Inside:
Kayaking Opportunities • page 4
Rail Fair at Ardenwood • page 5
Fall Sale of California Native Plants • page 7
Garin Apple Festival • page 13
Coastal Cleanup 2018 • page 14

See “Bay Water Trail Provides Access to Bay Area’s Largest Open Space” page 3.

Wildfire Prevention More Important Than Ever
A MESSAGE FROM GENERAL MANAGER ROBERT E. DOYLE

We are at the peak of Fire Season, a time of year when we need to be vigilant and make sure we are as prepared as possible.

This year, as with every year, the East Bay Regional Park District is committed to keeping Regional Parks safe, which includes working to reduce fire fuels in the East Bay Hills. Thinning and removing hazardous vegetation is critical to preventing small fires from becoming large disasters and giving firefighters a fighting chance.

Each year the Park District thins and removes hazardous vegetation on over 1,000 acres to reduce fire risks—much of that thanks to residents in western Alameda and Contra Costa counties who voted in 2004 to support regional park services with additional local funding. The Park District also recently received additional fire hazard reduction funding from FEMA.

The Park District has been busy over the past year gearing up for fire season with various prevention and preparation efforts. Six Fire Hazard Reduction Crews have been hard at work in East Bay Hills removing brush and thinning trees at 40 target sites.

Goats have also been hard at work reducing fire hazards. This year, the Park District has had three herds of goats moving from site to site to reduce fire hazards. The North Bay fires were a tragic reminder of just how damaging fires can be to life, property, and the environment. We must all continue to focus on preventing fires, both through reducing fire fuels and preventing ignition.

See you in your Regional Parks!

Park District Board Places No-Tax-Increase Extension Measure on November 2018 Ballot

On June 5, 2018, the East Bay Regional Park District Board of Directors voted unanimously to place an extension measure on the November 2018 ballot to continue local, voter-approved funding in western Alameda and Contra Costa counties—with no increase in taxes.

Over the past year, the Park District has received extensive input from the community about park and open space needs in western Alameda and Contra Costa counties, including wildfire prevention, public access, safe parks and trails, and enhancement and maintenance of natural habitat.

If approved by voters, the No-Tax-Increase Extension Measure would continue existing Measure CC funding for Regional Parks in the cities of Oakland, Berkeley, Richmond, Alameda, San Pablo, El Cerrito, Albany, Emeryville, and Piedmont. Measure CC is an existing $12/year ($1/month) parcel tax.
Regional Parks Foundation Memberships Now Available at Local REI Stores
Becoming a Regional Parks Foundation member has never been easier!

Regional Parks Foundation memberships can now be purchased at REI stores in Berkeley, Concord, Dublin, Fremont, and San Francisco.

Membership benefits include free unlimited day-use parking, free swimming during swim season, a free annual dog pass for up to 3 dogs, camping discounts, and free admission to the Park District’s popular Ardenwood Historic Farm on non-event days. Members also receive a personalized Regional Parks Foundation Membership Card.

Memberships can also now be purchased at select District parks and visitor centers (parking kiosks and point of sale locations), including Contra Loma, Roberts, Lake Chabot, Shadow Cliffs, Quarry Lakes, Sunol, Coyote Hills, Tilden, Del Valle, and Ardenwood.

**Park District Receives Award for Legacy of Innovation**

The East Bay Regional Park District was recently named the 2018 Legacy Award Winner by East Bay Economic Development Alliance for its history of innovation.

The East Bay Regional Park District has been innovating ever since its founding in 1934 in the depths of the Great Depression. In fact, it was during this difficult financial time that leaders in Oakland and Berkeley came together to do the unthinkable: campaign for a tax to fund the creation of a new park system – the very first of many innovations by the East Bay Regional Park District.

Today, the Park District is the largest regional park agency in the nation with 73 parks on over 121,000 acres of open space, and is a model of park management and environmental conservation.

**Meet The “Bay Water Trail”**

Most Bay Area trails are for hiking, jogging, or biking, but the water-based San Francisco Bay Area Water Trail provides so much more. Extending into the bay, the trail, along with its official trailheads, landing sites, and boat launches, offers opportunities for non-motorized watercraft like kayaking, stand-up paddling, canoeing, rowing, kite boarding and wind surfing along the shoreline.

The “Bay Water Trail” provides access to the San Francisco Bay’s 450-square miles of water – the largest single open space in the Bay Area.

East Bay Regional Park District has seven official sites connecting with the Bay Water Trail: Ferry Point Beach and Keller Beach at Miller/Knox in Richmond, Big Break in Oakley, Albany Beach at McLaughlin Eastshore State Park, Crown Beach and Encinal Beach in Alameda, and Tidewater at Martin Luther King Jr. Shoreline in Oakland.

Soon Point Isabel in Richmond will be added to that list with a new kayak and windsurfing launch area. The project is currently in the design stage with completion expected by the end of the year. Point Isabel is a popular windsurfing spot because of ideal wind direction and regularity.

For more information on the Bay Water Trail visit: SFBayWaterTrail.org.

**PARK DISTRICT RECEIVES “Certificate of Excellence” FOR TRANSPARENCY**

On June 5, 2018, the Special District Leadership Foundation awarded the East Bay Regional Park District a Transparency Certificate of Excellence. The Special District Leadership Foundation is an independent, non-profit organization formed to promote good governance and best practices among California’s special districts.

The Special District Leadership Foundation created the District Transparency Certificate of Excellence program to promote transparency in operations and governance and provide special districts an opportunity to showcase their efforts in transparency.

The “Certificate of Excellence” is a testament to the District’s commitment to transparency and open government and provides objective, third-party validation that best practices for transparency are in place at the East Bay Regional Park District.
KAYAKING / BOATING

BROOKS ISLAND ADVENTURE
Brooks Island Naturalist/Recreation Staff
10am-4pm, Sat, Sep 8 #22582; Oct 13 #22584;
Sun, Sep 9 #22583; Oct 14 #22585
This trip is a short paddle in stable,
two-person kayaks across sheltered
Bay water with spectacular views of San
Francisco. Paddle along Brooks Island
preserve shoreline, then come ashore
to enjoy a naturalist guided two-mile
hike around the island which is normally
closed to visitors. Adult registration/
participation required with registered
children (16-17yrs.)
Registration is required.
Fee: $85 (non-res. $95)

KAYAKING FOR FOLKS 50+
Various Parks Recreation Staff
MLK Jr. Shoreline, 11am-3pm, Thu, Sep 20 #22605;
Big Break, 10am-2pm, Thu, Oct 25 #22612
Learn kayaking skills with your peers
at a pace that is right for you. Includes
paddling techniques, equipment selec-
tion, and safety guidelines. Then prac-
tise what you have learned.
Registration is required.
Fee: $52 (non-res. $58)

SUNSET AND FULL MOON
PADDLE
Big Break Naturalist/Recreation Staff
5:30-8pm, Mon, Sep 24 #22650; 4:30-7pm, Oct 22 #22651
Paddle as the light of the setting sun
and the rising moon sparkles on the waves.
After dry-land instruction, we will wend
our way in steady and stable tandem
kayaks. Adult registration/participation
required with registered children
(8-16yrs.).
Registration is required.
Fee: $30 (non-res. $34)

BIG BREAK END-TO-END PADDLE
Big Break Naturalist/Recreation Staff
9:12:00am, Sun, Sep 30 #22545
Come ply the welcoming and wondrous
waters of the Delta on this longer kayak
excursion. We will start off with dry
land instruction then paddle our craft
on a group exploration of this lovely,
rich shoreline from end-to-end. Adult
registration/participation required with
registered children (ages 8-16yrs.)
Registration is required.
Fee: $35 (non-res. $39)

BIRDING BY KAYAK
Big Break Cat Taylor/Recreation Staff
9:00-11:30am, Sun, Oct 7 #22652
What better way to see birds than by
kayaking on the wondrous waters of the
Delta? We will begin with dry-land
instruction then go on a group birding
exploration. Adult registration/partici-
pation required with registered children
(ages 8-16yrs.)
Registration is required.
Fee: $30 (non-res. $34)

INTRODUCTION TO SALT WATER
FISHING
MLK, Jr. Shoreline Recreation staff
6-8pm, Wed, Sep 19 #22232
This class is perfect for anyone interested
in getting started with the sport of salt
water fishing. Participants will learn the
basics including knot tying and rigging, gear
and bait selection, and casting techniques.
A valid California fishing license is required.
Gear provided.
Registration is required.
Fee: $19 (non-res. $21)

