Dotson Family Marsh Restored
See “New Park Amenities” page 2.

Inside:
Swim Lessons and Jr. Lifeguards • page 4
Kayaking Opportunities • page 5
Outdoor Movie Night • page 6
Independence Day at Ardenwood • page 6
Campfire Programs • page 13

EBRPD Board Member Whitney Dotson and family celebrate dedication of Dotson Family Marsh.
L – r: grandson Amarie (7), son Jelani; grandson Koby (9), son Sule, Whitney, son Lukman
New Park Amenities For You Thanks to Measure CC
A MESSAGE FROM GENERAL MANAGER ROBERT E. DOYLE

The East Bay is loaded with beautiful places to enjoy outdoors, and the East Bay Regional Park District just added some new amenities we think you'll really like, thanks to voter-approved funding from Measure CC. The $12 annual parcel tax goes a long way to invest in regional trail improvements, fire hazard reduction, shoreline restoration and infrastructure repairs through twenty of the oldest and busiest regional parks in western Alameda and Contra Costa counties. Some newly completed projects include:

- **Miller/Knox Regional Shoreline, Richmond:** Renovation/replacement of 79 family and group picnic tables, barbecues and drinking fountains; addition of four flush restrooms; and accessibility improvements including pathway upgrades and restroom renovations.

- **Nearby Richmond Bay Trail:** Installation of a one-mile Bay Trail segment around the West County Wastewater District facility, connecting Wildcat Creek Trail to San Pablo Creek and Point Pinole to the Richmond Parkway.

- **Roberts Regional Park, Oakland:** Renovation of ballfield irrigation and installation of new drinking fountains, picnic tables, barbecues and pathways.

- **Tilden Regional Park, Berkeley:** Accessibility improvements to the parking area and pathways near the Little Farm and installation of a wheelchair accessible ramp at the Big Leaf picnic area.

- **Point Pinole Regional Shoreline, Richmond:** Completion of the Dotson Family Marsh restoration as well as new park access entry bridge at Atlas Road. (See page 3 story for more info.)

All told, over $35 million in Regional Park projects have been completed since 2004. Read more on our website: ebparks.org/CC. Thanks for your continued support of your Regional Parks. We couldn't do it without You!

---

Wet Spring Makes for High Fire Danger in Summer

The wet weather this spring has boosted wildflowers and produced vivid green hillsides. But the added rain also causes wild grasses to grow thicker and taller, and foliage to be more abundant. In the warm season, the soils dry out, the grass cures to a crisp, golden yellow and the moisture in the leaves of brush and trees declines. The hillsides turn brown, dry and flammable. Dust rising from the hiking trail and the strong scent of pine and eucalyptus tell us summer is here and so is the wildfire season.

The Park District's fire department works year-round to reduce the threat of wildfire by thinning dry brush and oily eucalyptus, and strategically eliminating dead or dying trees. Our professional firefighters and contract work crews follow our fuels management plan to reduce wildfire hazards within the parklands and neighboring communities. In recent years, we have also mobilized Civicorps and Student Conservation Association crews, neighborhood volunteer groups, California Department of Corrections and Rehabilitation crews, and individual volunteers – as well as thousands of goats – to reduce the potential for wildfires, especially in the wildland/urban interface.

Funding for this critical fuels management program is provided by grants from funders including the State of California, PG&E (via the Regional Parks Foundation), and federal programs such as FEMA and the Diablo Fire Safe Council. Additional funding comes from EBRPD's Measure CC as well as annual appropriations by the District's Board of Directors.

While our efforts to reduce the risk of severe wildfires are extensive, residents can take steps to reduce flammable brush and foliage around their homes too. Visit ebparks.org or contact your local fire department for tips on reducing fire risks.
The Park District completed and dedicated two huge and very lengthy, complex projects at Point Pinole Regional Shoreline in Richmond in April. The Atlas Road Bridge provides a new main entrance and staging area to the park. The completion of the new bridge is part of a multi-phase project that will eventually include new picnic areas, a new playground and the route to a new interpretive center for the park. It also connects to the San Francisco Bay Trail. The bridge construction involved working with the Union Pacific Railroad to ensure safety for the project while working over the active rail corridor.

Meanwhile at the same park, the newly renamed Dotson Family Marsh boasts an extensive habitat restoration and public access project. The 150-acre, $14 million habitat restoration and public access project was funded by more than 10 agencies, including the U.S. Environmental Protection Agency, along with EBRPD through local bond Measures CC and WW. The project is the culmination of the community’s 50-year advocacy to reclaim public access to the shoreline. As the Park District plans ahead for sea level rise, habitats and tidal wetlands such as these will help protect shoreline communities.

The total investment at Point Pinole is over $46 million, including $20.3 million to acquire both Dotson Family Marsh and Atlas Road Bridge properties; $14 million for the restoration project, and $11.7 million for the new entrance at Atlas Road Bridge. Together they represent the largest park investment in EBRPD history. Learn more and plan your Point Pinole visit at ebparks.org.

Owls in the Regional Parks

The Bay Area is home to a resplendent variety of owls. Perched high above a trail, tucked into the eaves of a building, or in a burrow, these nocturnal raptors are hidden much of the time. With a keen eye, some binoculars, and perhaps a helpful naturalist, you might just spot one in your favorite Regional Park.

Great horned owls, barn owls, Western screech owls, pygmy owls, saw-whet owls, and the Western burrowing owl are year-round residents. Long-eared owls are among the species seeking overwintering spots.

The Park District supports owls by improving and protecting their habitats. Volunteers work with staff to install and maintain artificial burrows to provide extra homes for the burrowing owl, a California species of special concern. In some parks, nest boxes give barn owls a chance to stay out of reach of raccoons and other predators. Meanwhile, research conducted in the Altamont Pass on how Western burrowing owls use the landscape is informing wind farm development to lessen the impact on the birds.

Support owls by becoming an EBRPD Wildlife Volunteer or donor: Visit ebparks.org/volunteers to learn more.
SUMMER PROGRAMS FOR YOUTH

SWIM LESSONS
Swim Lessons are a great start to a safe fun summer around the water. We offer a wide range of American Red Cross swim levels for ages 6 months through teens (Adult lessons offered at Roberts). The Contra Loma classes meet Mon/Wed or Tue/Thurs for four weeks. The Roberts Pool classes meet Mon-Thurs for two weeks. Reserve your spot by signing up now. For more info on dates, times, and class descriptions, visit www.eblifeguard.org/swimlessons.

JUNIOR LIFEGUARD
This program will challenge teens ages 14-18 mentally and physically. Develop skills in teamwork, professionalism, communication and other skills employers look for when hiring. You will be training like a lifeguard. Expect daily physical fitness activities, swimming and rescue skill training, first aid lectures, emergency procedure drills and insider tips on how to become a lifeguard. For information and an application, contact Kyle Maxwell at kmaxwell@ebparks.org or call (510) 690-6620.

JUNIOR LIFEGUARD AIDE
Learn leadership, communication, and team building skills in the Junior Lifeguard Aide program. Participants assist instructors and act as role models to young Junior Lifeguard participants by demonstrating and teaching skills as well as setting up and leading activities as directed by the lead instructor. This is a great opportunity to get a foot in the door if you would like to be a lifeguard. Offered for ages 13-15. For more information regarding the Aide program and to receive an application, contact Aaron Roth at aroth@ebparks.org or call 510-690-6624.

JUNIOR CADET
If you’re too old for Junior Lifeguards or were in the Aide program and are now looking for a physical and mental challenge, the Junior Cadet program is for you! Under the supervision of a veteran lifeguard, Junior Cadets will complete long distance swims and paddles, in-depth skill practice, training with the lifeguard staff, lots of physical training, and gain insider knowledge of how to become an EBRPD lifeguard. Offered for ages 14-18. For more information and to receive an application, contact Kyle Maxwell, Kmaxwell@ebparks.org, or call 510-690-6620.

