

# WEDNESDAY WALKS

Explore new trails and make new friends as you get in some healthy outdoor activity with our friendly, Naturalist-led walking group. Hikers of all ages and abilities are welcome. Hikes begin promptly at 9:30am, and usually end by noon.

For more information, please contact Naturalist Christina Garcia at 510-544-3282 or [CGarcia@ebparks.org](mailto:CGarcia@ebparks.org), Naturalist Trail Gail at 510-544-3258 or [GBroesder@ebparks.org](mailto:GBroesder@ebparks.org), Naturalist Susan Ramos at 510-544-3187 or [SRamos@ebparks.org](mailto:SRamos@ebparks.org),

**January 16** Carquinez Shoreline – Nejedley Staging area *strenuous*  
Hills and views with Trail Gail

**January 30** Ardenwood Historic Farm *easy*  
Visit the special place where monarch butterflies congregate for the winter at this historical preserve. Hear the story of the 49er who found gold in the fertile fields of the East Bay as you explore the remnants of his once vast estate on a leisurely 3-mile walk. Meet in the main parking lot. No dogs, please. **Directions:** From I-880 in Fremont, take Highway 84 west to Ardenwood Blvd. Go north on Ardenwood to the park entrance on the right. 34600 Ardenwood Blvd., Fremont CA 94555 Info: Christina Garcia

**February 6** Coyote Hills *moderate*  
If it's muddy we'll circle the hills on the paved Bayview Trail. Dry conditions will take us on a hillier course up and over the hills for about 4.5 miles. Bring binoculars to appreciate the variety of birds that utilize the surrounding freshwater marshes, salt ponds, and tidal wetlands. Meet at the Visitor Center parking lot. Parking fee charged for non-members. **Directions:** From I-880 in Fremont, take Highway 84 west to Ardenwood Blvd. Go right on Ardenwood, left on Paseo Padre Parkway, and right at Patterson Ranch Road. Address: 8000 Patterson Ranch Road, Fremont 94555. Led by Christina Garcia.

**February 20** Sibley – Old Tunnel Road Staging Area *moderate*  
Different views of Sibley including a hidden pond, volcanic rocks, a mysterious old car & more on this moderate 3.75-mile hike. **Directions:** From Highway 24 take the Fish Ranch Road exit immediately east of the Caldecott Tunnel. If you are coming from the east, turn left onto Fish Ranch road, go a short distance, then make a right on old tunnel road and follow it to the parking area. If you are coming from the west, take exit 7A (Fish Ranch Road) but after .1-mile veer left onto Old Tunnel Road. Follow Old Tunnel Road to the parking area. Led by Susan Ramos

**February 27** Sobrante Ridge – Conestoga Way *strenuous*  
Blooming manzanitas and more. Strenuous, no facilities, and parking is along the street near 5599 Conestoga Way. Led by Trail Gail

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**March 20** Dublin Hills *moderate*  
Let's go on a moderate 5-mile out-and-back hike on the Calaveras Ridge Trail. **Directions:** From I-580 eastbound or westbound, take exit 44A, the San Ramon Road/Foothill Road exit, and turn north on San Ramon Road/Foothill Road to Dublin Blvd. Turn west(left) on Dublin Blvd. and drive for about two miles. The staging area is on the right. No street address. Led by Christina Garcia

**March 27** Anthony Chabot – Bort Meadow *moderate/strenuous*  
Enjoy Spring! Take about a 4-mile hike through a meadow, up and down hills, and along city streets. Some parts strenuous. **Directions:** From Hwy 13, take the Redwood Road exit. Follow Redwood Road all the way up the hill until it intersects with Skyline Blvd. Cross Skyline and continue on Redwood Road several miles to the Bort Meadow Staging area. Vault toilets are located .5-mile roundtrip from the trailhead. Come early if you would like to make a trip to the bathroom. Led by James Frank, info: [JFrank@ebparks.org](mailto:JFrank@ebparks.org) or 510-544-3181

**April 3** Sunol Regional Wilderness *moderate/strenuous*  
Take a peek at Mother Nature's bloomers. See plenty of gorgeous wildflowers on a moderately-strenuous loop hike on the Canyon View trail. **Directions:** From I-680 in Sunol, head south on Calaveras Road for about 4 miles. Turn left at Geary Road and follow it into the park. 1895 Geary Road, Sunol, CA. Meet at the Green Barn Visitor Center parking area. Naturalist Christina Garcia

**April 17** Tilden Park  
Meet at Tilden Park, Steam Train Overflow parking lot. Search for flowers. No registration, drop-in, for info Trail Gail (510) 544-2233

**Hike Rating:** *Easy* = flat, *Moderate* = a few rolling hills, *Strenuous* = some quite steep or prolonged uphill sections of trail, *Challenging* = substantial elevation gain

**Rain:** We hike in most weather conditions, except for heavy rain. Hikes will only be canceled at the trailhead the day of the hike, as weather is difficult to predict in the Bay Area's microclimates. Hikes may be re-routed due to trail conditions.

**Bring:** Wear footwear with good traction. Bring water, sunscreen, hat, sunglasses, & layered clothing.

**Dogs:** Friendly dogs are welcome on most hikes, except as noted, but must be leashed at all times and waste must be bagged and carried out.

**Hikers Responsibilities:** Sign in and out. Let a leader know if you are turning back. Wait at trail junctions if you're unsure of the route.

Accommodations will be made for visitors with disabilities upon request. Please call the naturalist at least 48 hours prior to the hike if you are unsure of your fitness level or require assistance.