

COYOTE HILLS NATURALIST PROGRAMS OCTOBER 2019

East Bay 
Regional Park District
www.ebparks.org

All programs meet at this Visitor Center unless otherwise noted.

26th ANNUAL GATHERING OF OHLONE PEOPLES

10am-4pm, Sunday, October 6

Interpretive Staff

This special event celebrates the culture and traditional skills of Ohlones. Modern Ohlone people from various tribal groups will share their culture, including music, song, dance, and stories. They'll discuss contemporary cultural involvements, and demonstrate basket, jewelry, soaproot brush, and dogbane string making. Visit a more than two-thousand-year-old village site, play an Ohlone game, try making fire without matches, or make a miniature tule boat. Taste native plant teas, manzanita cider and, in the afternoon, acorn soup cooked with heated stones in a basket. Parent participation required

Illustration of Ohlone dancer by Linda Yamane, Rumsen Ohlone



DISCOVERY DAYS

11am-3:30pm, Every Saturday & Sunday

Interpretive Staff

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 11:00am for an introduction to the topic of the week, or participate at your own pace.



AMAZING AMPHIBIANS

10-noon Saturday, October 5

Dino Labiste, Naturalist

Salamanders, frogs, and newts, oh my! Learn all about these fascinating creatures that live in water and on land. Join us on a walk to the marsh as we hear stories of adaptations and metamorphosis. Enjoy the chance to make your own frog pop-up card. Parent participation required

HEALTHY PARKS, HEALTHY PEOPLE HIKE HPHP

1:30-3pm, Saturday, October 5

Dino Labiste, Naturalist

Combine being outdoors with a little bit of exercise and surprise yourself with how great it makes you feel. Join us for a leisurely stroll along the marsh, bay trails, and over the hills. Get out and get moving! Parent participation required

Coyote Hills Visitor Center

Nestled between vibrant marshland and rolling bay shore grassland, the Visitor Center tells stories of interdependence between people and place.

**Open Wednesday-Sunday
from 10am-4pm**

Accommodation will be made for visitors with disabilities upon advance request.




Contact Us

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Phone: (510) 544-3220

E-mail: chvisit@ebparks.org

Program Key

-  Parking fee may apply
-  Wheelchair accessible
-  Online registration
ebparks.com
- (non-res.) Residents outside
Alameda &
Contra Costa counties
- HPHP Healthy Parks Healthy
People programs offer
low impact exercise.

Healthy Parks 
Healthy People

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WEEKDAY BIRD WALK ⑩

Various Parks

7:30-9:30am, Tuesday, October 8: Dry Creek/Pioneer (meet at May Rd. Staging Area)

7:30-9:30am, Tuesday, October 15: Alameda Creek Regional Trail (meet at Niles Staging Area)

Interpretive Staff

Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. 12+yrs.

WONDROUS WORLD OF ANIMAL SENSES ⑩ ①

10-noon & 1:30-3:30pm, Saturday, October 12

Dino Labiste, Naturalist

Imagine if you stuck your tongue out to smell the air or tasted your dinner by walking on it. Sound strange? These are how some animals sense their environment. Join us for activities and experiments as we learn about animal super senses. Parent participation required

OHLONE VILLAGE SITE TOUR ⑩ ①

10-noon & 1:30-3:30pm Sunday, October 13

10-noon & 1:30-3:30pm, Saturday, October 26

Interpretive Staff

Walk one-half mile through vibrant marsh habitat to a more than 2,000-year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house, and sweat house. Meet at the Visitor Center

SSNAKES, SSTORIES AND SPIRALS ⑩ ①

9:30-11:30am & 1:30-3:30pm, Saturday, October 19

Dino Labiste, Naturalist

Meet the snakes that make Coyote Hills their home. Learn about their unique adaptations and how these slithering reptiles have become part of our folklore. Create a snake spiral craft to take home. Parent participation required



CORDAGE MAKING ⑩ ①

11am-noon, Sunday, October 20

Francis Mendoza, Naturalist

String and rope, collectively known as cordage, is used to tie together native peoples' clothing, shelter, and tools. Learn how to twist plant material into cordage and take a bracelet home with you. 12+yrs. Parent participation required

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OHLONE PEOPLE & CULTURE

Francis Mendoza, Naturalist

1:30-3pm, Sunday, October 20

Learn about Ohlone people and their intimate relationship with nature, family, and their ancestors. We'll discuss the important values of generosity and fairness that continue to resonate with Ohlone people today. 8+yrs. Parent participation required



DISCOVERY DAYS:

THE CREEPY CRAWLY EDITION

Interpretive Staff

11am-3:30pm, Saturday, October 26 & Sunday October 27

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy – all Halloween-themed. Come at 11:00am to meet some creepy crawlies. Parent participation required

COYOTE CUBS : HALLOWEEN AT THE HILLS

10:30-11:30am, Monday, October 28

Francis Mendoza, Naturalist

Get your preschooler out and into nature! We'll play games, explore the park, and do a craft related to the theme of the day. Wear your costume today – please no Native American costumes. Parent/Caregiver participation required. 3-5 years old.

HALLOWEEN TWILIGHT HIKE

Interpretive Staff

5:30-8:30pm, Saturday, October 26

Spend a SPOOKtacular evening as we hike the hills looking for hobgoblins, witches, and ghosts during sunset. Learn about the ancient origins and modern traditions of Halloween. Don your costume to seek out wondering souls along the trail. Return for treats and a campfire story.

Parent participation required



Celebrate your child's birthday at Coyote Hills! We offer two themes: **Butterflies & Garden Critters** or **Reptiles**.

Your themed party will include:

- ◆ Classroom Indoor Activity
- ◆ Nature Game and/or Guided Outdoor Exploration
- ◆ Craft to make and take home
- ◆ Party Favor Bags

For kids ages 3-12 years.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more info and reservations call (510) 544-3210



To receive this publication as a monthly e-newsletter, please email us at chvisit@ebparks.org and we'll sign you up!