All programs meet at the Environmental Education Center unless otherwise noted. Accommodation will be made for visitors with disabilities upon advance request.

Programs requiring registration have an 📋 symbol after the program name. Use the listed course number when making reservations by phone (1-888-EBPARKS opt. 2) or at our registration website, ebparksonline.com. All other programs are drop-in only. For more information on drop-in programs call 510-544-2233 or email tnarea@ebparks.org

**TILDEN NATURE AREA**
**JULY 2024 NATURALIST PROGRAMS**

The Tilden Nature Area is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

**Contact Us:**
**Mail:** 600 Canon Drive
Berkeley, CA 94708

**Telephones:** 510-544-2233

**Email:** tnarea@ebparks.org

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**THE OVER-THE-HILLS GANG 🗓️**
Various Parks
Anthony Fisher
10 am - 12:30 pm, Tue, Jul 2 & 16
Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.

**Jul 2:** Albany Beach. Bucannon St. Some rough trail, small hills.
**Jul 16:** Miller Knox. Steep hills, rough trail.
Meet in the parking lot near the pier.

**CREATURE FEATURE 🍌**
Interpretive Staff
10:30 - 11 am, Every Sat
From reptiles to rabbits, cockroaches to cows, you’ll be amazed and mystified upon meeting our featured animal ambassador!

**NATURALIST ON THE BACK PORCH 🤵**
Anthony Fisher
1 - 2 pm, Sat, Jul 6 & 20
Make string from plant fibers, try a fire from two sticks, other indigenous game and skills. Meet on the back deck of the visitor center.

**FUN ON THE FARM 🐓**
Interpretive Staff
2 - 3 pm, Every Sat
Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the Farm near the chicken coop.

**CLOSIN’ TIME ON THE FARM**
Anthony Fisher
4:00 - 4:30 pm, Sat, Jul 6 & 20
Help put the animals to bed! Feed a pig! Do some work!
Meet on the Farm near the chicken coop.

**COFFEE WITH THE BIRDS**
Martha Arlette Cerda
9 - 10 am, Sun, Jul 7 & 21
Start your morning with birds and coffee! Join us for a leisurely walk along the oak woodlands to see which birds are hanging out at the Tilden Nature Area. Birders of all levels are welcome. We will have some binoculars to share, if you have your own pair, please bring them. Bring your own coffee mug, we will provide coffee or cocoa! 7+ yrs. Parent participation required.

**SUNDAY STORYTIME 📚**
Interpretive Staff
10:30 - 11 am, Every Sun
Gather ‘round for a wonderful children’s book read aloud.
**GARDEN HELPERS/AYUDANTES DEL JARDIN**
Paula Urtecho
10 - 11 am, Tue, Jul 9 & 23
“The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture is to feed not just the body, but the soul.” - Alfred Austin
There is plenty to do in the garden year-round. Drop into the farm garden to lend a hand!

**SIGNS OF LIFE**
Jenna Tidd
10:30 - 11:30 am, Wed, Jul 10
How can you tell what animals live in a habitat without seeing the animals themselves? Find out as we take a short walk to observe the signs of life around the Environmental Education Center!

**HIKE WITH PRIDE with FAT PEOPLE HIKING**
Interpretive Staff
10 am - noon, Sun, Jul 14
Curious about exploring your local parks? Give it a try and enjoy the outdoors with Fat People Hiking Bay Area! Together we will meet like-minded people, build community, and create a safe space for all bodies in the great outdoors. We encourage people from all identities and backgrounds to join us. Hikes will focus on outdoor education, natural & cultural history, joyful movement, accessibility, and safety. All ages welcome.

**AFTERNOON ART AT THE FARM/TARDEADA DE ARTE EN LA GRANJA**
Martha Arlette Cerda
3 - 4 pm, Sun, Jul 14 & 21
Plants are budding during each season of the year! See what's blooming and make radiant prints of plants using the sun's energy. All ages welcome. Parent participant required.

**SUMMERTIME BLOOMS**
Regional Parks Botanic Garden
Paula Urtecho
10 - 11:30 am, Sat, Jul 20
The cure for the summertime blues? Summertime blooms! We'll stroll through the garden in search of summer color and marvel at the beauty of our native flora.

**TILDEN TOTS**
Melissa Fowlks
10:30 - 11:30 am, Wed, Jul 24
Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story. Meet outside the visitor center.

**HIKE AND STORYTIME**
Melissa Fowlks
11 am - 12:30 pm, Thu, Jul 25
Join Naturalist Melissa and Librarians Deborah & Sheila in nature exploration activities, and a themed storytime.

**July 25:** Point Pinole.
Atlas Staging Area.