

COYOTE HILLS NATURALIST PROGRAMS JANUARY 2019

East Bay 
Regional Park District
www.ebparks.org

All programs meet at this Visitor Center unless otherwise noted.

DISCOVERY DAYS

10:30am-3:30pm, Every Saturday & Sunday

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 10:30am for a presentation introducing the topic of the week, or participate at your own pace throughout the day.

BIRD WALK

8-10am, Saturday, January 5

Kristina Parkison, Naturalist

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs



OHLONE VILLAGE SITE TOURS

1:30-3:30pm Saturday, January 5

10-noon & 1:30-3:30pm Sunday, January 20

Walk one-half mile through vibrant marsh habitat to a 2,000+ year-old village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house, and sweat house.

ALAMEDA CREEK WALK AND TALK

9-noon, Sunday, January 6

Francis Mendoza, Naturalist

Hike a relatively flat 3 miles to the creek as we discuss the importance of water in the park and in our lives. Bring sturdy shoes, water, and a snack. 15+yrs.

OHLONE PEOPLE & CULTURE

1:30-3pm, Sunday, January 6

Francis Mendoza, Naturalist

Learn about Ohlone people and their intimate relationship with nature, family, and ancestors. We'll discuss the important values of generosity, balance, and resilience that continue to resonate with Ohlone people today. 8+yrs

WEEKDAY BIRD WALK

7:30-9:30am, Tuesday, January 8 (Dry Creek/Pioneer - End of May Rd.)

7:30-9:30am, Tuesday, January 15 (Alameda Creek - Niles Staging Area)

Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. 12+yrs

HOTSHOT HUMMINGBIRDS

9:30-11am, Saturday, January 12, Course #23495

Kristina Parkison, Naturalist & Don Jedlovec, Photographer

Come meet the flying jewels – hummingbirds – and discover their unique adaptations! Photographer Don Jedlovec will share photos, stop motion video, and techniques for capturing images of these birds. 12+yrs. Reg. Required: 1-888-327-2757



Coyote Hills Visitor Center

Nestled between vibrant marshland and rolling bay shore grassland, the Visitor Center tells stories of interdependence between people and place.

Open Wednesday-Sunday
from 10am-4pm

Accommodation will be made for visitors with disabilities upon advance request.




Contact Us

8000 Patterson Ranch Road,
Fremont, CA 94555

Phone: (510) 544-3220

E-mail: chvisit@ebparks.org

Program Key

-  Parking fee may apply
-  Wheelchair accessible
-  Online registration
ebparksonline.com
- (non-res.) Residents outside
Alameda &
Contra Costa counties
- HPHP Healthy Parks Healthy
People programs offer
low impact exercise.

Healthy Parks 
Healthy People

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DUSK DISCOVERY

4:30-6pm, Saturday, January 12

Kristina Parkison, Naturalist

Take advantage of this rare opportunity to see the beauty and diversity of Coyote Hills at dusk! Watch the wildlife as one "shift" clocks out and the other begins.

RESTORATIVE HIKE

Hayward Regional Shoreline, meet at the western end of W. Winton Ave

9-11:30am, Sunday, January 13

Francis Mendoza, Naturalist

Begin the year right by going on a restorative 2.5-mile hike around the shoreline, as we look for signs of restoration within the marsh. 15+yrs.

DUMBARTON QUARRY BAYSIDE CAMPGROUND HIKE

1:30-4pm, Sunday, January 13

Francis Mendoza, Naturalist

The Dumbarton Quarry Bayside Campground (say that five times fast!) is scheduled to open this year. Learn the history of the quarry site and campground on this easy 2.5 mile out-and-back hike. Meet at the quarry parking lot. 12+yrs

STORIES UNDER AN OAK

1-2pm, Saturday, January 19

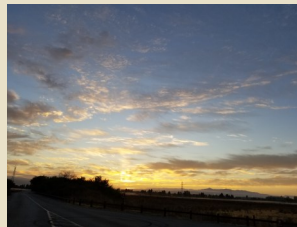
Settle in for story time under the canopy of a majestic oak.

SUNRISE PHOTOGRAPHY

6:30-8am, Saturday, January 19, Course # 23515

Kristina Parkison, Naturalist & Don Jedlovec, Photographer

Take advantage of this rare opportunity to see the beauty and diversity of Coyote Hills at sunrise! 12+yrs. Reg. Required: 1-888-327-2757



CANINE CAPERS – DOG WALK

Garin Regional Park, meet at the Barn Visitor Center.

1-3pm, Saturday, January 19

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring the natural world on park trails. 8+yrs. Reg. Required: 1-888-327-2757

NATIVE CALIFORNIA PLANT USES

10-11:30am, Sunday, January 27

Francis Mendoza, Naturalist

Go on a short walk to learn how Native Californians use plants for food, medicine, and shelter. We'll visit native plant gardens and walk out to the freshwater marsh.

SLEEP IN AND TAKE A HIKE

1-3:30pm, Sunday, January 27

Francis Mendoza, Naturalist

Join us for an easy 2.5-mile hike around the hills. 15+yrs



Celebrate your child's birthday at Coyote Hills! We offer two themes: **Butterflies & Garden Critters** or **Reptiles**.

Your themed party will include:

- ◆ Classroom Indoor Activity
- ◆ Nature Game and/or Guided Outdoor Exploration
- ◆ Craft to make and take home
- ◆ Party Favor Bags

For kids ages 3-12 years.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more info and reservations call (510) 544-3210

COYOTE CUBS:

HEALTHY HABITATS

10:30-11:30am, Monday, January 28

Francis Mendoza, Naturalist

Get your preschooler out and into nature! We'll play games, explore the park, and do a craft related to the theme of the day. Parent/Caregiver participation required. 3-5 years old.



Healthy Parks 
Healthy People