

WEDNESDAY WALKS 2020

Explore new trails and make new friends as you get in some healthy outdoor activity with our friendly, Naturalist-led walking group. Hikers of all ages and abilities are welcome; children must be accompanied by a responsible adult. Hikes begin promptly at 9:30am, and usually end by noon, except for longer hikes. Reservations are not necessary for these drop-in programs. For more information, please contact Naturalist Christina Garcia at 510-544-3282 or CGarcia@ebparks.org, Naturalist Trail Gail at 510-544-3258 or GBroesder@ebparks.org, Naturalist Susan Ramos at 510-544-3187 or SRamos@ebparks.org,

March 4 **Anthony Chabot - Bort Meadow** *moderate/strenuous*
 Enjoy Spring! Take a 4-mile hike through a meadow, up and down hills, and along city streets. Some parts are strenuous. Restroom facilities are available about ¼ of a mile from the trailhead. **Directions:** Bort Meadow Group Camp parking area is off Redwood Road in Oakland, about 4 miles east of the intersection with Skyline Blvd. Led by Susan Ramos.

March 18 **Tilden Park - Lone Oak** *strenuous*
 Loop trail up the hill, returning by the creek. Led by Trail Gail.

March 25 **Dublin Hills** *moderate*
 Enjoy the views from the Calaveras Ridge Trail on moderate 5-mile out-and-back hike. **Directions:** From I-580 eastbound or westbound, take exit 44A, the San Ramon Road/Foothill Road exit, and turn north on San Ramon Road/Foothill Road to Dublin Blvd. Turn west(left) on Dublin Blvd. and drive for about two miles. The staging area is on the right. No street address. Christina Garcia.

April 15 **Tilden Park - Steam Trains Overflow lot** *moderate*
 We'll meet and search for flowers near Volmer Peak. Led by Trail Gail.

April 22 **Sunol Regional Wilderness** *moderate/strenuous*
 Take a peek at Mother Nature's bloomers. See plenty of gorgeous wildflowers on a moderately-strenuous loop hike on the Canyon View and McCorkle Trails. **Directions:** From I-680 in Sunol, head south on Calaveras Road for about 4 miles. Turn left at Geary Road and follow it to the park. 1895 Geary Road, Sunol, CA. Meet at the Visitor Center parking area. Led by Christina Garcia

May 20 **Carquinez - Nejedly Staging Area** *strenuous*
 Hills, views, and more on this hilly 4.5 mile walk in Martinez. **Address:** 308 Embarcadero St. Martinez. Led by Trail Gail.

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May 27 **Morgan Territory** *moderate/strenuous*

Get away from the city for a few peaceful hours on a moderate to strenuous 4.5 mile trek in the hills north of Livermore. Views of Mt Diablo, the delta and beyond await your gaze as you pass through oak savannah, rugged chaparral and golden grasslands. **Directions:** From I-580 in Livermore, exit at N. Livermore Ave. and go north. Turn right on Morgan Territory Road and follow it 10.7 miles to the staging area on the right. **Address:** 9401 Morgan Territory Road. Led by Christina Garcia.

June 17 **Bishop Ranch** *strenuous*

Today's hike is a short, but strenuous, 2.6 miles, starting with a climb up a hill and followed by a decent to a creek. No water or restrooms are available on site. **Directions:** From I-680 in San Ramon, exit at Bollinger Canyon Road. Go west to San Ramon Valley Blvd., turn left. Continue less than 1 mile to Morgan Dr., turn right. Look for the staging area on the left and park on the road nearby. Led by Christina Garcia.

June 24 **Roberts- Redwood Bowl** *moderate*

Hike into the shady redwood forest about 4 moderately hilly miles along the Madrone, French, and West Ridge trails. Restrooms located in Redwood Bowl which we will pass at the beginning of our hike. Meet at the Redwood Bowl staging area on Skyline just south of the Chabot Observatory entrance. Led by Susan Ramos.

Hike Rating: *Easy* = flat, *Moderate* = a few rolling hills, *Strenuous* = some quite steep or prolonged uphill sections of trail, *Challenging*= substantial elevation gain

Rain: We hike in most weather conditions, except for heavy rain. Hikes will only be canceled at the trailhead the day of the hike, as weather is difficult to predict in the Bay Area's microclimates. Hikes may be re-routed due to trail conditions.

Bring: Wear footwear with good traction. Bring water, sunscreen, hat, sunglasses, & layered clothing.

Dogs: Friendly dogs are welcome on most hikes, except as noted, but must be leashed at all times and waste must be bagged and carried out.

Hikers Responsibilities: Sign in and out. Let a leader know if you are turning back. Wait at trail junctions if you're unsure of the route.

Accommodations will be made for visitors with disabilities upon request. Please call the naturalist at least 48 hours prior to the hike if you are unsure of your fitness level or require assistance.