Doug Siden Visitor Center at Crab Cove

August 2023

**Story Time**

Every Fri 10:30-11am

Come meet story characters like the Lorax, hermit crabs, and “Swimmy the Fish”; then meet a real animal, do a craft or play a game.

**Fish Feeding Time**

Every Wed, Sat & Sun 3-3:30pm

Visit our aquariums to see who lives here! Observe crabs, fish and other critters while they eat!

**Family Nature Fun**

Every Sat, Sun 1:30-2:30pm

Spend an afternoon at the Bay, make new discoveries, and enjoy a new activity each week with games, crafts, and special surprises.

August 5 & 6: Sharks - Learn some fin-tastic facts about these mighty predators!

August 12 & 13: Water All Around (and in) Us! - Meet the molecule you’re made of!

August 19 & 20: Some Like It Hot - Celebrate summer and learn about hot habitats.

August 26 & 27: Lost on a Deserted Island - What do you need to survive?

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Crown Memorial State Beach officially opened on July 4, 1980. You can see bay creatures in our 600-gallon aquarium and 6 other aquariums. The visitor center is open Wed-Sun, 10am-5pm, March - October (10am-4pm November - February).

Programs are free, drop-in, & meet at the visitor center unless otherwise noted.

Program Key:

= Wheelchair accessible
$ = Fee program
✓ = Register online at ebparks-online.org or call 888-327-2757 (non-res.) = Residents outside of Alameda & Contra Costa counties

Given advance notice accommodations can be made for visitors with disabilities.

Contact Us:

Telephone: 510-544-3187
Email: ccove@ebparks.org
Address: 1252 McKay Avenue Alameda, CA 94501

https://www.facebook.com/crabcovealamedaca/
Grunion Search

A silver fish dancing on the sand in the middle of the night? Yes, grunion have been seen here in the past. Will they show up this year? This is a rare spawning sight not to be missed!

**Ages 10+ years. Registration Required.**

**Space is limited.**

12:15am – 2:15am, Tue night Aug 1/ Wed morning Aug 2

*To register visit:* tinyurl.com/grunion082

*Bring a small flashlight that we will cover with red cellophane or tape to not harm the fish. No flash photography. Dress warmly as it can be very chilly at this hour.*

Meet at the Otis Street Parking lot. We will open up the gate just before the program begins. Gate will then be locked but guests will be able to exit. Program will begin at the surf shack after everyone has checked in.

Sea Squirts

Play games, explore nature, sing songs, and do a craft related to the theme of the day!

Ages 3-5 years.

**Topic: Beach Exploration**

*Registration required. Fee: $5 ($7 non-residents)*

*To register visit:* tinyurl.com/seasquirts0711

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**Doug Siden Visitor Center at Crab Cove**

**East Bay Regional Park District**

**www.ebparks.org**
Saturday and Sunday Strolls

Wake up and walk into nature. Each week we will explore a different park and the natural wonders within. Hikes range from 2 to 5 miles. Great for families. Bring water.

**Sat August 12th, 9:30-11:45am, Roberts Regional Recreation Area (Redwood Bowl Staging Area):**

Walk into the cool redwood forest & discover the plants and animals that live here. We'll hike over 2 miles up the hilly Bridle trail and back along the flat Stream trail.

Streamside Nature Journaling

Well, it is August, and spring has long since passed us by. Let’s keep to the shade, walk a ways up Redwood Creek together and reflect on the streamside plant and animal inhabitants we find as we fine tune our appreciation.

**NOTE:** Please bring a notebook or journal and writing/drawing implements.

**Where:** Reinhardt Redwood Regional Park (Canyon Meadow Staging Area)
**Wednesday Walk**

Today we will be hiking up the Indian Cove Trail, up and down along Ten Hills Trail, to Proctor, returning along Cameron Loop and East Shore for an almost 6-mile trek. Note some parts are moderate, other sections strenuous. We will pass through oak/bay woodlands, open grasslands and shady lakeside paths.

*Where:* Lake Chabot Regional Park (Marina)

**Bayshore Village Walk**

Long before there was an island called Alameda, this was the heartland of an ancient culture. Come and reflect on the lesser-known history of the Bay shore as we walk the beaches of Alameda.

*Where:* Doug Siden Visitor Center at Crab Cove

**Full Moon Walk**

Hike to a hillside and watch the sunset and the full moon rise! Listen to moon lore and stories. Bring a picnic dinner, blanket to sit on and flashlight for the walk back to the parking lot. Dress in layers.

*Where:* Sibley (Main parking lot)
**Hikes For Tykes**

Enjoy some nature before naptime with your young child! Join us to travel over hill and dell and explore the fabulous flora and fauna of the Regional Parks. Tools for exploration will be provided. Hikes average about 1/2 mile (roundtrip).

Bring a snack. Strollers are not recommended for most hikes.

**Aug 1**: Crab Cove Visitor Center  
**Aug 15**: Roberts Regional Recreation Area  
(Main lower lot)  
**Aug 29**: Anthony Chabot Regional Park (Bort meadow)

**Anthony Chabot Campfire**

Join us for after-dark fun! Learn about the parks and nature around you through games, songs, photos and stories around the campfire. New topic each week. Non-campers are welcome to come in for the program!

**Aug 12**: Talent Show  
**Aug 19**: Animals of the Parks and Around our Homes  
**Aug 26**: Bald Eagles

*Due to recent storm damage, the Park is not accessible via Redwood Road from Castro Valley. You must access via Redwood Road from Oakland.*
If you are between the ages of 13 and 17 and coming by yourself, you must bring a liability form signed by a parent/guardian. Please email Michael at mcharnofsky@ebparks.org for the form. If you are part of a group, please contact Michael before registering.

Native Plant and Butterfly Gardening

Help keep our wildlife-friendly gardens beautiful by pruning, weeding, mulching, and watering around the visitor center. Choose the work that inspires you. Birds and butterflies would thank you if they could!

Snacks and refreshments served; tools provided. Students earn community service hours. Heavy rain cancels. Ages 8 and up.

Register: tinyurl.com-nativeplant0826