

COYOTE HILLS NATURALIST PROGRAMS APRIL 2019

East Bay 
Regional Park District
www.ebparks.org

All programs meet at this Visitor Center unless otherwise noted.

DISCOVERY DAYS

10:30am-3:30pm, Every Saturday & Sunday

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 11:00am for a presentation introducing the topic of the week, or participate at your own pace throughout the day.

WILD EDIBLES & PLANT USES Course #24268

Garin Regional Park, Red Barn Visitor Center

9-1pm, Saturday, April 6

Dino Labiste, Naturalist

Ohlone peoples and European settlers gathered wild plants for food and medicine. Identify edible plants on a springtime hike. Gather miner's lettuce for a tasty salad, process manzanita cider, try stinging nettle soup, and sample other savory wild foods. 18+yrs

Registration Required: 1-888-327-2757

STORIES UNDER AN OAK

11-noon, Sunday, April 7

Interpretive Staff

Settle in for story time under the canopy of a majestic oak.

SKILLS OF THE PAST: WILLOW BASKET Course #24262

10am-4:30pm, Saturday, April 13

Dino Labiste, Naturalist

Willow is used by California Natives for various utilitarian baskets. What makes this versatile plant of the wetlands so unique? Learn more as we create a traditional style basket from whole shoot willow. 18+yrs. Registration Required: 1-888-327-2757

Fee: \$35 (non-res. \$39)

WEEKDAY BIRD WALK

Various Parks

7:30-9:30am, Tuesday, April 16 Quarry Lakes (Meet at Isherwood Staging Area)

7:30-9:30am, Tuesday, April 30 Hayward Shoreline Interpretive Center

Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. 12+yrs.



EARTH DAY: REDUCE, REUSE, RECYCLE

Dino Labiste, Naturalist

9:30-noon & 1:30-4pm, Saturday, April 20

Enjoy family fun while learning about the care of our precious Earth. Create your own litter bug, view an environmental puppet show (starts 11:40 & 3:40), and play recycling games. Make a positive difference!

Coyote Hills Visitor Center

Nestled between vibrant marshland and rolling bay shore grassland, the Visitor Center tells stories of interdependence between people and place.

**Open Wednesday-Sunday
from 10am-4pm**

The Visitor Center is wheelchair accessible. Accommodations may be made for visitors upon request.




Contact Us

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Fremont, CA 94555

Phone: (510) 544-3220

E-mail: chvisit@ebparks.org

Program Key

-  Parking fee may apply
-  Wheelchair accessible
-  Online registration
ebparksonline.com
- (non-res.) Residents outside
Alameda &
Contra Costa counties
- HPHP Healthy Parks Healthy
People programs offer
low impact exercise.

Healthy Parks 
Healthy People

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EDIBLE NESTS AND EGGS

11-noon, Sunday, April 21

Francis Mendoza, Naturalist

Make nests out of shredded wheat, melted chocolate, and marshmallows, then eat them! We'll explore birds that make their nests out of sticks, mud, and spiderwebs. Be mindful of food allergies. 2+yrs

OHLONE PEOPLE & CULTURE

1:30-2:30pm, Sunday, April 21

Francis Mendoza, Naturalist

Learn about Ohlone people and their intimate relationship with nature, family and their ancestors. We'll discuss the important values of generosity and fairness that continue to resonate with Ohlone people today. 8+yrs

SKILLS OF THE PAST: FIRE MAKING Course #24265

9:30am-12:30pm, Saturday, April 27

Dino Labiste, Naturalist

Ever wonder how fire was created before matches or lighters? Unravel the secrets of fire-by-friction, fire-by-percussion, and fire-by-compression. Discover the techniques to produce a glowing ember as we practice our fire making skills through hands-on activities and demonstrations. 16+yrs

Registration Required: 1-888-327-2757

SKILLS OF THE PAST: CORDAGE MAKING Course # 24266

2-4:30pm, Saturday, April 27

Dino Labiste, Naturalist

The ability to twist, twine, or braid fibers into cordage allows indigenous cultures to tie their world together. Learn various techniques of gathering, preparing, extracting, and plying plant materials to create cordage. Practice the efficient method of leg rolling plant fibers. 9+yrs. Registration Required: 1-888-327-2757

OHLONE VILLAGE SITE OPEN HOUSE

11am-2pm, Sunday, April 28 (meet at the Tuibun Village Site)

Interpretive Staff

Tour a reconstructed shade structure, pit house, and sweat house, built on a more-than 2,000 years old Ohlone village site. Walk through at your own pace or meet up with staff to learn about Ohlone cultures, past to present



COYOTE CUBS: EARTH DAY IS EVERY DAY!

10:30-11:30am, Monday, April 29

Francis Mendoza, Naturalist

Get your preschooler out and into nature! We'll play games, explore the park, and do a craft related to the theme of the day. Parent/Caregiver participation required. 3-5 years old.



Celebrate your child's birthday at Coyote Hills! We offer two themes: **Butterflies & Garden Critters** or **Reptiles**.

Your themed party will include:

- ◆ Classroom Indoor Activity
- ◆ Nature Game and/or Guided Outdoor Exploration
- ◆ Craft to make and take home
- ◆ Party Favor Bags

For kids ages 3-12 years.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more info and reservations call (510) 544-3210

PROGRAMS FOR SCHOOLS

For information on our school programs, please visit us online through ebparks.org, or e-mail us at

chvisit@ebparks.org.

Healthy Parks 
Healthy People