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Pinole Shores Bridge and Bay Trail Extension Completed. See “Reclaiming the Shoreline for Public Use” on page 2.

Interpretive Pavilion Coming Soon to Shadow Cliffs • See page 3.
Not every creature hibernates. Believe it or not, some East Bay wildlife become even more active and visible when the winter chill settles in. That is usually because their seasonal mating and reproductive cycles occur only in the winter and fall.

In the winter, salamanders and newts start their yearly reproductive trek for suitable ponds and suitable mates. Western toads and tree frogs can also be seen in the winter on their quest to find breeding pools and a safe place to lay their eggs.

Thousands of ducks, geese, and shorebirds can be seen while making pit stops on their way south, eating their way through the East Bay’s smorgasbord of invertebrates, fish, and seasonal seeds and sprouting plants.

But land isn’t the only place you can see wildlife in the colder months. Steelhead and salmon swim high up local creeks to gravel beds that provide the ideal spot for eggs to hatch and grow during the winter rainy season.

Some local wildlife do hibernate. Some lizards and snakes, for instance, find a secure place to winter, and ground squirrels sleep away much of the winter in burrows.

Truth is most local wildlife are still active in winter, even raccoons, coyotes, and mountain lions. It’s mostly us humans that are less active in the winter, and less likely to see them.
This year both the East Bay Regional Park District and Regional Parks Foundation reach key milestones with the Park District turning 85 years old and the Regional Parks Foundation hitting the half century mark at 50 years old. Both organizations have a storied tradition of preserving open space and recreational opportunities for East Bay Residents.

**East Bay Regional Park District:**
First established in 1934 with three regional parks, during the height of the Great Depression, the East Bay Regional Park District now comprises 73 regional parks on over 121,000 acres, including over 1,250 miles of trails for hiking, biking, horseback riding and nature learning. The Park District now receives 25 million visits per year, more than Disneyland, and more than the East Bay’s A’s, Giants, Warriors, 49ers, and Raiders combined.

Known for its beautiful parks, lakes, and open spaces, the Park District is also an economic stimulator for the region. A 2017 independent study showed the benefits to residents, businesses, and visitors total $500 million annually, including health, recreation, property value, and ecosystem services.

**Regional Parks Foundation:**
Established in 1969 to facilitate a land donation from Kaiser Sand and Gravel (now Shadow Cliffs Regional Recreation Area), the foundation is now focused on fundraising to support broader park access, acquisition of parkland, habitat protection, and education and recreational programs. Today the Regional Parks Foundation is 11,000 members strong with over $2 million raised annually. Significant recent donations include a $1 million contribution in 2017 for renovation of multiple visitor centers and a 296-acre land donation in 2014 from the Patterson Family to expand Coyote Hills Regional Park in Fremont.

Connecting young people to nature has been one of the Foundation’s main missions over the years with a campership program that sends children to camps for free each year, and fishing derbies for children with special needs. The Foundation also supports Park Express, a bus program providing youth, seniors, and the disabled access to parks.

**Interpretive Pavilion Coming Soon to Shadow Cliffs**

Plans have been approved and finalized for a new 1,000 square foot open-air, outdoor interpretive pavilion at Shadow Cliffs Regional Recreation Area – complete with educational exhibits highlighting the natural and cultural history of the park, as well as the recreational opportunities available in the park’s wilderness area.

During peak months, Shadow Cliffs Regional Recreation Area receives 35,000-45,000 visitors per month, many for hiking, biking, swimming, boating, and fishing. The Shadow Cliffs Interpretive Pavilion will help connect visitors to the park’s wilderness area and its miles of trails along the Arroyo Mocho creek.

Shadow Cliffs wilderness area includes an oak-lined creek that runs year-round and vast wildlife. Shadow Cliffs wilderness area also hosts school field trips year round for naturalist-led nature walks. The pavilion will serve as a shaded and weather-protected gathering spot for the school groups.

The Interpretive Pavilion is made possible by state and non-profit grants and individual donations, including a lead gift of $200,000 from Nancy and Gary Harrington of Pleasanton, funding from a California State Parks Grant, and a generous grant from the Wayne and Gladys Valley Foundation. The remainder is being funded by the Park District with a total project cost of $900,000.

The Pavilion groundbreaking is scheduled for April 2019.
KAYAKING / BOATING

SUNSET & FULL MOON PADDLE
Big Break Recreation Staff
3:30-6pm, Sun, Jan 20 #23745
4:30-6pm, Mon, Feb 18 #23746
Paddle as the light of the setting sun and the rising moon sparkles on the waves. After dry-land instruction, we will wend our way in our steady and stable tandem kayaks. Adult registration/participation required with registered children (ages 8-16yrs.)
Registration is required.
Fee: $30 (non-res. $34)

KAYAKING BIG BREAK
Big Break Recreation Staff
1-3:30pm, Sun, Feb 3 #23781
Come ply the welcoming and wondrous waters of the Delta on this beginner (& up) kayak excursion. We will start off with dry land instruction, then paddle our steady and stable craft on a group exploration of this lovely, rich shoreline from end-to-end. 8+ yrs. Adult registration/participation required with registered child (ages 8-16yrs.)
Registration is required.
Fee: $30 (non-res. $34)

BIRDING BY KAYAK – LONGER PADDLE
Big Break Naturalist/Recreation Staff
9am-12:30pm, Sun, Jan 13 #23758
Come ply the welcoming and wondrous waters of the Pacific Flyway on this longer kayak excursion. We will start off with dry land instruction then paddle our steady and stable kayaks on a group exploration of resident and winter migrant birds. 8+yrs. Adult registration/participation required with registered child (ages 8-16yrs.)
Registration is required.
Fee: $30 (non-res. $34)

RECREATION

ARCHERY - INTRODUCTION
Roberts Redwood Bowmen
10am-noon, Sat, Jan 19 #23494;
Feb 23 #23501
1:30-3:30pm, Sat, Jan 19 #23497;
Feb 23 #23504
Gain 90 minutes of archery coaching and practice at an outdoor range, with all your equipment provided. Designed for the beginner, the class starts with 30 minutes of classroom instruction. 8+ yrs. (adult supervision required for children ages 8-13yrs.)
Registration is required.
Fee: $50 (non-res. $56)

PET FIRST AID/CPR
MLK Shoreline Peter Pay
9am-Ipm, Sat, Feb 23 #23510
Learn how to save a pet’s life during an emergency, minimize a pet’s trauma after injury and safely transport an injured pet to the veterinary clinic. This program focuses on basic first aid, including wounds, fractures, choking, cardiac emergency and snake bites. Booklet and certificate included in fee. 12+yrs.
Registration is required.
Fee: $50 (non-res. $56)

FISHING – TROUT BASICS
Various Parks Recreation Staff
8-10am, Contra Loma, Sat, Jan 26 #23761;
8-10am, Temescal, Sat, Jan 12 #23763;
Sat, Feb 2 #23764
Join us for this peak season of trout! Learn specialized gear and bait selection to catch rainbow trout, one of the most plentiful freshwater species in our lakes and reservoirs. Ages 16+yrs require a valid California fishing license. Gear provided. Ages 8+ yrs. Adult registration/participation required with registered children (ages 8-16yrs.)
Registration is required.
Fee: $19 (non-res. $21)

ARDENWOOD

Ardenwood is open Tue-Sun, from 10am-4pm. House tours are available by reservation only (510) 791-4196). Train rides will return in April. Admission fees apply. Info: (510) 544-2797, awvisit@ebparks.org or www.ebparks.org.

