Hikes in the Regional Parks

March & April 2024

Wednesday Walks Longer distances, medium-high intensity level.

Saturday & Sunday Strolls Shorter distances, low-medium intensity level.

WEDNESDAY WALKS

Mar 20, 9:30am-12:30pm
Five Canyons Open Space
(Deer Canyon Trailhead)
Moderate 4+ mile hike to scenic ridgelines and charming oak-covered canyons.
Sorry, no restrooms may be available.

Apr 3, 9:30am-1:30pm
Sibley Volcanic Regional Preserve
(Main Staging Area)
Hike about 6 hilly miles along a portion of the beautiful East Bay Skyline National Recreation Trail from Sibley through Huckleberry to Reinhardt Redwood and back. Some sections are strenuous.
Bring water & snack.

Apr 24, 9:30AM-12:30pm
Redwood Regional Park (Trudeau)
Wind your way through the Redwood Canyons and Manzanita Hilltops. Spring Wildflowers will be there to greet us along the way. About 4.5 miles.

SATURDAY & SUNDAY STROLLS

Mar 24, 9:30-11am
Temescal Recreation Area
Lake Temescal is one of the 3 parks which first made up the Park District. We will learn a little history, stroll, admire, and enjoy a picnic lunch together. Bring binoculars if you have them, and some food to share if you like!

Apr 13, 9:30-11:30am
Anthony Chabot Regional Park
(Clyde Woolridge Staging Area)
From sunny grasslands to shady creek side, we hope to see some wildflowers blooming! Note: some elevation difference, we will be hiking about 2 1/2 miles. May be muddy.
Plan ahead- sorry no restrooms available.

Apr 14, 9:30-11am
Leona Canyon Regional Preserve
(Merritt College Parking Lot E)
About 2 miles. Somewhat steep and uneven, but leisurely.

Parking fees apply where charged.
No registration; drop-in. For more information, call (510) 544-3187.

Scan for Maps and Directions

East Bay Regional Park District