PARK’N IT DAY CAMP
Mon-Fri, 8:30am-4pm
Jul 3-7, Various Parks #16562
Jul 10-14, Contra Loma #16486
Jul 24-28, Miller Knox #16487
Jul 21-Aug 4, Ardenwood #16488

This exciting and informative day is geared for remote hiking and carry water! Adult participation required for ages 8-15. Registration is required. Fee: $50

LEADERS IN TRAINING
Looking for work experience or a career in Parks & Recreation? Under staff guidance, work with other teens helping run our day camp! LITs must first apply and interview for positions. They will receive a tee shirt, training, 35 community service hours, and job-skills development from staff. LITs are encouraged to work for more than one camp session. Download an application at www ebparks.org or contact Philip Coffin, Recreation Coordinator, at pcoffin@ebparks.org or call (510) 544-2233 for a paper copy. 13-17yrs. Registration is required. Fee: $50

RIDGETOP SHUTTLE RUN
Pleasanton Ridge Recreation Staff
8am, Sat, Jul 1 #17531; Aug 26 #17539
10am, Sat, Jul 1 #17533; Aug 26 #17540

We are providing one-way shuttle trips deep into the park, from the staging area to one of three destinations allowing you to hike 4.66, 7, or 9.2 miles back to the staging area. The majority of the hike back is along the ridgetop offering fantastic views of the East Bay Hills and Bay. Prepare for remote hiking and carry water! Adult participation required for ages 8-15. Registration is required. Fee: $10 (non-res. $12)

FLY-FISHING INTRODUCTION
Tilden Recreation Staff
7am-1pm, Sun, Jul 9 #17784; Aug 13 #17788

This exciting and informative day is geared toward the beginning angler. Spend three hours at Lake Anza practicing casting with a certified fly-casting instructor. Then enjoy two and one-half hours of classroom instruction where you will be introduced to knots, fly selection, reading the water, and more. Ages 12+. Registration is required. Fee: $60 (non-res. $66)
BIKING BASICS
Various Recreation Staff 9am-noon, Sun, Jul 16 #17565; Aug 20 #17552
Be road and trail ready. Learn how to fix your bike on the trail, route planning, and safe riding practices. Then go on a 1.5 hour ride and practice your new skills. Bring your own bicycle or borrow one of ours. **Jul 16**: MLK Shoreline. **Aug 20**: Pt. Pinole. Loaner bikes/helmets available upon advance request. Adult participation required for ages 12-15yrs (adult pays).
Registration is required. Fee: $12 (non-res. $14)

PET FIRST AID/CPR
MLK Shoreline 9am-1pm, Sat, Aug 19 #17835
Learn how to save a pet’s life during an emergency, minimize a pet’s trauma after injury, and safely transport an injured pet to the veterinary clinic. This program focuses on basic first aid, including wounds, fractures, choking, cardiac emergency, and snake bites. Booklet and certificate included in fee. Ages 12+ yrs.
Registration is required. Fee: $45 (non-res. $51)

ARCHERY - INTRODUCTION
Robert’s Redwood Bowmen 10am-12pm, Sat, Jul 15 #17906; Aug 19 #17920; 1:30-3:30pm, Sat, Jul 15 #17917; Aug 19 #17921
Gain 90 minutes of archery coaching and practice at an outdoor range, with all your equipment provided. Designed for the beginner, the class starts with 30 minutes of classroom instruction. Adult supervision required for children ages 8-13yrs. Registration is required. Fee: $50 (non-res. $56)

KAYAKING / BOATING

KAYAKING BIG BREAK
Big Break Mike Moran/Recreation Staff 8:30-11am, Sat, Jul 15 #17702; Aug 26 #17744
Noon-3:30pm, Sat, Jul 15 #17708; Aug 26 #17748
Come ply the welcoming and wondrous waters of the Delta on this beginner (up) kayak excursion. We’ll start off with dry land instruction then paddle our steady and stable craft on a group exploration of this lovely shoreline. Adult participation required for ages 8-17 yrs.
Registration is required. Fee: $30 (non-res. $34)

KAYAKING – BROOKS ISLAND ADVENTURE
Brooks Recreation Staff 10am-4pm, Sat Jul 22 #17600; Aug 5 #17659; Sun Jul 23 #17658; Aug 6 #17667
This trip is a short paddle in stable, double kayaks across sheltered bay water with spectacular views of San Francisco. Paddle along Brooks Island Preserve shoreline then come ashore to enjoy a naturalist guided two-mile hike around the island which is normally closed to visitors.
Registration is required. Fee: $85 (non-res. $95)

KAYAKING – SUNSET PADDLE
MLK Shoreline Recreation Staff 6-9pm, Sat Jul 29 #17672
Relish the beauty of the sunset by kayaking! We’ll set out just before sunset and explore the calm waters of San Leandro Bay by moonlight. Whether a beginner or novice kayaker, you will be sure to enjoy this leisurely paddle. Kayaks and all associated safety gear provided.
Registration is required. Fee: $35 (non-res. $39)

ARDENWOOD

ARDENWOOD is open Tues-Sun from 10am to 4pm. Admission fees apply. For program and fee info: 510-544-2797 or awvisit@ebparks.org.

ANIMAL FEEDING
Ardendon Interpretive Staff 3pm, every Thu-Sun
Check for eggs and bring hay to the livestock. Learn all the animals’ favorite foods as we help tuck them in for the evening. Meet at the Chicken Coop.

RIDE THE RAILS - TRAIN RIDES
Ardendon S.P.C.R.R.
Various times, every Thu, Fri & Sun Railroads once connected many of the farms with towns in the East Bay. Today they still run around the farm. Journey past rows of crops and through eucalyptus groves as you travel back in time. Check the daily schedule and meet the train at Arden Station or Deer Park.

PATTERSON HOUSE TOURS
Ardendon Patterson House Docents Various times, every Thu-Sun
Tour the beautifully restored Patterson House Museum. Discover the history of this 19-room Queen Anne Victorian farmhouse listed on the National Register of Historic Places, which operates as a museum of local history and Victorian life. Tours are led by docents dressed in 19th century clothing and take about 45 minutes. Check for tickets at the Train Station upon your arrival. Special 15-minute tours for children 6 and under offered Thursday and Friday at 2:30pm, Saturday and Sunday at 11:30am.
Info: (510) 791-4196

BERRY PICKING
Ardendon Christina Garcia 10:30-11:30am, Sat, Jul 15
Summer’s succulent blackberries are ready for picking! Bring your own berry basket and gather a bunch to take home for pies, cobblers and other summertime treats.

FIXIN’ FEED
Ardendon Interpretive Staff 11:30am-12:30pm, Sat, Jul 1
Expend some elbow grease shelling and grinding a tasty treat for the sheep, goats and chickens using our antique equipment. Make a new friend when you feed them by hand.

POLE WALKING & POLE HIKING

POLES: BASIC SKILLS & TECHNIQUES PLUS HIKE
Redwood Jayah Faye Paley 8:30am-2:30pm, Sat, Jul 22 #17759
Experience everything in the Basic Skills & Techniques class plus a shaded Redwood practice hike. Learn individualized strategies for improving performance on varied terrain. “Test drive” different pole models; learn which poles fit you best and will help you achieve your goals. Hike approximately 5 miles.
Registration is required. Fee: $48 (non-res. $51)

POLES: BASIC HIKING SKILLS & TECHNIQUES
Kennedy Grove Jayah Faye Paley 8:45am-1:45pm, Sat, Aug 12 #17767
Morning session helps hikers learn poles, trail and body skills. Beginner to experienced hikers learn techniques without the additional challenge of the practice hike in afternoon. Uphill: Improve power, endurance and spine function. Downhill: Develop skills for feeling safer and preserving joints.
Registration is required. Fee: $39 (non-res. $45)

POLES FOR BALANCE AND MAINTAINING MOBILITY
Kennedy Grove Jayah Faye Paley 1-4:30pm, Sat, Aug 12 #17768
Easy-to-learn pole techniques and gentle exercises empower people to maintain independence, navigate everyday obstacles, reduce risk of falling, restore spine function, and improve stamina and walking form. Strengthen muscles that support weight-bearing joints. Optional lovely practice walk – approx. 1/3 mile.
Special equipment provided.
Registration is required. Fee: $35 (non-res. $41)
THE LITTLE RED HEN
Ardenwood  Christina Garcia
11-11:30am, Sat, Jul 22
Who will help mill some wheat into flour?
You will, after we read this classic tale and
meet the main character in the flesh, er,
feathers.

WHEAT HARVESTING
Ardenwood  Jenna Scimeca & Christina Garcia
1:30-2:30pm, Sat, Jul 22; 29; Sun, Jul 23, 30
Follow a plump wheat berry's journey
from the farm's field to your table. You'll
bring in the sheaves of grain and thresh it
to separate the wheat from the chaff.
Next we'll mill the grain into whole-
stone, ground flour.

PUPPET SHOW
Ardenwood  Max Cade
11-11:30am, Sun, Jul 23, 30
Come see the story of the Little Red
Hen performed by our farmyard puppets.

COOKING IN THE COUNTRY KITCHEN
Ardenwood  Interpretive Staff
11am-1pm, Sun, Jul 23, 30, Aug 6, 27
Stop by our outdoor farm kitchen and
take a tasty step back in time! Discover
how to cook with a wood-burning stove
and sample the special of the day, be
it savory or sweet. Pick up a historic
recipe to try at home.

MEET THE BUNNIES
Ardenwood  Interpretive Staff
1-2pm, Sat, Jul 8; 22; Sun, Jul 9
Learn how to turn our beautiful Indian
corn into a fun craft for the whole family!
Use the rainbow of colored kernels to
make your own mosaic.

SWEET, SPICY, & SCENTED
Ardenwood  Sophia Huang
11am-noon, Sun, Jul 2; Sat, Aug 5; 1-2:
30pm, Sun, Jul 9
Sometimes sweet, sometimes spicy, and
always scented, sachets are more than an
olfactory delight. Discover the numerous
historic uses for sachets, and personalize
your own scented bag to bring home.