ANIMAL FEEDING
Ardenwood Interpretive Staff
3pm, Thu through Sun
Check for eggs and bring hay to the livestock. Learn all the animals' favorite foods as we help tuck them in for the evening.
Meet at the Chicken Coop.

NEW YEAR’S DAY BUTTERFLY DISCOVERY
Ardenwood Pia Loft & Interpretive Staff
11:30am & 1:30pm, Tues, Jan 1
Start the year off right with an inspiring visit to our monarch butterfly clusters. Discover the amazing life cycle of these tiny creatures and how they survive the long cold season in the Bay Area.

POLE WALKING & POLE HIKING

Learning how to use poles helps walkers and hikers improve endurance, posture, balance, confidence and strength and enhances enjoyment of the outdoors all year long. All levels focus on learning anatomically-optimal techniques to achieve your desired performance while learning how to avoid joint stress or strain. Carefully select the class that suits your physical ability and inclination. A variety of top quality poles are provided at all seminars.

HIKING POLES: SKILLS & TECHNIQUES PLUS HIKE
Black Diamond Jayah Faye Paley
9am-3pm, Sat, Feb 23 #23538
Experience everything in the Basic Skills & Techniques class plus a lovely, practice hike. Learn individualized strategies for improving your trail performance and confidence. “Test drive” quality pole models; learn which poles fit you to help you achieve your goals. All experience levels welcome.
Registration is required.
Fee: $65 (non-res. $73)

FITNESS FOR THE TRAIL AND FOR LIFE!
Temescal Jayah Faye Paley
8:30am-3:30pm, Sat, Jan 19 #23538
Full day fitness training session designed to enhance your ability to maintain physical health, quality of life, and experience happy 2019 adventures. Individualized movements and programming focus on improving your foundation, longevity, joint health, spine function, balance, posture, endurance, strength, and flexibility. All levels welcome.
Registration is required.
Fee: $135 (non-res. $149)
MONARCHS FOR KIDS
Ardenwood Interpretive Staff
10:30-11:30am, Sat, Jan 5, 12, 19, 26
Young children will enjoy an interactive program all about monarch eggs, caterpillars, chrysalis and butterflies. Then they’ll take a short hike to see these amazing insects’ life cycle in action. Meet at the Granary. (3-6 yrs.)

MONARCHS: POLLINATOR ROYALTY
Ardenwood Interpretive Staff
12:30-1:30pm, Sat, Jan 5, 12, 19, 26; Sun, Jan 6, 13, 20, 27
Bees get all the buzz but did you know that butterflies are pollinators too? Discover how these fluttery creatures affect our surroundings while we admire their clusters and learn how to protect them. Meet at the Greenhouse.

MONARCH SPOTTING
Ardenwood Interpretive Staff
2-2:30pm, Sat, Jan 5, 12, 19, 26; Sun, Jan 6, 13, 20, 27; 11-11:30am, Sun, Jan 13, 20
With bright orange-and-black wings, monarchs are some of the most easily recognizable butterflies, but that does not mean their clusters are easy to find! Join our staff as we point out our winter visitors and use a spotting scope to take a closer peek. Meet at the Greenhouse.

MARVELOUS MONARCHS
Ardenwood Interpretive Staff
10:30am, Sun, Jan 6, 27; Sat, Feb 2
Explore the amazing phenomena of migrating monarch butterflies through a slide presentation, and then visit their winter home in the eucalyptus grove. Find out how you can participate in monarch conservation! Meet at the Granary.

FAREWELL TO THE MONARCHS
Ardenwood Mindy Castle & Interpretive Staff
1-3pm, Sun, Feb 3
Discover what life is like for monarch butterflies as they begin their journey home. Meet at the granary for a slide presentation, learn what you can do to help protect them, and make your own monarch butterfly craft.

MILKWEED FOR MONARCHS
Ardenwood Marianne Beacham
11am-noon, Sun, Feb 10; 1:30-2:30pm, Sun, Feb 17
Meet at the greenhouse to plant some milkweed seeds to bring home to grow in your own garden and learn about the cool relationship between milkweed and monarchs.

RABBIT RENDEZVOUS
Ardenwood Interpretive Staff
10:30-11am, Sun, Feb 3
Hop on over for a warm welcome from some of the farm’s furriest residents. Learn why rabbits are great hoppers and how they use their long ears to sense danger.

BEGINNING EMBROIDERY
Ardenwood Mindy Castle
11am-noon, Sun, Feb 3; 11:30am-12:30pm, Sun, Feb 24
Victorians loved to embroider, and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials supplied.

TOUCH THE VEGETABLES
Ardenwood Interpretive Staff
10:30-11:30am, Sat, Feb 9, 23
Meet at the garden for a slide presentation, and then visit their winter home in the eucalyptus grove. Find out how you can participate in monarch conservation! Meet at the Granary.

GOOD MORNING FARM
Ardenwood Interpretive Staff
10:30-11am, Sun, Feb 10
Rise and shine little farmers! Say “Good morning!” to the sheep and goats and lend a hand as we prepare a morning snack for the farm animals.

GARDEN BUG SAFARI
Ardenwood Interpretive Staff
11:30am-12:30pm, Sat, Feb 16
Discover the mysterious world of bugs as we explore our vegetable garden. We will observe these tiny farmers at work and tell their stories through arts and crafts.

GREAT OUTDOOR GAMES
Ardenwood Interpretive Staff
1-2pm, Sun, Feb 10
Come see the story of The Very Hungry Caterpillar performed by our farmyard puppets. Two shows will be given.

GOT MILKWEED?
Ardenwood Christina Garcia
1:30-2:30pm, Sat, Feb 2
Many gardeners want to help monarchs by planting milkweed. But did you know some types may do more harm than good! Drop by the greenhouse for some tips on planting a monarch-friendly garden.

FUN WITH FELTING
Ardenwood Mindy Castle
1-2pm, Sun, Feb 10
Have some good, clean fun as we learn how felt is made from sheep’s wool, and then make a felt toy to take home.

GORGEOUS GOATS
Ardenwood Interpretive Staff
2-3:30pm, Sun, Feb 10
Let the little ones lend a hand giving our goats some much needed exercise and grooming attention. See if your kids like working with our kids.

WAKE UP THE FARM
Ardenwood Interpretive Staff
10:30-11am, Sat, Feb 16
Rise and shine little farmers! Say “Good morning!” to the sheep and goats and lend a hand as we prepare a morning snack for the farm animals.