MY FIRST FISH!
Quarry Lakes Recreation staff
5-7pm, Wed, Oct 3 #22266
Come out to the lake and participate in
this fun ‘derby style’ class where youth will
have a chance to catch their first fish! Class
participants will learn basic techniques of
fishing, include casting, bait selection, and
knot tying. Ages 5-12yrs. Participants must
be accompanied by an adult. No guarantee
participants will catch a fish.
Registration is required.
Fee: $15 (non-res. $17)

SUNKEN SHIPS & FLOWER POTS
Big Break Cat Taylor/Recreation Staff
1-3:30pm, Sun, Oct 7 #22653
Explore the shipwrecks from yester-year
and learn how nature has put them to
good use! There will be dry-land instruc-
tions before we go out in tandem kayaks.
Adult registration/participation required
with registered children (8-16yrs.)
Registration is required.
Fee: $30 (non-res. $34)

POLE WALKING & POLE HIKING

LEARNING how to use poles helps walkers & hikers improve endurance, posture, bal-
ance, confidence and strength and enhances their enjoyment of the outdoors all year
long. All levels focus on learning anatomically-optimal techniques to achieve desired
performance while learning how to avoid joint stress or strain. Carefully select the
class that suits your physical ability and inclination. A variety of top quality poles
are provided at all seminars. Beautiful hiking locations are based on the season/
weather. Mobility class locations offer indoor training and lovely/easy pole walks for
practice.

HIKING POLES: BASIC SKILLS &
TECHNIQUES
Kennedy Grove Jayah Faye Paley
8:30am-1:30pm, Thu, Oct 11 #22426
Comprehensive session helps hik-
ers learn poles, trail and body skills.
Beginner to experienced hikers learn
techniques without the additional
challenge of an afternoon practise hike.
Uphill: Improve power, endurance, spine function. Downhill: Develop skills
for feeling safer and preserving joints - Save your knees!
Registration is required.
Fee: $55 (non-res. $61)
BOAT TO BROOKS ABOARD DELPHINUS

Brooks Island Dolphin Charters/Interpretive Staff
8am-3pm, Sat, Oct 20 #22311; Sun, Oct 21 #22318
Join us for a relaxed, narrated boat ride to Brooks Island. Once anchored near the shoreline, participants will be ferried (by skiff) to the island to enjoy a naturalist-guided, two-mile hike around this beautiful preserve. Hot coffee, hot chocolate and tea are provided. Ages 12+. Registration is required. Fee: $72 (non-res. $80)

ARDENWOOD

Ardenwood is open Tues-Sun from 10am-4pm. House tours are available by reservation only (call (510) 791-4196). Admission fees apply. For program and fee info: (510) 544-2797, awisit@ebparks.org.

ANIMAL FEEDING

Ardenwood Interpretive Staff
3pm, Thu through Sun
Check for eggs and feed the livestock. Learn all the animals’ favorite foods as we help tuck them in for the evening. Meet at the Chicken Coop.

TRAIN RIDES

Ardenwood Railroad Museum Various times, Thu, Fri & Sun
Railroads once connected many of the farms with towns in the East Bay. Today they still run around the farm. Journey past rows of crops and through eucalyptus groves as you travel back in time. Check the daily schedule and meet the train at Ardenwood Station or Deer Park.

PATTERSON HOUSE TOURS

Ardenwood Patterson House Docents Various times, Every Thu-Sun
Tour the beautifully restored Patterson House Museum. Discover the history of this 19-room Queen Anne Victorian farmhouse, listed on the National Register of Historic Places, which operates as a museum of local history and Victorian life. Tours are led by docents dressed in 19th century clothing and take about 45 minutes. Check for tickets at the Train Station upon arrival. Special 15 minute tours for children 6 and under offered Thursdays and Fridays at 2:30pm, Saturdays and Sundays at 11:30am.

TODDLER TIME

Ardenwood Interpretive Staff
10:30-11:45am, Wed, Sep 5, 26, Oct 3, 24
Bring the tots out for an exciting morning at the farm. Hear a story, do some chores, and meet some farm friends. Little ones will enjoy a variety of activities at their own pace. We’ll meet rain or shine!

GARDEN CHORES FOR KIDS

Ardenwood Interpretive Staff
10:30-11:30am, Sat, Sep 8, 22
Our garden has been growing all summer. Lend a hand weeding, watering and planting healthy vegetables. Discover the secrets of heirloom vegetables. We might even taste a few!

ROPE MAKING & HAY HOISTING

Ardenwood Interpretive Staff
12:30-1:30pm, Sat, Sep 8, 29; Noon-1pm, Sun, Oct 7
Make rope with our antique machine, and then see how lots of rope plus a few pulleys make hoisting hay bales into the barn loft a cinch.

CORN MOSAICS

Ardenwood Interpretive Staff
1:30-2:30pm, Sat, Sep 8; 11am-noon, Sat, Oct 6
Learn how to turn our autumn-harvested Indian corn into a fun craft for the whole family! Use the rainbow of colored kernels to make your own mosaic.

MEET THE FARMER: DIRT MADE MY LUNCH

Ardenwood Pia Loft & Aris Curtis
10:30-11:30am, Sun, Sep 9
Meet our farmer as we explore the wonders of dirt: learn how healthy soils provide nourishing food while we experiment and have fun with mud in our vegetable garden.

RAIL FAIR AT ARDENWOOD

Ardenwood Railroad Museum
10am-4pm, Sat-Mon, Sep 1, 2 & 3
Bring the family to the 19th annual RAIL FAIR featuring 1890 steam locomotive Cortez Mining Co #1. Enjoy steam train rides, model trains of all types and sizes, early day gas engines, and more trains! There’s also live music, a tour of the Patterson House, the Hobo Game, and other farm games for children. Special activities for children under 6 years old. Food available at the Farmyard Café. Activities spread throughout the farm so bring hats & sunscreen.
Admission: $13/adult (18+), $9/child (3-17), under 3 are free. All activities are included with the price of admission. Tickets are sold in advance at spccr.org and Eventbrite.com, or can be bought at the entrance (cash and credit cards accepted).

COOKING IN THE COUNTRY KITCHEN

Ardenwood Interpretive Staff
11am-1pm, Sun, Sep 9, 16, 30; Oct 7, 14
Stop by our outdoor farm kitchen and take a tasty step back in time! Discover how to cook with a wood-burning stove and sample the special of the day, be it savory or sweet. Pick up a historic recipe to try at home.

RABBIT RENDEZVOUS

Ardenwood Marianne Beacham
10:30-11:30am, Sat, Sep 15, 29
Chickens lay different colored eggs! Want to know why? Meet at the chicken coop to learn egg-cellent facts about chickens and their eggs. Dye your own egg to take home.

FARMYARD STORY TIME

Ardenwood Mindy Castle & Aris Curtis
12:30-1pm, Sat, Sep 22
Join the story circle for classic barnyard tales before visiting the main characters.

STILT WALKERS

Ardenwood Interpretive Staff
2-3pm, Sun, Sept 16
Want to be taller? Improve your balance! Give stilts a try. It’s fun. Guess why farmers used these fun tools in the past.

BASKET MAKING

Ardenwood Marlene Gallegos
11:30am-12:30pm, Sat, Sep 22
Learn of the various materials that baskets can be made of, and then weave your own basket to take home!

BEGINNING EMBROIDERY

Ardenwood Mindy Castle
1:30-2:30pm, Sat, Sep 22
Victorians loved to embroider, and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials supplied.

Registration information – register beginning July 31
www ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS), option 2
Ardenwood  Interpretive Staff
2-2:30pm, Sat, Sep 22
Discover why goats are a farmyard mainstay. Lend a hand grooming our nannies and give them a snack as you learn all about these gentle farm friends.

MEET THE FARMER: GROWING A GREEN THUMB
Ardenwood  Pia Loft & Aris Curtis
10:30-11:30am, Sun, Sep 23
Growing food is fun! Join us in our vegetable garden for hands-on practice while our farmer teaches us the tricks of the trade. Beginners and experts alike will have a great time growing their green thumb.

HENS LAY EGGS
Ardenwood  Interpretive Staff
Noon-12:30pm, Sun, Sep 23
Put together some ice, salt, cream, sugar, 1-2pm, Sun, Sep 23
Rise and shine little farmers! Say “Good morning!” to the sheep and goats. We’ll start with a story, and you can then lend a hand to prepare a morning treat for the farm animals.

GARDEN BUG SAFARI
Ardenwood  Pia Loft
1-2pm, Sun, Sep 30
Discover the mysterious world of bugs as we explore our vegetable garden. We will observe these tiny farmers at work and tell their stories through arts and crafts.

