Regional in Nature
Activity Guide
MARCH – APRIL 2020

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Above: New one-mile segment of the Bay Trail in progress near Golden Gate Fields. See page 2.

Training the next generation of naturalists and park rangers. See page 2.
New Bay Trail Connection

Enhances Recreation, Green Transportation

Thanks to your support of Measures WW and CC, a new one-mile segment of the San Francisco Bay Trail near Albany Beach is nearly complete – creating a continuous 18-mile trail segment from Oakland to Richmond. The project also restores beach habitat and improves public access at Albany Beach, including additional parking, restrooms, and picnic tables. When complete, the new trail will provide spectacular views of the Golden Gate Bridge, Bay Bridge and San Francisco skyline, and significantly enhance the region’s green transportation network – taking cars off the road and reducing greenhouse gas emissions.

Reclaiming the shoreline for public use has been an important part of our mission. First envisioned in 2000 with the adoption of the McLaughlin Eastshore State Park General Plan, the project overcame significant challenges, including right-of-way acquisition, permitting, engineering, and funding.

Funding included $3 million from the Coastal Conservancy, $1.6 million from the Alameda County Transportation Commission (ACTC), $1.5 million from Measure CC, $1.3 million from the Cosco Busan Trustee Council, $1 million from Measure WW, and $750,000 from California Resources Agency Urban Greening funds.

We are proud to provide yet another public access improvement project for East Bay residents. We hope you enjoy the new Bay Trail, new facilities, and green transportation benefits. The grand opening is expected in Spring 2020.

See you in your Regional Parks and on your Regional Trails!

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Training the Next Generation of Naturalists and Park Rangers

The Park District has partnered with Merritt College, a community college located in the Oakland hills, to launch a new Conservation and Resource Management certificate program. The new program is one of Merritt’s three Natural History and Sustainability (NHS) certificates of achievement, which also include Natural History and Resources, and Urban Agroecology. The Conservation and Resource Management certificate is designed to prepare students for careers in nature and the environment, such as park rangers, naturalists, interpretive aides, and environmental educators. Some courses will be taught by Park District staff and use local Regional Parks for real-world, field-based experience.

The program hopes to enhance diversity and reach students who may not have enough experience or education to apply for entry-level positions. The certificate will enable students to compete for jobs within the Park District and in other agencies and organizations. The program will provide employers with a resource of diverse, well-prepared, and highly qualified candidates from communities in the Bay Area.

To increase the diversity of students and overcome barriers for enrollment, internship opportunities are available. Dual enrollment in local high schools helps encourage early participation. Those who earn an NHS certificate may eventually transfer into environmental programs at four-year universities. Students who have a love of nature, a desire to keep our community environmentally healthy, and a curiosity to learn something new are encouraged to apply. For more information, visit merritt.edu/wp/nhs.
**New Exhibit Highlights Black Diamond Mines’ Coal Mining Past**

Black Diamond Mines Regional Preserve will soon see an upgrade with the introduction of a new immersive underground coal mine exhibit. Black Diamond was once California’s largest coal mining operation, but due to safety concerns, tours are only available in the sand mine. The new Black Diamond Coal Mine exhibit, built into the existing Hazel-Atlas silica sand mine, will provide visitors with an immersive experience as they enter a replica 1870s coal mine, complete with the sights and sounds of miners at work. The new exhibit allows for greater understanding and appreciation of the area’s coal mining history.

From the 1860s through the turn of the last century, five coal mining towns thrived in the Black Diamond area. However, by the early 1900s, all coal mining operations had ceased due to rising production costs and the introduction of new energy sources, such as oil. The area had a revival in 1922 as a silica sand mine for glass making by the Hazel-Atlas Glass Company in Oakland, and sand molds for metal casting for the Columbia Steel Works in Pittsburg. However, that too ended by 1949.

Today, Black Diamond Mines pays homage to the area’s mining past with informational exhibits, naturalist-led mine tours, and two visitor centers. One of the visitor centers is located underground in the mine and open seasonally. Over 38,000 people visit Black Diamond for mine tours and programs each year.

“The exhibit will provide visitors with a unique world-class learning experience,” says Anne Kassebaum, who has led Interpretive and Recreation Services for the Park District since 2013. “There are not many places where one can tour an old underground mine and see and hear what it was like back when it was operating.”

Major funding for the project was provided by the Regional Parks Foundation, the Wayne and Gladys Valley Foundation, and Marathon Petroleum. A grand opening is scheduled for Spring 2020.

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**Living with Cattle in Parks**

Grazing animals have been part of the ecosystem of the East Bay for many tens of thousands of years. Grazing animals, as well as common occurrences such as wildfire and drought, kept vegetation in check. However, since the arrival of Europeans, grasslands in the East Bay have largely become dominated by invasive, non-native, annual grasses.

Today, managed grazing is an important vegetation management tool utilized by the Park District to reduce fire fuels and maintain or improve habitat conditions for resident plants and wildlife. While in parks, visitors may often encounter cattle, sheep, or goats grazing, especially in the winter and early spring months. Over 60% of the District’s parkland is grazed throughout the year.

**Benefits of Grazing**

• Reduces fire hazards by controlling grasses and other potential fuel.
• Gives native grasses and wildflowers, including rare species, a chance to compete with non-native grasses.
• Increases the diversity of habitats for wildlife, including several endangered species. It also promotes healthy ground squirrel populations, a necessary food source for prey species like bobcats and golden eagles, among others.

Animals grazing in the parks can come with some trade-offs. In the rainy season, cattle can impact sections of trail, making the ground muddy and unpleasant to walk through. Like all animals, cows also produce manure, so visitors must watch their step.

Cattle are large animals but are not aggressive by nature. However, if agitated or threatened, they can respond, especially to off-leash dogs. To protect cattle in the important role of managing vegetation, the Park District requires that all dogs be on-leash when grazing animals are present.

For tips on hiking near grazing animals, visit [www ebparks org/about stewardship grazing safety_htm](http://www.ebparks.org/about/stewardship/grazing/safety.htm)
SUMMER PROGRAMS FOR YOUTH

SWIM LESSONS
Swim lessons are a great start to a safe, fun summer around the water. We offer a wide range of American Red Cross swim levels for ages 6 months through teens (Adult lessons offered at Roberts). Swim lessons meet Mon-Thu for two weeks. Reserve your spot by signing up now. For more info on dates, times, and class descriptions, visit www.eblifeguard.org/swimlessons. No onsite registration.

JUNIOR LIFEGUARD AIDE
Learn leadership, communication, and team building skills in the Junior Lifeguard Aide program. Participants assist instructors and act as role models to young Junior Lifeguard participants by demonstrating and teaching skills as well as setting up and leading activities as directed by the lead instructor. This is a great opportunity to get a foot in the door if you would like to be a lifeguard. 13-15yrs. Applications are required for this program and are due May 1. For more info and to receive an application, contact Aaron Roth at aroth@ebparks.org or (510) 690-6624. Scholarships available for those who live in Alameda and Contra Costa Counties.

