

# BIG BREAK



## JANUARY & FEBRUARY 2023 NATURALIST PROGRAMS

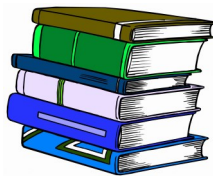
### Storytime in the Delta

*Miriam*

**10:30am-11:00am  
January & February  
Every Saturday**

Bring a blanket and a snack as we relax in the park with a Delta themed Storytime.

**Drop-in. Free Program.  
Meet at the DDX Map.**



### Afternoon Adventures

*Interpretive Staff*

**2:00pm-3:00pm**

**January 7th, 15th, 21st, & 29th  
February 4th, 11th, 19th, & 25th**

Join us for an afternoon adventure at Big Break, we will explore topics related to the Delta through hands-on, guided interpretive programming.

**Drop-in. Free Program.**

### Delta Discoveries

*Interpretive Staff*

**11:00am-2:00pm**

**January & February  
Every Saturday and Sunday**

The Delta reveals wonders to those willing to seek it! Visit us every Saturday and Sunday from 11am-2pm to discover the hidden world of Big Break through crafts.

**Drop-in. Free Program.**



### Testing the Water

*Wyatt*

**9:00am-10:00am  
January & February  
Every Sunday**

Join us every Sunday morning to track the health of the Delta! We will test water quality recording the changes that affect our ecosystem.

**Drop-in. Free Program.**

### Big Break Littles

*Miriam & Wyatt*

**10:00am-11:00am**

**Rain or Shine: January 2nd & 3th  
Owl Party: February 6th & 7th**

Join us for Big Break Littles! Bring the little ones to the park for nature before nap time.

**Drop-in. Free Program.**



### Big Break Homeschool

*Miriam*

**10:00am-11:30am**

**Swimming Birds: January 9th  
Swimming Mammals: February  
13th**

Take your learning outside as we explore environmental science and Delta topics through hands-on activities in the park.

**Drop-in. Free Program.  
Adult Participation Required.**

### Visitor Center Hours

Big Break Visitor Center is  
OPEN  
Wednesday- Sunday  
10am-4pm.

### Program Information

Registration can be made up to two weeks in advance. Scan the QR code to view program opportunities at all of our parks.



### Contact Us

Email:

[bigbreakvisit@ebparks.org](mailto:bigbreakvisit@ebparks.org)

Telephone: 510-544-3050

Find us on Facebook:

[https://www.facebook.com/](https://www.facebook.com/BigBreakOakley)

[BigBreakOakley](https://www.facebook.com/BigBreakOakley)

For information about all  
of our parks:

<http://www.ebparks.org/parks>

East Bay   
Regional Park District

# BIG BREAK



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### The Delta Through a Lens

*Miriam*

**January 14th, 2:00pm-3:30pm**  
**February 24th, 2:00pm-3:30pm**



Join us as we walk through the park stopping to take photos of the unique California Delta just before sunset when the light appears warmer and softer. All skill levels welcomed. Each guest will have a chance to take one photo that will be eligible for entry in our Voices of the Delta: Photography Exhibition that will occur in March 2023. Optional: Bring your camera.

**Drop-in. Free Program**

### New Year's Bird Count

*Miriam*

**9:00am-10:30am**  
**January 1st**



Start out the New Year meeting some of Big Break's colorful bird residents. Join this new annual tradition to track what species of birds are overwintering in the Delta. We will meet at the Fishing Pier and then hike the park. All skill levels are welcome.

**Drop-in. Free Program.**



### The Great Backyard Bird Count

*Miriam*

**9:00am-11:00am**  
**February 17th**

Join the worldwide community of birders during this popular annual event. All levels welcome! Bring binoculars/spotting scope if you have them; we have some to loan.

**Drop-in. Free Program.**

### Thursday Birding: Raptor Baseline

*Miriam & Wyatt*

**9:00am-11:30am**

**Marsh Creek Regional Trail: January 26th**  
**Morgan Territory: February 23rd**

The morning (eastern) side of Mount Diablo hosts a magnificent array of birds of prey: hawks, falcons, eagles. Help us document their variety and numbers in this fun, social citizen science research project. No experience necessary - we'll teach you how to identify these birds. We'll meet at a different park on the last Thursday of each month. Join in for one or all.

**Drop-in. Free Program.**

## **FEE BASED PROGRAMS**

### **KAYAKING AT BIG BREAK**

*Recreation Department, Wyatt, & Miriam*

**Kayaking is for the Birds: January 4th, 12:00pm-2:30pm**

**Kayaking Big Break: January 19th, 12:00pm-2:30pm**

**Kayaking Big Break King Tide: January 21st, 12:00pm-2:30pm**

**Sunken Ships & Flowerpots Kayak: February 3rd, 12:30pm-3:00pm**

**Wellness on the Water: February 14th, 8:00am-11:30am**

**Kayaking Big Break: February 22nd, 2:30pm-5:00pm**



Come ply the welcoming and wondrous waters of the Delta on this beginner (& up) kayak excursion. We'll start off with dry land instruction then paddle our steady and stable craft on a group exploration of this rich shoreline.

**Registration Required. Fees apply.**

**Registration opens December 13th**

Fee: \$30 (non-res \$34)