Tilden Regional Park

Year Opened: 1936  
Acres: 2,079

Highlights: Hiking, bicycling, equestrian, picnicking, group camping, public golf course, lake swimming, historic merry-go-round, steam trains, Botanic Garden, Little Farm, historic Brazil Building.


Lake Anza

Enjoy beach sunbathing, swimming, picnicking, and food service (swim complex entrance fee). For swim season and lifeguard hours see ebparks.org, or call (510) 881-2757, option 3, ext. 4562.

Golf Course

Enjoy an 18-hole championship golf course, a driving range and practice green, the pro shop, and food service. Reservations: (510) 848-7373.

Tilden Nature Area

This 740-acre preserve with 10+ miles of hiking trails is home to a blend of native and introduced plant communities, including oak/bay woodlands, grasslands, and eucalyptus forests. A 750-foot boardwalk leads to Jewel Lake, a historic reservoir and a peaceful place to watch wildlife. At the Environmental Education Center (EEC) you can explore Wildcat Creek watershed exhibits, learn about park activities, and purchase nature-related books and materials including a self-guided trail booklet. The EEC is open Tuesday through Sunday, 10 a.m. to 4:30 p.m. daily June to September and 8:30 a.m. to 5 p.m. daily October to May. Phone 1-888-381-2757, option 3, ext. 4507.

Brazilian Room

This historic building, a 1939 gift from the nation of Brazil, is popular for weddings, social events, and meetings. The facility, including a commercial kitchen and patio, may be viewed during open houses and by appointment. Phone (510) 544-3164.

Merry-Go-Round

The Merry-Go-Round, built in 1911 by Herschell-Spillman and relocated to Tilden Regional Park in 1948, features beautifully restored wooden menagerie carousel animals. For information, operating hours, and ticket prices, call (510) 559-1004.

Ours to Explore, Enjoy and Protect

Please enjoy the Regional Parks safely and help protect and preserve the parklands by complying with park rules and regulations.

Safety

• Stay on trails. Shortcuts are dangerous and damage natural resources.
• Bring plenty of water to prevent dehydration.
• Be prepared for sudden changes in weather conditions.
• Keep parks clean. Pack out what you pack in.
• Inform someone where you are going and when you will return.
• Save our 24/7 Dispatch Center number on your cell phone: Emergency (510) 881-1121; Non-emergency (510) 881-1833.

POLICE, FIRE, MEDICAL EMERGENCY: 9-1-1  
PARK POLICE: 1-888-327-2757 (option 3)  
CAMPING RESERVATIONS: ……1-888-327-2757; option 2  
FAIR OFFICE …….1-888-327-2757; option 3, ext. 4562

Rules

• Dogs must be leashed in parking lots, 200 feet from any trail or park entrance or as posted in picnic areas, developed areas. Dogs must be under voice control at all times. Clean up after your pet: bag it, bin it.
• Bicycles and e-Bikes are permitted on designated trails only.
• Bicyclists yield to pedestrians. Both yield to equestrians.
• State law requires that all bicyclists under age 18 wear a helmet. All bicyclists and equestrians are encouraged to wear helmets at all times.

The following are prohibited:

• Making unauthorized campfires in undeveloped areas.
• Conquering closed or non-designated areas/parks
• Feeding or approaching wildlife
• Causing damage to plants, geology, or archaeological features
• Smoking/drug use
• Flying Drones

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See ebparks.org/rules.

For more information, visit ebparks.org or call the EEC at (510) 544-2233 or 1-888-327-2757, option 3, ext. 4546, or see ebparks.org.