Environmental Education Center

The Environmental Education Center (EEC) has exhibits that tell the story of the Wildcat Creek Watershed, information on park activities and wildlife, and nature-related books and other items for sale. A self-guiding trail booklet is available for loan or purchase. The EEC is open from 10 a.m.-4:30 p.m., Tuesday through Sunday.

Tilden Little Farm

The historic Tilden Little Farm is adjacent to the EEC. The red barn was constructed in 1935 by Berkeley High School carpentry students, with materials donated by the Berkeley Kiwanis Club. The Little Farm is home to a variety of farm animals. Several heritage breeds of livestock are preserved, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery (but nothing else) to feed the animals. The Little Farm is open daily from 8:30 a.m.-3:30 p.m.

Naturalist Programs

Park naturalists offer a variety of interpretive programs for schools, organized groups, and the public. Programs provide exciting opportunities to learn about the area’s natural and cultural history. Program information can be found inside the EEC, online at ebparks.org, or in the District’s activity guide, Regional in Nature. To make school or group program reservations, please call the EEC at 510-544-2233, or visit the District’s website.

Trails in Tilden Nature Area

The Nature Area is still a land of wild places. Help keep it natural and beautiful for generations to come. Please leave all plant, wildlife, and geological features undisturbed. Do not litter; if you carry it in, carry it out. To avoid poison oak, stay on the trails. Hikes range from the leisurely, self-guided Jewel Lake Nature Trail, to a vigorous climb up to Wildcat Peak for panoramic Bay views. The trails vary in length and difficulty, and are designated by these symbols on trailside directional posts:

- **Jewel Lake Trail**—.90 miles, gentle loop.
- **Pack Rat Trail**—.86 miles, moderate.
- **Sylvan Trail**—.68 miles, gentle.
- **Wildcat Peak Trail**—1.5 miles, steep.
- **Pine Tree Trail**—.92 miles, moderate.
- **Laurel Canyon Trail**—1.77 miles, moderately steep.
- **Memory Trail**—.57 miles, moderate.

Trails in Tilden Nature Area

The Nature Area is still a land of wild places. Help keep it natural and beautiful for generations to come. Please leave all plant, wildlife, and geological features undisturbed. Do not litter; if you carry it in, carry it out. To avoid poison oak, stay on the trails. Hikes range from the leisurely, self-guided Jewel Lake Nature Trail, to a vigorous climb up to Wildcat Peak for panoramic Bay views. The trails vary in length and difficulty, and are designated by these symbols on trailside directional posts:

- **Jewel Lake Trail**—.90 miles, gentle loop.
- **Pack Rat Trail**—.86 miles, moderate.
- **Sylvan Trail**—.68 miles, gentle.
- **Wildcat Peak Trail**—1.5 miles, steep.
- **Pine Tree Trail**—.92 miles, moderate.
- **Laurel Canyon Trail**—1.77 miles, moderately steep.
- **Memory Trail**—.57 miles, moderate.

Information and Programs

**Naturalist Programs** Park naturalists offer a variety of interpretive programs for schools, organized groups, and the public. Programs provide exciting opportunities to learn about the area’s natural and cultural history. Program information can be found inside the EEC, online at ebparks.org, or in the District’s activity guide, Regional in Nature. To make school or group program reservations, please call the EEC at 510-544-2233, or visit the District’s website.

**Tilden Nature Area Trails**

- **Jewel Lake Trail**—.90 miles, gentle loop.
- **Pack Rat Trail**—.86 miles, moderate.
- **Sylvan Trail**—.68 miles, gentle.
- **Wildcat Peak Trail**—1.5 miles, steep.
- **Pine Tree Trail**—.92 miles, moderate.
- **Laurel Canyon Trail**—1.77 miles, moderately steep.
- **Memory Trail**—.57 miles, moderate.

**East Bay Regional Park District** 2950 Faria Oaks Court, Oakland, CA 94605 1-888-EBPARKS or 1-888-327-2757 (TRS 711) ebparks.org

Regional Parks Membership receive free day-use parking, swimming, dog pass, and more. 510-544-2210 REGIONALPARKSFUNDATION.ORG

East Bay Regional Park District

Healthy Parks Healthy People

Cover photo courtesy: Marc Crumpler

Regional Parks Foundation

Receive free day-use parking, swimming, dog pass and more. 510-544-2210 REGIONALPARKSFUNDATION.ORG
History
Huchuín Ohlone people have lived and thrived in the Wildcat Creek watershed for thousands of years, enjoying the bounty of this rich and diverse ecosystem. The intrusion and settlement of the Spanish and later the establishment of Mexican ranchos, disrupted the Huchuín Ohlone way of life but could not destroy their strong cultural identity and sense of place. Huchuín Ohlone people continue practicing their rich cultural traditions and Chochoeno is a living language.

In 1890, water companies began building wells, dams, and water tunnels for the burgeoning bay area population until water transported from the Sierras proved to be a more dependable source. When watershed lands were opened to development, east bay community leaders organized to preserve some of this open space. In 1935 to 1941, a Civilian Conservation Corps (CCC) camp resided in today’s Tilden Nature Area. Workers built roads, shelters, and picnic facilities. From 1949 to 1974 the area supported a Civilian Conservation Corps camp which is now home to the Bay Area Regional Park District. In 1974, the county organized to preserve some of this open space for the benefit of all. Today Tilden Nature Area is operated by the Regional Parks Conservancy as a part of the Tilden Regional Park that includes El Cerrito and Nimitz Ways. Ours to Explore, Enjoy and Protect – Equestrians and bicyclists are also strongly encouraged to wear helmets at all times.

The following are prohibited:
- Working and/or swimming in undesignated areas
- Feeding or approaching wildlife
- Consuming alcohol in non-designated areas/parks
- Drones – Relocating animals into parklands
- Feeding or approaching wildlife
- Smoking

The following are prohibited:
- Dogs are not permitted anywhere in Tilden Nature Area. In Regional Parks that do allow pets, they must be leashed in parking lots. 200 feet from any trail or park entrance or as posted, in picnic areas, developed areas such as lawns and play fields, on some trails, and where grazing animals are present. Pets must be under voice control at all times. Clean up after your pet; bag it, bin it.
- Horses have the right-of-way on trails.
- Equestrians and bicyclists are also strongly encouraged to wear helmets at all times.