

2950 Peralta Oaks Court Oakland, CA 94605

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Del Valle Regional Park, Livermore Cover: Las Trampas Regional Wilderness, San Ramon

### Discover the East Bay Regional Parks

REGIONAL PARKS Foundation Supporting East Bay Regional Parks

#### Support the Parks!

Share your love of the Regional Parks. Become a supporter of the Regional Parks Foundation by joining as a member or making a donation. Your support lets you visit parks easily, sustains the parklands and introduces underserved communities to the wonder and healing benefits of nature.

Please visit regionalparksfoundation.org to learn more.



Martin Luther King Jr. Regional Shoreline, Oakland

Sunol Regional Wilderness, Sunol

# Discover

## Beautiful

## Moments

#### Preservation

Founded in 1934, the East Bay Regional Park District preserves and protects over 126,000 acres of beautiful open space in Alameda and Contra Costa counties. Our 73 Regional Parks include critical wildlife habitats, shorelines, lakes, creeks, ranchlands and historic sites.

### Public Access

Wherever you live in the two counties, there is a beautiful Regional Park close to you. Our Parks Express bus program brings underserved children, school groups and seniors to the parks, while the Regional Parks Foundation's Campership program enables low-income youth to attend summer camps. Many of our paved regional trails connect to public transit hubs and amenities.

### Stewardship

We work to ensure a healthy and thriving ecosystem that protects wildlife and habitat. We adapt to the changing climate by restoring wetlands, repairing levees, thinning trees, monitoring algae blooms, and building park facilities and trails above future 2080 sea level. Additionally, our parklands remove carbon dioxide from the air, equivalent to the emissions of 60,000 vehicles annually.

#### Recreation

There are over 1,330 miles of trails for walking, biking and horseback riding, as well as picnic areas, campgrounds, swim facilities, golf courses, and other recreation. As a leader in the Healthy Parks Healthy People initiative, we invite you to experience physical, mental and social health benefits by spending time in nature.



ACTIVITIES AND VISITOR CENTERS Hiking and Biking Allowed in Most Parks	Anthony Chabot, Castro Valley	Antioch/Oakley, Antioch	Ardenwood, Fremont Bay Point Bay Point	Bay Fount, Bay Found Big Break Oakley	Bishop Ranch, San Ramon	Black Diamond Mines, Antioch	, Laf	Brooks Island, Richmond Browns Island, Pittsburg	Britshy Peak. Livermore		Carquinez Strait, Crockett	Castle Rock, Walnut Creek	Claremont Canyon, Oakland	Contra Loma, Antioch	Coyote Hills, Fremont Crackatt Hills, Crockatt	LFOCKETT MILLS, CFOCKETT Crown Beach Alameda	Cull Canyon, Castro Valley	Del Valle, Livermore	Diablo Foothills, Walnut Creek	Don Castro, Hayward	Dry Creek Pioneer, Hayward	Dumbarton Quarry, Fremont	ive Canyon	Garin, Hayward	Hayward Shoreline, Hayward	Huckleberry Botanic, Oakland Indee John Sutter, Oakland	Kennedy Grove, El Sobrante	Lake Chabot, Castro Valley	Las Trampas, San Ramon	Leona Canyon, Oakland	Little Hills, San Ramon Martin Luther King Ir Oakland	McLaughlin Eastshore, Berkeley	Miller/Knox, Richmond	Mission Peak, Fremont Movem Taveitow Livermore	Ohlone, Fremont	Oyster Bay, San Leandro	Pleasanton Ridge, Pleasanton	Point Isabel, Richmond Point Pinole, Richmond	Quarry Lakes, Fremont	Radke Martinez, Martinez	Reinhardt Redwood, Oakland	land	Kound Valley, Brentwood San Pablo Bav, Pinole, Rodeo	Shadow Cliffs, Pleasanton	Sibley, Oakland	Sobrante Ridge, Richmond	Sunol, Sunol Suramore Valley Danvilla	Juniore Valiance Temescal, Oakland	Thurgood Marshall, Oakland	Tilden, Berkeley	Vargas Plateau, Fremont	Vasco Caves, Brentwood	Waterbird, Martinez	Wildcat Canyon, Richmond
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