

COYOTE HILLS NATURALIST PROGRAMS AUGUST 2019

East Bay 
Regional Park District
www.ebparks.org

All programs meet at this Visitor Center unless otherwise noted.

DISCOVERY DAYS

11:00am-3:30pm, Every Saturday & Sunday

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 11:00am for a presentation introducing the topic of the week, or participate at your own pace throughout the day.



BIRD WALK

Quarry Lakes, Isherwood Staging Area
8-10am, Saturday, August 3

Kristina Parkison, Naturalist

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat.
8+yrs

CART OF CURIOSITIES

1-3pm, Saturday, August 3

9-11am, Saturday, August 17

Kristina Parkison, Naturalist

The Curiosity Cart, filled with wonders of cultural and natural history, is hidden somewhere within the park. Find it and discover the secrets it shares!
Parent participation required

OHLONE PEOPLE & CULTURE

1:30-3pm, Sunday, August 4

Francis Mendoza, Naturalist

Learn about Ohlone people and their intimate relationship with nature, family and their ancestors. We'll discuss the important values of generosity and fairness that continue to resonate with Ohlone people today.
8+yrs.



NECTAR GARDEN FUN DAY

10-11:30am, Saturday, August 10

Coyote Hills Nectar Garden

Kristina Parkison, Naturalist

Come face-to-face with a caterpillar, chrysalis, or butterfly during this drop-in program. Make a butterfly-themed gift, and learn how to garden with plants that attract butterflies. Parent participation is required.

Coyote Hills Visitor Center

Nestled between vibrant marshland and rolling bay shore grassland, the Visitor Center tells stories of interdependence between people and place.

**Open Wednesday-Sunday
from 10am-4pm**

Accommodation will be made for visitors with disabilities upon advance request.




Contact Us

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Fremont, CA 94555

Phone: (510) 544-3220

E-mail: chvisit@ebparks.org

Program Key

-  Parking fee may apply
-  Wheelchair accessible
-  Online registration
ebparksonline.com
- (non-res.) Residents outside Alameda & Contra Costa counties
- HPHP Healthy Parks Healthy People programs offer low impact exercise.


Healthy Parks
Healthy People

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FANTASTIC FLOWERS

1:30-3pm, Saturday, August 10

Kristina Parkison, Naturalist

Flowers are beautiful, but also functional! Come learn the ways flowers enhance our lives and the lives of animals around us. Make paper flowers to take home! 7+yrs.

Parent participation required



WILLOWS HIKE

1:30-3:30pm, Sunday, August 11

Coyote Hills, Quarry Parking Lot

Interpretive Staff

Come discover the least-explored part of the park as we visit the marsh, Ohlone village site, and Willows Trail.

Wear sturdy shoes, sunscreen and bring water on this easy, flat 2.5 mile hike. 14+yrs.

NATURE YOGA

8:30-9:30am, Sunday, August 11

Interpretive Staff

Let's emulate nature and do yoga outside. Wear comfortable clothing, bring water and a mat (a limited supply of mats can be loaned out). 14+yrs.

WEEKDAY BIRD WALK

7:30-9:30am, Tuesday, August 13

Kristina Parkison, Naturalist

Share your enthusiasm for bird life on a tranquil walk. All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. Meet at the Visitor Center. 12+yrs



LOVELY LAVENDER

1-3:30pm, Saturday, August 17, Course #25753

Kristina Parkison and Jan Southworth

Lavender possesses known calming influences – make soap to bring home and take a little “peace” of the park with you! Learn the history of lavender and tour our garden while enjoying lavender flavored refreshments. 8+yrs. Reg. Required: 1-877-327-2757

BIRDING THE SHORELINE

Hayward Shoreline (Western end of W. Winton Ave.)

8:30-10:30am, Sunday, Aug 18

Francis Mendoza, Naturalist

Walk along an easy, flat 2.0 miles to the shoreline where we'll look for shorebirds, waterfowl and passerines. Wear layers, sunscreen and bring water. 12+yrs.



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OHLONE VILLAGE SITE TOUR

10-12pm & 1:30-3:30pm, Sunday, August 18

1:30-3:30pm Saturday, August 31

Interpretive Staff

Walk one-half mile through vibrant marsh habitat to a more than 2,000-year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house, and sweat house. Meet at the Visitor Center



KNAP-IN: STONE TOOL MAKING

10am-3pm, Saturday and Sunday, August 24 & 25

Kristina Parkison, Francis Mendoza & Friends

The ancient skill of stone tool making is the focus of this "knap-in." Join experienced stone tool makers during this informal, weekend opportunity to learn about the methods used locally and worldwide to transform chert, obsidian and other stones into spear points, arrowheads and drills. Young children may watch. Anyone

16 years or older may give "knapping" a try. Bring leather gloves, long pants, close-toed shoes and protective eye wear if you want to test your knack for knapping.

CANINE CAPERS WALK

Hayward Regional Shoreline

9-11am, Saturday, August 31, Course #25974

Kristina Parkison, Naturalist

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs. Reg. Required: 1888-327-2757



Celebrate your child's birthday at Coyote Hills! We offer two themes: **Butterflies & Garden Critters** or **Reptiles**.

Your themed party will include:

- ◆ Classroom Indoor Activity
- ◆ Nature Game and/or Guided Outdoor Exploration
- ◆ Craft to make and take home
- ◆ Party Favor Bags

For kids ages 3-12 years.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more info and reservations call (510) 544-3210

PROGRAMS FOR SCHOOLS

For information on our school programs, please visit us online through ebparks.org, or e-mail us at

chvisit@ebparks.org.

To receive this publication as a monthly e-newsletter, please email us at chvisit@ebparks.org and we'll sign you up!

Healthy Parks 
Healthy People