

JAN./FEB. 2019 NATURALIST PROGRAMS SOUTHEAST SECTOR

East Bay 
Regional Park District
www.ebparks.org

Programs requiring registration have a 📅 symbol after the program name. Use the listed course number when making reservations by phone **(1-888-EBPARKS)** or at our registration website, **ebparksonline.com**. All other programs are drop-in only and meet at the park visitor center unless stated otherwise. For more information on drop-in programs email SVISIT@ebparks.org or call 510-544-3249

A NEW YEAR, A NEW VIEW — HPHP

Arroyo Road staging area, Del Valle
Ashley Grenier

9am-12pm, Sun, Jan 6



Greet the new year with a hike over the arroyo, through oak grasslands, and uphill for spectacular views of Lake Del Valle. Location not accessible from main park entrance: visit Del Valle website for directions. (Best for 8+yrs)

OUTDOOR DISCOVERIES 📅 📅

Sunol
Ashley Adams

10:30am-12pm, Mon, Jan 14, 28, Feb 11, 25

Come explore the world around you in this hands-on preschool and home school nature series! We will discover, adventure and create in the outdoor classroom of Sunol. (Ages 4-8yrs) **Registration is required.**

Jan 14: Water, Water Everywhere #23728

Jan 28: Neat Newts #23729

Feb 11: Nature Hearts #23730

Feb 25: Frog and Toad #23731

LAKESIDE LITTLES 📅

Shadow Cliffs
Ashley Grenier

10-11am, Mon, Jan 21, Feb 18

11:30am-12:30pm, Mon, Jan 21, Feb 18



Choose the time that works best for you: same program occurs twice on each date. Bring your little ones out and discover nature. Each month we'll explore a trail, look at bugs, search for birds, and much more. Let's get outside! Parent/caregiver participation required. Drop in; no registration. (Best for 1-5yrs)

How many regional parks in the southeast sector have you visited?

- **Del Valle** in Livermore
- **Sunol** Regional Wilderness in Sunol
- **Shadow Cliffs** in Pleasanton
- **Las Trampas** in San Ramon
- **Dublin Hills** in Dublin
- **Pleasanton Ridge** in Pleasanton
- **Brushy Peak** in Livermore
- **Sycamore Valley** in Danville
- **Bishop Ranch** in San Ramon

For info about all of our parks:

<http://www.ebparks.org/parks>

Sunol Visitor Center is open year round on weekends from 8:30am-4pm

Del Valle Visitor Center is open summer weekends from 9am-6:30pm

Program Key:

📅 = Parking fee may apply

\$6 Del Valle

\$6 Shadow Cliffs

\$5 Sunol (cash only)

📅 = Online registration

Contact Us:

Email: SVISIT@ebparks.org

Telephone: 510-544-3249

U.S. Mail: P.O. Box 82

Sunol, CA 94586

Healthy Parks 
Healthy People

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NATURE CRAFTS

Sunol
Interpretive Staff
10am-12pm, **Every Sat & Sun**, Jan 5 to Feb 24

Discover the natural world through your artistic side. We will explore the wild side of Sunol with a different craft each week.



WILD WONDERS

Sunol
Interpretive Staff
2-3pm, **Every Sat & Sun**, Jan 5 to Feb 24

Wildness awaits! Discover the wonders of the wilderness through games, activities, and explorations. Great for families of all ages.

BIRDING FOR BEGINNERS

Sunol
Ashley Adams
9-11am, Sun, Jan 6

Birding is a fun and exciting way of exploring nature in winter. We'll supply the binoculars as we find out which feathered friends visit Sunol!



BEGINNER'S GUIDE TO WINTER MIGRATION

Shadow Cliffs
Constance Taylor
9-11am, Sat, Jan 12

Which birds winter at Shadow Cliffs? We'll look for visitors and learn about why the Arroyo and quarry-turned-lake are so attractive to them. Great for families and beginning birders!

PARK 'N PLAY

Del Valle
Ashley Grenier
10am-12pm, Sun, Jan 13, Feb 10

Let's play in the park! Bring your family and friends out for some fresh air, nature games, and wildlife exploration rain or shine.