MEET THE CHICKENS
Ardenwood  Interpretive Staff
10:30-11am, Sat, Oct 6
Meet the chickens! Find out where they lay their eggs, how they sleep, and much more! Meet at the Chicken Coop.

FELTED PUMPKINS
Ardenwood  Mindy Castle
1:30-2:30pm, Sat, Oct 6
Create some felted fall fun and decorate your home with woolly little pumpkins!

BIRDING THE FARM
Ardenwood  Christina Garcia
7:30-9:30am, Tue, Oct 16 and 8-9:30am, Sun, Oct 21
Fall migration is here! Let’s look for winter residents and those passing through this urban refuge. No admission fee.

PUMPKIN SURPRISE!
Ardenwood  Mindy Castle
11am-noon, Sat, Oct 20
Join us in the Country Kitchen for a taste of the season’s delicious orange gourd! If you want to know what’s cookin’, you’ll have to come and see!

OLD-FASHIONED FUN: FARMYARD GAMES
Ardenwood  Interpretive Staff
1:30-2:30pm, Sun, Sep 9, Oct 7
Let’s play! Join us for some old-fashioned fun! Old-fashioned pastimes once included stilts walking, running with tubers (potato-spoon race), testing your strength (tug-o-war) and hopping like a bunny (sack races). Join the fun and test your skills! 2-3pm, Sat, Oct 20
Try your hand at classic American pastimes including stilts, tug-of-war and the potato-spoon race.

CLOTHESPIN DOLLS
Ardenwood  Mindy Castle
1-2pm, Sat, Oct 20
Create and dress up your own darling doll. We’ll make them out of clothespins just the way they did more than 100 years ago. Meet at the Granary.

HALLOWEEN HIJINKS
Ardenwood  Mindy Castle
11am, Sun, Oct 27
Craft your own folk art doll of colorful husks gleaned from the field. Corn silk hair, a twig broom or an acorn cap will add individual character to your creation.

HALLOWEEN SURPRISE!
Ardenwood  Mindy Castle
11am-noon, Sat, Oct 20
Join us in the Country Kitchen for a taste of the season’s delicious orange gourd! If you want to know what’s cookin’, you’ll have to come and see!

CITIZEN SCIENCE - BATWATCH!
Big Break  Cat Taylor
2-3pm, Sun, Sep 22
Learn about this amazing creature of the Delta: plankton. Examine their habits and learn the vital role they play in our ecosystem.

CITIZEN SCIENCE - BIRDING THREE CREEKS
Big Break  Christina Garcia
2-3pm, Sat, Oct 20
Explore the wonders of the Delta through hands-on arts and crafts activities! Each week we explore different wetland wonders.

TESTING THE WATER
Big Break  Interpretive Staff
9:30am-10:30am, Every Sat & Sun
Track the health of the Delta! Using state of the art instruments, we’ll test for dissolved oxygen, pH, conductivity, and more. Our results go into a regional database for use by researchers, scientists and water managers.

BEAVERS IN THE SLOUGH
Big Break  Interpretive Staff
2-3pm Sun, Sep 2
Watch the life and times of North America’s largest rodent. Bring binoculars, we’ll have some to loan.

BIKE TRAILS
Big Break  Interpretive Staff
2-3pm, Sat, Sep 8
Step back in time: how could you capture a landscape without a camera or a phone? Let’s take in the scenery and get creative with watercolor paints.

CAMPFIRE PROGRAMS: SECOND SUNDAYS CAMPFIRE
Big Break  Cat Taylor
6:30-8pm, Sun, Sep 9
Gather the family for an evening in the park! Bring a picnic dinner to enjoy before the festivities begin! We’ll explore the wonders of Big Break through activities and a family campfire (and s’mores of course!)

BIG BREAK HISTORY
Big Break  Cat Taylor
2-3pm, Sun, Sep 16
Explore the past’s presence while we follow the shoreline’s timeline: river to wetland, homeland to farmland, and flood to park.

PLANKTON PLUNGE
Big Break  Interpretive Staff
2-3pm, Sat, Sep 22
Collect and identify some of the smallest creatures of the Delta: plankton. Examine their habits and learn the vital role they play in our ecosystem.

CITIZEN SCIENCE - BATWATCH!
Big Break  Cat Taylor
6-8:30pm, Sun, Sep 23
Bats at Big Break? Let’s find out which bats call this place home as we monitor a forag-
REDUCE, REUSE, RECYCLE
Big Break Interpretive Staff
2-3pm, Sun, Sep 30
Love your planet by recycling! Come find fun ways to reuse common household items, as well as some hints for recycling and reducing waste.

SCAT TRACK FEVER
Big Break Interpretive Staff
2-3pm, Sat, Oct 6
What animals roam our wetlands? Catch "scat track fever" and find out through the clues they leave behind.

LISTEN LIKE AN OWL
Big Break Interpretive Staff
2-3pm, Sat, Oct 13
Let’s trek our trails to discover how these nocturnal predators find food at night!

SOLAR VIEWING THAT’S OUT OF THIS WORLD
Big Break Cat Taylor
6:30-8:15pm, Sun, Oct 14
Learn to navigate the autumn skies and perhaps spy a shooting star from the Orionids meteor shower! Bring flashlight, blanket or reclining camp chair (optional).

MAMMALS OF THE MARSH
Big Break Interpretive Staff
2-3pm, Sat, Oct 20
Discover some of the Delta's furry cuties: river otters, beavers, minks, and more. Explore their similarities, differences, and adaptations to the unique habitat they call home.

OH BATS!
Big Break Interpretive Staff
2-3pm, Sun, Oct 28
For the month of Halloween, let’s learn about these fascinating, flying, furry creatures.

BLACK DIAMOND
Greathouse Visitor Center is open 10am-4:30pm, weekends March through November. Info: (510) 544-2750 or bdvisit@ebparks.org. Programs meet in parking lot at south end of Somersville Road unless otherwise noted. Parking Fee: $5

Hazel-Atlas Silica-Sand Mine Tour SP
Black Diamond Interpretive Staff
Various times, weekends, Mar-Nov
Explore the recently extended underground tour route on a 1.5-hour, guided, small-group tour. Must be 7+ years old. Reservation tours offered at 10am (only for groups of 10-15), as well as 11am and 2pm. First-come, first-served tours offered at noon and 3pm. Additional first-come, first-served tours may be offered, when demand is high and staffing permits. Reserve in advance online or by phone. Day-of-tickets sales available only at Greathouse Visitor Center, where tours begin. Fee: $5.

Labor Day Weekend Mine Tours SP
Black Diamond Interpretive Staff
11am-3pm Sat, Sep 1, Sun, Sep 2, & Mon Sep 3
Take a one-hour underground tour of the Hazel-Atlas mine. Tours start between 11am and 3pm. Tickets available on a first-come, first-served basis at the Visitor Center. Must be age 7 or older; parent participation required.

Nightcrawlers SP
Kevin Dixon
7-10:30pm, Sat, Sep 1 #22349
Hike up canyons and traverse high ridges in the west end of the park – after dark. Somewhat strenuous. (10+yrs).
Registration is required.

MINE OPEN HOUSE SP
Young explorers examine the map of the mine tour route at a Mine Open House.

Regional Parks Botanic Garden
The Botanic Garden is open 8:30am-5pm, Oct-May; 8:30am-5:30pm Jun-Sep. Info: (510) 544-3169. See www.nativeplants.org for information about docent training, special events and classes, and to sign up for our e-newsletter.

Docent-Led Garden Tours 2pm, Sat; 11am & 2pm, Sun
Meet at the Botanic Garden Visitor Center. Rain cancels!

GARDEN OPEN HOUSE 3:30pm-5:30pm, Sat, Sep 8
A special opportunity to tour the Botanic Garden and hear from volunteers, docents, friends, and staff about California’s spectacular plant diversity, natural history, and ethnobotany.

CLASSES THROUGH THE FRIENDS OF THE REGIONAL PARKS BOTANIC GARDEN
10am-2pm, Sun, Sep 9 to 30
Learning Fall and Summer Native Plant Families
9:30am-12:30pm, Thu, Sep 13 Design a Native Garden; 9am-12pm, Sat, Sep 15

2018 Fall Sale of California Native Plants
10am-3pm, Sat, Oct 6
Public Plant Sale at the Regional Parks Botanic Garden in Tilden Regional Park. Friends Member's Only Plant Sale 9am-10am, Sat, Oct 6
Friends memberships can be purchased the morning of the plant sale, starting at 8:30am at the entrance to the plant sale.
Info: www.nativeplants.org.

