

# Five Canyons Open Space

Five Canyons Open Space, dedicated in 1998, is composed of over 300 acres and five miles of trails, connecting Don Castro Regional Recreation Area in the west to Garin/Dry Creek Regional Parks to the south. There are several miles of loop trails offering scenic East Bay vistas, cool shady canyons, and seasonal windswept ponds. Deer and turkeys are abundant and songbirds flit among the trees. Winter rains bring out the California newts and a great variety of fungi, followed by spring wildflowers that dot the hillsides above Castro Valley and Hayward.

Cattle graze seasonally on the 100-acre pasture before moving to Garin Regional Park. Summer dries out the grasses, but the trees and shrubs of the live oak/bay laurel woodland community offer intrigue and respite from the summer heat.

The Chabot-to-Garin Regional Trail, a segment of the Bay Area Ridge Trail, runs through Five Canyons Open Space, connecting Anthony Chabot Regional Park and Cull Canyon and Don Castro Regional Recreation Areas to Garin/Dry Creek Regional Parks. The expansion of this trail continues and new areas will be opened as they are made accessible. A link back to Hayward Area Recreation and Park District's Five Canyons Park is proposed, but not yet completed.

The development, maintenance, and management of Five Canyons Open Space and trails is a multi-agency collaboration between the East Bay Regional Park District (EBRPD), Alameda County Public Works, Hayward Area Recreation and Park District (HARD), East Bay Municipal Utility District, and a variety of homeowner associations and organizations. This cooperation provides a variety of recreational opportunities through the baseball diamonds, playgrounds, and soccer pitches of HARD, the swimming lagoon and developed picnic sites of EBRPD's Don Castro Regional Recreation Area, and other natural open space EBRPD lands.

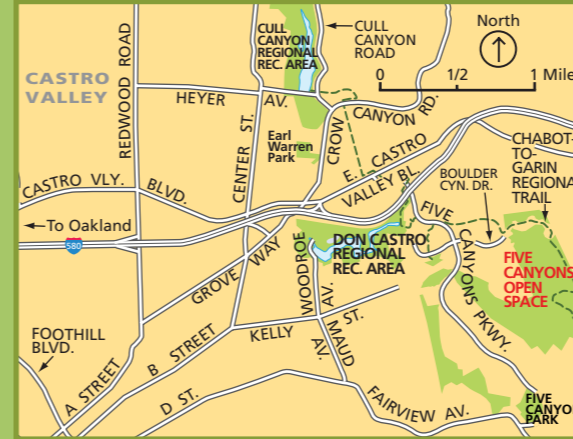
It is recommended that hikers carry water since the only water source is at HARD's Five Canyons Park. Poison oak and stinging nettles grow along the trail edges, so care should be taken on any adventure.

POLICE, FIRE, MEDICAL EMERGENCY .....9-1-1  
 PARK OFFICE.....1-888-327-2757, option 3, ext. 4527  
 TRS RELAY FOR THE HEARING IMPAIRED..... 711

We encourage people to stay on the trails and be considerate of other park users. The spirit of cooperation that allowed for the development of Five Canyons Open Space is reflected in the multi-purpose use of the trail system. Hikers, equestrians, bicyclists, and dog walkers have access to the majority of the trails. Please keep dogs, horses, and bicycles under control. While some trails are natural, you can also find yourself on a sidewalk or even traversing a shared driveway. Some of the trails follow along the yards of residences. **Please keep in mind that this is a neighborhood and respect the privacy of the residents.** Note that collecting of any kind is prohibited – please leave all flora and fauna for others to discover and enjoy. All species are protected in the Regional Parks, not just the threatened and endangered species you may have had the excitement of experiencing.

**DON CASTRO REGIONAL RECREATION AREA** The open space and trail system of Five Canyons is contiguous with the East Bay Regional Park District's Don Castro Regional Recreation Area. Don Castro offers a variety of activities, including lagoon swimming with lifeguards on duty from Easter through Labor Day, lake fishing (requires a California State fishing license and a District Daily Fishing Permit), and picnicking for groups of up to 100 people.

**HAYWARD AREA RECREATION AND PARK DISTRICT** The Hayward Area Recreation and Park District (HARD) is an independent special district that provides park and recreation services for over 250,000 residents living within a 64-square-mile area, which includes the City of Hayward, Castro Valley, San Lorenzo, and the unincorporated Ashland, Cherryland, and Fairview districts. HARD's Five Canyons Park and Ridge Trail Park provide access and public parking to the trails and open spaces of Five Canyons Open Space. Water and restroom facilities can be found at Five Canyons Park. The administrative offices for the Hayward Area Recreation and Park District are located at 1099 E. Street Hayward, CA 94541, (510) 881-6700.