FREE OUTDOOR MOVIE NIGHT!
Ardenwood  Recreation Staff
8-10pm, Sat, Aug 19
Join us for a FREE family movie, featuring
the 2015 animation, Shaun the Sheep,
rated PG, 85 minutes.
Movie begins shortly after sunset and
is a great way to spend the evening for
everyone! Arrive early to secure a good
seat and enjoy your surroundings. Bring
a flashlight, warm clothes, and a blanket
or chair for sitting. Snacks and drinks for
sale. No pets. Rain cancels. Questions?
Contact (510) 544-2567.

THE ITSY BITSY SPIDER
Ardenwood  Jenna Scimeca
2-3pm, Sat, Jul 1, 15; 1-2:30-3:30pm, Sun,
Aug 6
…went down the water spout and built a
farm to see where our littlest critters hide.

WAX: IT’S THE BEE’S KNEES!
Ardenwood  Jenna Scimeca
1-2pm, Sun, Jul 2, Aug 20
What's the buzz about bees? Beeswax!
This secretion of waxiness is important
to both bees and humans. Illuminate your
mind as you make a candle and taste some
Ardenwood honey.

CHORES FOR LITTLE FARMERS
Ardenwood  Interpretive Staff
10:30-11am, Sat, Jul 8, 22; 11-11:30am, Sun,
Jul 16
Rise and shine! Lend a hand! We’ll start
with a story before we prepare a morning
treat for the sheep, goats and chickens.

POPcorn CONNOISSEUR
Ardenwood  Marco Castaneda
11:30am-noon, Sat, Jul 8
Become better acquainted with the noisy,
hot, and fluffy snack that is loved by many.
Afterwards, sample a few unique popcorn
recipes.

VICTORIAN TABLE TOP GAMES
Ardenwood  Interpretive Staff
1-2pm, Sat, Jul 8, 22, Aug 19; Sun, Aug 27
Ready for some old-fashioned fun? Chal-
lenge your family and friends to a game of
ball and cup, tops, or Jacob’s Ladder as you
delve into our box of games from days-
gone-by.

CHICKEN FEATHERS
Ardenwood  Christina Garcia
2-2:30pm, Sat Jul 8
Take a closer look at a chicken and her
wonderful coat of feathers. See these
amazing and beautiful plumes up close and
learn how they keep her warm and dry.

WAKE UP THE FARM
Ardenwood  Interpretive Staff
10-10:30am, Sun, Jul 9; 10:30-11am, Aug
6, 20
Rise and shine little farmers! Say “Good
morning!” to the sheep and goats and lend
a hand as we prepare a morning snack for
the farm animals.

HENS LAY EGGS
Ardenwood  Interpretive Staff
10:30-11am, Sun, Jul 9
Bring the little ones to the farm to meet the
chickens. We’ll listen to a story, see
what a hen’s feathers feel like, and search
the coop for eggs.

WE ALL SCREAM FOR ICE CREAM!
Ardenwood  Jenna Scimeca & Mindy Castle
11:30am-12:30pm, Sun, Jul 9; 1-2pm, Sat,
Aug 12
Put together some ice, salt, cream, sugar,
and a little muscle power to learn how we
make delicious old-fashioned ice cream.

PRE-SCHOOL TODDLER TIME
Ardenwood  Interpretive Staff
10:30-11:45am, Wed, Jul 12, 26, Aug 16, 30
Bring the tots out for an exciting morn-
ing at the farm. Hear a story, do some
chores, and meet some farm friends.
Little ones will enjoy a variety of activi-
ties at their own pace. We’ll meet rain or
shine!

TRAIN RIDE SATURDAY RAILROAD
ADVENTURE DAY
Ardenwood  Interpretive Staff
10am-3:30pm, Sat, July 15
All Aboard! Come take a relaxing
ride on the narrow gauge railroad at
Ardenwood. Special trains will take
you around the fields and through the
eucalyptus groves. Enjoy the view as you
learn about the history of the railroad
and the farm. Fee: All Day Pass $3/
person for ages 2 and up — ride as many
times as you like!

ROPE MAKING & HAY HOisting
Ardenwood  Interpretive Staff
1-2pm, Sat, Jul 15, Sun, Aug 13
Start by making rope the old-fashioned
way — with our antique machine. Then
see how rope plus a few pulleys make
hoisting hay bales into the barn loft a
cinch.

APPLE CIDER PRESSING
Ardenwood  Mindy Castle
12:30-1pm, Sun, Jul 16
Help squeeze the juice from apples and
discover how long people have enjoyed
this as a tasty fruit treat! Afterwards,
taste a sample of our hard work.

FARMHOUSE CHEESE
Ardenwood  Sophia Huang
1:30-2:30pm, Sun, Jul 16
Delightfully creamy and mildy sweet,
farmhouse cheese has traditionally been
a farmer’s favorite. Come experience
the transformation from milk to
cheese and sample a variety of gourmet
flavors.

INDEPENDENCE DAY CELEBRATION
Ardenwood  Interpretive Staff
10am-4pm, Tue, Jul 4
Join us for a fun-filled community
festival, 1900-style! Celebrate
America’s 241st birthday with rousing
patriotic music on the lawn and fiddle
music in the farmyard. There will be
games, contests and races for every-
one all day long. Test your skill at
nail-driving, egg toss, and watermelon
seed spitting or join a bucket brigade
and tug-of-war contest. Bring a picnic
and spend the day the old-fashioned
way!
Fee: $10/adults, $8/seniors (62+), $5
children (4-17), under 4 years free.
PLAY WITH DOUGH
Ardenwood  Jenna Scimeca
12:30-1:30pm, Sun, Jul 23
Experience the ancient art of bread-making. Sift flour, knead the dough and shape your very own pretzel that we will bake in the wood-burning stove.

FARM CHORES FOR KIDS
Ardenwood  Interpretive Staff
10:30-11am, Sat, Aug 5, 19
Running a farm is hard work. But it’s fun too! Lend a hand cracking corn and feeding the animals. You’ll check the chickens and help with other chores.

FUN WITH FELTING
Ardenwood  Mindy Castle
1-2pm, Sat, Aug 5
Have some good, clean fun as we learn how felt is made from sheep’s wool, and then make a felt toy to take home.

OLD-FASHIONED FUN
Ardenwood  Jenna Scimeca & Interpretive Staff
11:30am-12:30pm, Sun, Aug 6; 2-3pm, Sat, Aug 12; 11am-noon, Sat, Aug 26
Americans’ pastimes once included stilt walking, running with tubers (potato-spoon race), testing your strength (tug-o-war) and hopping like a bunny (sack races). Join the fun and test your skill!

MEET THE CHICKENS
Ardenwood  Jenna Scimeca & Interpretive Staff
10:30-11am, Sat, Aug 12; 26; 2-2:30pm, Sun, Aug 20
Check out our coop full of chickens! Discover why they like to roam around the farmyard and scratch and peck at the ground while you feed them a little snack.

BEGINNING EMBROIDERY
Ardenwood  Mindy Castle
11am-noon, Sat, Aug 12
Victorians loved to embroider, and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials supplied.

SCRUMPTIOUS SOURDOUGH!
Ardenwood  Jenna Scimeca
10:30am-noon, Sun, Aug 13
Come taste one of the oldest forms of leavened bread. Check out the wild caught yeast used in our biscuits and discover how this bread gets its sour kick!

RABBIT RENDEZVOUS
Ardenwood  Interpretive Staff
2:30-3pm, Sun, Aug 13, 27
Hop on over for a warm welcome from some of the farm’s furriest residents. Learn why rabbits are great hoppers and how they use their long ears to sense danger.

FARMYARD STORY TIME
Ardenwood  Interpretive Staff
11am-noon, Sat, Aug 19
The Little Red Hen, the Billy Goats Gruff and other farm friends are waiting to meet you! Join the story circle for some classic barnyard tales before visiting the main characters.

JAM MAKIN’
Ardenwood  Nicholas Fowlks
11am-noon, Sun, Aug 20
Let’s preserve an old-fashioned style of food preparation by making some tasty jam. After a sample, $1 dollar jars of jam will be made available for purchase.

BIG BREAK TOP STROLL
Big Break  Interpretive Staff
8-9am, Sat, Jul 1
Meander through the willows on this flat one mile stroll. Calm your mind while enjoying a variety of plant and wildlife.

FISH FUN
Big Break  Interpretive Staff
2-3pm, Sat, Jul 11
Reel in the family for a fun exploration of our aquatic friends!

LEVEE TOP STROLL
Ardenwood  Interpretive Staff
11am-noon, Sun, Aug 20
From tunnels to research projects and farming to fish stocks, the Delta is in the news a lot. Stop by the Big Break Visitor Center on the FIRST Wednesday of each month for coffee and to discuss the science and events shaping the region.

Dawn Chorus Yoga
Big Break  Interpretive Staff
6:30-7:30am, Sat, Jul 8 #17752
Aug 12 #17808
Enjoy sunrise yoga (indoors or outdoors, weather dependent) and the park’s awakening. Bring a yoga mat if you have one, and wear warm, comfortable layers to move, breathe and meditate.