Tarantula Tales
Black Diamond Eddie Willis
1-3pm, Sun, Sep 30
They're just big love bugs! Meet Harry, our resident tarantula, and discover why he and his brothers are roaming the hills this season. Meet in the upper parking lot.

Creepy Critters
Black Diamond Eddie Willis
Nov-4pm, Sun, Oct 28
Learn why some of the "creepiest" critters of the park aren't so creepy, and make a fun craft to take home: Snakes (noon), Bats (1pm), Owls (2pm), Tarantulas (3pm). Meet in the upper parking lot.

Evening Cemetery Hike
Black Diamond Eddie Willis
5-7pm, Sun, Oct 21
Long ago, miners left their mark on these hills. Take a hike to historic Rose Hill Cemetery to learn their tales of spirit, heroism, tragedy, and endurance. Meet in the upper parking lot.

Friends of the Regional Parks Botanic Garden
The Public Plant Sale begins at 10am on Oct 6. Friends Member's Only Plant Sale starts at 9am.

Healthy Parks Healthy People: Bay Area
Monthly activities and outings that provide safe, low-impact physical activity and improve health and well-being of all Bay Area residents, through regular use and enjoyment of the Regional Parks. Look for HHPHP.
September 2018

1  Anthony Chabot: Campfire Programs
    Ardenwood: Rail Fair, Patterson House Tours, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries
    Black Diamond: Labor Day Weekend Mine Tours, Nightcrawlers
    Coyote Hills: Stories Under an Oak, Bird Walk, Discovery Days
    Crab Cove: Fish Festival, Family Nature Fun- Fish Fun, Fish Feeding Time
    Del Valle: Night with a Naturalist Campfire, Scenic Boat Tour, Lakeside Cup of Joe, Beach Blast, Patio Play
    Sunol: Wild Wonders, Critter Crafts
    Tilden Nature Area: Farm Chores For Littles

2  Ardenwood: Rail Fair, Train Rides, Patterson House Tours, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries, Beavers in the Slough
    Black Diamond: Hazel Atlas Mine Tours, Group Tours, Labor Day Weekend Tours
    Coyote Hills: “Snakes, Storieds and Spirals”, Discovery Days
    Crab Cove: Sunday Stroll
    Crown Beach: Family Nature Fun, Fish Feeding Time
    Del Valle: Scenic Boat Tour, Lakeside Cup of Joe, Snake Feedings, Beach Blast, Patio Play
    Sunol: Wild Wonders, Critter Crafts
    Tilden Nature Area: Talk With The Animals, Reptile Roundup, We All Scream for Ice Cream!

3  Ardenwood: Rail Fair
    Black Diamond: Labor Day Weekend Mine Tours
    Coyote Hills: Labor Day Fun!
    Crab Cove: Labor Day Open House, Family Nature Fun, Fish Feeding Time
    Del Valle: Scenic Boat Tour, Lakeside Cup of Joe, Beach Blast
    Tilden Nature Area: Labor Day Open House

4  Big Break: Big Break Littles
    Briones: The Over-The-Hills Gang
    Crown Beach: Hikes for Tykes

5  Ardenwood: Toddler Time
    Big Break: Coffee Talk & Delta News
    Lake Chabot: Wednesday Walks

6  Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

7  Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

8  Ardenwood: Garden Chores For Kids, Patterson House Tours, Rope Making & Hay Hoisting, Corn Mosaics, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries, Watercolor Landscape
    Black Diamond: Hazel Atlas Mine Tours
    Briones: Welcome to Autumn Walks
    Brooks Island: Kayaking
    Coyote Hills: Discovery Days
    Crab Cove: Nature Party, Family Nature Fun, Fish Feeding Time
    Del Valle: Beach Blast, Patio Play
    Garin: Apple Festival
    Sunol: Wild Wonders, Critter Crafts, Sunol at Sunset
    Tilden Nature Area: Farm Chores For Littles, Nature Ramble

9  Ardenwood: Train Rides, Meet The Farmer, Cooking In The Country Kitchen, Patterson House Tours, Rabbit Rendevoz, Old-Fashioned Fun, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries, Second Sundays Campfire
    Black Diamond: Hazel Atlas Mine Tours
    Brooks Island: Kayaking
    Coyote Hills: Skills of the Past, Discovery Days, Volunteer Day: Gathering Tule
    Crab Cove: Family Nature Fun, Fish Feeding Time
    Del Valle: Snake Feedings, Beach Blast, Patio Play
    Leona Canyon: Oldest East Bay Redwood
    Sunol: Wild Wonders, Critter Crafts
    Tilden: Fly-Fishing Introduction
    Tilden Nature Area: Talk With The Animals

10 Sunol: Outdoor Discoveries: Cool California

11 Crab Cove: Sea Squirts, Bird Walk
    Hayward Shoreline: Weekday Bird Walk

12 Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

13 Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

14 Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

15 Alameda: Coastal Cleanup 2018
    Ardenwood: Chicken And Their Eggs, Fun With Felting, Patterson House Tours, Apple Cider Pressing, Victorian Table Top Games, Animal Feeding
    Big Break: Coastal Cleanup 2018, Testing The Water, Delta Discoveries
    Black Diamond: Hazel Atlas Mine Tours
    Coyote Hills: Discovery Days, Stories Under an Oak
    Crab Cove: Family Nature Fun, Fish Feeding Time
    Crown Beach: Wildlife Volunteers, Coastal Cleanup 2018
    Del Valle: Coastal Cleanup 2018, Beach Blast, Patio Play, Stargazing
    Hayward Shoreline: Coastal Cleanup 2018
    MLK Jr. Shoreline: Summerland: Walking, Sea Squirts, Bird Walk, Science on the Beach, Fish Feeding Time
    Point Isabel: Coastal Cleanup 2018
    Point Pinole: Wildlife Volunteers, Coastal Cleanup 2018
    Radke Martinez: Coastal Cleanup 2018
    Roberts: Archery Introduction
    Sunol: Wild Wonders, Critter Crafts
    Tilden Nature Area: Farm Chores For Littles

16 Ardenwood: Train Rides, Meet The Farmer, Cooking In The Country Kitchen, Patterson House Tours, Farmyard Story Time, Silt Walkers, Animal Feeding
    Big Break: Citizen Science, Testing The Water, Delta Discoveries, Big Break History
    Black Diamond: Mine Open House
    Coyote Hills: Discovery Days
    Crab Cove: Alameda Wildlife, Nature Party, Family Nature Fun, Fish Feeding Time
    Del Valle: Park ’n Play, Snake Feedings, Beach Blast, Meet a Tarantula, Patio Play, Tarantula Trek
    Sunol: Wild Wonders, Critter Crafts
    Tilden Nature Area: Talk With The Animals, Wax: It’s the Bee’s Knees!, Meet the Chickens

17 Point Pinole: Monday Birding
    Shadow Cliffs: Lakeside Littles

18 Cull Canyon: Hikes for Tykes
    Wildcat Canyon: The Over-The-Hills Gang

19 Crab Cove: Talk Like a Pirate Day
    MLK Jr. Shoreline: Introduction to Salt Water Fishing
    Pleasanton Ridge: Wednesday Walks

20 Ardenwood: Train Rides, Patterson House Tours, Animal Feeding
    Crown Beach: Third Thursdays at the Beach
    MLK Jr. Shoreline: Kayaking for Folks 50+

21 Ardenwood: Train Rides, Patterson House Tours, Animal Feeding
    Briones: Equinox Walk

22 Ardenwood: Garden Chores For Kids, Patterson House Tours, Basket Making, Beginning Embroidery, Gorgeous Goats, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries, Plankton Plunge
    Black Diamond: Hazel Atlas Mine Tours
    Coyote Hills: Discovery Days, Oohlone Village Site Tour
    Crab Cove: Family Nature Fun, Fish Feeding Time
    Del Valle: Birding, Sea Squirts
    Garin: Canine Capers Walk
    Sunol: Wild Wonders, Critter Crafts
    Tilden: Birding, Hiking Poles: Skills & Techniques
    Tilden Nature Area: Talk With The Animals, Reptile Roundup, We All Scream for Ice Cream!