DIRT MADE MY LUNCH
Ardenwood Pia Loft
11:30am-12:30pm, Sat, Feb 16
Meet our farmer as we explore the wonders of dirt: we will learn how healthy soils provide nourishing food while we experiment and have fun with mud in our vegetable garden.

WONDERFUL WOOL
Ardenwood Mindy Castle
10:30-11:30am, Sun, Feb 17
We’ll start with a yarn about wool before visiting our fleeciest friends. Along the way we’ll learn how we can transform their special fur into wooly wonders.

FARMYARD ANIMALS MASK MAKING
Ardenwood Marlene Gallegos
11:30am-12:30pm, Sun, Feb 17
Join us for a story about all our farm animal buddies! After, craft your very own mask of your favorite farm animal.

BIRDING THE FARM
Ardenwood Christina Garcia
7:30-9am, Sat, Feb 23
Let’s look for winter residents in the orchards and gardens of this urban refuge. Bring binoculars or borrow a pair from us. Beginners welcome! No admission fee.
FARMYARD STORY TIME
Ardenwood Interpretive Staff
10:30-11:30am, Sun, Feb 24
The Little Red Hen, the Billy Goats Gruff and other farm friends are waiting to meet you! Join the story circle for some classic barnyard tales before visiting the main characters.

WE ALL SCREAM FOR ICE CREAM!
Ardenwood Mindy Castle
1:30-2:30pm, Sun, Feb 24
Put together some ice, salt, cream, sugar, and a little muscle power to learn how we make delicious old-fashioned ice cream.

BIG BREAK
Big Break Visitor Center at the Delta is open Wed-Sun, 10am to 4pm. Info: (510) 544-3050 or email BigBreakVisit@ebparks.org.

DELTA DISCOVERIES
Big Break Interpretive Staff
11am-2pm, Every Sat & Sun
Discover the wonders of the Delta through hands on arts and crafts activities! Each week we will explore different wetland wonders.

TESTING THE WATER
Big Break Interpretive Staff
9-10am, Every Sat & Sun
Track the health of the Delta! Using state of the art instruments, we’ll test for dissolved oxygen, pH, conductivity, and more. Our results go into a regional database for use by researchers, scientists and water managers.

PARK PUPS
Big Break Rachel Pulizzi
9:30-11am, Thu, Jan 3
Bring your pup out on a nature walk! Let’s learn about all the different tails that share the trails. Bring water & treats for you and your companion. 2 miles. Dogs on leash.

FAMILY GAME NIGHT & CAMPFIRE
Big Break Rachel Pulizzi
5:30-7:30pm, Sat, Jan 5 #23830
Early winter nightfall is the perfect opportunity for a warming campfire! Bring your favorite card or board game, skit ideas, cozy blanket and flashlight. Hot chocolate & s’mores provided.

THE GREATERNESS IN GROSS
Big Break Interpretive Staff
2-3pm, Sun, Jan 6
Nature can be a little gross... but that’s great! Come join us to learn more about the yucky side of nature and why it’s so fascinating!

BIG BREAK LITTLES
Big Break Cat Taylor
10-11am, Mon, Jan 7, Feb 4; Tue, Jan 8, Feb 5
Bring the little ones out to the park to explore nature, Jan - Discover the magic of rain, Feb - Mammals of Big Break.

REDUCE, REUSE, RECYCLE
Big Break Interpretive Staff
2-3pm, Sat, Jan 12
Love your planet! Come find fun ways to reuse common household items, as well as some hints for recycling and reducing waste.

KING TIDES AND WETLAND SPONGES
Big Break Rachel Pulizzi
12:30-2pm, Sat, Jan 19
Wetlands absorb the rising waters of a King Tide. Discover what causes King Tides and watch the wetlands change during one of the highest tides of the year!

SOARING HIGH LIKE A KITE
Big Break Interpretive Staff
2-3pm, Sun, Jan 20
It’s a bird! It’s a plane! It’s a white-tailed Kite! These hawks hover just like paper kites. Explore the bird kind while making your own paper kind!

OUTSTANDING OTTERS
Big Break Interpretive Staff
2-3pm, Sat, Jan 26
Discover how river otters differ from sea otters. Come along to find river otter clues in our park.

WORLD WETLAND DAY
Marsh Creek Rachel Pulizzi
9-11am, Sat, Feb 2 #23827
Join the international celebration of wetlands! We’ll walk down Marsh Creek Trail to see the wetland restoration project at Dutch Slough. 2.2 Miles round trip. Bring water & snack.

VISITORS FROM AFAR
Big Break Interpretive Staff
2-3pm, Sun, Feb 3
Plants and animals from around the globe have settled in at Big Break. Let’s take a look at what this means to our Delta ecosystem.

CRITTER CLUES
Big Break Interpretive Staff
2-3pm, Sat, Feb 9
Come discover which animals roam our wetlands! Examine chewed branches, listen to bird calls and keep a look out for animal tracks as you become a Big Break critter detective.

PUPPET SHOW - HUMPHREY
Big Break Rachel Pulizzi
10-11am, Sat, Feb 16
Did a whale get lost in the Delta? This puppet show will reveal the true story of Humphrey the Whale and his adventure away from home.

THE GREAT BACKYARD BIRD COUNT
Big Break Cat Taylor
2-4pm, Sun, Feb 17
Join the worldwide community of birders during this popular annual event. All levels welcome! Bring binoculars/spotting scope if you have them; we have some to loan.

REGIONAL PARKS BOTANIC GARDEN
The Botanic Garden is open 8:30am-5pm, Oct-May; 8:30am-5:30pm Jun-Sep. Info: (510)544-3169. See www.nativeplants.org for information about docent training, special events and classes, and to sign up for our e-newsletter.

2018-2019 WAYNE RODERICK LECTURE SERIES
Every Sat in Jan & Feb
All lectures start at 10:30am and run for a minimum of one hour, at Regional Parks Botanic Garden Auditorium. Free. Seating is limited! For a full listing of speakers and topics, please visit our Friends’ website: www.nativeplants.org

FAMILY FRIENDLY TOUR
2pm, Sun, Feb 10
Please join us for a special, family-friendly, docent-led 'Sensory Tour'. Explore the garden with your hands, nose, ears, and eyes. Smell the sages, feel soft hazel leaves, look for crayfish in Wildcat Creek and news in the pond. Meet in front of the East Bay Regional Park District’s Botanic Garden Visitor Center. Rain cancels.

DOCENT-LED GARDEN TOURS
2pm on Saturdays; 11am & 2pm on Sundays.
Docent-led tours start in front of the Visitor Center. Rain cancels!
HOOT OWLS FAMILY EXPLORATION!  
Big Break  Cat Taylor  5:30-7:30pm, Sun, Feb 17  
Hoooo goes there? Families will delve into the nocturnal world of owls tonight as we trek o-er darkening trails listening for screeches, hoots, and clicks in the night. Bring flashlights.

