How many regional parks in the southeast sector have you visited?
- Del Valle in Livermore
- Sunol Regional Wilderness in Sunol
- Shadow Cliffs in Pleasanton
- Las Trampas in San Ramon
- Brushy Peak in Livermore
- Sycamore Valley in Danville
- Bishop Ranch in San Ramon
- Dublin Hills in Dublin
- Pleasanton Ridge in Pleasanton

For info about all of our parks: [http://www.ebparks.org/parks](http://www.ebparks.org/parks)

Program Key:
- Parking fee may apply
  - $6 Del Valle
- Online registration
- Small fee

Contact Us:
Email: DVVISIT@ebparks.org
Telephone: 510-544-3146


**JANUARY 2023 NATURALIST PROGRAMS FROM DEL VALLE VISITOR CENTER**

Programs requiring registration have a symbol after the program name. Use the listed course number when making reservations by phone (1-888-EBPARKS) or at our registration website, [ebparksonline.com](http://ebparksonline.com)

All other programs are drop-in only. Participants must adhere to East Bay Regional Park District Covid guidelines at all times.

**MOVING INTO THE NEW YEAR**

Arroyo Staging Area
10am-1pm Sunday, January 1st

Get the new year started on the right foot and come out for a Naturalist led hike along the East Shore & Heron Bay Trail. We'll reflect on the many changes the surrounding landscape has undergone over time while getting an active start to the new year.

Registration is required.

**NATURE CRAFTS**

Drop by the Del Valle Visitor Center any time between 11am-12:30pm
Every Saturday in January and February

Discover the natural world through your artistic side. We will explore the wild side of Del Valle with a different craft each week.
Drop in; no registration.

**Program Dates and Topics**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>January 7th</td>
<td>Track Casting</td>
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<tr>
<td>January 14th</td>
<td>Oak Gall Ink</td>
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<tr>
<td>January 21st</td>
<td>Paint Tracks</td>
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<tr>
<td>January 28th</td>
<td>Blue Oak Abode</td>
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**WINTER BIRDING**

Winter is coming and so are the birds! Lake Del Valle provides a rest stop for migrating waterfowl and other birds. We'll keep track of what we see (and hear) with the help of useful apps and web-based checklists as part of on-going community science. Bring binoculars, spotting scopes, bird books, pre-downloaded apps, and come rain or shine! Drop in; no registration.

**Meeting at the East Shore/Dog Run Trail**

Saturday, January 14th 10am-12pm
Saturday, January 28th 10am-12pm

**SNAKE TALK**

Del Valle Visitor Center
11-11:30am, Every Sunday

Meet our animal ambassador Julius Squeezer, the gopher snake! Learn about the important role snakes play in the ecosystem with an up close visit with Julius at the visitor center.
Drop in; no registration.
SCIENCE SPOTLIGHT  🌟
Del Valle Visitor Center, Ages 10+

WINTER ADAPTATIONS
Sunday, January 15th  9-11am
With winter comes changes in temperature, daylight, and food supplies. Let’s explore in-depth how wildlife adapts to these changes around them. Lifelong learners and budding scientists are encouraged to participate.

WATERFOWL
Sunday, January 29th  9-11am
Winter migration through California brings in many birds we’re not used to seeing all the time, especially waterfowl here at the lake. Curious budding scientists and life-long learners interested in observing and analyzing our winter waterfowl are encouraged to join us by the lake as we delve deeper into their ecology and evolution.

TEENS TALK TRASH  🌟  🍀  #46888
Del Valle-Arroyo Mocho Picnic Area
3:30-5pm, Sunday, January 8th
Let’s talk trash and explore different concepts related to the waste cycle, and how you can make a positive difference. Then do a litter pick-up with data collection. Earn 1 hour volunteer service. Register through ebparks.org or this QR scan. Ages 13-18. Registration is required.

WINTERTIME IN THE PARK  🌟
Del Valle Visitor Center
Drop by any time between 3:30-5pm
Every Friday in January and February
Join us after school to discover wintertime in the park. From animal tracks in the mud to birds migrating to the lake for the season, topics will change each week with a guided activity led by visitor center staff. Drop in; no registration.

Program Dates and Topics
Friday, January 6th  Animal Tracks
Friday, January 13th  Toyon
Friday, January 20th  White Pelican
Friday, January 27th  Green Heron

PARK N PLAY  🌟
Del Valle Visitor Center
1-2:30pm, Sunday, January 22nd
Bring the kids and their friends out for some fresh air, nature games, and wildlife exploration. Program is geared towards kids up to age 10 or the young at heart. Rain or shine.
Drop in; no registration.