Local Art on Display
Big Break  Interpretive Staff
10am-4pm, Sat, Jul 8, 15; Sun, Jul 9, 16
We’re hosting another exhibit by local artists! Enjoy some new perspectives and classic takes on the rich beauty of the region.

Sunny Side Up!
Big Break  Interpretive Staff
2-3pm, Sun, Jul 9
Let’s build a miniature solar oven and explore the mysteries of the great glowing orb in the sky: our sun!

Owl Pellet Dissection
Big Break  Interpretive Staff
2-3pm, Sat, Jul 15
Join our exploration of barn owls and their digestive contents. Pluck apart owl pellets to discover what the prey tells us about the predators.

Nature Play
Big Break  Nichole Gange
3-4pm, Sun, Jul 16, Aug 20
The great outdoors is a natural playground for children. Bring your little ones out to explore nature in a playful way. Ages 1-5.

Girl Scout Cadettes: Naturalist
Big Break  Interpretive Staff
5:30-6:30pm, Wed, Jul 19 #17792
Cadettes, take steps to earn your Naturalist badge! We’ll dig into the amazing science of trees. Registration is required.

Crawdad, Crayfish, Crustacean Critters
Big Break  Interpretive Staff
10-11am, Sat, Jul 22 #17513
Call them what you will while we explore a day in the life of these amazing creatures!

All Abilities Day
Big Break  Interpretive Staff
9am-3pm, Tue, Jul 25
Explore nature at your own pace and way. This program is inclusive for all abilities, offering something for everyone! Travel along paved trails to visit stations to touch fur, listen to birds, draw wildlife, sit on benches to scan the water, or paint the view. Indoor and outdoor options, wheelchair accessible.
**Regional in Nature**

**July 2017**

<table>
<thead>
<tr>
<th>S</th>
<th>M</th>
<th>T</th>
<th>W</th>
<th>T</th>
<th>F</th>
<th>S</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**July 7**

- **Ardendon:** Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle:** Family Explorers, Farmhouse Cheese, Patterson House Tours, Animal Feeding, Berry Picking, Fixin' Feed, Meet the Bunnies
- **Big Break:** Delta Discoveries, Fish Feeding, Dawn Chorus Yoga, Testing The Water
- **Black Diamond:** Dissection, Kayaking
- **Contra Loma:** Snakes at Contra Loma
- **Coyote Hills:** Discovery Days, Docent Training
- **Crab Cove:** Family Nature Fun, Fish Feeding, Lakeside Cup of Joe
- **Tilden Nature Area:** Farm Chores, Ice Cream Impressions

**July 8**

- **Anthony Chabot:** Campfire Programs
- **Ardendon:** Popcorn Connoisseur, Patterson House Tours, Victorian Table Top Games, Animal Feeding, Chicken Feathers, Chores for Little Farmers
- **Big Break:** Delta Discoveries, Local Art, Dawn Chorus Yoga, Testing The Water
- **Contra Loma:** Snakes at Contra Loma
- **Coyote Hills:** Discovery Days, Docent Training
- **Crab Cove:** Family Nature Fun, Fish Feeding, Lakeside Cup of Joe
- **Del Valle:** Campfires, Scenic Boat Tour, Lakeside Cup of Joe
- **Tilden Nature Area:** Farm Chores, Ice Cream Impressions

**July 9**

- **Anthony Chabot:** Full Moon Summer Eve
- **Ardendon:** “Sweet, Spicy & Scented”, Patterson House Tours, Wax: It’s the Bees Knees!, Animal Feeding, The Itsy Bitsy Spider...Train Rides
- **Big Break:** Delta Discoveries, Testing The Water
- **Coyote Hills:** Ohlone People & Culture, Discovery Days, Roving Ranger
- **Crab Cove:** Family Nature Fun, Fish Feeding
- **Del Valle:** Scenic Boat Tour, Lake сильно Cups of Joe
- **Tilden Nature Area:** Farm Chores, Ice Cream Impressions

**July 10**

- **Contra Loma:** Park’n It Day Camp, Leaders in Training
- **Tilden Nature Area:** Camp of the Wild

**July 11**

- **Crab Cove:** Sea Squirts
- **Tilden Nature Area:** Teen Volunteer

**July 12**

- **Ardendon:** Toddler Time

**July 13**

- **Ardendon:** Patterson House Tours, Animal Feeding, Train Rides

**July 14**

- **Ardendon:** Patterson House Tours, Animal Feeding, Train Rides
- **Crab Cove:** Concert at the Cove
- **Del Valle:** Family Explorers

**July 15**

- **Anthony Chabot:** Campfire Programs
- **Native Peoples:** Corn Mosaics, Patterson House Tours, Animal Feeding, Berry Picking, Rope Making & Hay Hoisting, Saturday Railroad Adventure Day
- **Big Break:** Delta Discoveries, Local Art

**July 16**

- **Ardendon:** Apple Cider Pressing, Farmhouse Cheese, Patterson House Tours, Animal Feeding, Hens Lay Eggs, Wake Up The Farm, Train Rides
- **Arroyo Del Valle:** Beat The Heat
- **Big Break:** Delta Discoveries, Local Art on Display, Second Sundays Campfire, Sunny Side Up!, Testing The Water
- **Briones:** Bugs of Briones
- **Coyote Hills:** Ohlone People & Culture, Discovery Days, Roving Ranger
- **Tilden Nature Area:** Talk With The Animals, Magic Microscope Worlds

**July 17**

- **Shadow Cliffs:** Lakeside Littles
- **Various Parks:** Leaders in Training

**July 18**

- **Quarry Lakes:** Weekday Bird Walk
- **Roberts:** Hikes for Tykes

**July 19**

- **Big Break:** Girl Scout Cadettes Naturalist
- **Dry Creek/Pioneer:** Wednesday Walks

**July 20**

- **Ardendon:** Patterson House Tours, Animal Feeding, Train Rides

**July 21**

- **Ardendon:** Patterson House Tours, Animal Feeding, Train Rides

**July 22**

- **Anthony Chabot:** Campfire Programs
- **Ardendon:** Patterson House Tours, Victorian Table Top Games, Animal Feeding, Chores For Little Farmers, The Little Red Hen, Wheat Harvesting
- **Big Break:** Delta Discoveries, Testing The Water
- **Brooks Island:** Kayaking
- **Coyote Hills:** Discovery Days

**July 23**

- **Ardendon:** Cooking In The Country Kitchen, Play With Dough, Animal Feeding, Puppet Show, Wheat Harvesting, Train Rides
**Regional in Nature**

**AUGUST 1**
- **Martin Luther King Jr**: Hikes for Tykes
- **Sunol**: Tuesday Twilights
- **Tilden Nature Area**: Teen Volunteer

**AUGUST 2**
- **Big Break**: Coffee Talk & Delta News
- **Del Valle**: Birding by Boat
- **Redwood**: Wednesday Walks

**AUGUST 3**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides

**AUGUST 4**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle**: Family Explorers

**AUGUST 5**
- **Anthony Chabot**: Campfire Programs
- **Ardewood**: Fun With Felting, “Sweet, Spicy & Scented”, Patterson House Tours, Animal Feeding, Farm Chores For Kids
- **Big Break**: Delta Discoveries, Testing The Water, Scented”, Patterson House Tours, Animal Feeding, Farm Chores For Kids
- **Black Diamond**: Sounds of the Night
- **Brooks Island**: Kayaking
- **Coyote Hills**: Archeology Adventures, Discovery Days
- **Crab Cove**: Family Nature Fun, Washed Up Beach Clean Up, Fish Feeding
- **Del Valle**: Campfires, Scenic Boat Tour, Lakeside Cup of Joe
- **Quarry Lakes**: Bird Walk
- **Tilden Nature Area**: Farm Chores
- **Wildcat Canyon**: Off-Leash Dog Recall

**AUGUST 6**
- **Ardewood**: Corn Mosaics, Cooking In The Country Kitchen, Old-Fashioned Fun, Patterson House Tours, Animal Feeding, Wake Up The Farm, Train Rides
- **Arroyo Staging**: Beat The Heat
- **Big Break**: Delta Discoveries, Testing The Water, Arachnid Adventures
- **Brooks Island**: Kayaking - Adventure
- **Coyote Hills**: Ohlone Village Site Tour, Discovery Days
- **Crab Cove**: Family Nature Fun, Washed Up Beach Clean Up, Fish Feeding
- **Del Valle**: Scenic Boat Tour, Snake Feedings
- **Tilden Nature Area**: Talk With The Animals

**AUGUST 7**
- **Big Break**: Big Break Littles

**AUGUST 8**
- **Crab Cove**: Sea Squirts: Animals that Fly
- **Point Pinole**: The Over-The-Hills-Gang

**AUGUST 10**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides

**AUGUST 11**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides

**Bird Walks**
- **Boundless Birds**: Jul 23 , page 7
- **Thursday Birding**: Raptor Baseline
- **Sun's Birds**: Sun, Aug 13, 20, 27, page 13
- **Birding By Boat**: Tue, Jul 25, Fri, Aug 11, Wed, Aug 2, page 11
- **Peregrines Of Pine Creek**: Sat, Jul 1, page 12
- **Bird Walk**: Sat, Jul 1 Aug 5, page 13
- **Weekday Bird Walk**: Tue, Jul 18, Aug 15, page 13
- **Birding The Shoreline**: Sun, Jul 30, page 13