LOVE YOU, EARTH!  
Big Break  Interpretive Staff  2-3pm, Sun, Feb 17  
Express your artistic love for the Earth, as we take a stroll through our little corner of the planet. Supplies for painting and writing will be provided.

SSSSSSNAKE!  
Big Break  Rachel Pulizzi  8-11am, Sat, Feb 23  
A special visitor is coming! Drop in anytime between 8am and 11am to meet a snake and learn about its life and habitat.

PLANKTON PLUNGE  
Big Break  Interpretive Staff  2-3pm, Sat, Feb 23  
Collect and identify some of the smallest creatures of the Delta: plankton. Examine their habits and learn the vital role they play in our ecosystem.

NATURE PHOTOGRAPHY A LA IPHONE  
Big Break  Cat Taylor  8:30-mon., Feb 24 #23659  
Do you love taking nature photos with your iPhone? Discover simple tricks for better results, in-phone editing and then share in a group critique. Bring charged iPhone and back up charger. Registration is required.

BLACK DIAMOND  
Sidney Flat Visitor Center is open 10am-4:30pm, weekends, beginning in December. Info: (510) 544-2750. Greathouse Visitor Center will reopen in March. Info: bdvisit@ebparks.org. Programs meet in parking lot at south end of Somersville Road unless otherwise noted. Parking fee: $5.

NATURE DISCOVERIES  
Black Diamond  Interpretive Staff  10-11am, every Sat  
Learn what’s flying, crawling, or blooming in the park this season as we examine a different nature subject each week.

HISTORIC SOMERSVILLE  
Black Diamond  Interpretive Staff  1-2pm, Every Sun  
Find local history in these hills, get to know miners’ tools, or go on a short walk to learn about life in a 19th-century mining town. Topics change weekly.

SNAKE FEEDING  
Black Diamond  Interpretive Staff  1:30-2pm, Every Sat  
Our resident snakes are ready for a mouse-y meal. Learn how snakes and other reptiles support our communities.

FUNGUS FAR AND WIDE  
Black Diamond  Virginia Delgado  10-11:30am, Sat, Jan 19  
Explore the vast and mysterious world of fungus and go on wild mushroom search! (5+yrs).

GROUND SQUIRREL DAY  
Black Diamond  Virginia Delgado  11am-12:30pm, Sat, Feb 2  
Dig deep into the underground world of our local ground squirrels! Ground squirrels can do more than predict winter, they provide homes and habitat for many creatures. (5+yrs).

HAZEL-ATLAS HISTORY HIKE  
Black Diamond  Eddie Willis  10am-noon, Sun, Jan 27  
Steer clear of winter mud and discover the ancient and modern history of these sandy hills along two steep miles of Chaparral Loop. (8+yrs).

SUPERB OWL SUNDAY  
Black Diamond  Kevin Dixon  4:45-6:45pm, Sun, Feb 3  
Owls are true all-around MVPs (Most Valuable Predators) of the animal world. Piercing eyes, terrible talons and death-dealing beak, with stats to back it up. Come walk and learn more. (8+yrs).

WINTER BLOOMS  
Black Diamond  Eddie Willis  10am-noon, Sun, Feb 10  
Look for some of the season’s first wildflowers as we venture into the heart of chaparral habitat. Trails are steep and rocky. Views are fantastic! (8+yrs).

ALAMEDA CREEK WALK & TALK  
Coyote Hills  Francis Mendoza  9am-noon, Sun, Jan 6  
Hike a relatively flat 3 miles to the creek as we discuss the importance of water in the park and in our lives. Bring sturdy shoes, water, and a snack. Heavy rain cancels. 12+yrs. Meet in front of Visitor Center.

OHOLNE PEOPLE & CULTURE  
Coyote Hills  Francis Mendoza  1:30-3pm, Sun, Jan 6 & Feb 10  
Learn about Ohlone people and their intimate relationship with nature, family, and ancestors. We’ll discuss the important values of generosity, balance, and resilience that continue to resonate with Ohlone people today. 8+yrs

DUSK DISCOVERY  
Coyote Hills  Kristina Parkison  4:30-6pm, Sat, Jan 19  
Take advantage of this rare opportunity to see the beauty and diversity of Coyote Hills at sunset! Watch the wildlife as one “shift” clocks out and the other begins! 8+yrs.

HOTSHOT HUMMINGBIRDS  
Coyote Hills  Kristina Parkison & Don Jedlovec  9:30-11am, Sat, Jan 12 #23495  
Come meet the flying jewels – hummingbirds – and discover their unique adaptations! Photographer Don Jedlovec will share new photos, stop motion video, and techniques for capturing amazing images of these birds. 12+yrs. Registration is required.

OHOLNE VILLAGE SITE TOUR  
Coyote Hills  Kristina Parkison  1:30-3:30pm Sat, Jan 5 (meet at Visitor Center)  
10am-noon & 1:30-3:30pm Sun, Jan 20, Feb 17 (meet in front of Visitor Center)  
Walk one-half mile through vibrant marsh habitat to a more than 2,000 year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house, and sweat house.

Healthy Parks Healthy People: Bay Area  
Monthly activities and outings that provide safe, low-impact physical activity and improve health and well-being of all Bay Area residents, through regular use and enjoyment of the Regional Parks. Look for HPHP.
# Celebrating 85 Years of Regional Parks

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<td>Coyote Hills: Historic Somersville, Monarchs: Pollinatory Royalty, Animal Feeding</td>
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<td>27</td>
<td>Crab Cove: Storytime, Family Nature Fun- Crab Cove Campfire, Fish Feeding Time</td>
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<td>28</td>
<td>Del Valle: &quot;New Year, Nature You”</td>
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<td>29</td>
<td>Coyote Hills: Native California Plant Uses, Discovery Days, Sleep In And Take A Hike</td>
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<td>Crab Cove: Storytime, Family Nature Fun- Move it!, Fish Feeding Time</td>
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<td>31</td>
<td>Sunol: &quot;Outdoor Discoveries: Water, Water Everywhere&quot;</td>
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**LITTLE PARK NATURALIST**

Madde June Mires, First Place Winner in Infant to 4 years category, as an East Bay Regional Park District Naturalist, at Livermore Downtown Halloween Kidtown Hay Day 2018.
Regional in Nature

1 Ardenwood: Animal Feeding
2 Ardenwood: Marvelous Monarchs, Got Milkweed?, Monarch Spotting, Animal Feeding
3 Big Break: Testing The Water, Delta Discoveries
Black Diamond: Nature Discoveries, Ground Squirrel Day, Snake Feeding
Coyote Hills: Discovery Days, Ohlone Village Site Tour
Crab Cove: Family Nature Fun- Low Tide Exploration, Fish Feeding Time
Garin: Bird Walk
Marsh Creek Trail: World Wetland Day
Point Pinole: Wildlife Volunteers - CA Black Rail Habitat Helper
Temescal: Fishing - Trout Basics
Tilden Nature Area: Farm Chores For Littles, Meet the Rabbits, Wooly Lambs

