



2950 Peralta Oaks Court  
Oakland, CA 94605

1-888-EBPARKS • [ebparks.org](http://ebparks.org)



*Sunol Regional Wilderness, Sunol*



*Photo: Sapna Reddy*

*Photo: Jerry Ting*

*Martin Luther King Jr.  
Regional Shoreline, Oakland*

*Del Valle Regional Park, Livermore  
Cover: Las Trampas Regional Wilderness, San Ramon*



## Support the Parks!

Share your love of the Regional Parks. Become a supporter of the Regional Parks Foundation by joining as a member or making a donation. Your support lets you visit parks easily, sustains the parklands and introduces underserved communities to the wonder and healing benefits of nature.

Please visit [regionalparksfoundation.org](http://regionalparksfoundation.org) to learn more.

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*Photo: Deane Little*

# Discover the East Bay Regional Parks





# Discover

# Beautiful

# Moments

## Preservation

Founded in 1934, the East Bay Regional Park District preserves and protects over 126,000 acres of beautiful open space in Alameda and Contra Costa counties. Our 73 Regional Parks include critical wildlife habitats, shorelines, lakes, creeks, ranchlands and historic sites.

## Public Access

Wherever you live in the two counties, there is a beautiful Regional Park close to you. Our Parks Express bus program brings underserved children, school groups and seniors to the parks, while the Regional Parks Foundation's Campership program enables low-income youth to attend summer camps. Many of our paved regional trails connect to public transit hubs and amenities.

## Stewardship

We work to ensure a healthy and thriving ecosystem that protects wildlife and habitat. We adapt to the changing climate by restoring wetlands, repairing levees, thinning trees, monitoring algae blooms, and building park facilities and trails above future 2080 sea level. Additionally, our parklands remove carbon dioxide from the air, equivalent to the emissions of 60,000 vehicles annually.

## Recreation

There are over 1,330 miles of trails for walking, biking and horseback riding, as well as picnic areas, campgrounds, swim facilities, golf courses, and other recreation. As a leader in the Healthy Parks Healthy People initiative, we invite you to experience physical, mental and social health benefits by spending time in nature.



