

# MAR/APR 2025 NATURALIST PROGRAMS SUNOL WILDERNESS



For more information on Sunol programs email [SVISIT@ebparks.org](mailto:SVISIT@ebparks.org), call 510-544-3249 or visit [ebparks.org](http://ebparks.org)

Follow us on Facebook @Sunol Wilderness Regional Preserve.

## BIRD EXPLORATION (P)

Sat, Mar 1 | 9-11am | Shadow Cliffs,  
Interpretive Pavilion

Sat, Apr 5 | 9-11am | Pleasanton Ridge, Foothill  
Staging Area

Kristina



The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. **8+yrs.**

## NATURE WRITING (P)

Sat, Mar 1 | 9:30-11:30am | Visitor Center  
Erica

Discover writing techniques, including poetry, as you enjoy Sunol! Nature writing provides a way to record your sightings outdoors and can give you an even greater appreciation for the natural world. **7+yrs.**

## WATER, WATER EVERYWHERE (P)

Sun, Mar 2 | 10am-1pm | Visitor Center  
Betty

Water is all around us this time of year! Take a hike through the Alameda Creek watershed and discover how winter has transformed the wilderness.

## OUTDOOR DISCOVERIES! (P)

10:30a-NOON | Mon | Visitor Center  
Mar 10, Water Cycle, REGISTRATION #55142  
Apr 14, Flower Power, REGISTRATION #55143  
Betty



Explore the world around you in this preschool and home school nature series! Meet the Naturalist at the Visitor Center and get ready to adventure together. The program consists of a lesson with a naturalist followed by a craft or activity. **4-8yrs.**

## LAS TRAMPAS NATURE JOURNAL HIKE

Sat, Mar 15 | 1-3:30pm |  
Bollinger Canyon Staging Area  
Erica

Connect to your East Bay parks through nature journaling in Las Trampas! Learn techniques while strolling along the trail. What will we discover along the way?

## FUNGI WANDER AND DRAW (P)

Sat, Mar 8  
10-11:30am  
Visitor Center  
Erica

Focus on the fantastic fungi among us as you learn to draw them step-by-step! **4+yrs.**

## SUNOL VISITOR CENTER

Open Friday from 10am-2pm  
Weekends from 8:30am-4pm

CLOSED THANKSGIVING DAY AND  
CHRISTMAS DAY

## PROGRAM KEY

(P) Parking fees apply per vehicle  
\$5 Sunol  
\$5 Shadow Cliffs

(🔗) Online registration is required at  
[ebparksonline.com](http://ebparksonline.com) or  
call 1(888) 327-2757

(\$) Fees

## SCHOOL PROGRAMS

For information on our school programs, please visit us online through [ebparks.org](http://ebparks.org), or e-mail us at [SVISIT@ebparks.org](mailto:SVISIT@ebparks.org).

## PRE SPRING FLING HIKE (🔗) (P)

Sat, Mar 15 8:30am-4pm | Visitor Center  
Kristina REGISTRATION #55145

Sunol Regional Wilderness is an important habitat for many plants and animals. Explore the wilderness, and its many splendors, on this all-day hike to Mission Peak and back. **10+yrs.**



Sun, Mar 16 | 10-11:30am | Dublin  
Hills, Donlon Point Staging  
Area  
Betty

Explore the hills of Dublin this pre St. Patrick's Day. Join us on a family-friendly hike up to Donlon Point where we enjoy the beautiful view as we learn about the history of St. Patrick's Day.

\*1.3 miles, easy hike with an elevation gain of 289 ft.



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## CANINE CAPERS

**Sat, Mar 22 | 9-11am | Pleasanton Ridge,  
Sunol Gardens Depot | REGISTRATION #55149**  
**Sat, Apr 26 | 9-11am | Shadow Cliffs,  
Interpretive Pavilion | REGISTRATION #55150**  
Kristina

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. **8+yrs.**



## NATURE JOURNALING WORKSHOP: JOY OF SPRING

**Sat, Mar 22 | 2-3:30pm | Facebook and Zoom**  
**VIRTUAL LIVE: <https://ebparks.zoom.us/j/93087910311>**  
Erica

Embark on a step-by-step nature journaling adventure this spring! Make observations and practice techniques with Naturalist Erica during a live virtual broadcast on [Sunol Regional Wilderness Facebook](#) & Zoom.

