

# Hikes in the Regional Parks

December 2023



**Wednesday Walks** explore natural and human history in parklands. Longer distances, medium-high intensity level.

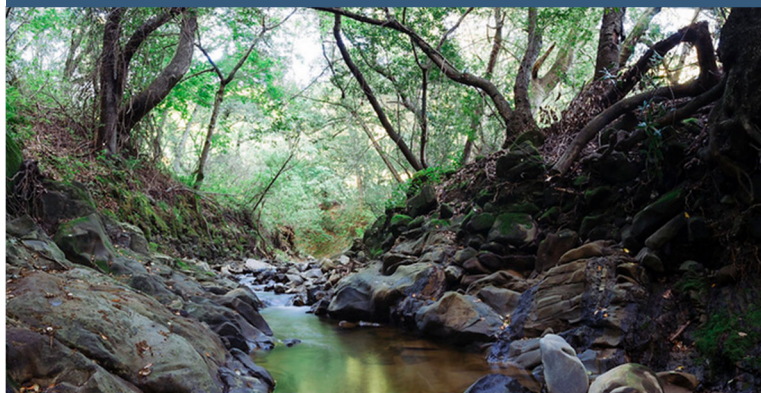
**Saturday & Sunday Strolls** explore a different park and the natural wonders within! Shorter distances, low-medium intensity level.

## SATURDAY & SUNDAY STROLLS

Sat, Dec 23, 10am-noon

**Lafayette-Moraga Regional Trail**  
**(St. Mary's Road Staging Area)**

A waterfall (hopefully flowing), wildlife, and impressive landscapes will be featured along Las Trampas Creek, 3.25 miles round trip. Bathrooms available halfway.

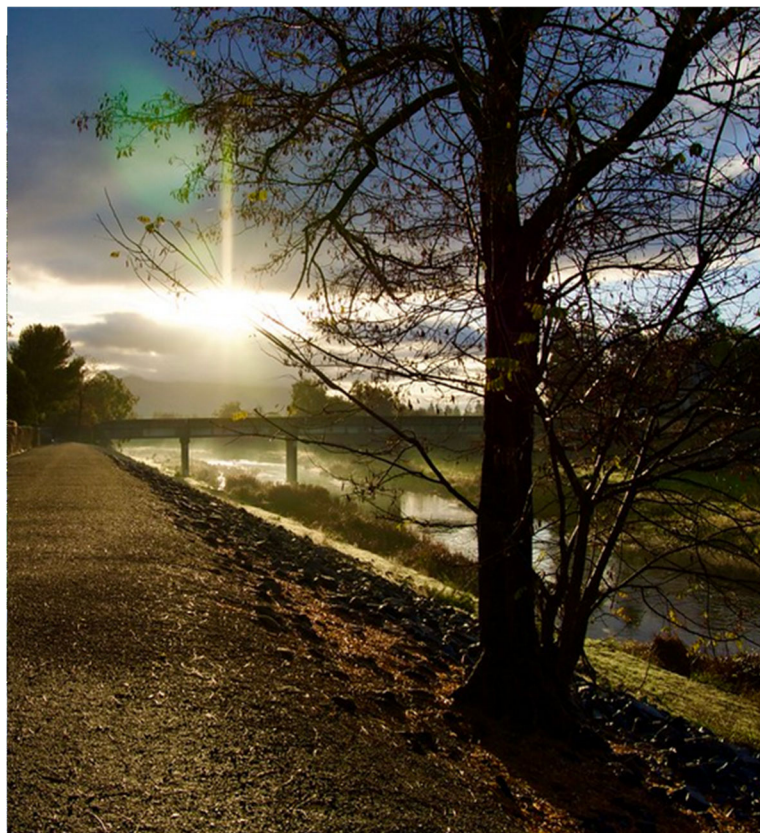


## WEDNESDAY WALKS

Wed, Dec 20, 9:30am-noon

**Dry Creek Pioneer Regional Park**  
**(Dry Creek Pioneer Staging Area)**

One last chance to hike one of the moderate trails highlighted in the 2023 Trails Challenge Booklet! Hike this 3.8-mile loop past open grassland and rolling hills. Climb 450 feet to panoramic sweeping views of the bay before dropping down along the shady creekside.



Parking fees apply where charged. No registration; drop-in. For more information, call (510)544-3187.

Scan for Maps and Directions



East Bay  
Regional Park District  
Healthy Parks Healthy People