## The Human Camera



Healthy Parks Healthy People

The Human camera is a classic environmental education activity that is great for two people. The goal is to help people focus closely on the world around us. One person acts as the photographer and the second as the camera. This activity can help people focus on any part of nature, or can be modified to a specific topic such as wildflowers, insects, or leaves.

## Directions.

- Determine who will be the camera, and who will be the photographer.
- 2) The person who is the camera will close their eyes and allow the photographer to carefully walk them around a pre-designated area.
- 3) Once the photographer finds an appropriate thing to "take a picture" of—they will position the camera's eyes directly over the item and tap the camera's head.
- 4) When the camera's head is tapped, they will open their eyes for three seconds and then close their eyes again.
- 5) The photographer will then bring the camera back to the starting point, and the camera will open their eyes.
- 6) The camera then attempts to locate the item that they "took a picture of.

## Follow Up Questions:

- Why do you think / did you select that item to be the picture?
- 2) What was something you noticed about the picture?



