

SEP/OCT 2022 NATURALIST PROGRAMS SUNOL VISITOR CENTER



Programs requiring registration have a symbol after the program name. Use the listed course number when making reservations by phone (**1-888-EBPARKS**) or at our registration website, ebparksonline.com. All other programs are drop-in only. For more information on drop-in programs email SVISIT@ebparks.org or call 510-544-3249.

Participants must adhere to East Bay Regional Park District COVID guidelines at all times.

Bird Walk

Sunol Visitor Center

Kristina Parkison

REGISTRATION

9-10:30am

Sat, Sep 3 #45290

Sat, Oct 1: Shadow Cliffs, Main Entrance # **45291**

The Bay Area bursts with bird life! New and experienced birders alike, join us as we discover patterns of behavior, migration, and habitat.



BIRD BASICS TABLE

Sunol Visitor Center

Kristina Parkison

1-2pm, Sat, Sep 3, Oct 1



Birds are delightful! Learn some bird facts, examine feathers up close, and try birding by ear! 7+ yrs. Drop-in; no registration.

SNAKE TALK

Sunol Visitor Center

Betty Villalta

2:30- 3pm, Every Sunday in Sep and Oct, Sep 4, 11, 18, 25, Oct 2, 9, 16, 23, 30



Come meet our animal ambassador gopher snake. We will learn about the important role's snakes play in the ecosystem. You might even get a chance to see our gopher snake get their weekly meal. Drop-in; no registration.



How many regional parks in the southeast sector have you visited?

- **Dublin Hills** in Dublin
- **Sunol** Regional Wilderness in Sunol
- **Shadow Cliffs** in Pleasanton
- **Las Trampas** in San Ramon
- **Brushy Peak** in Livermore
- **Sycamore Valley** in Danville
- **Bishop Ranch** in San Ramon
- **Del Valle** in Livermore
- **Pleasanton Ridge** in Pleasanton

For more info visit:

www.ebparks.org

Sunol Visitor Center is open
Weekends from 8:30am-4pm

Program Key:

= Parking fee may apply

\$6 Del Valle

\$6 Shadow Cliffs

\$5 Sunol

= Online registration

\$ = Small fee

Contact Us:

Email: SVISIT@ebparks.org

Telephone: 510-544-3249

Follow us on Facebook!



SEP/OCT 2022 NATURALIST PROGRAMS SUNOL VISITOR CENTER



Let's Get Outside Club Ⓜ

Sunol Visitor Center
Betty Villalta
4:30 - 7:30pm
Sun, Sep 4
Sun, Oct 2, Del Valle, Marina



Easy / Moderate Hikes (2-4 hour guided experience)

Are you looking to get outside and start hiking? If so, these Naturalist-led hikes are perfect for beginners. As we hike, we will learn about the nature around us. The club will meet on the first Sundays of the month. Come and join us! Drop-in program; no registration.

OUTDOOR DISCOVERIES! 🌳 Ⓜ

Sunol Visitor Center
Betty Villalta
REGISTRATION
10:30 - 11:15am, 11:15am – 12pm, Mon, Sep 12, Oct 10
Sep 12 : Fall Colors #45469, #45914
Oct 10 : Spiders #45470, 45915



Explore the world around you in this pre-school and home school nature series!

Meet the Naturalist at the Visitor Center and get ready to adventure together. The program consists of a 20–25-minute lesson with a Naturalist followed by a craft or activity.

MEET THE REPTILES Ⓜ

Sunol Visitor Center
Kristina Parkison
2-3pm, Sat, Sep 17
1-2pm, Sat, Oct 29
Meet some of the snakes and other reptiles that make Sunol their home. Learn about their unique adaptations and some of the myths surrounding them. Create a snake spiral craft to take home. Drop-in; no registration.



OHLONE CULTURES TABLE Ⓜ

Sunol Visitor Center
Kristina Parkison
10-11:30am
Sat, Sep 10
Sat, Oct 8



Sunol Regional Wilderness is an important place to Ohlone Peoples. Learn about the rich cultural history of the first people who have called this place home for time immemorial and gain appreciation for their thriving lifestyle. 5+ yrs. Drop-in; no registration.

Canine Capers 🐶 Ⓜ

Pleasanton Ridge
Sunol Depot Gardens
Kristina Parkison
REGISTRATION

9-11am, Sat, Sep 17 #45335

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer selves by exploring and learning about the natural world around us as we hike park trails.