23 Ardenwood: Train Rides, Meet The Farmer, Patterson House Tours, Hens Lay Eggs, We All Scream For Ice Cream!, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries, Volunteers Resoring the Dunes!, Citizen Science - Batwatch!
    Coyote Hills: Tule House Construction, Discovery Days
    Crab Cove: Nature Party, Family Nature Fun, Fish Feeding Time
    Del Valle: Snake Feedings, Patio Play
    Sibley: Who Built the Sibley Labyrinth?
    Sunol: Wild Wonders, Critter Crafts, Meet a Tarantula
    Tilden Nature Area: Talk With The Animals, Chores for Little Gardeners, Apple Cider Pressing

24 Big Break: Sunset and Full Moon Paddle
    Point Pinole: Monday Birding
    Sunol: Outdoor Discoveries: Tarantulas!

25 Alameda Creek Trail: Weekday Bird Walk
    Crab Cove: Sea Squirts
    Garin: Weekday Bird Walk

26 Ardenwood: Toddler Time

27 Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

28 Ardenwood: Chicken And Their Eggs, Patterson House Tours, Rope Making & Hay Hoisting, Victorian Table Top Games, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries
    Del Valle: Park ’n Play, Snake Feedings, Beach Blast, Meet a Tarantula, Patio Play, Tarantula Trek
    Sunol: Wild Wonders, Critter Crafts
    Tilden Nature Area: Talk With The Animals, Wax: It’s the Bee’s Knees!, Meet the Chickens

29 Ardenwood: Chicken And Their Eggs, Patterson House Tours, Rope Making & Hay Hoisting, Victorian Table Top Games, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries
    Black Diamond: Spider Senses, Hazel Atlas Mine Tours
    Briones: Welcome to Autumn Walks
    Garin: Weekday Bird Walk
    Tilden Nature Area: Talk With The Animals, Reptile Roundup, We All Scream for Ice Cream!

30 Ardenwood: Train Rides, Wake Up The Farm, Cooking In The Country Kitchen, Patterson House Tours, Garden Bug Safari, Fun With Felting, Animal Feeding
    Big Break: Testing The Water, Delta Discoveries, “Reduce, Reuse, Recycle”, End-To-End Paddle
    Black Diamond: Tarantula Tales, Hazel Atlas Mine Tours
    Coyote Hills: Skills of the Past, Discovery Days
    Crab Cove: Nature Party, Family Nature Fun, Fish Feeding Time
Regional in Nature

Del Valle: Snake Feedings. Meet a Tarantula, Patio Play
Sunol: Wild Wonders, Critter Crafts, Tarantula Trek
Tilden Nature Area: Talk With The Animals, Jewel Lake Goat Walk, Felting Fun

Big Break: Big Break Littles
Tilden: Monday Birding-Inspiration Point

Big Break: Big Break Littles
Redwood: Hikes for Tykes

Ardenwood: Toddler Time
Big Break: Coffee Talk & Delta News
Quarry Lakes: My First Fish!
Sibley: Wednesday Walks: Sibley to Redwood

Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

Ardenwood: Meet The Chickens, Corn Mosaics, Patterson House Tours, Felted Pumpkins, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Scat Track Fever
Black Diamond: Hazel Atlas Mine Tours
Coyote Hills: Discovery Days, Skills of the Past: Cordage Making
Crab Cove: Nature Party, Family Nature Fun- Day Bay, Fish Feeding Time
MLKing Jr. Shoreline: Saturday Stroll
Morgan Territory: Morgan Morning
Redwood: Llamas - Mystics of Andes
Sunol: Wild Wonders, Critter Crafts

Tilden Nature Area: Farm Chores For Littles, Spider Safaris

Ardenwood: Train Rides, Wake Up The Farm, Cooking In The Country Kitchen, Patterson House Tours, Rope Making & Hay Hoisting, Old-Fashioned Fun, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Birding by Kayak, Sunken Ships & Flowerpots Kayak
Black Diamond: Hazel Atlas Mine Tours
Coyote Hills: 25th Gathering of Ohlone Peoples, Discovery Days
Crab Cove: Nature Party, Family Nature Fun, Fish Feeding Time
Las Trampas: Radical Raptors, Family Photography Walk
Point Pinole: Sunset Photography Series
Sunol: Wild Wonders, Critter Crafts

Tilden Nature Area: Talk With The Animals, Spiderology

Sunol: Outdoor Discoveries

Tilden Nature Area: Monday Birding

Crab Cove: Sea Squirts - Food Chain Frenzy
Kennedy Grove: The Over-The-Hills Gang
Vargas Plateau: Weekday Bird Walk

Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

Ardenwood: Harvest Festival, Patterson House Tours, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Solar Viewing That’s Out of This World, Stary Starry Night
Black Diamond: Hazel Atlas Mine Tours
Brooks Island: Kayaking
Coyote Hills: Discovery Days
Crab Cove: Family Nature Fun, Fish Feeding Time
Del Valle: Park ’n Play
Point Pinole: Sunset Photography Series
Sunol: Wild Wonders, Critter Crafts

Tilden Nature Area: Talk With The Animals, Snakes are Cute!

Miller/Knox: Monday Birding

Ardenwood: Birding The Farm
Roberts: Hikes for Tykes

Coyote Hills: All Abilities Day

Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

Crown Beach: Third Thursdays at the Beach

Ardenwood: Train Rides, Patterson House Tours, Animal Feeding

Ardenwood: Good Morning Farm, Pumpkin Surprise!, Patterson House Tours,

Clothespin Dolls, Farmyard Games, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Mammals of the Marsh
Black Diamond: Hazel Atlas Mine Tours
Briones: Spider Safaris
Brooks Island: Boat to Brooks Aboard Delphineus
Coyote Hills: Ohlone Village Site Tour, Discovery Days
Crab Cove: Native Plant Gardening, Nature Party, Family Nature Fun, Fish Feeding Time
Redwood: Llamas - Mystics of Andes
Roberts: Archery Introduction
Sunol: Wild Wonders, Critter Crafts

Tilden Nature Area: Farm Chores For Littles, Predators of the Forest and Meadow

Ardenwood: Train Rides, Wake Up The Farm, Cooking In The Country Kitchen, Apple Cider Pressing, Patterson House Tours, Corn Husk Dolls, Animal Feeding

Big Break: Delta Discoveries, Testing The Water, Oh Bats!
Black Diamond: Creepy Critters, Hazel Atlas Mine Tours

Brushey Peak: Heading South - Hawk Migration
Coyote Hills: Ohlone Village Site Tour, Discovery Days
Crab Cove: Family Nature Fun, Fish Feeding Time
Temescal: Sunday Stroll - Lake Temescal
San Pablo Bay: Sunset Photography Series-Lone Tree Point
Sunol: Wild Wonders, Critter Crafts, All Hallows Hike

Tilden Nature Area: Talk With The Animals, Jewel the Lake

Coyote Hills: Coyote Cubs: Halloween Hijinks
Crockett Hills: Monday Birding
Encinal Beach: Hikes for Tykes
Diablo Foothills: Wednesday Walks

Bird Walks

Bird Walk, Coyote Hills, Sep 1, page 10.

Radical Raptors, Las Trampas, Oct 7, page 13

Monday Birding, Various Parks, Sep 17, 24, Oct 1, 8, 15, 22, 29, page 13.

Heading South: Hawk Migration, Brushey Peak, Oct 28, page 13
**COYOTE HILLS**

Coyote Hills Visitor Center is open Wed-Sun, 10am-4pm. Info: (510) 544-3220 or chvisit@ebparks.org.

**DISCOVERY DAYS**

Coyote Hills Interpretive Staff 10:30am-3:30pm, Every Sat & Sun

**BIRD WALK**

Coyote Hills Kristina Parkison 2-4pm, Sat, Sep 1

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs.

**SNAKES, STORIES & SPIRALS**

Coyote Hills Dino Labiste 10am-noon & 1:30-3:30pm, Sun, Sep 2

Meet the snakes that make Coyote Hills their home. Learn about their unique adaptations and how these slithering reptiles have become part of our folklore. Create a snake spiral craft to take home.

**LABOR DAY FUN!**

Coyote Hills Dino Labiste 10am-noon & 1:30-3:30pm, Mon, Sep 3

Celebrate the holiday by playing old-fashioned games. We'll have a sack race, egg relays, tug-of-war, kick-the-can and other exciting activities. Have a picnic and join in on the fun!

**STORIES UNDER AN OAK**

Coyote Hills Dino Labiste 1:30-3:30pm, Sun, Sep 9

Learn about the Tuibun Ohlone culture, as we help gather tule for Coyote Hills' reconstructed tule house. We'll provide gloves, tools, and a presentation about tule's cultural and environmental significance. 12+yrs. Info: (510) 544-3220.