**Regional in Nature**

**AUGUST 12**
- **Anthony Chabot**: Campfire Programs
- **Ardewood**: Beginning Embroidery, We All Scream For Ice Cream!, Old-Fashioned Fun, Patterson House Tours, Animal Feeding, Meet The Chickens
- **Big Break**: Delta Discoveries, Dawn Chorus Yoga, Perseid Meteor Shower, Testing The Water, Macro Mayhem
- **Black Diamond**: Bat Monitoring, Notes from the Underground
- **Coyote Hills**: Discovery Days
- **Crab Cove**: Family Nature Fun, Wonderful Whales, Fish Feeding
- **Del Valle**: Campfires, Perseid Meteor Shower Starparty!, Scenic Boat Tour, Lakeside Cup of Joe
- **Garin**: Canine Capers Walk
- **Kennedy Grove**: Poles for Balance & Mobility, & Hiking Skills & Techniques
- **Tilden Nature Area**: Farm Chores

**AUGUST 13**
- **Ardewood**: Scrupulous Sourdough!, Patterson House Tours, Animal Feeding, Rabbit Rendezvous, Rope Making & Hay Hoisting, Train Rides
- **Big Break**: Delta Discoveries, Second Sundays Campfire, Testing The Water
- **Coyote Hills**: Discovery Days
- **Crab Cove**: Family Nature Fun, Wonderful Whales, Fish Feeding
- **Del Valle**: Scenic Boat Tour, Snake Feedings
- **McLaughlin Eastshore**: Sunday's Birds
- **Oyster Bay**: Saturday and Sunday Strolls
- **Tilden Nature Area**: Talk With The Animals, Quest for Dragons

**AUGUST 15**
- **Big Break**: Chalk the Walks
- **Garin**: Weekday Bird Walk
- **Sibley**: Hikes for Tykes

**AUGUST 16**
- **Ardewood**: Toddler Time

**AUGUST 17**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle**: Tree Planting and Boat Tour

**AUGUST 18**
- **Ardewood**: Animal Feeding, Train Rides
- **Big Break**: Nature Photography
- **Del Valle**: Family Explorers

**AUGUST 19**
- **Anthony Chabot**: Campfire Programs
- **Ardewood**: Patterson House Tours, Animal Feeding, Farmyard Story Time, Farm Chores For Kids, FREE Outdoor Movie Night!
- **Big Break**: Delta Discoveries, Nature Photography, Testing The Water
- **Black Diamond**: Some Lichen It Hot
- **Coyote Hills**: Ohlone Village Site Tour, Discovery Days, Volunteer Day
- **Crab Cove**: Family Nature Fun, Lions and Tigers and Bears!, Fish Feeding
- **Del Valle**: Campfires, Scenic Boat Tour, Lakeside Cup of Joe
- **Martin Luther King Jr**: Pet First Aid & CPR
- **Hills**: Archery Introduction
- **Nature Area**: Farm Chores, Willow & Tule Basket

**AUGUST 20**
- **Anthony Chabot**: A Galloping Good Time
- **Ardewood**: Jam Makin’, Patterson House Tours, Wax: It’s The Bees Knees!, Animal Feeding, Meet The Chickens, Wake Up The Farm, Train Rides
- **Coyote Hills**: Ohlone People & Culture, Discovery Days, Roving Ranger
- **Crab Cove**: Family Nature Fun, Lions and Tigers and Bears!, Fish Feeding
- **Del Valle**: Scenic Boat Tour, Snake Feeding
- **Point Pinole**: Biking Basics
- **Sunol**: Summer Splashdown!
- **Tilden Nature Area**: Talk With The Animals, Sunday’s Birds-Tilden Nature Area, Trail Cam Adventures
- **Wildcat Canyon**: Off-Leash Dog Recall

**AUGUST 21**
- **Big Break**: Solar Eclipse
- **Shadow Cliffs**: Lakeside Littles

**AUGUST 22**
- **Alameda Encinal Beach**: Tuesday Twilight
- **Crab Cove**: Sea Squirts

**AUGUST 24**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides

**AUGUST 25**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle**: Family Explorers

**AUGUST 26**
- **Anthony Chabot**: Campfire Programs
- **Ardewood**: Old-Fashioned Fun, Patterson House Tours, Animal Feeding, Meet The Chickens
- **Big Break**: Delta Discoveries, Reduce Reuse Recycle, Testing The Water, Kayaking
- **Black Diamond**: Star Mine by Starlight
- **Coyote Hills**: Discovery Days, Knapsack Stone Tool Making
- **Crab Cove**: Family Nature Fun, Compass Connection, Fish Feeding
- **Del Valle**: Campfires, Scenic Boat Tour, Lakeside Cup of Joe
- **Patterson House Tours, Animal Feeding, Meet The Chickens
- **Tilden Nature Area**: Farm Chores

**Calendar**

**August 2017**

<table>
<thead>
<tr>
<th>S</th>
<th>M</th>
<th>T</th>
<th>W</th>
<th>T</th>
<th>F</th>
<th>S</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Regional in Nature**
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides
- **Marsh Creek Regional Trail**: Thursday Birding - Raptor Baseline

- **Rendezvous, The Itsy Bitsy Spider...**: Train Rides
- **Big Break**: Delta Discoveries, Testing The Water
- **Coyote Hills**: Discovery Days, Knapsack Stone Tool Making
- **Crab Cove**: Morning Yoga By The Bay, Family Nature Fun, Compass Connection, Fish Feeding, Busy Summer Beach Cleanup
- **Del Valle**: Scenic Boat Tour, Snake Feedings
- **Garin**: Canine Capers Walk
- **Point Pinole**: Sunday’s Birds-Tilden Nature Area
- **Wildcat Canyon**: Off-Leash Dog Recall
- **Oyster Bay**: Hikes for Tykes
- **Tilden Nature Area**: Tilden Tots
- **Ardewood**: Toddler Time
- **Pleasanton Ridge**: Wednesday Walks
- **Ardewood**: Patterson House Tours, Animal Feeding, Train Rides
- **Marsh Creek Regional Trail**: Thursday Birding - Raptor Baseline
THURSDAY BIRDING: RAPTOR BASELINE &
Various Parks Mike Moran
9-11:30am, Thu, Jul 27 #17601 Big Break
Regional Trail: Jordan Lane
9-11:30am, Thu, Aug 31 #17603 Marsh
Creek Regional Trail: Cypress Staging
Area
The morning (eastern) side of Mount Diablo hosts a magnificent array of birds of prey; hawks, falcons, eagles. Help us document their variety and numbers in this fun, social, citizen science research project. No experience necessary – we'll teach you how to identify these birds. We’ll meet at a different park on the last Thursday of each month, except November. Join in for one or all. Registration is required.

TULE WORLD
Big Break Interpretive Staff
2-3pm Sat, Jul 29
Enjoy the feel and smell of the wetlands as we get hands on with the plants living in this one-of-a-kind Delta environment.

WHERE ARE THE REPTILES?
Big Break Interpretive Staff
10-11am, Sun, Jul 30
How do “cold blooded” animals survive a hot summer day? Explore the micro-habitats that allow reptiles to beat the heat.

ARACHNID ADVENTURES
Big Break Interpretive Staff
2-3pm Sun, Aug 6
Our eight-legged residents are prowling the park... for food! Drop by to learn about spiders and join us in some arachnid activities!

MACRO MAYHEM
Big Break Interpretive Staff
2-3pm Sat, Aug 12
Explore the incredible world of water bugs! Let’s collect and identify some plankton and macroinvertebrates and discover their important role in the wetland ecosystem.

PERSEID METEOR SHOWER
Big Break Interpretive Staff
8-9:30pm, Sat, Aug 12
Lay back and let the stars shower you with a show. Bring your own blanket or reclining chair.

CHALK THE WALKS
Big Break Interpretive Staff
6-8pm, Tue, Aug 15
Transform the park patio into art with us. Join the 6th annual international Chalk the Walks event of spreading joy, optimism and inspiration through the magical power of sidewalk chalk. Chalk provided.

NATURE PHOTOGRAPHY OF THE EAST BAY
Big Break Interpretive Staff
10am-4pm, Fri, Aug 18, Sat, Aug 19, and
Sun, Aug 20
Marvel at the art of a local photographer capturing the nature and culture of the East Bay Regional Parks. Photography will be on display in the Visitor Center from Fri. Aug. 18 to Sun. Aug 20th. Please call 510-544-3050 for information on displaying your art.

MAMMALS OF THE MARSH
Big Break Interpretive Staff
2-3pm, Sun, Aug 20
Discover some of the Delta’s furry cuties: river otters, beavers, minks, and more. Explore their similarities, differences and adaptations to the unique habitat they call home.

