

JAN./FEB. 2020 NATURALIST PROGRAMS SOUTHEAST SECTOR



Programs requiring registration have a 📅 symbol after the program name. Use the listed course number when making reservations by phone **(1-888-EBPARKS)** or at our registration website, **ebparks.com**. All other programs are drop-in only and meet at the park visitor center unless stated otherwise. For more information on drop-in programs email SVISIT@ebparks.org or call 510-544-3249

TAKE A BREAK IN NATURE 📅 📅

Sunol

Ashley Adams

10:30am-12pm, Dec 30, 31, Jan 2, 3

No school? No problem! Join us in the park for nature, science and exploration during your Winter Break. Sign up for one day or all four!

(Ages 5-10yrs) **Registration is required.**

Dec 30: Bountiful Birds #27732

Dec 31: New Year Newts #27736

Jan 2: Winter in Wilderness #27740

Jan 3: Rockin' Rocks #27743



NATURE CRAFTS 📅 📅

Sunol

Interpretive Staff

10am-12pm, **Every Sat & Sun**, Jan 4 to Feb 29

Discover the natural world through your artistic side. We will explore the wild side of Sunol with a different craft each week.

WILD WONDERS 📅

Sunol

Interpretive Staff

2-3pm, **Every Sat & Sun**, Jan 4 to Feb 29

Wildness awaits! Discover the wonders of the wilderness through games, activities, and explorations. Great for families of all ages.

How many regional parks in the southeast sector have you visited?

- **Del Valle** in Livermore
- **Sunol** Regional Wilderness in Sunol
- **Shadow Cliffs** in Pleasanton
- **Las Trampas** in San Ramon
- **Dublin Hills** in Dublin
- **Pleasanton Ridge** in Pleasanton
- **Brushy Peak** in Livermore
- **Sycamore Valley** in Danville
- **Bishop Ranch** in San Ramon

For info about all of our parks:

<http://www.ebparks.org/parks>

Sunol Visitor Center is open year round on weekends from 8:30am-4pm

Del Valle Visitor Center is open summer weekends from 9am-6:30pm

Program Key:

📅 = Parking fee may apply

\$6 Del Valle

\$6 Shadow Cliffs

\$5 Sunol

📅 = Online registration

Contact Us:

Email: SVISIT@ebparks.org

Telephone: 510-544-3249

U.S. Mail: 2500 Stanley Bl.,
Pleasanton CA 94566



JAN./FEB. 2020 NATURALIST PROGRAMS SOUTHEAST SECTOR

East Bay 
Regional Park District
www.ebparks.org

A NEW YEAR, A NEW VIEW

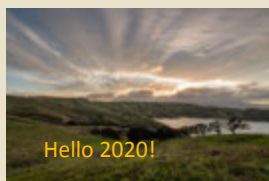
Arroyo Road staging area, Del Valle

Alex Collins

9am-12pm, Sun, Jan 5

Greet the new year with a hike over the arroyo, through oak grasslands, and uphill for spectacular views of Lake Del Valle. Location not accessible from main park entrance: visit Del Valle website for directions.

(Best for 8+yrs)



WINTER WATER BIRDING

Del Valle — Marina

Interpretive Staff

10am-12pm, Sat, Jan 11, Feb 8

The lakes of the Tri Valley are a perfect place for water-loving birds to spend the winter. We'll get to know our visiting guests on a walk with views of the lake.



PARK 'N PLAY

Del Valle—Fiesta Grande

Ashley Grenier

10am-12pm, Sun, Jan 12, Feb 9

Let's play in the park! Bring your family and friends out for some fresh air, nature games, and wildlife exploration rain or shine.

OUTDOOR DISCOVERIES

Sunol

Alex Collins

10:30am-12pm, Mon, Jan 13, 27, Feb 10, 24

Come explore the world around you in this hands-on preschool and home school nature series! We will discover, adventure and create in the outdoor classroom of Sunol. (Ages 4-8yrs)

Registration is required.

Jan 13: Water, Water Everywhere #27705

Jan 27: Neat Newts #27708

Feb 10: Nature Hearts #27713

Feb 24: Frog and Toad #27714



LAKESIDE LITTLES

Shadow Cliffs

Ashley Grenier

10-11am, Mon, Jan 20, Feb 17

11:30am-12:30pm, Mon, Jan 20, Feb 17

Choose the time that works best for you: same program occurs twice on each date. Bring your little ones out and discover nature. Each month we'll explore a trail, look at bugs, search for birds, and much more. Let's get outside! Parent/caregiver participation required. Drop in; no registration. (Ages 1-5yrs)



Healthy Parks 
Healthy People

JAN./FEB. 2020 NATURALIST PROGRAMS SOUTHEAST SECTOR

East Bay 
Regional Park District
www.ebparks.org

SONGS AND STORIES OF SUNOL ®

Sunol

Ashley Adams

10:30-11:30am, Wed, Jan 29, Feb 26

Wander into the wilderness for tales of our forest friends! We'll sing songs, explore through play and discover the magic of nature all around us.

VALLEY OF THE NEWTS WALK

Las Trampas – Bollinger staging area

Interpretive Staff

9:30-11:30am, Sat, Feb 15, Sun, Feb 23

Discover the secret life of California Newts on this 1.5-mile trek along Bollinger Creek. Admire these amorous amphibians in their natural habitat and revel in their amazing adaptations!



BIRDING FOR BEGINNERS ®

Sunol

Ashley Adams

9-11am, Sat, Feb 22

Birding is a fun and exciting way of exploring nature in winter. We'll supply the binoculars as we find out which feathered friends visit Sunol!



LEAP DAY TREK ®

Sunol

Ashley Adams

10am-1pm, Sat, Feb 29

Celebrate leap day with an adventure through Sunol! Along our way, we'll leap over a few stream crossings so bring shoes that are ok to get wet.



JAN./FEB. 2020 NATURALIST PROGRAMS SOUTHEAST SECTOR

Explore Sunol Regional Wilderness in a Word Search!

U	L	E	R	I	E	N	O	C	E	N	I	P	L
R	E	G	N	A	R	O	C	K	S	K	R	A	E
R	K	S	R	E	K	I	H	H	Y	D	L	E	R
R	E	O	D	L	U	P	I	N	E	E	G	P	R
R	K	E	V	K	E	O	C	R	C	I	O	S	I
O	R	I	D	O	O	I	R	C	C	P	R	P	U
U	C	A	P	I	O	K	E	C	P	E	H	I	Q
K	L	R	S	R	D	K	E	Y	L	A	O	O	S
E	O	O	N	E	U	R	K	T	P	I	A	T	A
S	U	L	A	D	C	E	T	L	E	D	K	K	N
G	D	T	K	I	K	A	H	A	W	K	S	G	P
E	R	A	E	P	C	S	K	H	D	U	E	C	U
R	R	E	O	S	K	T	E	E	E	N	P	U	R
S	E	V	A	E	L	D	E	Y	E	K	R	U	T

How many can you find in the puzzle, and in the park?

- | | | |
|-----------|--------|----------|
| DEER | HIKER | LEAVES |
| TURKEY | CATTLE | CREEK |
| PINE CONE | HAWK | SQUIRREL |
| CLOUD | LUPINE | SNAKE |
| POPPY | SPIDER | ROCK |
| RANGER | OAK | DUCK |

Across, up and down, even spelled backwards!