JUNIOR CADET
This program will mentally and physically challenge teens 14-18 years. Develop skills in teamwork, professionalism, communication and other qualities employers look for when hiring. Cadets 15+ will earn a lifeguarding certificate. Cadets should expect daily physical fitness activities, swimming and rescue skill training, first aid lectures, emergency procedure drills and insider knowledge of how to become a lifeguard. Applications due April 29. For info and an application, contact Tyler Waespi at twaespi@ebparks.org or call (510) 690-6625.

LEADERS IN TRAINING
Mon-Fri, 8:30am-4pm
Jun 8-12, Temescal #28491
Jun 15-19, Temescal #28490
Jun 22-26, Don Castro #28489
Jul 6-10, Contra Loma #28494
Aug 3-7, Coyote Hills #28495
Jul 20-24, Miller Knox #28496
Jul 27-31, Ardenwood #28493
Spends a whole week exploring and playing in the Regional Parks! Recreation leaders, lifeguards, and naturalists provide caring supervision for hiking, fishing, swimming, arts & crafts, sports, and active fun in the great outdoors. Get 10% family discount for registration of second child of same family (only applies when both children register and pay in one transaction, either by phone or online). 5-12yrs. Fee: $200 (non-res. $220). Registration is required.

JUNIOR LIFEGUARD

Eight fun-packed, one-week sessions are offered at five locations.

Ready for fun and adventure? Our eight one-week sessions pack in loads of lifeguarding skills and engaging activities. Each session has a different theme but will always cover CPR, first aid, and water rescue skills. The program, which is geared toward 8-12 year olds, is offered at five facilities and meets Mon-Fri from 9am-4pm. For info on dates, themes, curriculum, and more, visit www.eblifeguard.org/juniorlifeguards. No onsite registration. Scholarships available for those who live in Alameda and Contra Costa County.

LLAMAS – MYSTICS OF THE ANDES
Reinhardt Redwood LAMAS Outfitters 1-4:30pm, Sat, Mar 14 #28371; 28 #28373; Apr 11 #28375; 25 #28377; 10am-1:30pm, Sun, Mar 15 #28372; 28 #28373; Jul 6-10, Contra Loma #28494
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PARK’N IT DAY CAMP

Day Camp activities include hiking, fishing, swimming, arts & crafts, sports, and active fun in the great outdoors.

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RECREATION

LLAMAS – MYSTICS OF THE ANDES
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Aug 3-7, Coyote Hills #28495
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The Quechua Andeans refer to llamas as "Speechless Brothers.” Learn how to groom, feed, lead, and interact positively with these specially trained llamas, under the guidance of Geo, a "Llama Michie,” with over 25 years’ experience. Up to two people can share one llama or reserve your own. Adult participation required for ages 8-17yrs. Fee: $90 per llama - 6 llamas max. per class (non-res. $100)
FIRST AID FOR DOGS
Peter Pay
10:30am-2:30pm, Sat, Apr 25 #28352
Learn how to save a pet’s life during an emergency, minimize a pet’s trauma after injury, and safely transport an injured pet to the veterinary clinic. This program focuses on basic first aid, including wounds, fractures, choking, cardiac emergency, and snake bites. Additional $5 material fee for book “First Aid for Dogs,” required at time of class. 12+yrs. Fee: $50 (non-res. $56) plus $5 materials
FISHING – TROUT BASICS
Temescal Recreation Staff
8:11am, Sat, Mar 14 #28509
Join us for this peak season of Trout! Learn specialized gear and bait selection to catch Rainbow trout, one of the most plentiful freshwater species in our lakes and reservoirs. Ages 16+yrs require a valid California fishing license. Gear provided. Ages 8+yrs. Adult registration/participation required with registered children (8-16yrs). Fee: $25 (non-res. $29)

Registration information – Register beginning February 4
www ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS), option 2

POLE WALKING & POLE HIKING
Learning how to use poles helps walkers and hikers improve endurance, posture, balance, confidence and strength, and enhances your enjoyment of the outdoors all year long. All levels focus on learning anatomically-optimal techniques to achieve desired performance while learning how to avoid joint stress or strain. Carefully select the class that suits your physical ability and inclination. A variety of top quality poles are provided at all seminars. Registration is required.

HIKING SKILLS & TECHNIQUES
Black Diamond Jayah Faye Paley
9am-3pm, Sat, Apr 18 #28342
Imagine visiting Ireland without having to deal with air travel – that’s bucolic Sunol in springtime! Poles training plus a flower-filled hike, approximately 4 miles, on varied terrain. Learn individualized, anatomically optimal strategies for improving performance and confidence. Fee: $65 (non-res. $73)
TRAILS CHALLENGE FREE
The Trails Challenge motivates you to complete 5 featured trails by December 1!
The Trails Challenge guidebook features trails for all fitness levels as well as tips for new trail users. Free printed booklets and 50/50 cotton/polyester T-shirts are available at participating Visitor Centers (while supplies last).
Go “green” by downloading the booklet—print only what you need. See www.ebparks.org/TC for information on how to download the guidebook and other program materials including the AllTrails app.
A commemorative pin will be sent (while supplies last) once you complete the Challenge and return your Trail Log.
Kaiser Permanente is a major sponsor of this program.

REGIONAL PARKS Foundation
Supporting East Bay Regional Parks

ARDEWOOD
Ardenwood is open Tue-Sun, from 10am-4pm. Admission fees apply. Info: (510) 544-2797, awvisit@ebparks.org

SHEEP SHEARING DAY
Ardenwood Interpretive Staff
11am-3pm, Sat, Mar 21
Spring has sprung and it is time for our sheep’s annual “haircut.” Watch as the farm’s sheep get sheared; then, try your hand at wool carding and see the transformation from fiber to yarn at the spinning wheel. You can even make your own wooly lamb to take home. Fee: $7/adults, $6/seniors (62+), $5/children (4-17yrs.), 3 yrs. & under free. Free Parking.

ANIMAL FEEDING
Ardenwood Interpretive Staff
3pm, every Thu-Sun
Check for eggs and feed the livestock. Learn all the animals’ favorite foods as we help tuck them in for the evening. Meet at the Chicken Coop.

RIDE THE RAILS - TRAIN RIDES
Ardenwood S.P.C.R.R.
Thu, Fri & Sun (beginning Apr 2)
Railroads once connected many of the farms with towns in the East Bay. Today they still run around the farm. Journey past rows of crops and through eucalyptus groves as you travel back in time. Check the daily schedule and meet the train at Arden Station or Deer Park.

PATTERSON HOUSE TOURS
Ardenwood Pattern House Docents
Various times, every Thu-Sun in April
Tour the beautifully restored Patterson House Museum. Discover the history of this 19-room Queen Anne Victorian farm house listed on the National Register of Historic Places which operates as a museum of local history and Victorian life. Tours are led by docents dressed in 19th century clothing and take about 45 minutes. Check for tickets at the Train Station upon your arrival. Special 15-minute tours for children 6 and under offered Thursday and Friday at 2:30pm, Saturday and Sunday at 11:30am. Info: (510) 791-4196

CLOTHESPIN DOLLS
Ardenwood Interpretive Staff
10:30am-11:45am, Wed, Mar 4, 18, 25, Apr 1, 15, 22
Bring the tots out for an exciting morning at the farm. Hear a story, do some chores, and meet some farm friends. Little ones will enjoy a variety of activities at their own pace. We’ll meet rain or shine!