A-VULTURING WE'LL GO

Arroyo Road staging area, Del Valle
Constance Taylor
9:30-11:30am, Sat, Jan 19

They're everywhere, but what do we really know about them? See these majestic raptors with new eyes as they soar by with other migrating birds. 3-mile hike is steep. Location not accessible from main park entrance: visit Del Valle website for directions. (Best for 12+yrs)



FIRST FULL MOON HIKE — HPHP

Sunol
Ashley Adams
5-8pm, Sun, Jan 20

Celebrate the first full moon of the year in Sunol Regional Wilderness! Bring a trailside dinner to enjoy as we watch the sun set and moon rise over the valley. (Best for 6+yrs)



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PLEASANTON HISTORY HIKE

Pleasanton Ridge – Castleridge staging area
Ashley Adams

9am-12pm, Sun, Jan 27

Ascend through time on this moderate 4-mile adventure in Tri-Valley history. Discover who has called Pleasanton home and find out how they've shaped the community we love.

(Best for 8+yrs) **Registration is required. #23747**



WINTER WATER BIRDING

Shadow Cliffs

Ashley Grenier

10am-12pm, Sun, Jan 27

The lakes of the Tri Valley are a perfect place for water-loving birds to spend the winter. We'll get to know our visiting guests on a walk with views of the lake.



VALLEY OF THE NEWTS WALK — HPHP

Las Trampas – Bollinger staging area

Ashley Adams

10am-12:30pm, Sun, Feb 3

Discover the secret life of California Newts on this 1.5-mile trek along Bollinger Creek. Admire these amorous amphibians in their natural habitat and revel in their amazing adaptations!

WINTER WATER BIRDING

Del Valle — Marina

Ashley Grenier

10am-12pm, Sun, Feb 3

The lakes of the Tri Valley are a perfect place for water-loving birds to spend the winter. We'll get to know our visiting guests on a walk with views of the lake.

NATURE JOURNALING: LOVELY FUNGUS!

Sunol

Constance Taylor

10am-12pm, Sat, Feb 9

Let's explore the fascinating world of fungus! We'll go on a treasure hunt for these beautiful organisms and draw what we find. No artistic skills necessary! Bring your own drawing supplies.



LOVE IS IN THE AIR HIKE

Sunol

Ashley Adams


10am-12:30pm, Sun, Feb 10

It's almost Valentine's Day and California newts are celebrating at Sunol! Make the migration to their breeding pools to learn about these amorous amphibians. Moderate 3-mile hike. (Best for 6+yrs)



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AMPHIBIAN RAMBLE — HPHP

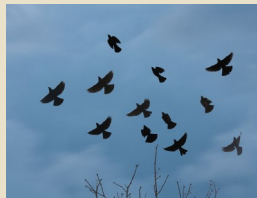
Sunol
Constance Taylor
9:30am-12:30pm, Sat, Feb 16

'Tis the season for slimy critters! We'll walk uphill to High Valley Pond to look for mating California newts, and learn about other amphibians who also live in the park. (Best for 12+yrs)

THE GREAT BACKYARD BIRD COUNT

Shadow Cliffs
Ashley Adams
9-11am, Sun, Feb 17

Join this world-wide effort! Discover what birds abound while becoming a scientist for the day. Our data will be used to shed light on California's feathered friends.



THE SECRET LIVES OF NEWTS

Sunol
Ashley Grenier
10am-1pm, Sun, Feb 17

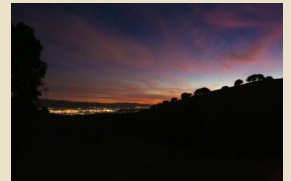
A challenging trek uphill will take us to a soggy oasis where newt-ity abounds. We'll delve into the secret lives of these adorable amphibians as they search for love. (Ages 8+yrs)

Registration is required. #23752

NIGHT HIKE AT BRUSHY PEAK

Brushy Peak – Laughlin Ranch staging area
Constance Taylor
6-8pm, Sat, Feb 23

Experience the park as the sun goes down! We'll look for wildlife that comes out at night. Bring a headlamp, drinking water, and dress in layers. Approximately 3 miles. (Best for 5+yrs)



AMPHIBIAN ADVENTURE

Sunol
Ashley Grenier
10am-12pm, Sun, Feb 24

Join us on a family friendly adventure hike uphill to a secret pond where we'll meet frogs, toads, newts, and more! (Ages 8+yrs)

Registration is required. #23755

MAD ABOUT MUD! — HPHP

Del Valle - Marina
Ashley Adams
1-2:30pm, Sun, Feb 24

What goes squish and gets stuck to our shoes: mud! We'll search for animal evidence as we traverse muddy trails and have fun getting grubby! Rain boots recommended.