Ardenwood: Animal Feeding
2 Ardenwood: Marvelous Monarchs, Got Milkweed?, Monarch Spotting, Animal Feeding
3 Big Break: Testing The Water, Delta Discoveries
Black Diamond: Nature Discoveries, Ground Squirrel Day, Snake Feeding
Coyote Hills: Discovery Days, Ohlone Village Site Tour
Crab Cove: Family Nature Fun- Low Tide Exploration, Fish Feeding Time
Garin: Bird Walk
Marsh Creek Trail: World Wetland Day
Point Pinole: Wildlife Volunteers - CA Black Rail Habitat Helper
Temescal: Fishing - Trout Basics
Tilden Nature Area: Farm Chores For Littles, Meet the Rabbits, Wooly Lambs

4 Big Break: Big Break Littles
Miller/Knox: Monday Birding

5 Alameda: Hikes for Tykes
Big Break: Big Break Littles
Coyote Hills: Weekday Bird Walk
Sibley: The Over-The-Hills Gang

6 Ardenwood: Toddler Time
Coyote Hills: Wednesday Walks

7 Ardenwood: Animal Feeding

8 Ardenwood: Animal Feeding

9 Ardenwood: Hens Lay Eggs, A Fungus
Among Us, Victorian Table Top Games, Animal Feeding
Big Break: Testing The Water, Delta

MLK Jr. Shoreline: Wildlife Volunteers - Shorebird Sanctuary
Point Pinole: Wildlife Volunteers - CA Black Rail Habitat Helper
Sunol: Amphibian Ramble
Tilden Nature Area: Farm Chores For Littles, Meet the Rabbits, Wooly Lambs

德尔瓦莱: 冬季鸟类观察
洛斯特兰帕: 瓦尔的纽夫斯步道
提尔登自然区: 木偶巡游, 水域奇观

3 Ardenwood: Rabbit Rendezvous, Beginning Embroidery, Farewell To The Monarchs, Animal Feeding
4 Big Break: Kayaking is for the Birds!, Testing The Water, Delta Discoveries, Kayaking Big Break
Black Diamond: Historic Somersville, Superb Owl Sunday
Brushy Peak: Vasco Caves Regional Preserve
Coyote Hills: Discovery Days
Crab Cove: Alameda Wildlife, Storytime, Family Nature Fun- Low Tide Exploration, Fish Feeding Time
Del Valle: Winter Water Birding
Las Trampas: Valley of the Newts Walk
Tilden Nature Area: Fungal Fair, Fireside Stories

California Big Break

5 Alameda: Hikes for Tykes
Big Break: Big Break Littles
Coyote Hills: Weekday Bird Walk
Sibley: The Over-The-Hills Gang

6 Ardenwood: Toddler Time
Coyote Hills: Wednesday Walks

7 Ardenwood: Animal Feeding

8 Ardenwood: Animal Feeding

9 Ardenwood: Hens Lay Eggs, A Fungus
Among Us, Victorian Table Top Games, Animal Feeding
Big Break: Testing The Water, Delta

MLK Jr. Shoreline: Wildlife Volunteers - Shorebird Sanctuary
Point Pinole: Wildlife Volunteers - CA Black Rail Habitat Helper
Sunol: Amphibian Ramble
Tilden Nature Area: Farm Chores For Littles, Meet the Rabbits, Wooly Lambs

17 Ardenwood: Wonderful Wool, Farmyard Animal Mask, Milkweed For Monarchs, Animal Feeding
Black Diamond: Historic Somersville
Coyote Hills: Ohlone Village Site Tour, Discovery Days
Crab Cove: Storytime, Family Nature Fun- Nature Sounds, Fish Feeding Time
Round Valley: Vasco Caves Regional Preserve
Shadow Cliffs: The Great Backyard Bird Count
Sibley: "Volcanos, Labyrinths, Quarries and News!
Sunol: The Secret Lives of Newts

18 Big Break: Sunset and Full Moon Paddle
Shadow Cliffs: Lakeside Littles

19 Briones: The Over-The-Hills Gang
Cull Canyon: Weekday Bird Walk
Sibley: Hikes for Tykes

20 Ardenwood: Toddler Time
Sibley: Wednesday Walks

21 Ardenwood: Animal Feeding
Crown Beach: Third Thursdays in the Garden

22 Ardenwood: Animal Feeding

23 Ardenwood: Hens Lay Eggs, A Fungus

10 Ardenwood: Good Morning Farm, Milkweed For Monarchs, Fun With Felting, Gorgeous Goats, Animal Feeding
Big Break: Testing The Water, Delta Discoveries
Crab Cove: Discovery Days, Ohlone People & Culture
Del Valle: Park ‘n Play
Garin: Salamandering
Lafayette/Moraga Trail: Sunday Stroll
Sunol: Love Is In The Air Hike

11 Sunol: Outdoor Discoveries: Nature Hearts

12 Crab Cove: “Sea Squirts: Frogs, Toads, and Salamanders”

13 MLK Jr. Shoreline: Winter Morning Leisure Paddle

14 Ardenwood: Animal Feeding

15 Ardenwood: Animal Feeding

16 Alameda Creek: Canine Capers - Dog Walk
Ardenwood: Wake Up The Farm, Garden Bug Safari, Animal Feeding
Big Break: Testing The Water, Puppet Show - Humphrey, Delta Discoveries
Black Diamond: Nature Discoveries, Snake Feeding
Contra Loma: Fishing - Trout Basics
Coyote Hills: Discovery Days, Native Knowledge Nature Walk
Crab Cove: Songs and Stories by the Shore, Seine Net Survey, Family Nature Fun- Nature Sounds
**BIRD WALKS**

**The Great Backyard Bird Count**, Big Break, Feb 17, page 6  
**Hotshot Hummingbirds**, Coyote Hills, Jan 12, page 7  
**A-Vulturing We’ll Go**, Del Valle, Jan 19, page 11  
**Winter Water Birding**, Del Valle, Feb 3, page 11  
**Birding For Beginners**, Sunol, Jan 6, page 11  
**Bird Walk**, Coyote Hills, Jan 5, Garin, Feb 2, page 12  
**Birding Dow Wetlands**, Antioch City Marina, Jan 6, page 12  
**Thursday Birding**, Raptor Baseline, Various Parks, Jan 31, page 13  
**Weekday Bird Walk**, Various Parks, Jan 8, 15, Feb 19, page 12  
**Early Birds**, Contra Loma, Jan 12, page 12  
**Beginner’s Guide To Winter Migration**, Shadow Cliffs, Jan 12, page 12  
**Winter Water Birding**, Shadow Cliffs, Jan 27, page 12  
**Monday Birding**, Various Parks, Feb 4 & 25, page 13  
**Birding the Farm**, Ardenwood, Feb 23, page 5

**CRAB COVE**

Crab Cove Visitor Center is open Wed-Sun, 10am-4pm, and offers aquariums and exhibits about San Francisco Bay. For information about naturalist programs or other activities, call (510) 544-3187, or cove@ebparks.org.