BIRDS OF THE FARM
Ardenwood Interpretive Staff
10:30-11am, Sun, Mar 1, 15, 29; Sat, Mar 7, 18, 28, Apr 18
Rise and shine little farmers! Say “Good morning!” to the sheep and goats and lend a hand as we prepare a morning snack for the farm animals.

WAKE UP THE FARM
Ardenwood Interpretive Staff
10:30-11am, Sun, Mar 1, 15, 29; Sat, Mar 7, 18, 28, Apr 18
Hop on over for a warm welcome from some of the farm’s furriest residents. Learn why rabbits are great hoppers and how they use their long ears to sense danger.

HENS LAY EGGS
Ardenwood Interpretive Staff
10:30-11am, Sun, Mar 8, 22, Sat, Mar 14, 28, Apr 25; 1:30-2pm, Sun, Apr 12
Meet the little ones to the farm to meet the chickens. We’ll listen to a story, see what a hen’s feathers feel like, and search the coop for eggs.

ROPE MAKING & HAY HOISTING
Ardenwood Interpretive Staff
11:30am-noon, Sun, Mar 8, 22
Make rope with our antique machine, and then see how lots of rope plus a few pulleys make hoisting hay bales into the barn a cinch.

KAEFER PERMANENT. thrive

BREWING ON THE FARM:
HOMEBREWING WORKSHOP
Ardenwood Interpretive Staff
1-3pm, Sat, Mar 7, 14, 28 #28573
Discover the ancient art of homebrewing in this three-part, hands-on workshop. You’ll boil wort, pitch yeast, and explore the science of fermentation. Learn beer’s incredible history and fascinating lore. We’ll brew and bottle a special batch of Ardenwood ale for you to take home (adults). Fee: $40 (non-res. $45)
Registration is required.

WILD FOOD
Ardenwood Christina Garcia
1:30-2:30pm, Sat, Mar 7
Before farms we ate wild foods foraged from the land, and we still can. Explore the farm for edible native California plants as well as weeds that make a tasty snack.

TARTAN DAY SCOTTISH FAIR 2020
Ardenwood East Bay Scottish Association & Interpretive Staff
10am-5pm, Sat, Apr 4
Throw on your kilt and celebrate Tartan Day with music, Scottish dancing, bagpipes, handmade crafts, historical re-enactments, and Highland athletics. Local Scottish clans and societies will share their rich culture and colorful heritage. Children can find magic and fantasy in the Children’s Glen and might just see a fairy or dragon. Enjoy a meat pie or other Scottish treats.
Fee: $12/adults, $8/seniors (62+), $6/children (4-17yrs.), 3 yrs. & under free. Free Parking.
All activities included with admission. Tickets are sold in advance at (888) 327-2757, option 2, or can be purchased at park entrance.

BIRDS AND THEIR BEAKS
Ardenwood Manon Legendre
11:30am-12:30pm, Sat, Mar 7, 28, Apr 18
Flap your wings and shake your tail feathers while we learn how birds use their beaks to find food!
**FUN WITH FELTING**  Art Music
Ardewood Interpretive Staff
1:30-2:30pm, Sun, Mar 8
Have some good, clean fun as we learn how felt is made from sheep’s wool, and then make a felt toy to take home.

**PRESERVING PLANTS**
Ardewood Maraena Spencer-Yochelson
11:30am-12:30pm, Sat, Mar 14, Apr 11, 25
Have you ever wondered how to keep your roses for years? Or maybe how people carried plants on long voyages? Come spend some “thyme” with us and find out!

**STILL WALKERS**
Ardewood Interpretive Staff
1:30-2:30pm, Sat, Mar 14, 28
Want to be taller? Improve your balance? Give stilt a try. It’s fun. Guess why farmers used these fun tools in the past.

**GOURMET POPCORN**  Art Music
Ardewood Interpretive Staff
11:30am-12:30pm, Sun, Mar 15, 29
We’ll spice up our farm-grown popcorn with fresh herbs, spices, and maybe even sugar. Which flavor will be the best? You can decide.

**PICTURES OF THE PAST**  Art Music
Ardewood Taylor Smith
1:30-2:30pm, Sun, Mar 15, 29, Sat, Apr 25
Meet at the Botanic Garden Visitor Center. Rain cancels!

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**REGIONAL PARKS BOTANIC GARDEN**

The Botanic Garden is open 8:30am-5pm, Oct-May; 8:30am-5:30pm, Jun-Sep. Info: (510) 544-3169. See www.nativeplants.org for information about docent training, special events and classes, and to sign up for our e-newsletter.

**DOCENT-LED GARDEN TOURS**
2pm, Sat; 11am & 2pm, Sun
Meet at the Botanic Garden Visitor Center. Rain cancels!

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Discover the meaning and value of family portraits 160 years ago by putting yourself in the Victorian’s shoes and discovering the wonderful world of early photography!

**FARMYARD STORY TIME**
Ardewood Interpretive Staff
10:30-11am, Sun, Apr 5, 19
The Little Red Hen, the Billy Goats Gruff, and other farm friends are waiting to meet you! Join the story circle for some classic barnyard tales before visiting the main characters.

**COOKING IN THE COUNTRY KITCHEN**
Ardewood Interpretive Staff
11am-1pm, Sun, Apr 5, 12, 19, 26
Stop by the Country Kitchen and take a tasty step back in time! Discover how to cook with a wood-burning stove and sample the special of the day, be it savory or sweet. Pick up an historic recipe to try at home.

**FARMYARD GAMES**
Ardewood Interpretive Staff
2-3pm, Sun, Apr 5, 12
Life on a farm wasn’t all work and no play. Join us for some old-fashioned fun! Try your hand at classic American pastimes including stilts, sack races, and the potato-spoon race.

**FIXIN’ FEED**
Ardewood Interpretive Staff
10:30-11am, Sat, Apr 18, Sun, Apr 26
Expend some elbow grease shelling and grinding a tasty treat for the sheep, goats and chickens using antique equipment. Make a new friend when you feed them by hand.

**BEGINNING EMBROIDERY**  Art Music
Ardewood Mindy Castle
1:30-2:30pm, Sat, Apr 18
Victorians loved to embroider, and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials supplied.

**VICTORIAN TABLE TOP GAMES**  Art Music
Ardewood Interpretive Staff
2:30-3pm, Sat, Apr 18, 25
Ready for some old-fashioned fun? Challenge your family and friends to a game of ball and cup, tops, or Jacob’s Ladder as you delve into our box of games from days-gone-by.

**GORGEOUS GOATS**
Ardewood Interpretive Staff
2-2:30pm, Sun, Apr 26
Discover why goats are a farmyard mainstay. Lend a hand grooming our nannies and give them a snack as you learn all about these gentle farm friends.

**MEANDERING MINK**
Big Break Interpretive Staff
2-3pm, Sat, Apr 4
Come meander through the wetland as we learn about these solo mustelids!

**REDUCE, REUSE, AND RECYCLE**
Big Break Interpretive Staff
2-3pm, Sun, Apr 12
Love your planet by recycling! Come find fun ways to reuse common household items, as well as some hints for recycling and reducing waste.