SOLAR ECLIPSE
Big Break Interpretive Staff
9:30-11am, Mon, Aug 21
The solar eclipse is coming! Set time aside to learn about and experience this rare, brief and beautiful astronomical event. Viewing equipment provided.

REDUCE REUSE RECYCLE
Big Break Interpretive Staff
2-3pm, Sat, Aug 26
Come find fun ways to reuse common household items, as well as some hints for recycling and reducing waste.

BLACK DIAMOND
Sidney Flat Visitor Center is currently open 10am to 4:30pm on weekends. Info: (510) 544-2750 or bdvvisit@ebparks.org. Programs meet in parking lot at South end of Somersville Road, unless otherwise noted. Parking fee: $5.

PARASITE DAY
Black Diamond Kevin Dixon
9-10:30am, Sat, Jul 1
Wherever you go in the parks, someone nearby is sucking someone else’s life juices. Come stroll with us in the morning to learn about parasites, hyperparasites, parasitoids, and others. Meet at Upper Parking Lot.

BAT MONITORING
Black Diamond Virginia Delgado
7:30-9:30pm, Sat, Jul 15 #17506 & 7:15-9:15pm, Sat, Aug 12 #17512
Stay after hours in the park to help monitor our bat colony as they fly out of the hills and into the night sky. 7+yrs. Meet at Upper Parking Lot. Registration is Required.

SOUNDS OF THE NIGHT
Black Diamond Kevin Dixon
7:30-9:30pm, Sat, Aug 5 #17532
As we pass along the moonlit paths, many wild creatures are following our progress. Walk quietly - and listen for voices that might reveal them. 8+yrs. Registration is Required.

NOTES FROM THE UNDERGROUND
Black Diamond Kevin Dixon
8:30-10am, Sat, Aug 12
East Contra Costa is hot, and it gets very dry. Have you ever wondered how creatures survive the summer out here? Meet at Upper Parking Lot.
COYOTE HILLS

Coyote Hills Visitor Center is open Wed-Sun, 10am-4pm. Info: 510-544-3220 or chvisit@ebparks.org.

DISCOVERY DAYS Interpreting Staff
10:30am-3:30pm, Every Sat & Sun
Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 10:30am for a presentation introducing the topic of the week, or participate at your own pace throughout the day.

DOCENT TRAINING
Coyote Hills 10am-noon, Sat, Jul 8, 22, and 29, #17373 We are looking for people excited to share their joy and enthusiasm for nature! This three-part training provides information about the park’s cultural and natural history, as well as tips and tricks for helping with public and school programs. Join us in fostering stewardship through thoughtful and inspiring environmental and cultural education! 18+yrs. Registration is required. For more information or to sign up, contact (510) 544-3213

ROVING RANGER
Coyote Hills Francis Mendoza 9:30-11:30am, Sun, Jul 9 & Aug 20 Meet up with a naturalist along the trail and look for signs of nature, animals, and plants that Ohlone people have used for thousands of years. We’ll start at the Quarry Parking Lot. 5+yrs.

WILLOWS HIKE
Coyote Hills Francis Mendoza 1:30-3:30pm, Sun, Jul 30 Come explore the far reaches of Coyote Hills as we visit the marsh, Ohlone village site, and Willows Trail. Wear sturdy shoes, sunscreen, and bring water on this easy 3 mile hike. Meet at the Quarry Parking Lot. 14+yrs.

OHLINE PEOPLE & CULTURE
Coyote Hills Francis Mendoza 1-2:30pm, Sun, Jul 9 & Aug 20 Learn about Ohlone people and their intimate relationship with nature, family, and their ancestors. We’ll discuss the important values of generosity and fairness that continue to resonate with Ohlone people today. 8+yrs.

ARCHEOLOGY ADVENTURES
Coyote Hills Kristina Parkison 1-3:30pm, Sat, Aug 5 Course #17399 Young archeologists will discover fascinating science as they join us for a “dig!” We’ll cover the basic principles of archeology through hands-on activities, and we’ll finish up with a walk to our 2,000 year-old Ohlone village site. 8-12 years, with parent participation. Registration is required.

OHLINE VILLAGE SITE TOUR
Coyote Hills Kristina Parkison 10-12pm & 1:30-3:30pm, Sun, Jul 2 & Aug 6, 1:30-3:30pm Sat, Aug 19 Walk one-half mile through vibrant marsh habitat to a more than 2,000-year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house and sweat house. Meet at Visitor Center.

CRAB COVE

CRAB COVE Visitor Center is open Wed-Sun, 10am-5pm and offers aquariums and exhibits about San Francisco Bay. The Center’s gift shop has books, t-shirts, and other nature-related items for sale. For information about naturalist programs or other activities, call (510) 544-3187, or ccove@ebparks.org. The Visitor Center will be open up to 4:30pm on July 4th.

FAMILY NATURE FUN
Crab Cove Interpretive Staff 2-3pm, Every Sat & Sun Come explore with us and have fun with family-friendly activities and a new adventure each week. Great for all ages! No registration; drop-in.

FISH FEEDING TIME
Crab Cove Interpretive Staff 3-3:30pm, every Sat & Sun Tour the hidden habitats of the Bay while our aquarium fish feast!

SEA SQUIRTS
Crab Cove Interpretive Staff 10:30-11:45am, Tuesdays Jul 11: Roar, Roar, Dinosaur #17500 Jul 25: Stinkin’ Good Time #17502 Aug 8: Animals that Fly #17503 Aug 22: Amazing Animal Adaptations #17505 Share a morning of shoreline fun with your pre-school age child. We’ll play games, explore nature, share stories, and do a craft related to the theme of the day! Please no older or younger siblings (exception: infants). 3-5 years. Registration is required. $5 ($7 non-res.)

ALAMEDA WALKS: SHORELINE TO DOOLITTLE POND
Crown Beach Interpretive Staff 9:10-10:30am Sat, Jul 1 Observe wildlife and beautiful views as we discuss the rich history of Alameda’s shoreline on a 3-mile walk to Doolittle Pond at MLK Jr. Regional Shoreline.

LOW TIDE EXPLORATION
Crab Cove Susan Ramos 1-2pm, Sun Jul 2 Pull on your mud boots and old clothes for this low tide summer exploration. See what lives in the mud and on the rocky shore of our local Marine Conservation Area!

ALAMEDA 4TH OF JULY PARADE
Crab Cove Interpretive Staff 9:30am-1pm, Tues, Jul 4 ‘Swim’ along the Alameda hometown parade route (or a section of it) with our Mobile Visitor Center as we promote the love of nature and the Regional Parks or just enjoy the show from the sidewalk.

4TH OF JULY OPEN HOUSE
Crab Cove Interpretive Staff 2-4:30pm, Tues, Jul 4 Drop by to celebrate our nation’s birthday and the beauty and diversity of our Bay with family-friendly activities throughout the afternoon.

CELEBRATE NATIONAL ICE CREAM DAY
Crab Cove Susan Ramos 12:30-2pm, Sun, Jul 16 Today is National Ice Cream Day! Lend a hand by cranking out some old fashioned ice cream. Enjoy the frozen treat, and learn the secret sea ingredient it contains!
**Registration information** — register beginning May 30
www ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS), option 2

**SUNRISE AT THE SHORE**
Crab Cove    Interpretive Staff
6-9am, Sat, Jul 22
Beat the crowds and explore the mudflat and rocky shore during this special time of day. Search for marine creatures! Wear old shoes, boots and clothes. Coffee and snacks provided!

**MORNING YOGA BY THE BAY**
Crab Cove    Stacy Dulan & Interpretive Staff
8-9:30am, Sun, Jul 23 & Aug 27
Greet the day and energize with Vinyasa flow yoga, connecting movement to breath. Finish your session with some nature exploration. All experience levels welcome. Bring a yoga mat; class held indoors or out, weather dependent.

**NONE OF YOUR BEESWAX!**
Crab Cove    Susan Ramos
12:30-2pm, Sun, July 23
Visit our small nectar garden in search of honey bees in action. We’ll also see a local hive, eat a sweet snack and roll a beeswax candle!

**DEL VALLE**

All programs meet at the Del Valle Rocky Ridge Visitor Center unless otherwise noted. The Rocky Ridge Visitor Center is open on Saturdays and Sundays 10am-5pm from May 1 to Sept. 30. $6 parking fee. Info: (510) 544-3146.

**LAKESIDE CUP OF JOE**
Del Valle    Interpretive Staff
9-10am, every Sat, 1 Jul to Sep 2
Wander over to the Visitor Center for a cup of coffee and find out what’s happening around the park. How is the fishing? What wildlife has been seen? What’s planned for the weekend?

**LAKE DEL VALLE SCENIC BOAT TOUR**
Del Valle    Interpretive Staff
1-3:30pm, every Sat & Sun, Tue, Jul 4
Catch cool breezes as you explore the lake the easy way - by boat. Find out about the creatures below, above and on land and hear the history of the area. Bring a jacket and binoculars, if you have them. Purchase tickets at the East shore boat concession beginning at 6am, or in the Rocky Ridge Visitor Center.

