

TILDEN NATURE AREA

DECEMBER 2024 NATURALIST PROGRAMS

All programs meet at the Environmental Education Center unless otherwise noted.
Accommodation will be made for visitors with disabilities upon advance request.

Program Key:

Ⓟ = Parking fee may apply

♿ = Wheelchair accessible

Contact Us:

Mail: 600 Canon Drive, Berkeley,
CA. 94708.

Telephone: 510-544-2233

Email: tnairea@ebparks.org

The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

SUNDAY STORYTIME ♿

Interpretive Staff

10:30 - 11 am, Every Sun

Gather 'round for a wonderful children's book read aloud.



WOOLY LAMBS ♿

Jenna Collins

11:30 am - 12:30 pm, Sun, Dec 1 & 22

Ever wonder what a sheep's wool feels like? Learn about our sheep and make your own mini sheep from their wool to take home. We'll be using colors perfect for the holidays. Parent participation required.



WOODRAT WONDERLAND

Jenna Collins

2:30 - 3:30 pm, Sun, Dec 1 & 22

Rat-a-tat-tat ...what's that? Ever wonder who makes the piles of sticks in our park or skitters through the trees at night? Come discover the world of the Dusky-footed woodrats. We'll learn more about this rad rodent as we take a walk through the park searching for their clues. Parent participation required.



HANDMADE HOLIDAY CARDS ♿

Jenna Tidd

2:30 - 3:30 pm, Tue, Dec 3

Create your own nature inspired holiday cards using recycled paper and natural materials.



GARDEN HELPERS/ AYUDANTES DEL JARDIN

Paula Urtecho

11 am - noon, Fri, Dec 6, 13 & 20

Even as the days grow shorter, the garden continues to grow. Come and help out with the garden tasks, from weeding to planting. Meet at the children's garden.



CREATURE FEATURE

Interpretive Staff

10:30 - 11 am, Every Sat

From reptiles to rabbits, cockroaches to cows, you'll be amazed upon meeting our featured animal ambassador!



WINTER WATERCOLOR

Melissa Fowlks

11 am - 12:30 pm, Sat, Dec 7, 21 & 28

Take some respite in nature, slow down, and use the natural settings around you to inspire your creativity through watercolor. Each Saturday we will be at a different location around the park. Meet at the Environmental Education Center.



Dec 7: Jewel Lake Bridge

Dec 21: TNA Kid's Garden

Dec 28: Top of Loop Road Trail (this session will take a bit of a steady incline walking.)



TILDEN NATURE AREA

DECEMBER 2024 NATURALIST PROGRAMS

FUN ON THE FARM

Interpretive Staff

2 - 3 pm, Every Sat

Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the farm near the chicken coop.



SATURDAY BIRDWALK

Anthony Fisher

9 - 10:30 am, Sat, Dec 14 & 28

Peek into the late fall/early winter life of birds around Jewel Lake.



WHAT'S THE NEWS ON NEWTS?

Melissa Fowlks

3:30 - 5 pm, Sat, Dec 7, 21 & 28

With Winter days drawing to a close earlier and night blanketing us in darkness much more quickly, come explore the magical experience of visiting the park at dusk and enjoy observing these terrestrial salamanders as they begin their transformation into aquatic animals for breeding season. Begins at Tilden Botanic Garden, with a meandering walk leading up South Park Drive. Bring water, and a headlamp or flashlight.



CHICKEN PARTY

Anthony Fisher

11 - 11:30 am, Sat, Dec 14

Visit with the chickens!



FEATHER FRENZY: BEYOND FLIGHT

Jenna Tidd

2:30 - 3:30 pm, Sat, Dec 14

Feathers are for so much more than flight. Find out while investigating real specimens and creating a quick craft suitable for all ages!