## NOCTURNAL ANIMAL TALK N' WANDER

**Sat, Mar 22 | 10:30-11:30am**  
**Visitor Center**  
Erica

Join a Naturalist to discover what roams the wilderness at night and explore the trails for clues!



## DECOMPOSER HEROES

**Sat, Mar 29 | 1-3pm | Pleasanton Ridge,  
Foothill Staging Area**

Erica

Delve into the world of decomposers, from fantastic fungi to wonderful worms at Pleasanton Ridge! **4+yrs.**



# MAR/APR 2025 NATURALIST PROGRAMS SUNOL WILDERNESS



Please arrive early to ensure the park is open before reaching capacity.

## WILDFLOWER SEASON WEEKEND PROGRAMS

Space will be limited and sign-ups will occur on the day of on a first come, first served basis

### WILDFLOWERS OF THE SUNOL VALLEY (P)

Sat, Mar 29 | 9-11am | Visitor Center

Kristina

Sunol valley provides the perfect landscape to showcase Spring's greatest gift - wildflowers! Come explore the trails. 5+yrs.

### WOMEN IN WILDERNESS, WILDFLOWER HIKE (P)

Sat, Apr 5 | 9-11:30am | Visitor Center

Erica

Grow your community during this wildflower hike in Sunol Wilderness! 10+yrs.

### WILDFLOWERS AND WONDERS (P)

Sat, Apr 12 | 9-11am | Visitor Center

Kristina

Spring in Sunol is spectacular! Explore the trails to search for early wildflowers and enjoy wonderful views. 5+yrs.

### ASL WILDFLOWER WANDER (P)

Sat, Apr 12 | 9:30-11:30am | Visitor Center

Erica

Celebrate wildflower season in Sunol as we welcome deaf communities of the Bay Area to join a Naturalist guided hike with professional American Sign Language interpreters! 4+yrs.

### FLOWERS AND FIRE (P)

Sat, Apr 19 | 9am-12:30pm | Visitor Center

Ashley

Hike through the 2024 Creek Fire burn area to discover what blooms have burst from the burned hillside. Learn about the role of wildfire in the wilderness on this 3-mile hike.

### SERPENTINE SPLENDORS (P)

Sat, Apr 26 | 9-11:30am | Visitor Center

Erica

Discover California's state rock. We'll hike to a serpentinite outcrop and find out what flowers flourish there. 2 mile round trip, moderate hike.

### SPRINGTIME IN THE SERPENTINE (P)

Sun, Mar 30 | 9-11a | Visitor Center

Alex (Guest Naturalist)

California's State Rock, serpentinite, creates soil that helps to highlight our native wildflowers. Search for early wildflowers and enjoy wonderful views. **This hike has moderate elevation changes, includes uneven terrain and narrow sections of trail.**

### PERENNIALS AT THE PEAK (P)

Sat, Apr 6 | 9a-1:30pm | Visitor Center

Kevin (Guest Naturalist)

Traverse from the valley floor to a park peak while discovering the diverse array of wildflowers at different elevations. From rocky outcrops to grasslands, you'll find that flowers flourish in Sunol's varied terrain.

### WATERSHED WILDFLOWERS (P)

Sun, Apr 13 | 9-11:30am | Visitor Center

Betty

Join us as we hike along Alameda Creek and learn about one of the largest watersheds in the Bay Area and the bounty of blooms it hosts. \*Approx 2.5-mile, easy/moderate hike.

### WILDFLOWER BIOBLITZ (P)

Sun, Apr 20 | 9a-NOON | Visitor Center

Betty

**REGISTRATION #55159**

Join us for a Wildflower BioBlitz as we find, identify, and record the wildflowers we see! Learn how to identify some common wildflowers with interpretive staff as we hike around the park. No prior training or experience necessary. 8+yrs.

### WILDFIRE AND WILDFLOWERS (P)

Sun, Apr 27 | 9a-12:30pm | Visitor Center

Ashley

Traverse the 2024 Creek Fire burn area to explore the role of wildfire in the wilderness and explore the superb flower displays that arise from the ashes.

### 2PM WILDFLOWER WANDER (P)

Sat, Mar 29, Apr 5, 12, 19, 26 | 2-3pm

Sun, Mar 30, Apr 6, 13, 20, 27 | 2-3pm

Visitor Center

Interpretive Staff

Wander through the wildflowers every Saturday and Sunday at 2pm. You'll be amazed at how many varieties we'll spot on this easy-moderate, 1-mile loop.