

IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

**MEMBERSHIPS**  
The Regional Parks Foundation offers memberships to park users. Benefits include free parking and swimming, a member newsletter, special parkland tours, behind the scenes tours with a naturalist, and off-season camping discounts. For info see "Memberships" at [www.ebparks.org](http://www.ebparks.org), or call (510) 544-2203.

**LEGEND**

- Multi-Use, Paved Trails: Hikers, Horses, and Bikes
  - Proposed Trails
  - Multi-Use, Unpaved Trails: Hikers, Horses, and Bikes
  - Bike Lanes on City Streets
  - Other Agency Paved Trails
  - Mileage Between Points
  - Paved Roads
  - Restroom
  - Tot Lot
  - First Aid
  - Swimming
  - Fishing
  - Boat Launch
  - School
- 0 1/2 1 Mile  
Mileages courtesy Hal MacDonald, EBRPD volunteer



**HOW TO USE THIS MAP:** This map is intended to illustrate the potential of Regional and municipal trails as transportation alternatives. Note the locations of schools, post offices, libraries, parks, and Park & Ride sites and their proximities to the trails; use the trails as an alternative to automobile travel when practical. Use this map to plan errands that can be accomplished on bicycle or on foot. For persons interested in bicycle rides into wilderness areas, note the trail connections with Black Diamond Mines and Contra Loma Regional Parks, and with Mt. Diablo State Park. All trail users should protect themselves from the sun and carry water.

**DISABLED ACCESSIBILITY:** Most parks have accessible parking, drinking water, and restroom facilities. The Marsh Creek Trail is flat and presents no slope difficulties for persons in wheelchairs. Some parts of the Delta de Anza Trail have small rises or hills that may present difficulties for persons in wheelchairs, particularly portions adjacent to Los Medanos College and Marchetti Park in Pittsburg and portions on either side of Canal Park in Antioch. The trail over the Willow Pass, from Evora Road in Bay Point to Willow Pass Road in Concord, is long and steep.

If you would like this information in an alternative format, call (510) 544-2200, fax (510) 635-3478, TDD (510) 633-0460, or [info@ebparks.org](mailto:info@ebparks.org).

**PUBLIC TRANSPORTATION:** BART Express (510-676-2278) serves much of the East County area; Park & Ride locations are noted on the map. Tri Delta Transit (925-754-4040) serves Bay Point, Pittsburg, Antioch, Oakley and Brentwood. Call the numbers listed for route and schedule information.

**PLEASE LET US KNOW** how this map may be improved to help you use these trails. Email: [Info@ebparks.org](mailto:Info@ebparks.org); EBRPD Publications, 2950 Peralta Oaks Court, Oakland, CA 94605, (510) 544-2210.

POLICE, FIRE, MEDICAL EMERGENCY .....	<b>9-1-1</b>
EAST COUNTY TRAILS OFFICE .....	(925) 625-5479
REGIONAL PARKS INFO .....	(510) 562-PARK
EBRPD HEADQUARTERS .....	(510) 635-0135
EBRPD WEBSITE: .....	<a href="http://www.ebparks.org">www.ebparks.org</a>
ANTIOCH PARKS .....	(925) 779-7070
BAY POINT PARKS .....	(925) 458-1601
BRENTWOOD PARKS .....	(925) 634-1044
PITTSBURG PARKS .....	(925) 439-4842

**WEAR A HELMET**  
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East Bay Regional Park District  
2950 Peralta Oaks Court, P.O. Box 5381  
Oakland, CA 94605-0381 (510) 562-PARK  
<http://www.ebparks.org>

POLICE, FIRE, MEDICAL EMERGENCY ..... **9-1-1**