Fish Feeding Time &
Crown Memorial State Beach - Crab Cove Visitor Center
Visit our aquariums to see who lives here! Observe crabs, fish and other critters while they eat! What’s on the menu? Let’s find out!
No registration; drop-in. For information, call (510) 544-3187.

Storytime &
Crown Memorial State Beach - Crab Cove Visitor Center
Come meet story characters like the Lorax, hermit crabs, and “Swimmy the Fish,” then meet a real animal, do a craft or scavenger hunt!
No registration; drop-in. Rain cancels. For information, call (510) 544-3187.

Birds of the Bay
Crown Memorial State Beach - Crab Cove Visitor Center
Many birds come to Crab Cove to find food, but how do they catch it? Discover how different birds use their specialized body structures to hunt in the intertidal zone. We will then challenge ourselves to solve our own day-to-day problems by mimicking these feathery friends. Ages 5 to 12, but all are welcome! Rainboots recommended. Registration required. Register online at ebparksonline.org or call 888-327-2757. For information, call (510) 544-3187.

Crab Cove Visitor Center & Aquarium
Crab Cove Visitor Center officially opened on July 4, 1980. You can see bay creatures in our 600-gallon aquarium and 5 other aquariums. The visitor center is open Wed-Sun, 10am-4pm. Starting in March, hours will be 10am-5pm.

Programs are free, drop-in, & meet at the visitor center unless otherwise noted.

Program Key:
Ø = Parking fee may apply
_wheelchair accessible
$ = Fee program
☑ = Register online at ebparksonline.org or call 888-327-2757
(non-res.) = Residents outside of Alameda & Contra Costa counties

Given advance notice, accommodations can be made for visitors with disabilities.

Contact Us:
Telephone: 510-544-3187
Email: ccove@ebparks.org
Address: 1252 McKay Avenue
Alameda, CA 94501
https://www.facebook.com/crabcovealamedaca/
**Saturday Strolls**
Wake up, walk into nature, and explore different parks and the wonders within. Hikes range from one to five miles. Great for families.
See [www.ebparks.org/parks](http://www.ebparks.org/parks) for maps and directions.

No registration; drop-in. For information, call (510) 544-3187.

**Sat, Feb 5: Crown Beach (Elsie Roemer Bird Sanctuary)** Witness beautiful bay views as we cross a bridge and walk to the edge of Oakland and MLK Jr. Regional Shoreline, 3.33 flat miles.

**Sat, Feb 19: Lafayette-Moraga Regional Trail (St. Mary’s Rd. Trail Staging Area)** Enjoy strolling 3.25 easy/moderate miles, passing through varied landscapes with interesting histories, including a waterfall.

Restrooms halfway.

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**Hikes For Tykes**
Take a hike and tire-out the tykes by exploring in nature before nap-time! Join a naturalist as they take you over hill and dell to explore the fabulous flora and fauna of the Regional Parks. Tools for exploration will be provided. Hikes average about 1/2 to 1 mile. Bring a snack for story time. Strollers not recommended for most hikes. Rain cancels program. See [www.ebparks.org/parks](http://www.ebparks.org/parks) for maps and directions.

No registration; drop-in. For information, call (510) 544-3187.

**Tues, Feb 1: Lake Chabot (Marina)** Discover what animals and plants live in and near the lake!

**Tues, Feb 15: Redwood (Trudeau)** What is so special about this place? Today we’ll find out who lives in the bushes and grass.
Wednesday Walks
Discover the natural and human history of our beautiful parklands, explore new trails and improve your health with a friendly walking group. Wear sturdy footwear, bring water and dress for the weather. May be muddy. Heavy rain cancels. Info: (510) 544-3187. See www.ebparks.org/parks for maps and directions. No registration; drop-in.

**Wed, Feb 23: Redwood (Skyline Gate)** Hike from the pine trees of West Ridge to the Redwoods of French Trail. Returning along the Stream Trail. Moderate 5.25 miles

Volcanos, Labyrinths, Quarries, and Newts
**Sibley (Skyline Staging Area)** Join us for a 2.5-mile moderate ramble exploring hidden labyrinths in historic quarries that have reshaped this beautiful volcanic landscape. Search skyward for eagles and below the water’s surface for newts. For information, call: (510) 544-3187.

No registration required, drop-in program.

Volunteer Opportunities

Native Plant and Butterfly Gardening
**Crown Memorial State Beach - Crab Cove Visitor Center** Help beautify the Visitor Center and provide food for wildlife as we prepare our butterfly and native plant gardens for spring. You choose the work: weeding, pruning, mulching, and general clean-up. Snacks and refreshments served; tools provided. Students earn community service hours. Heavy rain cancels. 8+yrs.

Registration Required. https://apply.ebparks.org/custom/501/opp_search