Regional Trails and Municipal Trails in Eastern Contra Costa County

The East Bay Regional Park District is expanding the eastern trail network that serves this rapidly growing region. The Park District is committed to providing four-class public trails for the enjoyment of the citizens of eastern Contra Costa County.

The Marsh Creek and Delta de Anza Regional Trails currently pass through or near nearly 25 miles of paved, multi-use public trunks for walkers, runners, bicyclists, and equestrians. To add to these opportunities, these trails offer an alternative to traveling to and from the community parks, and a Park & Ride site, in Contra Loma Regional Park and Black Diamond Mines Regional Preserve.

Other trails shown on this map include the Mokelumne Coast-to-Crest and American Discovery trails, the de Anza Historic National Trail, and Balfour and Antioch municipal trails. The Mokelumne Coast-to-Crest Trail links with the Delta de Anza Trail for a 1.5-mile loop that passes through or near several schools, community parks, and the Balfour Community Park. This park has play areas for children, restrooms, drinking water, and picnic facilities. It connects the Cities of Concord, Bay Point, Pittsburg, Antioch, and Oakley and provides access to Contra Loma Regional Park through Antioch Community Park.

Delta de Anza Regional Trail
This trail is named to commemorate the route taken by Spanish explorer Juan Bautista de Anza during his 18th-century expedition into the Delta region of today’s eastern Contra Costa County. It passes through or near several parks, community parks, and a Park & Ride site in Contra Loma Regional Park.

Marsh Creek Regional Trail
This trail extends from Angel Island State Park through Antioch Community Park. It provides access to many schools, community parks, and a Park & Ride site. The trail extends west from the 8.7-mile Marsh Creek Regional Trail and the Las Positas Community College in Pleasanton.

PARKLAND RULES

VISITORS are responsible for knowing and following park rules. If you use a RADIO, a permit is required for AMPLIFICATION of sound. ALCOHOLIC BEVERAGES are not permitted in staging areas or unattended or insecurely tied. PARKLANDS, fires are permitted in barbecue pits or personal stoves. No dogs or other animals are permitted at any time. DOGS must be leashed (six-foot maximum) and under control at all times. Drones are not permitted to fly in parklands or on trails. In Pleasonton Regional Park, a commercial dog walker must obtain a permit regardless of how many dogs they walk at one time (limit of six). Please call (510) 690-6508 for information. 

ENFORCEMENT

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Eastern Contra Costa Regional Trails
Delta de Anza Regional Trail
Marsh Creek Regional Trail
Big Break Regional Trail
Black Diamond-to-Mt. Diablo Regional Trail
Maleolimnac Coast-to-Crest Trail
Ameeican Discovery Trail
de Anza National Historic Trail
Pine Valley Regional Trail
Administered by the East Bay Regional Park District
Oakley. It connects the cities of Concord, Bay Point, Pittsburg, Antioch, and Oakley and provides access to Contra Loma Regional Park through Antioch Community Park.

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