**STORYTIME**

11-11:30am, every Sun, Jan & Feb  
Come meet story characters like the Lorax, hermit crabs, and “Swimmy the Fish,” then meet a real animal, do a craft or scavenger hunt, or watch a nature video!  
**FAMILY NATURE FUN**

2-3pm, every Sat & Sun in Jan & Feb  
The aquarium, beach, and pond await you!

**A DAY AT THE BEACH**

- **Crab Cove**  
  Interpretive Staff  
  11-11:30am, 2-3pm, 3-3:30pm every Sun, Jan & Feb  
  Bring the family to Crab Cove for a day at the park, and stop by the Visitor Center for free, drop-in activities – Storytime, Family Nature Fun, and Fish Feeding Time.

**FISH FEEDING TIME**

- **Crab Cove**  
  Interpretive Staff  
  3-3:30pm, every Sat & Sun in Jan & Feb  
  Meet our crabs, flounder, perch, and pipefish while they eat.

**SONGS AND STORIES BY THE SHORE**

- **Crab Cove**  
  Morgan Dill  
  1-3pm, Thu, Jan 3 & Sat, Feb 2, Feb 16  
  Enjoy an interactive hour of fun for the whole family with stories and songs about nature.

**SUNSET LOW-TIDE WALK**

- **Crab Cove**  
  Morgan Dill  
  4:30-6pm, Sun, Jan 20  
  Explore the shore looking for ghost shrimp, crabs, worms, mussels, clams and other creatures at the end of their day! Learn what draws millions of shorebirds and ducks to our Bay each winter. Note: Shoes can get muddy.

**ALAMEDA WILDLIFE**

- **Crab Cove**  
  Michael Charnofsky  
  10am – noon, Sun, Feb 3  
  Alameda has great wildlife. On this 3-mile walk we’ll view a seal colony, discuss conservation issues, and learn where to look for the unexpected. Binoculars available to borrow.

- **Sea Squirts**
  "Sea Squirts" at Crab Cove using their senses to feel what it’s like to be a spider.

- **SEA SQUIRTS**
  10am - noon, Sun, Jan 20  
  Explore the shore looking for ghost shrimp, crabs, worms, mussels, clams and other creatures at the end of their day! Learn what draws millions of shorebirds and ducks to our Bay each winter. Note: Shoes can get muddy.

**CRAB COVE**

- **Crab Cove**  
  Interpretive Staff  
  10:30-11:45am, Tue, Jan 8, 22 & Feb 12, 26  
  Share a morning of shoreline fun with your pre-school-aged child. We’ll play games, explore outdoors, sing songs, and do a craft related to the theme of the day! Themes listed by date.  
  3-5 years. Fee: $5 ($7 non-res.)  
  Jan 8: Everything Needs a Home #23607; Jan 22: Water, Water Everywhere #23608; Feb 12: Frogs, Toads and Salamanders #23610; Feb 26: Avast ye Pirates! #23611.  
  Registration is required.
LOVE IS IN THE AIR HIKE \[^{HPHP}\]  
Sunol \[^{6}\] Ashley Adams  
10am-12:30pm, Sat, Jan 19  
’Tis the season for slimy critters! We’ll walk up to High Valley Pond to look for mating California newts, and learn about other amphibians who also live in the park. 12+yrs.

AMPHIBIAN RAMBLE \[^{HPHP}\]  
Sunol \[^{5}\] Ashley Grenier  
10am-1pm, Sun, Feb 4 #23752  
A challenging trek uphill will take us to a soggy oasis where newt-ity abounds. We’ll delve into the secret lives of these adorable amphibians as they search for love. 8+yrs. Registration is required.

AMPHIBIAN ADVENTURE \[^{HPHP}\]  
Sunol \[^{6}\] Ashley Grenier  
10am-Noon, Sun, Feb 4 #23755  
Join us on a family friendly adventure hike to a secret pond where we’ll meet frogs, toads, newts, and more! 8+yrs. Registration is required.

A NEW VIEW, A NEW VIEW \[^{HPHP}\]  
Sunol \[^{6}\] Ashley Adams  
9am-noon, Sun, Jan 6  
Greet the new year with a hike over the arroyo, through oak grasslands, and uphill for spectacular views of Lake Del Valle. 8+yrs.

PARK ‘N PLAY \[^{HPHP}\]  
Sunol \[^{6}\] Ashley Grenier  
10am-noon, Sun, Jan 13, Feb 10  
Let’s play in the park! Bring your family and friends out for some fresh air, nature games, and wildlife exploration, rain or shine.

A-VULTURING WE’LL GO  
Del Valle \[^{6}\] Constance Taylor  
9:30-11:30am, Sat, Jan 19  
They’re everywhere, but what do we really know about them? See these majestic raptors with new eyes as they soar by with other migrating birds. 3-mile hike is steep. 12+yrs.

WINTER WATER BIRDING \[^{HPHP}\]  
Del Valle \[^{6}\] Ashley Grenier  
10am-Noon, Sun, Feb 3  
The lakes of the Tri Valley are a perfect place for water-loving birds to spend the winter. We’ll get to know our visiting guests on a walk with views of the lake.

MAD ABOUT MUD! \[^{HPHP}\]  
Del Valle \[^{6}\] Ashley Adams  
1-2:30pm, Sun, Feb 24  
What goes squish and gets stuck to our shoes: mud! We’ll search for animal evidence as we traverse muddy trails and have fun getting grubby! Rain boots recommended.

NATURE CRAFTS \[^{6}\]  
Sunol \[^{5}\] Interpretive Staff  
10am-Noon, every Sat and Sun, Jan 5 to Feb 24  
Discover the natural world through your artistic side. We will explore the wild side of Sunol with a different craft each week.

WILD WONDERS \[^{6}\]  
Sunol \[^{5}\] Interpretive Staff  
2-3pm, every Sat and Sun, Jan 5 to Feb 24  
Wildness awaits! Discover the wonders of the wilderness through games, activities, and explorations. Great for families of all ages.

LOVE THE BAY BEACH CLEAN-UP  
Crab Cove \[^{5}\] Morgan Dill  
10:30am-noon, Sat, Feb 9  
Make the shoreline your Valentine and show it some love by picking up left-behind litter. Bring your own gloves and bucket or borrow ours.

SEINE NET SURVEY  
Crab Cove \[^{5}\] Morgan Dill  
1:30-3pm, Sat, Feb 16  
Be a survey scientist! Make your way into the Bay, and use a seine net to see what creatures live here. This is a very special catch-and-release opportunity! Hip boots provided. 10+yrs.
quest to understand the animal islands of evolution within Tilden Park.

**HOT APPLE CIDER TP**

Tilden Nature Area  Jenna S. Collins 3-4pm, Sun, Feb 10, 17 & 24

Cold winter days call for a hot treat! Meet at the visitor center and learn how we press fresh apples into a delicious drink.