**ART AND NATURE IN THE PARK**  Art Music
Big Break Interpretive Staff
2-3pm, Sat, Apr 18
Nature has always been a great inspiration for many art forms. Come express yourself through art in the park!

**BOUNTIFUL BIRDS**
Big Break Interpretive Staff
2-3pm, Sun, Apr 26
Fly on in for some winged-wonder. Soar through some fun facts about frantic feathers, big beaks, tough talons, whistling wings, and exquisite eggs.

**THURSDAY BIRDING: RAPTOR BASELINE**
Various Parks Michael Moran
Marsh Creek: Cypress Staging Area, 9-11:30am, Thu, Mar 26 #28695
Morgan Territory, Apr 30 #28696
The morning (eastern) side of Mount Diablo hosts a magnificent array of birds of prey: hawks, falcons, eagles. Help us document their variety and numbers in this fun, social, community science research project. No experience necessary, We’ll teach you how to identify these birds. Join in for one or all. Registration is required.

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**BIG BREAK**
Big Break Visitor Center at the Delta is open Wed-Sun, 10am to 4pm. Info: (510) 544-3050, or BigBreakVisit@ebparks.org

**TESTING THE WATER**
Big Break Interpretive Staff
2-3pm, Sun, Mar 1
Track the health of the Delta! Using state of the art instruments, we’ll test for dissolved oxygen, pH, conductivity, and more. Our results go into a regional database for use by researchers, scientists, and water managers.

**PLANT PARADISE**
Big Break Interpretive Staff
2-3pm, Sun, Mar 12
Join us for a leafy spring foliage scavenger hunt!

**ARACHNID ADVENTURES**
Big Break Interpretive Staff
2-3pm, Sun, Mar 15
Our eight-legged residents are prowling the park for food! Drop by to learn about spi-

ders and join us in fun arachnid activities.

**WONDERFUL WEATHER**
Big Break Interpretive Staff
2-3pm, Sat, Mar 21
From rainbows to tule fog, join us as we learn about different weather phenomena around the Delta!

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**Healthy Parks Healthy People: Bay Area**

Monthly walks that provide safe, low-impact physical activity and improve health and well-being of all participants, through regular use and enjoyment of the Regional Parks. Look for HPHP.
Regional in Nature Activity Calendar

March 2020

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**Ardenwood:** Animal Feeding, Clothespin Dolls, Rabbit Rendezvous, Wake Up The Farm

**Big Break:** Plant Paradise

**Black Diamond:** Coal Mine Experience Tour, Hazel Atlas Mine Tours

**Coyote Hills:** Discovery Days, Ohlone Village Site Tour

**Crab Cove:** Family Nature Fun, Fish Feeding Time, Nature Party

**Sibley:** Sunday Stroll

**Sunol:** Animal Feeding Time, Nature Crafts, Wild Wonders

**Tilden Nature Area:** Bird Census, Talk With The Animals, The Newt in Winter

**Briones:** Monday Birding

**Sunol:** Outdoor Discoveries

**Garin:** Weekday Bird Walk

**Ardenwood:** Animal Feeding

**Ardenwood:** Animal Feeding

**Ardenwood:** Animal Feeding, Hens Lay Eggs, Preserving Plants, Stilt Walkers

**Coyote Hills:** Discovery Days, Ohlone Village Site Tour, Phowler Photography

**Crab Cove:** Family Nature Fun, Fish Feeding Time

**Leona Canyon:** Native Plant Restoration

**Reinhardt Redwood:** Llamas - Mystics of Andes

**Sunol:** Nature Crafts, Wild Wonders

**Sibley:** Saturday Stroll: Old Tunnel Road

**Sunol:** Nature Crafts, Wild Wonders

**Tilden Nature Area:** Farm Chores For Littles, “News, Salamanders, and Frogs Oh My!”

**Ardenwood:** Animal Feeding, Gourmet Popcorn, Pictures Of The Past, Wake Up The Farm

**Big Break:** Critter Clues

**Black Diamond:** Coal Mine Experience Tour, Hazel Atlas Mine Tours

**Coyote Hills:** Discovery Days, Wondrous World of Animal Senses

**Crab Cove:** Family Nature Fun, Fish Feeding Time

**Reinhardt Redwood:** Llamas - Mystics of Andes

**Sunol:** Valley Stroll, Wildflowers of the Wilderness, Wonderful Wildflower Crafts

**Tilden Nature Area:** Farm Chores For Littles

**Ardenwood:** Animal Feeding, Gourmet Popcorn, Pictures Of The Past, Wake Up The Farm

**Black Diamond:** Coal Mine Experience Tour, Hazel Atlas Mine Tours

**Coyote Hills:** Discovery Days, Wondrous World of Animal Senses

**Crab Cove:** Family Nature Fun, Fish Feeding Time

**Reinhardt Redwood:** Llamas - Mystics of Andes

**Round Valley:** Vasco Caves Regional Preserve Tour

**Sunol:** Animal Feeding Time, Sunol to Mission Peak Hike, Valley Stroll, Wonderful Wildflower Crafts

**Tilden Nature Area:** Bird Census, Talk With The Animals, The Insects of Early Spring

**Ardenwood:** Animal Feeding, Gourmet Popcorn, Pictures Of The Past, Wake Up The Farm

**Black Diamond:** Coal Mine Experience Tour, Hazel Atlas Mine Tours

**Brooks Island:** Kayaking

**Coyote Hills:** Cordage & Pine Nut Bead Making, Discovery Days

**Crab Cove:** Family Nature Fun: Duck, Duck, Goose, Fish Feeding Time, Tales Of Whales

**Del Valle:** Park ‘n Play, Sunset Saunter

**Sunol:** Animal Feeding Time, Nature Crafts, Wild Wonders

**Tilden Nature Area:** Bird Census, Story Time, Talk With The Animals

**Sunol:** Outdoor Discoveries

**Tilden Nature Area:** Monday Birding
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**BLACK DIAMOND**

Greathouse Visitor Center is open 10am-4:30pm, weekends March through November. Info: (510) 544-2750 or bdvisit@ebparks.org. Programs meet in parking lot at south end of Somersville Road unless otherwise noted. Weekend parking fee: $5.

**HAZEL-ATLAS SILICA-SAND**

**MINE TOUR**

Black Diamond Interpretive Staff

Various times, weekends, Mar-Nov

Explore a restored sand mine before descending the great staircase to the new coal mine exhibit on this 75-minute, small-group tour. Reservations offered at 10am (only for groups of 10-15), 11am, and 2pm. First-come, first-served tours may be offered when demand is high and staff permits. Reserve in advance online or by phone. Day-of ticket sales available at Greathouse Visitor Center.

7yrs. Fee: $5

**COAL MINE EXPERIENCE TOUR**

Black Diamond Interpretive Staff

Various times, weekends, Mar-Nov

Delve deeper into coal mining history on this 30 minute, small-group coal mine experience tour. Discover the sights and sounds of the Mt. Diablo Coal Field. Reservations at 10am. Reserve in advance online or by phone. First-come, first-served tours offered as staffing and demand allow. 7+ yrs. Fee: $3

**SPRING WILDFLOWER WALKS**

Various Parks Kevin Dixon

Black Diamond: Chaparral Loop 9:30-11:30am, Sun, Mar 8

Morgan Territory: Coyote Trail 9:30am-12:30pm, Sun, Apr 5

Black Diamond: Nortonville Side 9:30am-1pm, Sun, Apr 12

Enjoy spring wildflowers in beautiful settings with friends. All of these trails can be steep and slippery.

