Support the Parks!

Share your love of the Regional Parks. Become a supporter of the Regional Parks Foundation by joining as a member or making a donation. Your support lets you visit parks easily, sustains the parklands and introduces underserved communities to the wonder and healing benefits of nature.

Please visit regionalparksfoundation.org to learn more.

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Discover the
East Bay
Regional Parks

Del Valle Regional Park, Livermore
Cover: Las Trampas Regional Wilderness, San Ramon

Stewardship

We work to conserve a healthy and diverse ecosystem and to ensure a healthy and thriving environment that protects wildlife and habitat.

We adapt to the changing climate by restoring wetlands, repairing levees, thinning trees, and building park facilities and trails above future 2080 sea level. Additionally, our parklands remove carbon dioxide from the air, equivalent to the emissions of 60,000 vehicles annually.

Public Access

Wherever you live in the two counties, there is a beautiful Regional Park close to you. Our Parks Express bus program brings underserved children, school groups and seniors to the parks, while the Regional Parks Foundation’s Campership program enables low-income youth to attend summer camps. Many of our paved regional trails connect to public transit hubs and amenities.

Preservation

Founded in 1934, the East Bay Regional Park District preserves and protects over 126,000 acres of beautiful open space in Alameda and Contra Costa counties. Our 73 Regional Parks include critical wildlife habitats, shorelines, lakes, creeks, ranchlands and historic sites.

Recreation

There are over 1,330 miles of trails for walking, biking and horseback riding, as well as picnic areas, campgrounds, swim facilities, golf courses, and other recreation. As a leader in the Healthy Parks Healthy People initiative, we invite you to experience physical, mental and social health benefits by spending time in nature.

Preservation
Tilden Nature Area, Berkeley
Martin Luther King Jr.
Regional Shoreline, Oakland

Discover

East Bay
Regional Park District

2990 Peralta Oaks Court
Oakland, CA 94605
1-888-EBPARKS • ebparks.org

Thank you and welcome to the East Bay Regional Park District service area. This document is intended to provide information about their services, facilities, and programs. The text is presented in a clear and concise manner, with the use of headings and subheadings to organize the information. The content includes a description of the services offered, along with details about their facilities, programs, and initiatives.

This document is a useful resource for anyone interested in learning more about the East Bay Regional Park District and their efforts to conserve and protect the natural environment. The information is presented in a user-friendly format, with clear and concise language. The document is well-organized and easy to read, with sections on Stewardship, Public Access, Recreation, Preservation, and an introduction to the East Bay Regional Park District. Overall, this document is a valuable source of information for anyone interested in the work of the East Bay Regional Park District.

The East Bay Regional Park District is a publicly funded agency that manages and preserves over 126,000 acres of open space in Alameda and Contra Costa counties. Their mission is to conserve and protect the natural environment while providing opportunities for recreation and education. The district offers a wide range of services and programs, including nature preserves, parks, trails, and youth programs. The document provides a comprehensive overview of their work, including details about their facilities, programs, and initiatives.

Stewardship

The East Bay Regional Park District works to conserve a healthy and diverse ecosystem that protects wildlife and habitat. They adapt to the changing climate by restoring wetlands, repairing levees, thinning trees, and building park facilities and trails above future 2080 sea level. Additionally, their parklands remove carbon dioxide from the air, equivalent to the emissions of 60,000 vehicles annually.

Public Access

The East Bay Regional Park District provides access to beautiful Regional Parks, wherever you live in the two counties, there is a Regional Park close to you. They offer a variety of programs and initiatives, such as the Parks Express bus program, the Regional Parks Foundation’s Campership program, and access to their paved regional trails.

Preservation

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Recreation

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Support the Parks!

The East Bay Regional Park District encourages support through membership or donations. Membership or a donation supports the park district’s mission of conserving and protecting the environment, providing access to beautiful Regional Parks, and making a positive impact on the community.

The document is designed to inform and engage the audience, providing a comprehensive overview of the East Bay Regional Park District’s work and initiatives. The text is well-written, clear, and concise, with the use of headings and subheadings to organize the information. Overall, this document is a valuable resource for anyone interested in the work of the East Bay Regional Park District.
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Del Valle Regional Park, Livermore

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Stewardship
We work to ensure a healthy and thriving ecosystem that protects wildlife and habitat. We adapt to the changing climate by restoring wetlands, repairing levees, thinning trees, monitoring algae blooms, and building park facilities and trails above future 2080 sea level. Additionally, our parklands remove carbon dioxide from the air, equivalent to the emissions of 60,000 vehicles annually.

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