrets of sedimentary rocks during these upcoming workshops! Embark on a step-by-step nature journaling adventure as you make observations and practice techniques with Naturalist Erica during a live virtual broadcast on Sunol’s Facebook and Zoom. No Facebook account needed! Facebook.com/SunolRW
Or Join on Zoom:
Jul: East Bay Bats
https://us02web.zoom.us/j/81352988529
Aug: Sedimentary Rocks
https://us02web.zoom.us/j/85418222738

COOL ADAPTATIONS SCAVENGER HUNT 🌼
Sunol Visitor Center
Kristina Parkison
10am-2pm, Sat, Jul 23
Animals and plants have amazing adaptations that help them fight the heat. Join us to learn about some of the incredibly cool things that plants, and animals’ bodies can do or behaviors they exhibit to help them keep cool in the summer.

BAT TALK N DRAW 🦇
Sunol Visitor Center
Erica Stephens
10:30-11am, Sat, Jul 23
Explore the fascinating world of bats as you learn about their lives and how to draw them!

WE SCREAM FOR ICE CREAM 🍦
Sunol Visitor Center
Betty Villalta
11:30am-1:30pm, Sun, Jul 17
Did you know that National Ice Cream Day was a thing? What a SWEET holiday!! Discover the history of ice cream, the many ways it can be made, and try some that we will be making right there!

A NIGHT WITH BATS 🦇
Sunol Visitor Center
Betty Villalta
Registration is required.
7:30—9pm, Sun, Jul 24 & Aug 21
Discover the whimsical winged mammals that call Sunol home. We’ll debunk the myths about bats and find out the truth about our flying friends as we watch them fly the roost and begin their nightly hunt. Bring a picnic dinner to enjoy in the park before the watch begins!

OHOLONE CULTURES INFO TABLE 🍈
Sunol Visitor Center
Kristina Parkison
9-10:30am, Sat, Jul 30
Sunol Regional Wilderness is an important place to Ohlone Peoples. Learn about the rich cultural history of the first people who have called this place home for time immemorial and gain appreciation for their thriving lifestyle.

NATURE’S STORIES 🌿
Sunol Visitor Center
Betty Villalta
1-1:45pm, Sun, Jul 31, Aug 28
Jul 31: Animal Ears
Aug 28: Animal Tails
Learn about the wonder of nature through stories. In this Nature’s Stories Series, we will read a nature-themed storybook which will be followed by an activity or craft. Storytime starts at 1:00 pm.
BIRD WALK
Shadow Cliffs Regional Recreation Area, Lakeside Picnic Area
Kristina Parkison
Registration is required.
9-10:30am, Sat, Aug 6 #45002
The Bay Area bursts with bird life! New and experienced birders alike, join us as we discover patterns of behavior, migration, and habitat.

CANINE CAPERS
Shadow Cliffs, Lakeside Picnic Area
Kristina Parkison
Registration is required.
9-11am, Sat, Aug 20 #45004
The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer selves by exploring and learning about the natural world around us as we hike park trails.

STRENUOUS FLAG HILL STROLL
Sunol Visitor Center
Erica Stephens
Registration is required.
3:30-6:30pm, Sat, Aug 20 #45021
Slow hikers unite! Take a slow evening stroll to the top of Flag Hill while stopping along the way to discover oak woodland and sandstone secrets.

RAPTOR VIEWING STATION
Las Trampas, Bollinger Canyon Staging
Erica Stephens
9-10:30am, Sat, Aug 6
Watch for radical raptors of Las Trampas with sharp beaks, powerful talons and keen eyesight. We’ll search for these birds from the staging area as they soar above.

LET’S GET OUTSIDE CLUB
Reinhardt Redwood, Skyline Gate Staging Area
Betty Villalta
5-8pm, Sun, Aug 7
Easy / Moderate Hikes (2-4 hour guided experience)
Are you looking to get outside and start hiking? If so, these Naturalist-led hikes are perfect for beginners. As we hike, we will learn about the nature around us. The club will meet on the first Sundays of the month. Come and join us!
**3.25-mile hike with an elevation gain of 591 feet.

ANIMAL ADAPTIONS
Sunol Visitor Center
Kristina Parkison
2-3pm, Sat, Aug 27
Animals have amazing adaptations that help them find food and avoid predators. Join us to learn about some of the incredibly cool things that animal’s bodies can do or behaviors they exhibit to help them thrive in their environment.