**OHOLONE VILLAGE SITE TOUR**

Coyote Hills Kristina Parkison 1:30-3:30pm Sun, Sep 10

10am-noon & 1:30-3:30pm Sat, Oct 20

10am-noon & 1:30-3:30pm Sun, Oct 28

25th ANNUAL GATHERING OF OHOLONE PEOPLES

Coyote Hills Interpretive Staff 10am-4pm, Sun, Oct 7

Oholones from several tribes will share their culture, including music, song, dance, and stories. They'll discuss contemporary cultural involvements, and demonstrate basket, jewelry, soaproot brush, and dogbane string making. Visit a more than two-thousand-year-old village site, play an Ohlone game, try making fire without matches, or make a miniature tule boat. Taste native plant teas, manzanita cider and, in the afternoon, acorn soup cooked with heated stones in a basket. Parent participation is required.

Info: (510) 544-3220.

**SKILLS OF THE PAST**

**TWINED BASKET**

Coyote Hills Dino Labiste #22600

Sep 9 (10am-noon) Gather tule. Sep 16 (9am-4:30pm) Tule and bulrush were used by California Natives for various utilitarian items, like mats, boats, thatched houses, as well as baskets. What makes these versatile marsh plants so unique? Learn more as we create a twined basket. Fee: $15 (non-res. $17). Registration is required.

**ACORN PROCESSING**

Coyote Hills Dino Labiste 10am-3:30pm, Sat, Oct 13 #22497

Acorns were, and still are, a nutritious food of California Native Americans. Participate in the techniques of acorn processing. Stone tools, as well as modern tools, will be used to shell, pound, leach, and cook the acorns into a delicious meal. Fee: $5 (non-res: $7). Registration is required.

**SHELL PENDANT AND BEADS**

Coyote Hills Dino Labiste 10am-3pm, Sat, Oct 27 #22524

Plants and shells were made into indigenous necklaces for adornment. Make pine nut & clam shell beads, create an abalone pendant and twist string from dogbane fibers. Use a pump drill to make the pendant hole. Utilizing past technology, we'll make a very unique necklace. 16+yrs. Parent participation is required. Fee: $10 (non-res. $12). Registration is required.

**TULE HOUSE CONSTRUCTION**

Coyote Hills Dino Labiste 10am-noon & 1:30-4pm, Sun, Sep 23

Lend a hand as we reconstruct a ruway or tule house. Come and help gather tule. Take pride in thatching the ruway with tule. The Ohlone style house will be on exhibit and used in programs for years to come. 8+yrs.

**CART OF CURIOSITIES**

Coyote Hills Kristina Parkison 1-3pm, Sat, Sep 29

The Curiosity Cart, filled with wonders of cultural and natural history, is hidden somewhere within the park. Find it and discover the secrets it shares.

**HALLOWEEN TWILIGHT HIKE**

Coyote Hills Dino Labiste & Kristina Parkison 5:30-8:30pm, Fri, Oct 26 #22512

Spend a SPOOKtacular evening as we hike the hills looking for hobgoblins, witches, and ghosts at sunset. Find out the ancient origins and modern traditions of Halloween. Don your costume to seek out wandering souls along the trail. Return for treats and a campfire story. 5+yrs. Fee: $4. Parent participation is required. Registration is required.

**LABOR DAY OPEN HOUSE**

Crab Cove Interpretive Staff 10am-4pm, Mon, Sep 3

Enjoy a day of fun at the shoreline! 11am: Songs and Stories by the Shore; 2pm: Family Nature Fun – Fish Fun; 3pm: Fish Feeding. Also meet our gopher snake and box turtle, follow our self-guided history trail.

**CRAB COVE**

Crab Cove Visitor Center is open Wed-Sun, 10am-5pm, and offers aquariums and exhibits about San Francisco Bay. For information about naturalist programs or other activities, call (510) 544-3187, or ccove@ebparks.org.

**ALL ABILITIES DAY**

Coyote Hills Interpretive Staff 9am-3pm, Wed, Oct 17

Explore nature your own way, at your pace. This program is inclusive for all abilities, offering something for everyone!

Travel along paved trails to visit stations to touch fur, listen to birds, draw wildlife, sit on benches to scan the water, or paint the view. Drop in anytime between 9am and 3pm. Indoor and outdoor options, wheelchair accessible.

**SEASQUIRTS**

Crown Beach Interpretive Staff 10:30-11:45am, Tue, Sep 11 #22342

Sea-ing Stars and Urchins; Sep 25 #22344 Whoop there goes! Owls! Oct 9 #22345 Food Chain Frenzy; Oct 23 #22346 Creepy Crawlies. Share a morning of shoreline fun with your pre-school age child. We'll play games, explore nature, share stories, and do a craft related to the theme of the day! Please no older or younger siblings (exception: infants). 3-5 years. Fee: $5 ($7 non-res.)

Registration is required.

**LABOR DAY OPEN HOUSE**

Crab Cove Interpretive Staff 10am-4pm, Mon, Sep 3

Enjoy a day of fun at the shoreline! 11am: Songs and Stories by the Shore; 2pm: Family Nature Fun – Fish Fun; 3pm: Fish Feeding. Also meet our gopher snake and box turtle, follow our self-guided history trail.
make a nature craft, and watch a nature movie in the Old Wharf Classroom.

FAMILY NATURE FUN

Crab Cove Interpretive Staff 2-3pm, Every Sat & Sun
The tides roll in and out making each day a chance to discover something new. Our shoreline is bursting with bird life and other signs of the season. Come explore with us and have fun with family-friendly activities.

FISH FEEDING TIME

Crab Cove Interpretive Staff 3-3:30pm, Every Sat & Sun
Learn about Bay creatures and get a good view of our crabs, flounder, perch, pipefish and more — while they eat. It’s like a dive in the Bay without getting wet.

ALAMEDA WILDLIFE

Crab Cove Michael Charnofsky 9:30-11:30am, Sun, Sept 16
Alameda has great wildlife. On this 3-mile walk we’ll view a seal colony, discuss wildlife conservation issues, and learn where to look for the unexpected. Binoculars available to borrow.

TALK LIKE A PIRATE DAY

Crab Cove Interpretive Staff 3:30-4:30pm, Wed, Sep 19
Ahoy Mates! Be you lookin’ to find a treasure? Ay! Stop by the Salty Center to celebrate the day! Grog (cider), crafts, and buried treasure await!

CRAB COVE FISH FESTIVAL

Crab Cove Interpretive Staff 10am-4pm, Sat, Sep 1
Join us for a day of fun with fishing lessons, games, activities, fish prints, crafts, and a Fish-on-a-Bicycle Parade! 10am-4pm: Mobile Fish Exhibit — drop by to see the fish of the East Bay! 11am & 2pm: Behind the Scenes Aquarium Tour

TARANTULA TREK

Del Valle Ashley Adams 6-8pm, Sun, Sep 16
As summer turns to fall tarantulas make an appearance searching for love in the parks. Drop by the visitor center to meet a tarantula up close and hear about their amorous adventures.

ARACHNOPHILIA!

Sunol Constance Taylor 5-7pm, Sat, Oct 13
Celebrate spiders during tarantula season! We’ll search for different types of spiders and observe our eight-legged friends in action while we are out on an evening stroll.

HISTORY HIKE

Sunol Ashley Adams 1-3:30pm, Sun, Oct 21
From a mysterious barn on the hill to the footprints of cabins below, search for signs of the past on a moderate 3-mile journey through the hills and history of Sunol.

ALL HALLOWS HIKE

Sunol Ashley Adams 6-8pm, Sun, Oct 28
Discover the history of this beloved holiday and search for some of its not so creepy mascots in Sunol! This family-friendly hike will be all treat, no tricks, ending with a campfire!

Del Valle Interpretive Staff 11-11:30am, every Sun in Sep
Meet our resident gopher snake, Julius Squeezee, for an up-close and personal visit. If he is hungry, we’ll be able to feed him his lunch.

LAKE DEL VALLE SCENIC BOAT TOUR

Del Valle Interpretive Staff 1-2:30pm, Sat, Sun, Mon, Sep 1 to 3
Catch cool breezes as you explore the lake the easy way - by boat. Find out about the creatures below, above, and on land while you hear the history of the area. Bring a jacket and binoculars, if you have them. Purchase tickets at the marina beginning at 6am, or at the Visitor Center.

MEET A TARANTULA

Del Valle Ashley Grenier 2-3pm, Sun, Sep 16, 30
As summer turns to fall tarantulas make an appearance searching for love in the parks. Drop by the visitor center to meet a tarantula up close and hear about their amorous adventures.

WILD WONDERS

Sunol Interpretive Staff 11am-12pm, every Sat & Sun in Sep & Oct
Wildness awaits! Discover the wonders of the wilderness through games, activities, and explorations. Great for families of all ages.

