**WEDNESDAY WALKS**

**Wednesday Walks** explore natural and human history in parklands. Longer distances, medium-high intensity level.

**Saturday & Sunday Strolls** explore a different park and the natural wonders within! Shorter distances, low-medium intensity level.

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**Hikes in the Regional Parks**

**November 2023**

**Wednesday Walks**

Sun, Nov 19, 9:30am-noon
**Anthony Chabot Regional Park (Bort Meadow Staging Area)**

Explore the winding ways of the East Bay’s own Grass Valley on a moderate, but steep, 3 ½-mile hike. Please come prepared for the weather, and wear footwear appropriate for conditions. Restroom access may be limited. Ages 8 and up.

Sat, Nov 25, 9:30-11:30am
**Reinhardt Redwood Regional Park (Canyon Meadow Staging Area)**

Hike about 3 miles into the woods along the Stream Trail enjoying the sights and wonders of winter.

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**Sat, Nov 22, 9:30-12:30pm**
**Cull Canyon to Don Castro (Cull Canyon Regional Recreation Area)**

Walk along trails, city streets and even under the freeway to explore this beautiful greenbelt in Castro Valley. We’ll hike a moderate 4 ½ miles out and back in mostly shady areas in the San Lorenzo Creek watershed. Meet at the parking lot at Cull Canyon Regional Recreation Area.

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Parking fees apply where charged.
No registration; drop-in. For more information, call (510)544-3187.

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Scan for Maps and Directions

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East Bay Regional Park District
Healthy Parks Healthy People