

# TILDEN NATURE AREA

## OCTOBER 2024 NATURALIST PROGRAMS

All programs meet at the Environmental Education Center unless otherwise noted.  
Accommodation will be made for visitors with disabilities upon advance request.

### Program Key:

Ⓟ = Parking fee may apply

♿ = Wheelchair accessible

### Contact Us:

**Mail:** 600 Canon Drive, Berkeley,  
CA. 94708.

**Telephone:** 510-544-2233

**Email:** tnairea@ebparks.org

### The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

### THE OVER-THE-HILLS GANG

Anthony Fisher

10 am - 12:30 pm, Tue, Oct 1 & 15

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of bi-monthly excursions exploring the Regional Parks.

**Oct 1:** Roberts Park. Meet near the pool. Some hills. Ⓟ

**Oct 15:** Berkeley Marina. Brickyard Cove Marina lot. Flat.



### CREATURE FEATURE

Interpretive Staff

10:30 - 11 am, Every Sat

From reptiles to rabbits, cockroaches to cows, you'll be amazed upon meeting our featured animal ambassador!



### FUN ON THE FARM

Interpretive Staff

2 - 3 pm, Every Sat

Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the farm near the chicken coop.



### SUNDAY STORYTIME ♿

Interpretive Staff

10:30 - 11 am, Every Sun

Gather 'round for a wonderful children's book read aloud.



### UNDER OUR FEET ♿

Martha Arlette Cerda

11 am - noon, Sun, Oct 6

Dig in and uncover the microscopic world hidden beneath our feet. Discover a community of creatures living in the soil and how they shape our environment above ground.



### SLEEP TIGHT LITTLE FARM

Martha Arlette Cerda

4 - 4:30 pm, Sun, Oct 6, 13 & 27

It's nighttime for the farm animals! Come wind down your day with us and enjoy the sounds of cows mooing, chickens clucking, and goats playfully bleating as we prepare an evening snack for them.



### MONDAY BIRDING

Anthony Fisher

9 am - noon, Mon, Oct 7 & 21

Come wander the woods and shamble the shorelines in search of the wild and feathered spirits that connect the heavens and the earth.

**Oct 7:** Miller Knox. Flat.

**Oct 21:** Shimada Friendship Park. Flat.



### DAZZLING DISGUISES ♿

Jenna Tidd

2 - 3 pm, Tue, Oct, 8

3 - 4 pm, Sat, Oct, 26

Explore the amazing disguises animals use to survive, thrive, and fool both predators and prey alike! Meet a camouflaged animal, see how many disguised critters you can spot, and create your own animal mask.



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East Bay  
Regional Park District  
www.ebparks.org

### GOOSE CABOOSE

Paula Urtecho

10 - 10:30 am, Sat, Oct 12

Hop on the goose caboose! Our geese enjoy their exercise, so let's take them for a stroll. Learn about this heritage breed and enjoy their adorable antics!

Meet on the farm near the chicken coop.



### MONARCAS y MUERTOS: UNA CELEBRATION de DIA de LOS MUERTOS MONARCHS AND MUERTOS: A CELEBRATION OF THE DAY OF THE DEAD

Paula Urtecho

1 - 2 pm, Sat, Oct 12

¿Que tienen que ver las mariposas monarcas con el Día de Los Muertos? Lo averiguaremos mientras recordando a nuestros queridos difuntos.



What do monarch butterflies have to do with Day of the Dead? Let's discover this while remembering our dearly departed.

### INKTOBER &

Martha Arlette Cerda

11 am - noon, Sun, Oct 13

Experience the colors of fall while making nature-based ink from seasonal plants. Let your creativity shine as you create art sketches inspired by nature! Ages 8+. Parent participation required.



### HIKE WITH PRIDE with FAT PEOPLE HIKING

Interpretive Staff

10 am - noon, Sat, Oct 19

Curious about exploring your local parks? Give it a try and enjoy the outdoors with Fat People Hiking Bay Area! Together we will meet like-minded people, build community, and create a safe space for all bodies in the great outdoors. We encourage people from all identities and backgrounds to join us.

**Oct 19:** Point Isabel. Enjoy stunning views of San Francisco and the bay as we take a slow to moderately paced walk through this beautiful coastal park. Mostly flat paved and dirt trails.



### TILDEN TOTS

Melissa Fowlks

10:30 - 11:30 am, Wed, Oct 23

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story.



### HIKE AND STORYTIME

Melissa Fowlks

11 am - 12:30 pm, Thu, Oct 24

Join Naturalist Melissa and Librarians Deborah & Sheila in nature exploration activities and a themed storytime.

**Oct 24:** Miller Knox. Meet at Big Meadow Picnic Area. Be prepared to walk to Keller Beach.



### GARDEN HELPERS/ AYUDANTES DEL JARDIN

Paula Urtecho

1 - 2 pm, Sun, Oct 26

There is still plenty to do in the Autumn garden, from watering to harvesting! Come get your hands dirty with us! Meet at the children's garden.



### DIA DE LOS MUERTOS JEWEL LAKE WALK

Martha Arlette Cerda

5:30 - 6:30 pm, Sun, Oct 27

Join us on a walk to Jewel Lake as we celebrate Dia de los Muertos/Day of the Dead. Honor loved ones, adorn a paper calavera/skull, and celebrate life.

