

# Lake Chabot/Anthony Chabot Regional Parks

West Shore/Bass Cove/Columbine/Brandon/Escondido/Brandon/Towhee/  
Live Oak/East Shore Trails Loop

Length: 11.92-mile loop Elevation Gain: 1,358 feet

Location: Castro Valley

GPS Coordinates: 37.715264,-122.102133

Intensity: Challenging



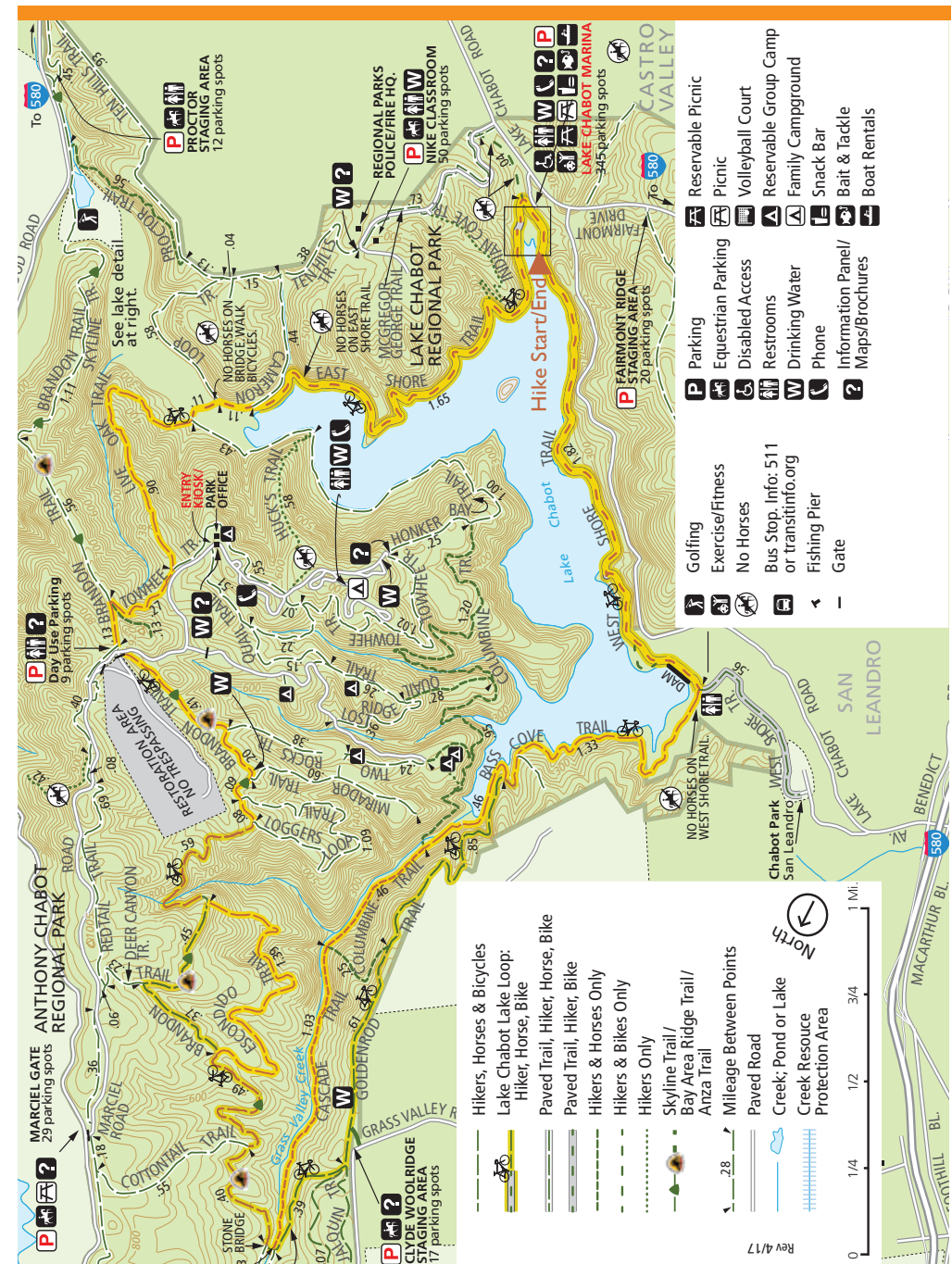
**Park Features:** Lake Chabot features opportunities for boating, biking, fishing and picnicking. Swimming and water contact is not permitted since the lake serves as a backup water supply for the East Bay. The park hosts annual fishing derbies, and there are many fishing piers along the shoreline. Mountain biking is also a popular park activity, as the park features a bike loop above and around the lake, as well as an adventurous hiking loop that follows much of the shoreline. The marina area lawns and play areas make it a popular spot to have a family picnic or barbecue with friends.

**Trail Highlights:** This is an extremely challenging hike. The trail begins along the flat and paved West Shore Trail, which follows Lake Chabot's scenic shoreline. From this path you can look out across the lake at boaters who have launched from the Marina. The heavily wooded Cascade Trail follows one of Lake Chabot's feeder streams (this section is subject to seasonal flooding and is best avoided after heavy rains). There is also a wonderful view of the bay from Towhee Trail. Much of the hike takes place on the Lake Chabot Bike Trail; although hikers have the right of way, be aware of your surroundings.

**Trail Directions:** From the Lake Chabot Marina parking lot, head left, following signs for West Shore Trail. Proceed for 1.82 miles and cross the Lake Chabot dam. Make a right after the dam onto Bass Cove Trail and follow it for 1.33 miles. At the next fork, make a right to stay on Bass Cove Trail, then continue for .46 miles. Keep straight to take Columbine/Cascade Trail 1.5 miles to the Stone Bridge. Make a sharp right at the signpost and follow Brandon Trail (and signs for the Lake Chabot Bike Loop) for .89 miles to Escondido Trail. Make a right on Escondido Trail. After 1.39 miles, make a right to reconnect with Brandon Trail and the Lake Chabot Bike Loop. Continue for 1.37 miles until you reach the day use parking lot. Safely cross Marciel Road and continue straight, following signs for Brandon Trail and Lake Chabot Bike Loop. After .13 miles, make a sharp right to follow Towhee Trail for .27 miles, then turn left onto Live Oak Trail. Follow Live Oak Trail for a little over a mile, continuing to follow signs for the Lake Chabot Bike Loop. Cross the bridge and then head right on the East Shore Trail for 1.65 miles until you return to the Marina.

**Driving Directions:** From I-580 West near Castro Valley, take the Strobridge Avenue exit. Turn right on Strobridge, right on Castro Valley Boulevard, and left on Lake Chabot Road. The Lake Chabot Marina is about 2 miles ahead on the right.

From I-580 East, exit at Redwood Road and head left. Turn left at Castro Valley Boulevard, then right on Lake Chabot Road. The Lake Chabot Marina is about two miles ahead.



**Park Hours:** 6am-sunset (varies seasonally).

**Fees:** Parking: \$5/vehicle, \$4/trailer vehicle, \$25/bus. Dogs: \$2/dog. Service dogs free.

**Website:** [www.ebparcs.org/parks/lake\\_chabot](http://www.ebparcs.org/parks/lake_chabot)