**COYOCA HILLS**

Coyote Hills Visitor Center is open Wed-Sun, 10am-4pm. Meet at Visitor Center unless otherwise stated. Info: (510) 544-3220 or chivist@ebparks.org.

**DISCOVERY DAYS**

Coyote Hills Interpretive Staff

11am-3:30pm, every Sat & Sun

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 11am for an introduction to the topic of the week or participate at your own pace.

**OHLINE VILLAGE SITE TOUR**

Coyote Hills Interpretive Staff

10am-noon and 1:30-3:30pm, Sun, Mar 1

10am-noon and 1:30-3:30pm, Sat, Apr 11, 25, Sun, Apr 19

Walk one-half mile through vibrant marsh habitat to a more than 2,000-year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house, and sweat house.

**CART OF CURIOSITIES**

Coyote Hills Kristina Parkison

1-2:30pm, Sat, Mar 7

The Curiosity Cart, filled with wonders of cultural and natural history, is hidden somewhere within the park. Find it and discover the secrets it shares!

**SSNAKES, STORIES & SSPIRALS**

Coyote Hills Dino Labiste

10am-noon and 1-2:30pm, Sun, Mar 8, Sat, Apr 4

Meet a snake that makes Coyote Hills its home. Learn about unique snake adaptations and how these slithering reptiles have become part of our folklore. Create a snake spiral craft to take home.

**PHLOWER PHOTOGRAPHY**

Art & Music

Coyote Hills Kristina Parkison

9:30-11am, Sat, Mar 14 #28116

Photographer Don Jedlovec teaches tips and tricks needed to get professional images of floral jewels in the Butterfly Garden. In addition, learn how to attract avian and insect pollinators to your garden.

12yrs. Registration is required.

**AMAZING AMPHIBIANS**

Dino Labiste

10am-noon and 1-3pm, Sun, Mar 15

Salamanders, frogs, and newts, oh my! Learn all about these fascinating creatures that live in water and on land. Join us on a walk to the marsh as we hear stories of adaptations and metamorphosis. Enjoy the chance to make your own frog craft.

**NECTAR GARDEN FUN DAY**

Coyote Hills Interpretive Staff

1-3pm, Sat, Mar 21

Come face-to-face with a caterpillar, chrysalis, or butterfly during this drop-in program. Make a butterfly-themed gift, and learn how to garden with plants that attract butterflies.

**CORDAGE & PINE NUT BEAD MAKING**

Dino Labiste

10am-noon and 1:30-3:30pm, Sun, Mar 22

The ability to twist, twine or braid fibers into cordage allowed indigenous cultures to tie their world together. Learn the techniques of gathering, extracting and plying fibers to create cordage. Practice the efficient method of leg rolling, dogbane fibers and string some pine nut beads. 9+yrs.

**WONDROUS WORLD OF ANIMAL SENSES**

Coyote Hills Dino Labiste

10am-noon & 1:30-3:30pm, Sun, Mar 29

Imagine sticking your tongue out to smell the air or tasting your dinner by walking on it. Sound strange? These are all part of how some animals sense their environment. Join us for activities and experiments as we learn about animal super senses.

**EDIBLE NESTS AND EGGS**

Coyote Hills Francis Mendoza

11am-noon, Sun, Apr 12

Make nests out of shredded wheat, melted chocolate, and marshmallows, then eat them! We’ll explore birds that make their nests out of sticks, mud, and spiderwebs. Be mindful of food allergies. 2+yrs.

**OHLINE PEOPLE & CULTURE**

Francis Mendoza

1:30-2:30pm, Sun, Apr 12

Learn about Ohlone people and their intimate relationship with nature, family, and their ancestors. We’ll discuss the important values of generosity and fairness that continue to resonate with Ohlone people today. 8+yrs

**EARTH DAY: REDUCE, REUSE, RECYCLE**

Coyote Hills Dino Labiste

9:30-noon and 1:30-4pm, Sat, Apr 18

Make changes that will conserve, protect, and sustain our planet. Learn about the care of our precious Earth. Enjoy family fun while creating your own litter bug craft, view an environmental puppet show (starts 11:40am & 3:40pm) and play recycling games. Make a difference!

**NATIVE CALIFORNIA PLANT USES**

Coyote Hills Francis Mendoza

10-11:30am, Sun, Apr 26

Go on a short walk to learn how Native Californians use plants for food, medicine, shelter, and tools. We’ll visit our native plant gardens and walk out to the freshwater marsh. 15+yrs

**COYOCA CUBS**

Coyote Hills Interpretive Staff

10:30-11:30am, Mondays

Mar 30: Sprung on Spring

Apr 27: Water is Life

Get your preschooler out and into nature! We’ll play games, explore the park, and do a craft related to the theme of the day. Parent/Caregiver participation required. 3-5yrs

**CRAB COVE**

Crab Cove Visitor Center is open Wed-Sun, 10am-5pm. Info: (510) 544-3187 or ccove@ebparks.org.

**FAMILY NATURE FUN HOUR**

Crab Cove Interpretive Staff

2-3pm, every Sat & Sun, Mar & Apr

Spend an afternoon at the Bay, make new discoveries, and enjoy a new activity each week with games, crafts, and special surprises.

**FISH FEEDING TIME**

Crab Cove Interpretive Staff

3-3:30pm, every Sat & Sun, Mar & Apr

Meet our crabs and fish while they eat! Learn how the Seafood Watch app helps our friends in the wild!

**SUNSET MOONRISE SPRING MINUS TIDE**

Crab Cove Susan Ramos

6-7:30pm, Sun, Mar 8

Watch the sunset and the moonrise during this exploration of a minus tide! Learn how the moon effects the tide cycle, which animals come out at dusk along the rocky
ALAMEDA EARTH DAY EVENT
Crown Beach/Washington Park
10am-3pm, Sat, Apr 18 #28361
Celebrate the earth and its amazing natural habitats, including our beautiful Bay. Learn how to live more sustainably with fun activities and free giveaways at the City of Alameda’s Washington Park (next to Crown Beach). Food/beverages available for purchase. Crab Cove will host a volunteer beach and pond cleanup before the main festival, from 8:30-10am. #28360. Advance registration required. Sponsored by the City of Alameda & EBRPD.

SHORE BIRDWALK FOR BEGINNERS
Elise Roemer Bird Sanctuary, Crown Beach
8:30-10am, Sun Mar 15 #28171
Feast your eyes on a shorebird buffet! “Peep” at everything from long and short bills to bay gulls. Beginners welcomed and encouraged. Binoculars available for loan. Meet at the observation platform near the end of Broadway.

TALES OF WHALES
Crab Cove
11am-12:30pm, Sun Mar 22
These magnificent marine mammals have lots of stories to tell! Learn a bit of history, play a game, and make a candle to take home!

