FIRST HIKE OF THE YEAR! 🍁
Maeron Yeshiwas, Naturalist
10am-noon, January 7
Start the New Year right and join us for the first hike of the year at Coyote Hills! We will do a moderate hike along the Bayview trail and Red Hill trail. Enjoy looking for different plants and animals while taking in breathtaking views of the bay and marsh! 7+yrs. Drop-in program; no registration is required.

STORYWALK ALONG THE MARSH 🏞️
Interpretive Staff
3-3:30pm, Saturday, January 7, 14, 21, 28
Join us for an outdoor story walk as we explore the wonders of the marsh. Enjoy a stroll with stories, songs, and movement! Each session features a different nature themed book designed to spark curiosity in nature. All ages. Drop-in program; no registration is required.

SONIDOS EN LA NATURALEZA 🎵
Martha Cerda, Naturalist
9-10:30am, Sáb, 7 de enero

English Translation

SOUNDS IN NATURE 🎵
Martha Cerda, Naturalist
9-10:30am, Saturday, January 7
The natural world is full of sounds all year round - from chirps, screeches, buzzing, to drumming! Tune in to listen and appreciate some of the most beautiful sounds in nature in community. Each session we will explore different unexpected sounds heard across Coyote Hills. This program is bilingual in Spanish/English. All ages. Drop-in program; no registration is required.

MAKING TRACKS 🐿️
Erin Blackwood, Naturalist
10:30am-noon, Saturday, January 7, Course #46513
Look for animal tracks in the marsh, use your detective skills to identify what animals left them, explore life-sized animal track molds, and make your own to take home. All ages. Registration required: 1-888-327-2757
**MARSH ADVENTURES**
Maeron Yeshiwas, Naturalist
10-11am, Sunday, January 8
Marshes are teeming with life above and below. Join us on a walk through the marsh as we discover the plants and animals that call this unique place home. All ages. Drop-in program; no registration is required.

**MIGRATION IS BEAUTIFUL**
Martha Cerda, Naturalist
10-11:30am, Saturday, January 14
Why do living things move and who is moving? Learn about nature’s most impressive animal migrations. Explore the challenges and contributions of both animal and human migration to their environments. All ages. Drop-in program; no registration is required.

**MAKING CORDAGE**
Maeron Yeshiwas, Naturalist
10am-12pm, Sunday, January 15, Course #46516
Cordage string was a useful tool for Indigenous Peoples that enabled them to thrive as the First Peoples who are still here today. Learn the various techniques of preparing, extracting, and twisting plant fibers to create cordage. Explore more about the plant dogbane and try your hand at making your own piece of cordage. 7+yrs.
Registration required: 1-888-327-2757

**KING TIDES WALK**
Erin Blackwood, Naturalist
9:30am-12:30pm, Saturday, January 21
What are King Tides? How do they affect plants, animals, and us? What can we learn from them? Find out the answers to these questions and more on a mostly flat, paved walk for up to 6 miles along the San Francisco Bay shore. Wear good walking shoes and bring water. Light snacks will be provided. 10+yrs. Drop-in program; no registration is required.

**NECTAR GARDEN TOUR**
Maeron Yeshiwas, Naturalist
1-1:30pm, Sunday, January 22
Join us on a tour of the Nectar Garden! Discover native plants and pollinators using all your senses. Learn what you can do to care for pollinators and take home your own potted plant. All ages welcome. Drop-in program; no registration is required.

**WHO DUNG IT?**
Martha Cerda, Naturalist
10-11:30am, Saturday, January 28
Scat can tell us a lot about the animals around us. Take a leisurely walk on the park and search for scat. Get the scoop on what animals have been eating and where they live. End the program making your own replica scat to take home. All ages.
Drop-in program; no registration is required

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**PROGRAMS FOR SCHOOLS**
For information on our school programs, please visit us online through ebparks.org, or e-mail us at chvisit@ebparks.org. Fieldtrip application deadline for summer season is May 1st, 2023. Fall season application deadline is August 7th, 2023.
Parents/Guardians: Help us spread the word by sharing this information with your child’s teacher.

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**Program Key**
- Parking fee may apply
- Wheelchair accessible
- Online registration
- (non-res.) Residents outside Alameda & Contra Costa counties
- HPHP Healthy Parks Healthy People programs offer low impact exercise.

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**Healthy Parks Healthy People**