SUNOL AT SUNSET

Sunol Constance Taylor 6:45-9pm, Sat, Sep 8
Experience Sunol in the evening! We’ll start by looking for bats coming out to begin their night feeding, and then take a walk to explore as night falls.

MEET A TARANTULA

Sunol Ashley Grenier 2-3pm, Sun, Sep 23
As summer turns to fall tarantulas make an appearance searching for love in the parks. Drop by the visitor center to meet a tarantula up close and hear about their amorous adventures.

SUNOL WILD WONDERS

Sunol Interpretive Staff 11-4pm, Sat, Oct 20
Grab your boots and brush off your hats for our annual shindig celebrating the pioneers and cowboys of Sunol! Music, dancing, pioneer games and skills, and more await you at this family event.

Del Valle Interpretive Staff 1-1:15pm, 3-3:15pm, 5-5:15pm, every Sat & Sun
Catch cool breezes as you explore the park, and this camping tradition, on Saturday night of Labor Day weekend.
The Environmental Education Center is open Tue-Sun, 10am-4:30pm. The Little Farm is open daily. Info: (510) 544-2233 or tnarea@ebparks.org.

FARM CHORES FOR LITTLES
Tilden Nature Area Interpretive Staff 10:30-11am, Every Sat in Sep & Oct Little children will enjoy taking care of the little animals at the Little Farm. Meet at the rabbit hutch for a variety of age-appropriate activities.

TALK WITH THE ANIMALS 🐣
children learning how to take care of animals.

What’s the buzz about bees? Beeswax! This secretion of waxiness is important to both bees and humans. Illuminate your mind as you make a candle and sample local honey. Meet at the Little Farm.

MEET THE CHICKENS 🐣
Tilden Nature Area Jenna Scimeca 3:30-4:30pm, Sun, Sep 16 Check out our coop full of chickens! Discover why they peck at the ground and learn where they like to perch. Then grind some corn and feed them a snack.

FUN WITH FELT 🧶
Tilden Nature Area Trail Gail 2-3pm, Sat, Sep 22 Stop by the farm and make a felted creation. We’ll use wool, soap and our own energy to make a unique piece. Come get your hands wet while learning about wool.

CHORES FOR LITTLE GARDENERS 🌿
Tilden Nature Area Jenna Scimeca 1-2pm, Sun, Sep 23 Lend a hand weeding, watering and planting our healthy vegetables. We might even taste a few! Meet at the Kids’ Garden.

APPLE CIDER PRESSING 🍎
Tilden Nature Area Jenna Scimeca 3-4pm, Sun, Sep 23 Come help squeeze the juice from apples and discover why this was once the most popular drink in America. Afterwards, taste a sample of our hard work.

SENSORY HIKE 🧐
Tilden Nature Area Trail Gail 2-3pm, Sat, Sep 29 Awaken your five senses and your imagination while you explore and experiment outdoors.

FELTING FUN 🧶
Tilden Nature Area Jenna Scimeca 1-2pm, Sun, Sep 30 Come find out how we can turn sheep’s wool into cloth! Practise your hand at wet felting and make your own felted creation.

JEWEL LAKE NATURE WALK 🏞️
Tilden Nature Area Anthony Fisher 3-4pm, Sat, Oct 13 Take a leisurely walk around Jewel Lake and learn about the plants, animals, and fungi that make their home here. This 2 mile walk is mostly flat, but not stroller friendly.

JEWEL LAKE NATURE WALK 🏞️
Tilden Nature Area Anthony Fisher 1-2pm, Sun, Oct 14 Look ma! No hands! What is life like for the belly-walkers? We examine snakes, their adaptations and their place in the human experience.

JEWEL THE LAKE 🏞️
Tilden Nature Area Brianna Contaxis-Tucker 2-3pm, Sat, Oct 27 An easy walk to the lake and a bit of exploration of its waters. Who’s in there?

OTHER PARKS 🏞️

WEEKDAY BIRD WALK 🐦
Various Parks Kristina Parkison & Francis Mendoza 9am-12pm, Sun, Sep 9 Join us as we explore a nearby park and learn about local bird life. Bring binoculars or scopes.

HILLS OF SOLACE - A EUGENE O’NEILL FESTIVAL HIKE 🏞️
Las Trampas Interpretive Staff 9am-12pm, Sun, Sep 9 Discover the legacy of playwright Eugene O’Neill and the peaceful hills of Las Trampas that inspired him, as we hike from Front Street Park in downtown Danville along the Iron Horse Trail and into Las Trampas to the Eugene O’Neill National Historic site – a hidden National Park Service gem. Information and Registration, www.eugeneoneill.org.

LAKESIDE LITTLES 🌞
Shadow Cliffs Ashley Grenier 10-11am, Mon, Sep 17, Oct 15 Bring your little ones and discover nature. We’ll explore a trail, look at bugs, search for birds, and much more. Let’s get outside! Parent/caregiver participation required. (1-5yrs.) Info: (510) 544-3249.
CANINE CAPERS WALK ©
Garin  Kristina Parkison
9-11am, Sat, Sep 22 #22590
The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. (8+yrs.) Parent participation is required. Registration is required.

PSL WALK! ©
Shadow Cliffs  Ashley Adams
9-10:30am, Sun, Sep 23
Nothing says autumn quite like a pumpkin spice latte! Search for seasonal signs while enjoying your warm beverages on a walk from Starbucks on Bernal and Stanley to the Arroyo Del Valle. Purchase your lattes and join us to head out towards the park from there! Bonus points if you bring your own trail mug! Info: (510) 544-3249.

WHO BUILT THE SIBLEY LABYRINTH? ©
Sibley  Helena Mazzariello & Michael Charnofsky
10am-1pm: Sun, Sept 23 #22441
Main Staging Area - In 1989 she built the Sibley labyrinth “as a gift to the world.” On a 3-mile hike, join us with Helena Mazzariello, original builder, as she unravels mysteries and myths about labyrinths, their spiritual properties, and how she (secretly) created ours. 10+ years. Registration is required.

ROUND VALLEY PICNIC WALK ©
Round Valley  Kevin Dixon
9am-1pm, Sat, Sep 29
Explore the natural beauty of this peaceful valley, an East Bay gathering place for thousands of years. Bring lunch for a picnic. (8+yrs.) Info: (510) 544-2750.

ALL ABILITIES DAY ©
Shadow Cliffs  Interpretive Staff
12-3pm, Sat, Sep 29
Explore nature your way, at your pace. This program is inclusive for all abilities and offers something for everyone! Travel along wheelchair-friendly trails to stations and activities. Info: (510) 544-3249.

ALL ABILITIES BIRDING ©
MLK Jr. Shoreline  Interpretive Staff
10am-noon, Sat, Sept 29 # 22480
Come learn about the variety and function of bird structures by touching and viewing skulls and taxidermy specimens as well as listening to bird calls. Then take what you’ve learned out on the flat, paved trail to identify birds that call this area home. We meet in the Arrowhead Marsh Parking Lot. Binoculars and birding guides provided. Info: (510) 544-3176. Registration is required.

MONDAY BIRDING ©
Various Parks  Anthony Fisher
9am-noon, Mon, Sep 17, 24. Oct 1, 8, 15, 22, 29
Birding for all!

GARIN APPLE FESTIVAL ©
Garin  Kristina Parkison
Noon-4pm, Sat, Sept 8
Celebrate the area’s farming and pioneer past during this year’s Apple Festival! Garin is home to an antique apple orchard with varieties of apples you won’t find anywhere else! Try your hand at hand-cranking ice cream or pressing apple cider, and then taste the “fruit” of your labor. Music, dancing, crafts, and old-fashioned games make this event fun for the whole family!
Info: (510) 544-3220.

FRENCH BROOM REMOVAL/ RESTORATION PROJECT ©
Redwood Staff
9am-1pm, 1st Sat of the month.
Help remove invasive French Broom at various locations in the park. Tools, protective equipment and snacks will be provided. Please call (510) 544-3127 or email redwood@ebparks.org to confirm meeting location as this can vary from month to month. Rain cancels the event.

INVASIVE SPECIES REMOVAL/ HABITAT RESTORATION ©
Huckleberry, Sibley
9:30am-1:30pm, 2nd Sun of the month.
Help remove invasive plants against invasive species displacement. Tools provided. Info: (510) 544-3112. sibley@ebparks.org.

