

# Ohlone Ethnobotany Garden

People have thrived in this area for thousands of years. Together, we can continue to know and respect this Ohlone land. In the local Chochenyo Ohlone language:

Our people bloomed on this earth for many years.

*Tiwišikne mak muwekma holše wareptak  
etewekne makiš warep 'irihte.*

*Mak tiwiš, hosii hišen 'ayye rawwen 'ayye  
pa'ih, mak amham uhti 'ayye makkin okwe.*

Young ones are told knowledge of the plants and food, and for this reason our people are connected by the land in our blood and hearts.

*Hinnuš nepeya tiwišikma 'ayye amhamikma  
ittakikikma nannekne, wakkiimimu mak muwekma  
'ayye warep ya šuyhamp poyyantak 'ayye miniyhtak.*



**Seeds**  
Native grass and chia seeds are staple foods, just as wheat and corn are



**Herbs**  
Teas, such as one made from yerba buena, sooth a variety of ailments.



**Wild Onion**  
Bulbs and leaves make excellent food or seasoning.



**Berries**  
Strawberries ripen in late spring and huckleberries in summer

*May this garden grow and inspire a deeper understanding of the relationship between people, plants, wildlife, and the earth. Dedicated to Ohlones past, present and future. This garden was made possible by a grant from SUSTAIN, Inc. of Livermore, California, supporters of indigenous peoples of the Americas.*