**BEACH BLAST**
Del Valle    Interpretive Staff
1-1:15pm, 2-2:15pm, 3-3:15pm, every Sat & Sun
The whistle blows; lifeguards clear the water for a 15 minute swim break. Join us for a beach side nature break! We will have games, animals, and more to explore before the whistle blows again! West swim beach.

**DEL VALLE SNAKE FEEDINGS**
Del Valle    Interpretive Staff
11-11:30am, every Sun
Meet our resident gopher snake, Julius Squeezette for an up-close and personal visit. If he is hungry, we’ll be able to feed him his lunch as well.

**FAMILY EXPLORERS**
Del Valle    Interpretive Staff
7:30-9:30pm, every Fri
Bring the family and explore what Del Valle is all about. Games and nature crafts abound, while staff share some camping and recreation tips about Del Valle’s secrets. Campground Amphitheater.

**BEAT THE HEAT**
Del Valle    Ashley Grenier
8-10am, Sun, Jul 9, Aug 6
Greet the morning with a hike over the arroyo, through oak grasslands, and uphill for spectacular views of Lake Del Valle. 7+ years. Arroyo Road staging area.

**BIRTHING BY BOAT**
Del Valle    Cat Taylor
8:30-11am, Tue, Jul 25, Wed, Aug 2, Fri, Aug 11
Spend the morning birthing the lake and hidden caves aboard the Del Valle tour boat. We’ll be on the lookout for soaring raptors, stately herons and more! Bring binoculars. 7+ years. East Shore Boat Concession. Ticket required.

**PERSEID METEOR SHOWER STAR PARTY**
Del Valle    Cat Taylor
8-10:15pm, Sat, Aug 12
Bring the family for this annual astronomical adventure. Intersection of Del Valle & Mendenhall Rd. before park entrance. Drop in.

**TREE PLANTING AND BOAT TOUR**
Del Valle    Ashley Grenier
9am-2pm, Thu, Aug 17 #17545
Extreme drought and heavy rainfall have impacted trees in the park. You can help by planting the next generation to keep the population strong. As a thank you, we’ll take you on a guided boat tour on the lake. 7+ years. East Shore Boat Concession. Ticket required.

**CITIZEN SCIENCE: BATWATCH**
Sunol    Cat Taylor
11-11:30am, every Fri
Explore the nocturnal world of bats and get up close and personal to the animals that call the Little Farm and Nature Area home. Learn how they move, how they find their food, and how they keep safe from predators. A different animal will be featured each day.

**TILDEN NATURE AREA**
The Environmental Education Center is open Tue-Sun, 10am-4:30pm. The Little Farm is open daily. Info: 510-544-2233 or tnarea@ebparks.org.

**TALK WITH THE ANIMALS**
Tilden Nature Area    Interpretive Staff
11-11:30am, Every Sun in Jul & Aug
Get up close and personal to the animals that call the Little Farm and Nature Area home. Learn how they move, how they find their food, and how they keep safe from predators. A different animal will be featured each day.

**INSECT EXPEDITIONS**
Tilden Nature Area    Trent Pearce
11am-1:30pm, Sun Jul 2, 30
Get to know your local insects on these adventure-filled outings! Insect nets provided, but no bugs will be harmed in the making of this study.

**TILDEN TOTS**
Tilden Nature Area    Trent Pearce
3-4pm, Sun Jul 2, Tue Aug 29
Join an outdoor, nature adventure program for 3-4 year olds, each accompanied by an adult (grandparents welcome!).

**SUNOL**

All programs meet at the Sunol Visitor Center unless otherwise noted. The Sunol Visitor Center is open weekends 10am-4pm. Info: 510-544-3249 or swisst@ebparks.org.

**CITIZEN SCIENCE: BATWATCH**
Sunol    Cat Taylor
7:30-9:30pm, Sun, Jul 2 #17423
Explore the nocturnal world of bats and help gain an understanding of their secretive habits. Use bat detectors and record observations at a bat roosting site. 7+ years. Registration is required.

**OUTDOOR DISCOVERIES**
Sunol    Cat Taylor
10-11:30am, Mon, Jul 3 #17432, Jul 24 #17436
Preschool & home school science series! Make playful and scientific discoveries in an exciting outdoor classroom. 4-8 yrs. Registration is required. Fee: $6 (non-res. $8).

**SUNOL**, **TILDEN NATURE AREA**, **TILDEN TOTS**, **SUNOL**, **TILDEN NATURE AREA**, **TILDEN TOTS**
**Kids Challenge program**

**Healthy Parks Healthy People program**

---

**The secret truth about the dragons and...**

2-3:30 Sun, Aug 13

Tilden Nature Area

Meet at the Environmental Education Area on a microscopic scavenger hunt!

---

**ICЕ CREAM IMPRESSIONS**

Tilden Nature Area

2-3pm, Sat Jul 8

Take a turn at the churn and learn how ice cream is made from cow to creamery. Join this team effort resulting in a refreshing sweet treat.

---

**FARM CHORES FOR LITTLES**

Tilden Nature Area

10:30-11am, Every Saturday in Jul & Aug

Little children will enjoy taking care of the little animals at the Little Farm. Meet at the rabbit hutch for a variety of age appropriate activities.

---

**FOURTH OF JULY OPEN HOUSE**

Tilden Nature Area

1-3pm, Sun Jul 9

Explore the small side of the Tilden Nature Area on a microscopic scavenger hunt!

---

**MAGIC MICROSCOPIC WORLDS**

Tilden Nature Area

3-4pm, Sat Jul 9

Explore the small side of the Tilden Nature Area on a microscopic scavenger hunt!

---

**TWILIGHT WALK**

Tilden Nature Area

7-9pm, Sun Jul 30

Explore secret worlds on an evening walk. Meet at the Environmental Education Center.

---

**QUEST FOR DRAGONS**

Tilden Nature Area

2-3:30 Sun, Aug 13

The secret truth about the dragons and damselflies, revealed through a slideshow and direct experience.

---

**CAMPFIRE PROGRAMS – ANTHONY CHABOT**

Campground Amphitheater

8-9pm, every Sat in Jul & Aug

FREE! Join us for after-dark fun! Learn about the parks and nature around you through games, songs, photos and stories around the campfire. We’ll have a new topic each week. Even if you’re not camping, you’re welcome to join us for the program! Dress warmly.

---

**OTHER PARKS**

**PEREGRINES OF PINE CREEK**

Diablo Foothills

1-3pm, Sat, Jul 1

Learn about the falcons that soar above Pine Creek and what the Park District is doing to protect these fascinating birds of prey during nesting season. (5+yrs.) Info: (510) 544-2750.

---

**BIRD WALK**

Various Parks

8-10am, Sat, Jul 1 Alameda Creek Niles Staging Area. Aug 5 Quarry Lakes.

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs. Info: (510) 544-3220

---

**WILLOW & TULE BASKET**

Tilden Nature Area

2-3pm, Sun, Aug 20

Enjoy some edited footage from motion activated trail cameras. See what your nocturnal neighbors have been up to. Fun for the whole family!

---

**SPIDERING**

Tilden Nature Area

2:30-3:30pm, Sun, Aug 27

Late summer is a good time for spidering. Meet a pet tarantula, and then out into the field to see wild spiders!

---

**TRAIL CAM ADVENTURES**

Tilden Nature Area

Anthony Fisher

2-3pm, Sun, Aug 20

---

**ANTHONY CHABOT**

Campground Amphitheater

8-9pm, every Sat in Jul & Aug

FREE! Join us for after-dark fun! Learn about the parks and nature around you through games, songs, photos and stories around the campfire. We’ll have a new topic each week. Even if you’re not camping, you’re welcome to join us for the program! Dress warmly.

---

**CANINE CAPERS WALK**

Various Parks

9-11am, Sat, Aug 12 Garin #17393

Have you ever met a snake out on the trail? How did you feel about it? Share your experiences and learn from a (friendly) snake. Info: (510) 544-2750

---

**WILLOW & TULE BASKET**

Tilden Nature Area

2-3pm, Mon, Jul 3

---

**GROSS AT ANTHONY CHABOT?**

Various Parks

9-11am, Sat, Jul 8


---

**THE OVER-THE-HILLS-GANG**

Various Parks

Trail Gail

10am-12:30pm, Friday July 7 & Tuesday Aug 8

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks. July 7 – Miller Knox, Dornan Drive Parking Lot (North) - Hills. Aug 8 – Point Pinole, Atlas Bridge - Mostly flat.

---

**BUGS OF BRIONES**

Briones Regional Park

1-3pm, Sat, Jul 8

Briones is buggy! Survey your favorite grassland park for six-legged inhabitants on this informative outing. Nets provided. Meet at Bear Creek Staging Area.

---

**REGISTRATION INFORMATION**

www.ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS)
FULL MOON SUMMER EVENING
Anthony Chabot Regional Park - Bort Meadow
Susan Ramos
7:30-9:30pm, Sun Jul 9
We will walk down to the meadow, listen to moon lore, learn the moon phases and watch the rising full moon! Bring a flashlight and blanket to sit on.
Info: (510) 544-3187.