**GOOD MORNING, NATURE!**

Tilden Nature Area  Anthony Fisher 10-11:30am, Sun, Feb 10, 17 & 24

Tracks, scats, trees, rats, newts, mud, creeks and frost maybe! Heathly, refreshing and informative walks.

**WATERSHED WONDERS TP HPHP**

Tilden Nature Area  Brianna Contaxis-Tucker 2-3pm, Sun, Feb 10

The rainy season is here, or so we hope. Celebrate by learning about the Wildcat Watershed, our local weather station, and how to protect our precious water resources.

**NATURE IN BLACK AND WHITE**

Tilden Nature Area  Anthony Fisher

OTHER PARKS

**NEW YEAR, NATURE YOU**

Various Parks  Trail Gail 9am-noon, Every Sun in Jan

From rolling hills to shady canyons, immerse yourself in nature. Leave the city behind and surround yourself with open space and wonder. Wear hiking shoes and bring a snack to share. 8+yrs.

Jan 10: Tilden Park – Lone Oak – More Water than you’d think.

Jan 13: Tilden Park – Lone Oak – More Water than you’d think.

Jan 20: Sobranne Ridge, Coach Drive – Where the flowers bloom (no facilities).

Jan 27: Briones, Old Briones Road – News and more. Info: (510) 544-2233.

**BIRDING DOW WETLANDS TP**

Antioch City Marina  Cat Taylor 9-12:30pm, Sun, Jan 6 #23561

Welcome to the Pacific Flyway! We’ll seek out the winter avian abundance on a leisurely stroll through this special wildlife habitat preserve. Parking lot, south end. Registration is required.

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**THE OVER-THE-HILLS GANG HPHP**

Various Parks  Trail Gail 10am-12:30pm, Tue, Jan 8 & 22, Feb 5 & 19

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.

Jan 8: Carquinez Strait, Port Costa Staging Area – Paved and open with great views

Jan 22: Redwood Regional Park, Canyon Meadow Staging Area - search for ladybugs

Feb 5: Sibley Preserve – Volcanos, News & Labyrinth's Oh My!

Feb 19: Briones, Old Briones Road Entrance – We’re heading to the ponds and lagoons to search for life.

**LOVELY LADYBUGS**

Redwood  Susan Ramos

10:30am-12:30pm, Sat Jan 12

Loads of lovely ladybugs overwinter in this amazing park! Hike about 3 miles roundtrip past towering Redwood trees to see these beetle beauties up close.

Canyon Meadow Staging Area. Info: (510) 544-3187.

**BEGINNER’S GUIDE TO WINTER MIGRATION TP HPHP**

Shadow Cliffs  Constance Taylor 9-11:30am, Sun, Jan 13

Which birds winter at Shadow Cliffs? We’ll look for visitors and learn about why the Arroyo and quarry-turned-lake are so attractive to them. Great for families and beginning birders! Info: 510-544-3249.

**FUNGUS AMONG US TP**

Briones  Eddie Willis 10am-noon, Sun, Jan 13

Join this fun-guy as we search the murky backwoods for mushrooms, slime molds, and other fungus on this exploratory nature hike. No collecting. Info: (510) 544-2750.

**RESTORATIVE HIKE**

Hayward Shoreline  Francis Mendoza 9-11:30am, Sun, Jan 13

Begin the year right by going on a restorative 2.5-mile hike around the shoreline, as we look for signs of restoration within the marsh. Wear layers and bring water. Heavy rain cancels. 15+yrs. Meet at the western end of W. Winton Ave. Info: (510) 544-3220.

**CANINE CAPERS – DOG WALK TP**

Various Parks  Kristina Parkison 1-3pm, Sat, Jan 19 (Garin) #23662

9-11am, Sat, Feb 16 (Alameda Creek) #23668

**HIKES FOR TYKES TP HPHP**

Various parks  Interpretive Staff 10:30-11:45am, Tue, Jan 15, 29 & Feb 5, 19

Take a hike and tire-out the tykes with some nature exploration before naptime! Join naturalists as they take you over hill and dell to explore the fabulous flora and fauna of the Regional Parks. Tools for exploration will be provided. Hikes average about half mile. Bring a snack. Strollers not recommended for most hikes. Rain cancels program. See www.ebparks.org/parks for maps and directions. Info: (510) 544-3187.

Jan 15: Lake Temescal, Swim Area

Jan 29: Leonia Canyon, Canyon Oaks parking area

Feb 5: Encinal Beach

Feb 19: Sibley, Skyline, main entrance

**WEDNESDAY WALKS TP HPHP**

Various Parks  Interpretive Staff

Hikes begin at 9:30am. Discover the natural and human history of our beautiful parklands and improve your health on a naturalist-led hike. Hikers of all ages and abilities are welcome on these fast-paced hikes. Wear sturdy footwear, bring water and dress for the weather. Heavy rain cancels.

9:30am-1:30pm, Wed, Jan 16 & Feb 27


Jan 15:

Jan 30:

Ardenwood – View monarch butterflies and the estate of a 49er turned farmer on an easy, 3-mile walk. No dogs, please. Led by Christina Garcia.

Feb 6:

Coyote Hills – Circle the hills on a paved, 3.5-mile trail. Bring binoculars to appreciate the abundant birds. Meet at the Visitor Center parking lot. Parking fee charged. Led by Christina Garcia.

Feb 20:

Sibley – (Old Tunnel Road staging area) Different views of Sibley including a hidden pond, volcanic rocks, a mysterious old car and more on this moderate, 3.75-mile hike. Led by Susan Ramos.
The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails.

**8+yrs. Registration is required.**

**WINTER SHORELINE BIRDS**
Radke Martinez  
Kevin Dixon  
9-11:30am, Sun, Jan 20  
From thousands of miles away, birds con-

**VASCOS CAVES REGIONAL PRESERVE TOUR**
Vasco Caves Interpretive Staff  
9am-2pm, Sun, Feb 3 #23685; Feb 10 #23706;  
Feb 17 #23786; Feb 24 #23787;  
Sat, Feb 9 #23704
Hike 2.3 miles through this windswept land which is sacred to local California Indian communities and a refuge for golden eagles, fairy shrimp, and tiger salamanders. The Preserve is accessible only through guided tours staging at Round Valley (Feb 9, 10, 17 & 24) or Brushy Peak (Feb 3). (10+yrs). Info: (510) 544-2750. Fee: $35 (nonresident $40). Registration is required.

**SUNDAY & SUNDAY STROLLS**
Various Parks Interpretive Staff  
10am-noon, Sat, Jan 19, Feb 23;  
Sun, Jan 6, Feb 10
Wake up, walk into nature, and explore different parks and the wonders within. Hikes range from one to five miles.

Great for families. Dogs welcome on most hikes. See www.ebparks.org/parks for maps and directions. Info: (510) 544-3187.

Jan 6: Oyster Bay (Neptune Dr.) – Discover what’s in flight on this 2.5-mile walk at a park transformed from landfill to treasure.

