



Garin/Dry Creek Pioneer Regional Park

Multicultural Wellness Walk

Come on out and enjoy the glory of spring with community as we explore the rolling hills of this beautiful parkland. Learn about the park's history, the animals that live here, and the thriving apple orchards.

Walking together is a great way to meet people. Walking helps improve your mood, prevents heart disease, diabetes and high blood pressure.

After the walk, view the historical artifacts in the Visitor Center. There is a blacksmith shop, a tool shop and several displays from the ranching and farming history of the Hayward area.

Enjoy a healthy lunch and fun activities provided by the Korean American community

When: Saturday, May 25, 2019
9:00 am to 1:00 pm

Where: Garin/Dry Creek Pioneer Regional Park
1320 Garin Ave.
Hayward, CA 94544
RANCH SIDE PICNIC SITE

Bring: Layered clothing, a hat, sunscreen,
a full water bottle, sturdy walking shoes

RSVP: Ali Haynes
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