SEA SQUIRTS
Crab Cove
10:30-11:45am, Tue, Mar 24, Apr 14 & 28
Share a morning of shoreline fun with your child. Play games, explore nature, sing songs, and do a craft related to the theme of the day! Ages 3-5 years. Fee: $5 ($7 non-res.)

OUTDOOR DISCOVERIES
Sunol
10:30am-noon, Mon, Mar 9, 23, Apr 13, 17
Explore the world around you in this hands-on preschool and home school nature series! Join us as we discover, adventure, and create in the outdoor classroom of Sunol. 4-Byrs. Registration is required.

PI DAY HIKE
Sunol
10:30am-1:30pm, Sat, Mar 14 #28042
March 14th is known as the day to celebrate the mathematical constant 3.14, or Pi. It’s also a day to eat a lot of pie! Hike to high valley barn for a delicious celebration. 7+yrs. Fee: $3.14. Registration is required.

FROGGY FRIENDS
Sunol
1-3pm, Sun, Mar 15
Jump into some fun, family friendly frog activities and a hiking adventure to celebrate amazing amphibians!

WILD WONDERS
Sunol
2-3pm, every Sat and Sun, Mar 28 to Apr 26
Drop in and get crafty as we learn more about the beautiful blooms of these hills.

EASTER AT SUNOL
Sunol
11am-3pm, Sun, Apr 12 #28081
Celebrate Spring at Sunol! Hop on over to the park for a day of Easter family fun!

BIRD CENSUS
Sunol #28019; Apr 27: Flower Power #28023

ALAMEDA EARTH DAY EVENT
Crown Beach/Washington Park
10am-3pm, Sat, Apr 18 #28361
Celebrate the earth and its amazing natural habitats, including our beautiful Bay. Learn how to live more sustainably with fun activities and free giveaways at the City of Alameda’s Washington Park (next to Crown Beach). Food/beverages available for purchase. Crab Cove will host a volunteer beach and pond cleanup before the main festival, from 8:30-10am. #28360. Advance registration required. Sponsored by the City of Alameda & EBRPD.

“SPLASH INTO SPRING” EGG SCRAMBLE
Crab Cove
10am-4pm, Sat, Apr 4
Celebrate spring! Enjoy all-day family activities including the annual egg hunt around the visitor center lawn.

DYEING EGGS WITH NATURE
Crab Cove
10-11:30am, Sun, Apr 5 #28193
Skip the kit and color eggs naturally with traditional homemade dyes using common kitchen finds. We’ll provide the gear and a dozen eggs. Wear clothes you don’t mind getting colorful! 18+yrs. Fee: $10 (non-res. $12). Registration is required.

CITY NATURE CHALLENGE BIOBLITZ
Crab Cove
8-11am, Sun, Apr 26 #28348
Become a citizen scientist at low tide using a seine net and exploring the rocky shore. Rain boots recommended. Camera or smartphone required.

SUNOL

UNLESS OTHERWISE NOTED, ALL PROGRAMS MEET AT THE SUNOL VISITOR CENTER UNLESS OTHERWISE NOTED. INFO: (510) 544-3146 OR DVVISIT@EBPARKS.ORG.

PI DAY HIKE
Sunol
Ashley Adams
10:30am-1:30pm, Sat, Mar 14 #28042
March 14th is known as the day to celebrate the mathematical constant 3.14, or Pi. It’s also a day to eat a lot of pie! Hike to high valley barn for a delicious celebration. 7+yrs. Fee: $3.14. Registration is required.

FROGGY FRIENDS
Sunol
Alex Collins
1-3pm, Sun, Mar 15
Jump into some fun, family friendly frog activities and a hiking adventure to celebrate amazing amphibians!

WILD WONDERS
Sunol
Interpretive Staff
10:30am-noon, every Sat and Sun, Mar 28 to Apr 26
Drop in and get crafty as we learn more about the beautiful blooms of these hills.

EASTER AT SUNOL
Sunol
Alex Collins
8am-4pm, Sun, Mar 29 #28081
Celebrate Spring at Sunol! Hop on over to the park for a day of Easter family fun!

BIRD CENSUS
Sunol #28019; Apr 27: Flower Power #28023

DEL VALLE

SUNOL
9-11am, Sundays in March
We will count and record all species by sight or sound. Come to one or all and improve as a birder. Meet in front of the visitor center.

TALK WITH THE ANIMALS
Tilden Nature Area Interpretive Staff
11-11:30am, every Sun in Mar & Apr
Get up close and personal to the animals that call the Little Farm and Nature Area home. Learn how they move, how they find their food, and how they keep safe from predators. A different animal will be featured each week. Meet in the classroom at the Little Farm. Meet at the rabbit hutch for a variety of age appropriate activities.

FARM CHORES FOR LITTLES
Tilden Nature Area Interpretive Staff
10:30-11am, every Sat in Mar & Apr
Little children will enjoy taking care of the little animals at the Little Farm. Meet at the rabbit hutch for a variety of age appropriate activities.

WOOLY SOAP SCRUBBER
Tilden Nature Area Trail Gail
2-3:30pm, Sat, Mar 7
Make a unique gift and gentle exfoliate, with a built-in washcloth, using undyed wool. You will need the entire time to finish your creation. 8+ yrs.

THE NEWT IN WINTER
Tilden Nature Area Anthony Fisher
1-2:30pm, Sun, Mar 8
Newts are the best extremely toxic ambassadors in Tilden! See them in their habitat! Enjoy their slippery dispositions! Learn why you shouldn’t eat them!

NEWTs, SALAMANDERS, AND FROGS OH MY!
Tilden Nature Area Trail Gail
2-3pm, Sat, Mar 14
We’ll search our ponds, for the wet wildlife of the Nature Area. Come dressed for the outdoors.

HIKES FOR TYKES
Various Parks Interpretive Staff
10:30-11:45am, Tue, Mar 3, 17, 31, Apr 7, 21
Enjoy some nature before naptime with your young child! Join a naturalist as they take you over hill and dell to explore the Regional Parks. Tools for exploration will be provided. Hikes average about 1 mile. Bring a snack. Strollers are not recommended for most hikes. Parking fees apply. Rain cancels. Info: (510) 544-3187.

Mar 3: Lake Chabot (Marina) Waddle, waddle, quack, quack – let’s explore lakeside life!
Mar 17: Anthony Chabot (Bort Meadow Staging Area) Surrounded by green, we’ll search for rainbows!
Mar 31: Redwood (Trudeau) Explore the beginnings of spring amongst the green prairie hills.

Apr 7: Leona Canyon (Canyon Oaks parking area) Bird songs and forest play make for a great day.
Apr 21: Lake Temescal (N. Entrance/Broadway) What animal life will we discover around the water?

DIP INTO PONDS
Tilden Nature Area Trent Pearce
10-11am, Sun, Apr 5
Wrigglers, squigglers, and larvae abound in our ponds! Interactive and fun for all ages. We’ll get acquainted with our pond residents. Rain or shine.

WE ALL SCREAM FOR ICE CREAM!
Tilden Nature Area Jenna Collins
2-3pm, Sat, Apr 11
Put together some ice, salt, cream, sugar, and a little muscle power to learn how we make delicious old-fashioned ice cream.