LAKE SIDE LITTLES
Shadow Cliffs
Ashley Grenier
10-11am, Mon, Jul 17, Aug 21
Bring your little ones out and discover nature. Each month we’ll explore a trail, look at bugs, search for birds, and much more. Let’s get outside! Parent/caregiver participation required. 1-5yrs. Main entrance.

WEEK DAY BIRD WALK
Various Parks
Kristina Parkinson
7:30-9:30am, Tue, Jul 18, Aug 15
Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes.
July 18: Quarry Lakes. Meet at Isherwood View.
Aug 15: Garin. Meet at Red Barn Visitor Center.
12+yrs. Info: (510) 544-3220

H I K E S F O R T Y K E S
Various Parks
Interpretive Staff
10:30-11:30am, Tue, Jul 18 & Aug 1, 15, and 29
Enjoy some nature before nap time with your young child! Join a naturalist who will take you over hill and dell to explore the fabulous flora and fauna of the Regional Parks. Tools for exploration will be provided. Hikes average about 1 mile. Bring a snack. Strollers are not recommended for most hikes.
Jul 18: Roberts Regional Recreation Area (Redwood Bowl)
Aug 1: Martin Luther King, Jr. Regional Shoreline (Arrowhead Marsh)
Aug 15: Sibley Volcanic Regional Preserve (Old Tunnel Road)
Aug 29: Oyster Bay (Neptune Drive)
See www.ebparks.org/parks for maps and directions.
For info: (510) 544-3187.

N A T U R E ’ S C O R N E R
Contra Loma
Virginia Delgado
1-2pm, Sat, Jul 29
Ever wonder about the creatures that call Contra Loma home? Come to nature’s corner and learn about what swims, crawls and flies around the reservoir. 5+yrs.
Info: (510) 544-2750.

BIRDING THE SHORELINE
Hayward Shoreline
Francis Mendoza
8:30-10:30am, Sun, Jul 30
Walk along an easy, flat 2 miles to the shoreline where we’ll look for shorebirds, waterfowl and passerines. Wear layers, sunscreen and bring water.
14+yrs. Info: (510) 544-3220

SUNDAY’S BIRDS
Various Parks
Anthony Fisher
8-10am Sun, Aug 13, 20, 27
Check out the latest shorebird models, freshly minted in the Arctic! Some hillside birds as well.
Aug 20, Tilden Nature Area
Aug 27: Point Pinole, Dotson Family Marsh, end of Goodrick Ave in Richmond.

A GALLOPPING GOOD TIME
Various Parks
Anthony Chabot
Julia Sorto & Morgan Dill
10am-Noon, Sun, Aug 20, #17699
Chabot Equestrian Center: Trot on up for a meet and greet with the horses of the Volunteer and Officer Mounted Patrol units. Tour the stables and look behind the scenes of equestrian life. Registration is required.

B A R N Y A R D B L A C K S M I T H I N G
Garin
Myasha Nicholas
1-4pm, Sun, Aug 27
Stop by the barn and find out how blacksmiths shaped the tools of the past. Learn local farm history through a display of antique tools.
Info: (510) 544-3220

Redwood
Staff
9am-1pm, Sat, Aug 12
Help remove invasive French broom at various locations in the park. Tools provided.
Info: 1-888-327-2757, option 3, ext. 4553.
Registration is required.

Huckleberry, Sibley
Staff
9:30am, Sat, Aug 12
Help protect native plants against French broom displacement. Tools provided.
Info: (510) 544-3112.

V O L U N T E E R D A Y:
OLHONE VILLAGE SITE
Co Coyote Hills
Kristina Parkinson
9-11am, Sat, Aug 19, Course #17381
Help care for a more than 2,000-year-old Ohlone village site as we clean, weep, and renew its structures. We’ll provide snacks, water, gloves, tools, and a program about the village site’s historical and cultural significance. 12+yrs, accompanied by parents. Registration is required.

TEEN VOLUNTEER PROJECTS
Tilden Nature Area
Trent Pearce
9am-1pm, Tue, Jul 11, Aug 1, #17537
Get your hands dirty and help make our parks better places! Designed for teenagers, these 3-hour volunteer sessions can fill community service hour requirements for schools. Wear clothes to get dirty and come prepared for work! Ages 13-18. Call (510) 544-3257 to sign up. No Fee.

W E D N E S D A Y W A L K S
Various Locations
Interpretive Staff
9:30am. Wed, Jul 19; Aug 2
Explore new trails, make new friends and learn about your parks on a Naturalist-led hike. Hikers of all ages and abilities are welcome on hikes ranging from easy to challenging. Wear sturdy footwear, bring water and dress for the weather.

J U L Y 1 9 - D R Y C R E E K / P I O N E E R & G a r i n - M e e t at the trailhead at the end of May Rd. in Union City. Hike along High Ridge Loop trail (6 miles) Info: (510) 544-3216.

J U L Y 2 6 – A n t h o n y C h a b o t - M e e t at Clyde Woolridge Staging Area at Skyline and Grass Valley Road in Oakland for a moderate, 5-mile trek into Bort meadow.
Info: (510) 544-3282.

A U G 2 – Redwood – Meet at Canyon Meadow Staging Area. Hike up and along almost the entire the East Ridge Trail. Pass great views, grassland, bays and oaks, then drop down into the shady redwoods. 6.2 miles, moderate.
Info: (510) 544-3187.

A U G 3 0 – P l e a s a n t o n t o R i d g e – Meet at Foothill Staging Area. Explore the fruit and olive growing history of this area on a somewhat strenuous climb up. About 5 miles total. Info: (510) 544-3282.
How to Register • Fee Payment

Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed in the program description if you need further information.

For programs that indicate “Registration is required,” register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed in the program description.

ONLINE registration is available if the program title displays this symbol: Go to www.ebparksonline.org. When registering online, use the course code printed next to the program date(s).

WALK-IN: Come to the District Headquarters between 8:30am and 3pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Sunnyside House and south of the Oakland Zoo off I-580. See map below.

BY PHONE: Phone registration requires a VISA or Mastercard. Transfers will be processed for programs canceled because registration is below minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. CANCELLATION POLICY: At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.

FEES:

Program fees may be charged depending on program time and location. Registration information – register beginning May 30  
www.ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS) , option 2.

STUDENT FEE:

Students 12-18 years of age and enrolled in school full-time can register for most programs at a reduced student fee of $15.00. This program fee includes all educational material. Bus fees may be charged in addition to the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.

REGISTRATION FEE:

A registration fee of $3.00 applies to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

CREDIT CARDS:

VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for information.

REFUNDS/TRANSFERS:

Refunds or transfers will be processed for programs canceled because registration is below minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. CANCELLATION POLICY: At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.
Love your Parks?
Become a Member!

Membership is a great way to show your support and commitment to your Regional Parks. As a thank you, Members receive:

• Personalized Membership Card(s)
• Day-Use Parking
• Swimming
• Annual Dog Pass

Sign up for a Membership today:
RegionalParksFoundation.org/MEM; or call 510-544-2220.

East Bay Regional Park District
Healthy Parks Healthy People
2950 Peralta Oaks Court
Oakland, CA 94605-0381
ebparks.org

Regional Parks Foundation
Supporting East Bay Regional Parks

Concerts at the Cove
JULY 14 AND AUGUST 11
Join us for incredible free music and fun!
4:30 to 5:30 pm .......... Food and Crab Cove Family Program
5:30 to 7:30 pm .......... Music

Information: 510-544-3185 or ebparks.org
Crab Cove Visitor Center • 1252 McKay Ave., Alameda

PRODUCED BY: East Bay Regional Park District, Regional Parks Foundation, and the Rotary Club of Alameda

Wheat Harvesting
SUNDAYS, JULY 23, 30
1:30-2:30 P.M.

Follow a plump wheat berry’s journey from the farm’s field to your table. You’ll bring in the sheaves of grain and thresh it to separate the wheat from the chaff. Next, we’ll mill the grain into wholesome, stone-ground flour.

Ardenwood Historic Farm

Information: (510) 544-2797 and awvisit@ebparks.org
Address: 34600 Ardenwood Blvd., Fremont CA, 94555
(off HWY 84, just east of the Dumbarton Bridge)

FREE

Your investment of $21 a month ($250/year) will enroll you in the 1-in-a-Million Donor Circle. Together, 4,000 donors will raise $1 million dollars annually to fund environmental restoration and protection of open space.

RegionalParksFoundation.org/MIL or call 510-544-2212

Your investment of $21 a month ($250/year) will enroll you in the 1-in-a-Million Donor Circle. Together, 4,000 donors will raise $1 million dollars annually to fund environmental restoration and protection of open space.

RegionalParksFoundation.org/MIL or call 510-544-2212

PRODUCED BY: East Bay Regional Park District, Regional Parks Foundation, and the Rotary Club of Alameda
Crab Cove Visitor Center • 1252 McKay Ave., Alameda

Information: 510-544-2797 and awvisit@ebparks.org
Address: 34600 Ardenwood Blvd., Fremont CA, 94555
(off HWY 84, just east of the Dumbarton Bridge)