GOOSE CABOOSE

Paula Urtecho

10 - 10:30 am, Mon, Dec 9

Hop on the goose caboose! Our four geese - Blanche, Rose, Dorothy and Sofia - enjoy their exercise, so let's take them for a little stroll around the farmyard. Learn about this heritage breed and enjoy their adorable antics!



NATURE PHONE-PHOTOGRAPHY

Anthony Fisher

3 - 4:30 pm, Sat, Dec 14 & 28

We will look at some examples of nature phone-photography and then get out to capture some images of our own. On the 14th, we'll work in black and white. On the 28th, we'll work in color.



FROM THE ARCHIVES - CYANOTYPE PHOTOS

Martha Arlette Cerda

3 - 4 pm, Fri, Dec 13 & 27

Have history at your fingertips! Explore the historic photographs of Tilden Regional Park from our archival collection. Learn the art of cyanotype photography and take a timeless impression home. Ages 10+. Parent participation required.



HIKE WITH PRIDE

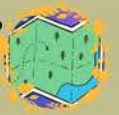
with "FAT PEOPLE HIKING BAY AREA"

Interpretive Staff

10 am - noon, Sun, Dec 15

Curious about exploring your local parks? Give it a try and enjoy the outdoors with "Fat People Hiking Bay Area!" Together we will meet like-minded people, build community, and create a safe space for all bodies in the great outdoors. We encourage people from all identities and backgrounds to join us!

Dec 15: Tilden Nature Area.



TILDEN NATURE AREA

DECEMBER 2024 NATURALIST PROGRAMS

SPINNING YARNS &

Jenna Collins

1 - 2 pm, Sun, Dec 15 & 29

Curious how to spin yarn without a spinning wheel? We'll start with a story by our cozy fireplace then discover how to create yarn with just your hands.



NATURE JOURNAL IN THE PARKS

Martha Arlette Cerda

10 am - noon, Mon, Dec 16 & 30

Hike and Journal to connect with the beauty of your local parks. Capture your experiences in a nature journal. All hikes are slow to moderately paced and approximately 1.5 miles. Drawing supplies are provided or bring your own. Open to all levels of learners ages 5+ yrs. Parent participation required.

Dec 16: Point Pinole. Atlas Staging Area. Birds along the Shoreline.

Dec 30: Bear Creek Staging Area. Looking for lichens.



THE OVER-THE-HILLS GANG

Anthony Fisher

10 am - 12:30 pm, Tue, Dec 17

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of bi-monthly excursions exploring the Regional Parks.

Dec 17: Tilden Nature Area. Meet at the Visitor Center for our annual potluck. Bring a dish to share!



TILDEN TOTS

Melissa Fowlks

10:30 - 11:30 am, Wed, Dec 18

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story.



FLIPPING OUT

Jenna Tidd

2:30 - 3:30 pm, Thu, Dec 19

Let's uncover hidden worlds as we safely explore what lives beneath the rocks and logs outside the Environmental Education Center.



SEASONAL WREATHS

Paula Urtecho

11 am - 12:30 pm, Mon, Dec 23

Using found natural materials from around the Tilden Nature Area, create a festive seasonal wreath to bring home! Fun for the whole family. Parent participation required. Meet around the back of the Visitor Center.



Winter Word Search

```

I
V I F
O B W P J
Z M T W P W T
F E B R S N T F K
R N O O I
N E E J T R N
M A D H Z A S F Z
Q E I N I V L P R F S
R H X B A B Z S J E J Y N
B P O T I M E F R K T R E M Y
W H A R R A I N D
L E P L N G G I I R N
H X N M A A B F O W R B O
I T M N A S T Q G I R Y D A P
E V E R G R E E N F B N F E C Q F
K C B S U S O L S T I C E U N K E K P
H
G
B
    
```

Can you find these winter words in the grid above?

- | | |
|-----------|------------|
| Amphibian | Pond |
| Evergreen | Rain |
| Frog | Salamander |
| Frost | Solstice |
| Hibernate | Storm |
| Newt | Winter |