Jan 19: Sibley (Skyline Staging Area) – A moderate 2-mile loop around Round Top with a stop at the quarry pit to look for newts and frogs.

Feb 10: Lafayette-Moraga Regional Trail (St. Marys Road Staging Area) – A waterfall, wildlife and impressive landscapes will be featured along Las Trampas Creek, 3.75-miles round trip. Bathrooms available half way.

Feb 23: MLK Jr. Shoreline (Arrowhead Marsh) – Shorebirds come to feast, bat rays swim, and life exists at the Bay’s edge as we explore the past and future on a 2.5-mile, level walk.

**FOR THE BIRDS – VOLUNTEER PROJECT**
Garin  
Kristina Parkison  
9am-noon, Sat, Jan 26 #23559
Share your enthusiasm for bird life and help the birds at the same time! We will clean existing bluebird boxes and install new ones for the upcoming breeding season! 12+yrs. Registration is required.

**VALLEY OF THE NEWTS WALK**
Las Trampas  
Ashley Adams  
10am–12:30pm, Sun, Feb 3
Join us for a 2.5-mile moderate ramble exploring hidden labyrinths in historic quarries that have reshaped this beautiful volcanic landscape. Search skyward for eagles and below the surface for newts. Skyline Staging Area. Info: (510) 544-3187.

**NIFTY NEWTS**
Garin  
Kristina Parkison  
8:30am-noon, Mon, Jan 21 #23833
Volunteers help restore Dr. Martin Luther King Jr. Memorial Grove and the marshes by clearing up and removing invasive plants. More information, go to www.eparks.org/activities/volunteer/

Dr. Martin Luther King Jr. Day of Service

8:30am-noon, Mon, Jan 21 #23833
Join East Bay Regional Park District in celebrating the annual Dr. Martin Luther King Jr. Day of Service.

Volunteers will help restore the Martin Luther King Jr. Shoreline in Oakland. Children may participate, but must be accompanied by an adult. Registration is required. For more information, go to www.ebparks.org/activities/volunteer/
can be? It’s the California newt headed towards a pond near you. Join us for a chance to find this animal jewel. 5+yrs. Registration is required.

NIGHT HIKE AT BRUSHY PEAK
Brushy Peak       Constance Taylor
6-8pm, Sat, Feb 23
Experience the park as the sun goes down! We’ll look for wildlife that comes out at night. Bring a headlamp, drinking water, and dress in layers. Approximately 3 miles. 5+yrs. Laughlin Ranch staging area.

VOLUNTEER

FRENCH BROOM REMOVAL/RESTORATION PROJECT
Redwood       Staff
9am-1pm, 1st Sat of the month.
9:30am-1:30pm, 2nd Sun of the month.
Help remove invasive French Broom at various locations in the park. Tools, protective equipment and snacks will be provided. Please call (510) 544-3127 or email redwood@ebparks.org to confirm meeting location as this can vary from month to month. Rain cancels the event.

INVASIVE SPECIES REMOVAL/HABITAT RESTORATION
Huckleberry, Sibley       Staff
9:30am- 3rd Sun of the month: Huckleberry
9am- 2nd Sat of the month: Sibley
Monthly weeding sessions to help protect native plants against invasive species displacement. Tools provided.
Info: (510) 544-3112, sibley@ebparks.org.

DUNES DAY RESTORATION!
Big Break       Cat Taylor
9-11am, Sun, Jan 27
Help restore a small piece of the historic dunes as we remove invasive weeds and re-establish native plants! Bring water, gloves, hat, closed-toed shoes, dress for weather and prepare for general grubbiness.

NATIVE PLANT AND BUTTERFLY GARDENING
Crab Cove     Michael Charnofsky
12:30-3:30pm, Sun, Feb 24 #23709
Help beautify the Visitor Center and provide food for wildlife as we prepare our butterfly and native plant gardens for spring. You choose the work: weeding, pruning, mulching, and general clean-up. Snacks and refreshments served, tools provided. Students earn community service hours. Heavy rain cancels. 8+yrs.
Registration is required.

THIRD THURSDAYS IN THE GARDEN
Crown Beach    Staff
10am-noon & 1-3pm, Thu Jan 17 & Feb 21
Volunteers are needed in our Demonstration Garden to help with maintenance-weeding, pruning, mulching, and other projects. One-time or on-going help welcome. Attend one or both sessions. Meet at the bathhouse by Otis entrance. Wear long pants, closed-toe shoes, sun protection, and bring a water bottle. Children 12 and under must be accompanied by an adult. Info: (510) 544-3187.
How to Register • Fee Payment

Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed for further information.

For programs that indicate “Registration is required,” register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed.

ONLINE registration is available if the program title displays this symbol: Go to www.ebparksonline.org. When registering online, use the course code printed next to the program date(s).

WALK-IN: Come to the District Headquarters between 8:30am and 5pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Dunsmuir House and south of the Oakland Zoo off I-580. See map below.

BY PHONE: Phone registration requires a VISA or Mastercard. The Reservations Office is open between 8:30am-4:00pm Mondays through Fridays (closed weekends and holidays). Call 1-888-EBPARKS (327-2757) and select option 2. TRS Relay for the Hearing Impaired: 7-1-1.

BY MAIL: Call the Reservations Office at 1-888-EBPARKS (327-2757) option 2, to request a mail-in registration form. Registration is payable by check only up to 15 days before the program.

FEE PAYMENT: Fees must be paid in full at the time of registration. Fees may be paid by money order, VISA, Mastercard, cash, or preprinted check for walk-in registration. Make checks payable to EBRPD. Programs registered in the parks may be paid for by check up until the day of the program if space is available. Returned checks will be charged a $25 Returned Check charge. Non-resident fees apply to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

CREDIT CARDS: VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

CANCELLATION POLICY: REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. CANCELLATION POLICY: At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.
Becoming A Regional Parks Foundation Member Has Never Been Easier!

Memberships are now available for purchase at select regional parks and area REI stores.

Join the 11,000-member-strong Regional Parks Foundation TODAY and enjoy special benefits, including:

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East Bay Regional Park District
Healthy Parks Healthy People
2950 Peralta Oaks Court
Oakland, CA 94605-0381
www ebparks org

Come work for the East Bay Regional Park District!

Youth Job Fair

Whether you like spending time outdoors, working with kids, aquatics, or public safety, we have something for you.

**Saturday, January 26, 2019**
Big Break Visitor Center
10 a.m. to noon
69 Big Break Road, Oakley, CA 94561

**Saturday, February 2, 2019**
In partnership with City of Union City
Ruggieri Senior Center
10 a.m. to noon
33997 Alvarado-Niles Road, Union City, CA 94587

2019 TRAILS CHALLENGE

Find out more at ebparks.org/TrailsChallenge

20 New Trails, 20 New Adventures
Free printed Guidebooks and T-shirts available at Regional Park Visitor Centers while supplies last.