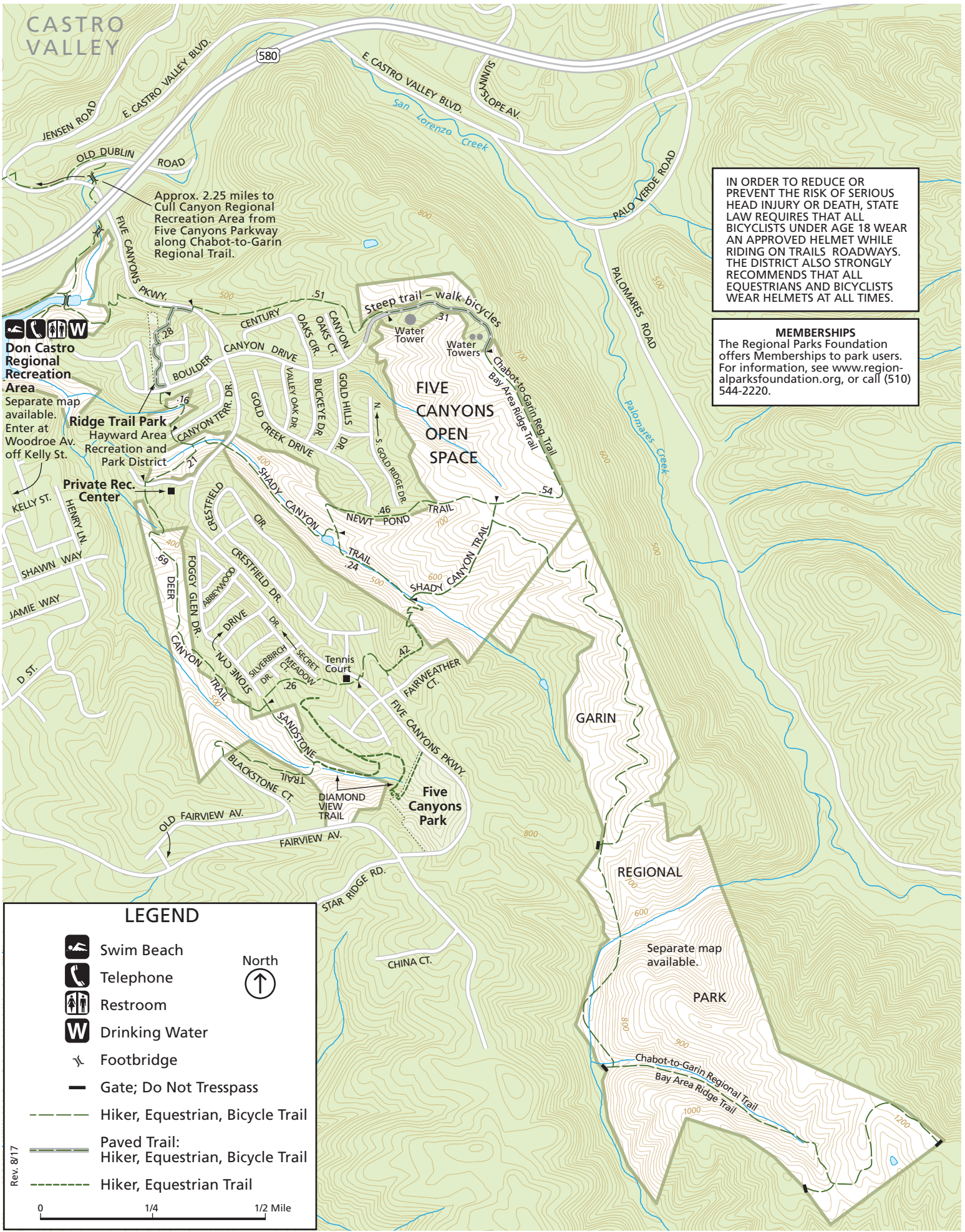
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**To Reach Five Canyons Open Space:** The Five Canyons trail system is accessible via the Chabot-to-Garin Regional Trail crossing just north of the intersection of Five Canyons Parkway and Boulder Canyon Drive in Castro Valley. There is parking on Boulder Canyon Drive west of Five Canyon Parkway near Hayward Area Recreation and Park District's (HARD) Ridge Trail Park. Parking is also available at HARD's Five Canyons Park and along Recreation Center Road providing access to Deer Canyon Trail.

# Five Canyons Open Space and Trail System



**East Bay Regional Park District**  
 2950 Peralta Oaks Court,  
 Oakland, CA 94605 or 1-888-327-2757 (TRS 711)  
 1-888-EBPARKS ebparks.org  
 Reprint 2023-6



IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS. ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

**MEMBERSHIPS**  
The Regional Parks Foundation offers Memberships to park users. For information, see [www.regionalparksfoundation.org](http://www.regionalparksfoundation.org), or call (510) 544-2220.

**LEGEND**

- Swim Beach
- Telephone
- Restroom
- Drinking Water
- Footbridge
- Gate; Do Not Trespass
- Hiker, Equestrian, Bicycle Trail
- Paved Trail: Hiker, Equestrian, Bicycle Trail
- Hiker, Equestrian Trail



Rev. 8/17



**WELCOME!**

Please enjoy our Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

**SAFETY and ETIQUETTE**

- Stay on trails. Taking shortcuts can be dangerous and causes erosion.
- Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
- Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
- Be prepared for sudden changes in weather conditions.
- Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
- Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
- Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
- Keep the parks beautiful. Pack out what you pack in.

**RULES**

Pets must be leashed 200 feet from any trail or park entrance. Pets must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See [ebparks.org/rules](http://ebparks.org/rules).

Approx. 2.25 miles to Cull Canyon Regional Recreation Area from Five Canyons Parkway along Chabot-to-Garin Regional Trail.

**Don Castro Regional Recreation Area**  
Separate map available. Enter at Woodroe Av. off Kelly St.

**Ridge Trail Park**  
Hayward Area Recreation and Park District

**Private Rec. Center**

**FIVE CANYONS OPEN SPACE**

**Five Canyons Park**

**REGIONAL PARK**

Separate map available.

**PARK**