BIRDING FOR HIPSTERS, PARTIERS, AND LAZY FOLKS
Tilden Nature Area Trent Pearce
10-11:30am, Sun, Apr 12 & 19
Want to learn about birds but can’t stand to get up before sunrise? Come on these walks for birders who don’t enjoy mornings. May or may not see birds.

MONDAY BIRDING
Various Parks Anthony Fisher
9am-noon, Mon, Mar 2, 9, 16 & 23, Apr 6, 13 & 20
“I believe I can fly!” said the fledgling at the edge of her nest.

Mar 2: Tilden Nature Area, meet at visitor center, hills.
Mar 9: Briones, Bear Creek Staging Area, hills.
Mar 16: Fernandez Ranch, Christie Rd. off of Hwy 4, muddy hills.
Mar 23: Nimitz Way, Inspiration Point Lot, flat-ish.
Apr 6: Crockett Hills, Crockett Ranch staging area.
Apr 13: Wildcat Canyon, Alvarado Park, Belgium Sanitarium, meet at the Alvarado Staging Area parking lot, hills.
Apr 20: Tilden Nature Area, meet at the EEC, hills.
Info: (510) 544-2233.

OTHER PARKS

WEDNESDAY WALKS
Various Parks Interpretive Staff
Explore new trails, make new friends, and learn about your parks on a naturalist-led hike. Hikers of all ages and abilities are welcome on hikes ranging from easy to challenging. Wear sturdy footwear, bring water, and dress for the weather. Heavy rain cancels. Hikes begin at 9:30am.

Mar 4: Anthony Chabot – Bort Meadow. Enjoy Spring! Take about a 4-mile hike through a meadow, up and down hills, and along city streets. Some parts strenuous. Restroom facilities about ¼ of a mile from the trailhead. For information, call (510) 544-3187.
Mar 18: Tilden Park, Lone Oak – Up the hill for inspiration, then to the creek to flow home. Led by Trail Gail.
after the tunnel. **Mar 24:** Leona Canyon – Native plants abound on this hilly walk.

**Apr 14:** Contra Loma, Main Parking Lot – “mostly” flat. **Apr 28:** Tilden Park, Steam Train Overflow parking lot – Search for flowers. Info: (510) 544-2233.

**BIRD WALK**

**Quarry Lakes**  
Kristina Parkison  
8-10am, Sat, Mar 7  
Isherwood Staging Area - The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat.  
8+yrs. Info: (510) 544-3220.

**WEEKDAY BIRD WALK**

Various Parks  
Kristina Parkison  
7:30-9:30am, Tue, Garin, (Visitor Center)  
Mar 10; Vargas Plateau, Hayward Shoreline (Interpretive Center), Mar 24; Apr 7; Alameda Creek (Niles Staging Area), Tue, Apr 14  
Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. 12+yrs.  
Info: (510) 544-3220.

**LAKESIDE LITTLES**

Shadow Cliffs  
Ashley Grenier  
10-11am, 11:30am-12:30pm, Mon, Mar 16, Apr 20  
Bring your little ones out and discover nature. Each month we’ll explore a trail, look at bugs, search for birds, and much more. Let’s get outside! Caregiver participation required. 1-5yrs. Info: 510-544-3249.

**CANINE CAPERS WALK**

Garin  
Kristina Parkison  
9-11am, Sat, Mar 21 #28306  
Red Barn Visitor Center - The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails.  
8+yrs. Registration is required.

**BIRDING BY EAR**

Leona Canyon  
Michael Charnofsky  
9:30-11:30am, Sun, Mar 29  
Yes, it does count when you identify a bird by its song. Let’s practice in this beautiful, diverse canyon with many bird habitats. Constant rain cancels. Directions: From HWY 580, take the Keller Ave exit and drive towards the hills on Keller for around 1 mile. Turn left on Campus Drive. Make the first right onto Canyon Oaks Drive towards the condos, then make an immediate left to the end of the driveway to the trailhead parking area.  
10+yrs. Info: (510) 544-3187.

**VASCO CAVES TOUR**

Vasco Caves  
Interpretive Staff  
9am-2pm, Sat, Apr 4 #28298; 18 #28303; Sun, Mar 22 #28280; 29 #28285; Apr 5 #28301; 26 #28307  
Various Locations - Hike 2-3 miles through this windswept land which is sacred to local California Native American communities and a refuge for golden eagles, fairy shrimp, and tiger salamanders. The preserve is accessible only through guided tours staging at Round Valley (Mar 22, 29, Apr 4, 18) or Brushy Peak (Apr 5 & 26). 10+yrs.  
Info: (510) 544-2750.  
Fee: $35 (non-res. $40)  
Registration is required.

**FRENCH BROOM REMOVAL/ RESTORATION PROJECT**

Reinhardt Redwood  
Staff  
9am-1pm, 1st Sat of the month  
9:30am-1:30pm, 2nd Sun of the month  
Help remove invasive French Broom at various locations in the park. Tools, protective equipment and snacks will be provided (please bring a reusable water bottle to fill).  
Call (510) 544-3127 or email redwood@ebparks.org to confirm meeting location as this can vary from month to month. Rain cancels.

**INVASIVE SPECIES REMOVAL/ HABITAT RESTORATION**

Huckleberry, Sibley  
Staff  
9:30am, 3rd Sun of the month – Huckleberry  
9:30am, 2nd Sat of the month – Sibley  
Monthly weeding sessions to help protect native plants against invasive species displacement. Tools provided. Water and snacks are provided but please bring your reusable water bottle. 16+yrs for Huckleberry. For groups of three or more, please contact Park staff at least three weeks in advance.  
Info: (510) 544-3112. sibley@ebparks.org.
LEONA CANYON NATIVE PLANT RESTORATION
Merritt College Michael Charnofsky
10am-2pm, Sat, Mar 14 #28343
Parking Lot E: Volunteers are needed to help protect featured native plants by pulling non-native invasive grasses and shrubs, focusing around the stations of the self-guided "Local Indian Uses of Plants" trail. Lunch, tools, and gloves provided. Community service hours available for students. Rain or shine. 10+ yrs. Registration is required.

BEACH CLEANUP AT ENCINAL
Encinal Beach Susan Ramos
1-2:30pm, Sat, Apr 11
This unique place is home to harbor seals, fish, and birds. Help clean up their beach! Bring your own gloves & bucket or borrow ours. An adult must accompany children 12 and under. Unaccompanied minors 12-17 must bring waiver signed by an adult. Call (510) 544-3187 for more info and the form.

3RD THURSDAYS AT THE GARDEN
Crab Cove Interpretive Staff
10am-noon & 1-3pm, Thu Mar 19 & Apr 16
Volunteers are needed in our Demonstration Garden to help with maintenance-weeding, pruning, mulching, and other projects. One-time or on-going help welcome. Attend one or both sessions. Meet at the bathhouse by Otis entrance. Wear long pants, closed-toed shoes, hat, and bring a water bottle. An adult must accompany children under the age of 12. Unaccompanied minors 12-17 must bring waiver signed by an adult. Call (510) 544-3187 for the form.