WILDLIFE VOLUNTEERS ©
CALIFORNIA BLACK RAIL HABITAT HELPERS ©
Point Pinole  Doc Quack
9am-11:30am Sat, Sep 15 #22333
Help create habitat for the State threatened California black rail. We will remove non-native plants, pick up trash, clear debris from clogged channels to improve tidal water cycling, and plant wildlife friendly vegetation which restores nesting habitat for the California black rail. By participating, you’ll earn your “Black Rail Habitat Helper” patch. Physical labor is involved.

VOLUNTEER
HIKES FOR TYKES  

Various Parks  Interprettive Staff
10:30-11:45am, Tue, Sep 4, 18 & Oct 2, 16, 30
Enjoy some nature before naptime with your young child! Join a naturalist over hill and dell to explore the fabulous flora and fauna of the Regional Parks. Tools for exploration will be provided. Hikes average about one mile. Bring a snack. Strollers are not recommended. See www.ebparks.org/parks/maps for maps and directions. Info: (510) 544-3187.

Sep 4: Elsie Roemer Bird Sanctuary Crown Beach (meet at overlook platform near the intersection of Shoreline and Broadway)

Sep 18: Cull Canyon (Parking Lot Entrance)

Oct 2: Redwood Regional Park (Trudeau Staging Area)

Oct 16: Roberts Regional Recreation Area (Redwood Bowl)

Oct 30: Encinal Beach (Alameda)

COASTAL CLEANUP 2018  

Various Parks  Staff
8:30am-noon, Sat, Sep 15
Join us for the 34th Annual Coastal Cleanup. Park District staff and volunteers will pick up litter and recyclables from shoreline parks, lakes, and along creeks in Alameda and Contra Costa Counties. An adult should accompany children under 16 years old. “Go Green” and reduce the amount of waste. Please bring a refillable water bottle, a bucket for trash, hat and gloves. All volunteers should wear close-toed shoes, appropriate layered clothing and bring sunscreen. The District will provide snacks, water, and trash bags.

Alameda - Encinal Boat Ramp # 22194;
Big Break # 22197; Crown Beach # 22176; Del Valle # 22177; Hayward Shoreline # 22182; MLKing, Jr. # 22187; Point Isabel # 22188; Point Pinole # 22190; Radke Martinez # 22183. Info: (510) 544-2229. Registration is required.

SATURDAY & SUNDAY STROLLS  

Various Parks  Interprettive Staff
9:30am -1pm
Discover the natural and human history of our beautiful parklands, explore new trails and improve your health with a friendly walking group. Wear sturdy footwear, bring water and dress for the weather. Heavy rain cancels.

Sep 5 - Lake Chabot, led by Susan Ramos. Hike one of the trails highlighted in this year’s Trails Challenge! Four-mile moderate loop up Indian Cove Trail & back along Cameron & the shady East Shore. Parking fees apply. Bring water. Info: (510) 544-3187.

Sep 19 - Pleasanton Ridge, led by Christina Garcia. Explore part of Sinbad Creek canyon from this park’s newest access point near the old Alviso Adobe. Up to 7 strenuous miles of hiking up and over the ridge. Meet at Castleridge Staging Area.

Oct 3 - Sibley to Redwood, led by Susan Ramos. Hike about six hilly miles along a portion of the beautiful National Skyline Trail from Sibley through Huckleberry to Redwood and back. Some sections are strenuous. Bring water. Info: (510) 544-3187.

Oct 24 - Tilden Regional Park, Inspiration Point, led by Trail Gail. Come on this mostly flat hike for a change, with inspiring views of the area. 8+yrs.

Oct 31 - Diablo Foothills, led by Christina Garcia. Travel through oak-studded grasslands on the gently rolling foothills of Mt. Diablo as we climb over Shell Ridge and along lovely Pine Creek. This moderately-strenuous hike covers 6 miles. Meet at Livorna Road Staging area. No Dogs, please. Note: No water or restrooms are available at the staging area.
VISITOR CENTERS

ARDENWOOD
34600 Ardenwood Blvd.
Fremont, CA
(510) 544-2797

BIG BREAK
69 Big Break Road
Oakley, CA
(510) 544-3050

BLACK DIAMOND MINES
5175 Somersville Road
Antioch, CA
(510) 544-2750

BOTANIC GARDEN
Tilden Regional Park
Berkeley, CA
(510) 544-3169

COYOTE HILLS
8000 Patterson Ranch Rd.
Fremont, CA
(510) 544-3220

CRAB COVE
1252 McKay Avenue
Alameda, CA
(510) 544-3187

DEL VALLE
7000 DelValle Road
Livermore, CA
(510) 544-3146 summer weekends only; 544-3249

GARIN
1320 Garin Avenue
Hayward, CA
(510) 544-3202

SUNOL-OHLONE
PO. Box 82 (on Geary Road)
Sunol, CA
(510) 544-3249

TILDEN NATURE AREA
Environmental Education Center (EEC) at Tilden Regional Park
Berkeley, CA
(510) 544-2223

SWIM FACILITIES
1-888-327-2757, option 3

LAKE ANZA
Tilden Regional Park
Berkeley, CA | ext. 4563

CASTLE ROCK
1700 Castle Rock Road
Walden Creek, CA | ext. 4515

CONTRA LOMA
1200 Frederickson Lane
Antioch, CA | ext. 4518

CULL CANYON
18627 Cull Canyon Road
Castro Valley, CA | ext. 4523

DEL VALLE
7000 DelValle Road
Livermore, CA | ext. 4524

DON CASTRO
22400 Woodrow Ave.
Hayward, CA | ext. 4527

QUARRY LAKES
2100 Iverwood Way
Fremont, CA | ext. 4552

ROBERTS POOL
10570 Skyline Blvd.
Oakland, CA | ext. 4555

SHADOW CLIFFS
2500 Stanley Blvd.
Pleasanton, CA | ext. 4557

LAKE TEMESCAL
6502 Broadway Terrace
Oakland, CA | ext. 4561

How to Register • Fee Payment

Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed for further information.

For programs that indicate “Registration is required,” register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed.

ONLINE registration is available if the program title displays this symbol. Go to www.ebparksonline.org. When registering online, use the course code printed next to the program date(s).

WALK-IN: Come to the District Headquarters between 8:30am and 5pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Dunsmuir House and south of the Oakland Zoo off I-580. See map below.

BY PHONE: Phone registration requires a VISA or Mastercard. The Reservations Office is open between 8:30am-4:00pm Mondays through Fridays (closed weekends and holidays). Call 1-888-EBPARKS (327-2757) and select option 2. TRS Relay for the Hearing Impaired: 7-1-1.

BY MAIL: Call the Reservations Office at 1-888-EBPARKS (327-2757) option 2, to request a mail-in registration form. Registration is payable by check only up to 15 days before the program.

FEE PAYMENT: Fees must be paid in full at the time of registration. Fees may be paid by money order, VISA, Mastercard, cash, or pre-printed check for walk-in registration. Make checks payable to EBRPD. Programs registered in the parks may be paid for by check up until the day of the program if space is available. Returned checks will be charged a $25 Return Check charge. Non-resident fees apply to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

CANCELLATION POLICY: REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. CANCELLATION POLICY: At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.
ASSEMBLYMEMBER BILL QUIRK
Walk and Talk Town Hall
Saturday, October 6, 2018
10 a.m. to 2 p.m.
Meeting Location: Ardenwood Historic Farm, Fremont
Join Assembly Member Bill Quirk and an EBRPD naturalist on a 1-mile walk through Ardenwood Historic Farm. Light refreshments will be served.

SUNOL REGIONAL WILDERNESS
Cowboy Hootenanny
Saturday, Oct. 20
11 a.m. to 4 p.m.
Hands on Ranching Activities
• Folk and Bluegrass Music
• Bring a Picnic
Parking: $5 • 1895 Geary Road, Sunol, CA

GARIN APPLE FESTIVAL
Saturday, Sept. 8
Noon to 4 p.m.
Celebrate our farming heritage
• Apple cider • Unique apple varieties
• Music • Old-Fashioned Games
• Dancing
Event is free with a $5 parking fee.
Info: ebparks.org/activities
GARIN/DRY CREEK
PIONEER REGIONAL PARK, HAYWARD

CALIFORNIA COASTAL CLEANUP
Saturday, September 15
8:30 a.m. to noon
Volunteers Needed!
Various Parks
Information: (510) 544-2515 or ebparks.org
Registration required. See page 14.

Thank You!
Prop 68 Passed by California Voters – $2.83 Billion to be Invested in Parks Statewide.

Memberships Now Available at Select Regional Parks and Local REI Stores
Becoming a Regional Parks Foundation member has never been easier!

RegionalParksFoundation.org