The Tilden Nature Area is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

Program Key:

= Parking fee may apply
= Wheelchair accessible
= Online registration

Contact Us:

Mail: 600 Canon Drive
Berkeley, CA 94708
Telephone: 510-544-2233
Email: tnarea@ebparks.org

All programs meet at the Environmental Education Center unless otherwise noted. Accommodation will be made for visitors with disabilities upon advance request.

Programs requiring registration have a symbol after the program name. Use the listed course number when making reservations by phone (1-888-EBPARKS opt. 2) or at our registration website, ebparksonline.com. All other programs are drop-in only. For more information on drop-in programs call 510-544-2233 or email tnarea@ebparks.org.

**BIRD CENSUS**

Anthony Fisher
9-11am, Sun, Mar 1, 8, 15, 22 & 29
We will count and record all species by sight or sound. Come to one or all and improve as a birder. Meet in front of the visitor center.

**TALK WITH THE ANIMALS**

Interpretive Staff
11-11:30am, Every Sunday in March
Get up close and personal to the animals that call the Little Farm and Nature Area home. Learn how they move, how they find their food, and how they keep safe from predators. A different animal will be featured each week. Meet in the classroom at the Little Farm.

**TICKS AND FRIENDS**

Anthony Fisher
1-2:30pm, Sun, Mar 1
Oh, the much-maligned tick! Nobody loves you! Search the park for these despised denizens and others. View them under the microscope.
MONDAY BIRDING
Various Parks
Anthony Fisher
9am-Noon, Mon, Mar 2, 9, 16 & 23
"I believe I can fly!", said the fledgling at the edge of her nest.
Mar 23: Nimitz Way, Inspiration Point Lot, flat-ish.

THE OVER-THE-HILLS GANG
Various Parks
Trail Gail
10am-12:30pm, Tue, Mar 3 & 24
Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.
Mar 3: Miller Knox—if it's hot, the walk will be flat, if not, we'll go up the hills. Meet at the first parking lot on your right after the tunnel.
Mar 24: Leona Canyon—Native plants abound on this hilly walk.

FARM CHORES FOR LITTLES
Interpretive Staff
10:30-11am, Every Saturday in March
Little children will enjoy taking care of the little animals at the Little Farm.
Meet at the rabbit hutch for a variety of age appropriate activities.

WOOLY SOAP SCRUBBER
Trail Gail
2-3:30pm, Sat, Mar 7
Make a unique gift and gentle exfoliate, with a built-in washcloth, using undyed wool. You will need the entire time to finish your creation. 8+ yrs.
THE NEWT IN WINTER
Anthony Fisher
1-2:30pm, Sun, Mar 8
Newts are the best extremely toxic ambassadors in Tilden!
See them in their habitat! Enjoy their slippery dispositions!
Learn why you shouldn’t eat them!

NATURE PHOTOGRAPHY
Anthony Fisher
1-2:30pm, Sun, Mar 15
With camera or mobile, tell the story of your adventures with photography. Tips for strong images. Tips for subject matter. How to “see”.

WEDNESDAY WALK
Tilden Regional Park, Lone Oak Picnic Site
Trail Gail
9:30am-Noon, Wed, Mar 18
Discover the natural and human history of our beautiful parklands and improve your health on a naturalist-led hike. Hikers of all ages and abilities are welcome on these fast-paced hikes. Wear sturdy footwear, bring water and dress for the weather. Heavy rain cancels.
Mar 18: Tilden Regional Park, Lone Oak Picnic Site—Up the hill for inspiration, then to the creek to flow home.

NEWTS, SALAMANDERS, AND FROGS OH MY!
Trail Gail
2-3pm, Sat, Mar 14
We'll search our ponds, for the wet wildlife of the Nature Area. Come dressed for outdoors.
TILDEN NATURE AREA
MARCH 2020 NATURALIST PROGRAMS

WATER, WATER, EVERYWHERE OR IS THERE?
Trail Gail
2:30-3:30pm, Sat, Mar 21
Explore the watershed with a naturalist. Come dressed for outdoors.

STORY TIME
Anthony Fisher
1-2:30pm, Sun, Mar 22
Enjoy some children’s stories in the ol’ visitor center! All stories will be read with verve.

THE INSECTS OF EARLY SPRING
Anthony Fisher
1-2:30pm, Sun, Mar 29
After we figure out why insects are neato, we’ll grab some nets and sample the fields. Gasp in amazement when we view them under the ‘scope!

Remember to spring forward!

Daylight Savings time begins Sunday, March 8