Meet at the Sunol Depot Gardens <https://goo.gl/maps/sCYVLsqjxUpBt12JA>

NATURE STORIES Ⓜ

Sunol Visitor Center
Kristina Parkison
1-1:30pm, Sat, Sep 24

Take time to relax, slow down and enjoy some nature stories in our beautiful park. Drop-in; no registration.



SEP/OCT 2022 NATURALIST PROGRAMS SUNOL VISITOR CENTER



VIRTUAL NATURE JOURNALING WORKSHOP

Facebook or Zoom
Erica Stephens
VIRTUAL 2-3pm, Sat, Sep 24, Oct 22



Virtual program! Journal endangered species of the east bay and learn how nocturnal animals see at night during these upcoming workshops! Embark on a step-by-step nature journaling adventure as you make observations and practice techniques with Naturalist Erica during a live virtual broadcast on Zoom & Sunol's Facebook page; no Facebook account needed!

[Sunol Regional Wilderness Facebook page](#)

Sep - Endangered Species: <https://us02web.zoom.us/j/85194457024>
Oct - Nocturnal Vision: <https://us02web.zoom.us/j/81210435604>

Fall Scavenger Hunt

Sunol Visitor Center
Erica Stephens
9am -3pm, Sat, Oct 8



Embrace the beauty of fall in Sunol! Drop by the Sunol Visitor Center to grab an activity sheet and begin your self-guided adventure in the park. What discoveries will you make along the way? Drop-in; no registration.

OHLCONE GAMES

Sunol Visitor Center
Kristina Parkison
1-2pm, Sat, Oct 8



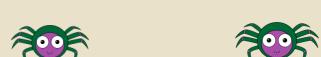
Sunol Regional Wilderness is an important place to Ohlone Peoples. The rich cultural history of the first people included many different games for fun and entertainment. Join us to learn about and play some of these games! 8+yrs. Drop-in; no registration.

Nature's Stories

Sunol Visitor Center
Betty Villalta
1-2pm, Sun, Oct 9 SPIDERS



Learn about the wonders of nature through stories. In this Nature's Stories Series, we will read a nature-themed storybook which will be followed by an activity or craft. Storytime starts at 1:00 pm. Drop-in; no registration.



SEP/OCT 2022 NATURALIST PROGRAMS SUNOL VISITOR CENTER



Sunol Heritage Festival

Sunol Visitor Center
Interpretive Staff
10am-2pm, Sat, Oct 15



Celebrate the diverse heritage of the wilderness, at this fun festival for all ages! History comes alive with games, activities, and music throughout the day. Free Event, \$5 Parking. Food not available, bring a picnic to enjoy in the park. Drop-in; no registration.

Canine Capers

Shadow Cliffs, Main Entrance
Kristina Parkison
REGISTRATION
9-11am, Sat, Oct 22 #45336



The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer selves by exploring and learning about the natural world around us as we hike park trails.

Spooky Sunol Open House

Sunol Visitor Center
Erica Stephens
6-8pm, Sat, Oct 29

Discover the spookier side of Sunol and meet our live animal ambassadors at night. Drop-in to the Sunol Visitor Center during these special nighttime hours to meet our reptiles, amphibians and arachnids, taste bat pollinated foods and more! Drop-in, no registration.



Tarantula Trek

Sunol Visitor Center
Betty Villalta
REGISTRATION
6:30-8pm, Sun, Oct 16 #45345



Love is in the air. As summer turns to fall these amazing arachnids are out and about looking for love. Join us as we search for our arachnid friends and learn about their amorous adventures. Be sure to bring a flashlight. Hikes will be on unpaved trails and approximately 2-4 miles.

NOT SO CREEPY CRITTERS

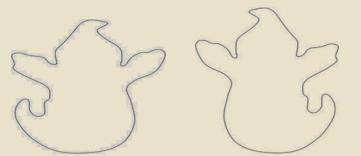
Sunol Visitor Center
Kristina Parkison
10-11am, Sat, Oct 29



Some people associate toads and snakes with macabre images of dark nights and foggy forests...but really, they're not so creepy after all! In fact, they play important roles in healthy ecosystems, and you can come and meet them in our visitor center! We'll finish with a snake craft. Drop-in, no registration.

Spooky Creature Feature

Sunol Visitor Center
Betty Villalta
10am- 2pm, Sun, Oct 30



Something spooky is happening at Sunol's Visitor Center. Stop by the visitor center for some scream worthy activities and meet some of our ghoulishly cute animal ambassadors. Bring a mug to enjoy a warm cup of apple cider as you enjoy a spooky-filled fall day at Sunol Wilderness Regional Preserve. Costumes encouraged. Drop-in; no registration.