ALAMEDA EARTH DAY: COASTAL CLEAN-UP
Crab Cove Susan Ramos
8:30-10am, Sat, Apr 18 #28360
Happy Earth Day! What better way to celebrate than to give the Earth a spring cleaning? Help wildlife and make our environment more beautiful. In addition to litter-pick-up, we may also work on invasive weed removal. Students can earn community service hours. Stick around to enjoy the Alameda Earth Day event afterwards! 4+.
Registration is required.

WILDLIFE VOLUNTEERS
with Dave “Doc Quack” Riensche, Wildlife Biologist
What to Bring: Outdoor clothing (long pants), hiking boots or waterproof boots-knee high (close-toed, waterproof footwear), gloves, hats, water, and sunscreen. Physical labor is involved with many of our projects. Parent participation is required.
Registration is required.

SHOREBIRD SANCTUARY
9:30-noon, Sat, Mar 7 #28740
ML King Jr. Shoreline, Oakland
Create nesting habitat for the threatened Western Snowy Plover. Help move bulk sand and shells, pull weeds, thereby crafting ideal/idyllic courtship conditions for breeding plovers, avocets and stilts. By participating, you'll earn your "Shorebird Sanctuary" patch.
Deadline to sign-up is Feb 28.
Directions: In Oakland, take Hwy 880 north or south to Hegenberger Rd, go west to Pardee Drive, right on Pardee Drive to Swan Way, left on Swan Way to park entrance. Meet at the King Fisher Picnic Area parking lot.

COLONY CARETAKERS
May 14, 2020 #28741
Create habitat for the State threatened California Least Tern and Western Snowy Plover nesting habitat in the District. Space is limited. Register by Friday, April 10. Contact Doc Quack at docquack@ebparks.org, (510) 544-2319.
What to Bring: Binoculars, water, lunch and trail snacks, outdoors clothing (long pants), hiking shoes/boots (Waterproof footwear), gloves, hat, windbreaker, sweater, jacket, sunglasses, insect repellent, and sunscreen.

CALIFORNIA BLACK RAIL HABITAT HELPERS
Point Pinole, Richmond
9:30am-noon, Sat, Apr 18 #28742
Create habitat for the State threatened California black rail. We will remove non-native plants, pick-up trash, clear debris from clogged channels to improve tidal water cycling, and plant wildlife friendly vegetation which restores nesting habitat. By participating, you'll earn your “Black Rail Habitat Helper” patch.
Deadline to sign-up is April 10.
**VISITOR CENTERS**

**ARDENWOOD**
34600 Ardenwood Blvd.
Fremont, CA
(510) 544-3200

**BIG BREAK**
69 Big Break Road
Oakley, CA
(510) 544-3200

**BLACK DIAMOND MINES**
5172 Sweeney Road
Antioch, CA
(510) 544-3146

**BOTANIC GARDEN**
Tilden Regional Park
Berkeley, CA
(510) 544-3220

**COYOTE HILLS**
8000 Patterson Ranch Rd.
Fremont, CA
(510) 544-3220

**CRAB COVE**
1252 McKay Avenue
Alameda, CA
(510) 544-3417

**DEL VALLE**
7000 DelValle Road
Livermore, CA
(510) 544-3146

**GARIN**
1320 Garin Avenue
Hayward, CA
(510) 544-3220

**SUNOL-ONLINE**
10 Box 82 (on Geary Road)
Sunol, CA
(510) 544-3249

**TILDEN NATURE AREA**
Environmental Education Center (EEC) at Tilden Regional Park
Berkeley, CA
(510) 544-3233

**SWIM FACILITIES**
1-888-327-2757, option 3

**LAKE ANZA**
Tilden Regional Park
Berkeley, CA | ext. 4563

**CASTLE ROCK**
1700 Castle Rock Road
Walnut Creek, CA | ext. 4515

**CONTRA LOMA**
1200 Frederickson Lane
Antioch, CA | ext. 4518

**CULL CANYON**
18627 Cull Canyon Road
Castro Valley, CA | ext. 4523

**DEL VALLE**
7000 DelValle Road
Livermore, CA | ext. 4524

**DON CASTRO**
22400 Woodrow Ave.
Hayward, CA | ext. 4527

**QUARRY LAKES**
2100 Isherwood Way
Fremont, CA | ext. 4552

**ROBERTS POOL**
10370 Skyline Blvd.
Oakland, CA | ext. 4555

**SHADOW CLIFFS**
2500 Stanley Blvd.
Pleasanton, CA | ext. 4557

**LAKE TEMESCAL**
6502 Broadway Terrace
Oakland, CA | ext. 4561

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Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed for further information.

For programs that indicate “Registration is required,” register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed.

**ONLINE registration** is available if the program title displays this symbol: 
Go to www.ebparksonline.org. When registering online, use the course code printed next to the program date(s).

**WALK-IN:** Come to the District Headquarters between 8:30am and 5pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Dunsuir House and south of the Oakland Zoo off I-580. See map below.

**BY PHONE:** Phone registration requires a VISA or Mastercard. The Reservations Office is open between 8:30am and 5pm Mondays through Fridays (closed weekends and holidays). Call 1-888-EBPARKS (327-2757) and select option 2. TRS Relay for the Hearing Impaired: 7-1-1.

**FEE PAYMENT:** Fees must be paid in full at the time of registration. Fees may be paid by money order, VISA, Mastercard, cash, or pre-printed check for walk-in registration. Make checks payable to EBRPD. Programs registered in the parks may be paid for by check up until the day of the program if space is available. Returned checks will be charged a $25 Returned Check charge. **Non-resident fees** apply to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

**CREDIT CARDS:** VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

**CANCELLATION POLICY:**

**REFUNDS/TRANSFERS:** Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. CANCELLATION POLICY: At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.
**Want to Work in Nature?**

NEW Natural History and Sustainability Certificate of Achievement programs at Merritt College.

Courses taught by East Bay Regional Park District Staff and Merritt College Faculty

Certificate of Achievement programs:
- Conservation and Resource Management
- Natural History and Resources
- Urban Agroecology

Learn more: merritt.edu/wp/nhs

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**Make a Difference on Earth Day**

**Help clean up beaches and restore natural habitat**

**Saturday, April 18**

8:30 a.m. to Noon

VOLUNTEER IN A REGIONAL PARK:
- Crown Memorial State Beach, Alameda
- MLK Jr. Regional Shoreline, Oakland
- Point Pinole Regional Shoreline, Richmond
- Sibley Volcanic Regional Preserve, Oakland

REGISTRATION REQUIRED:
eparks.org/activities/volunteer or call 1-888-327-2757, option 2

Bring gloves and a refillable water bottle. Snacks, water, and tools provided.

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**Give Back to Your East Bay Regional Parks!**

Purchase a Regional Parks Foundation membership, and the funds will support educational programs and stewardship projects in the East Bay Regional Parks. As a thank you, you’ll receive: Free Parking, Free Swimming, Annual Dog Pass (up to 3 dogs), Camping Discounts and more…

Memberships are available at select Regional Parks and Bay Area REI stores – and you can use your REI membership dividend to purchase! Or visit RegionalParksFoundation.org/Join to purchase online.