Inside:
Swim Lessons/Day Camps • page 4 & 13
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Free Outdoor Movies • page 6
Camp of the Wild at Tilden Nature Area • page 13
Father’s Day Adventures • page 14

Lake Chabot Regional Park, Castro Valley

New Shorebird Sanctuary Coming to Oakland • See page 3
Winter Storms Require Robust Repair Efforts
A MESSAGE FROM GENERAL MANAGER ROBERT E. DOYLE

The Regional Parks staff are busily preparing for the busiest time of year – summer! While we expect sunny days and mild weather, the significant damage done by unusually robust winter storms has been extensive. Our staff are working hard to repair trails, clear debris and ensure the safety of our park users. In the heavy storms, parks and trails suffered damage totaling millions of dollars – for which we will seek funding support from FEMA.

The repairs for storm impacts may take months or in some cases even years to complete. Meanwhile, our staff are also addressing ongoing maintenance needs such as monitoring water quality, fuels management, and repaving roads and trails.

When you plan your summer outing, we want to remind you to “know before you go.” Look for the “closures” link on each page for up-to-date status on parks and trails. Some park areas or trails may be inaccessible while we make repairs. Thanks for your patience as we make the Regional Parks safe for visitors.

Healthy Parks Healthy People is an initiative designed to promote the health benefits of nature and encourage easier access to the outdoors for communities that most benefit from it or are underrepresented. Here are examples of programs organized by EBRPD and the Regional Parks Foundation that are doing just that.

Multicultural Wellness Walks
EBRPD hosts around five of these walks per year, which are sponsored by Kaiser Permanente. Organizers work with community leaders in the East Bay to draw from various ethnicities that have historically been underrepresented as park visitors. Outings include educational walks, lunch, and rotating culturally-themed activities that have included music, yoga and educational demos.

Kids Healthy Outdoors Challenge
This program introduces children to local parks through classroom-based activities. EBRPD partners with teachers in 120 classrooms in Alameda and Contra Costa counties to integrate park/nature-related content into curriculum for 3,000-plus kids, as well as organize a field trip to an East Bay park.

Parks Express
This transportation outreach program provides discounted, low-cost transportation to Regional Parks for low-income schools and groups serving children from low-income families, as well as seniors and people with disabilities in Alameda and Contra Costa counties. For further information about any of these programs, please see our website, www.ebparks.org.
If you’ve spent any time in the 65 parks that comprise the 120,000 acres of the East Bay Regional Park District, you know there’s a lot happening here. There are lakes and creeks that provide drinking water, trails to walk and ride that help us live healthy lives, and grasslands that are grazed which support the local food economy. And now we have an independent, scientific report by economists to prove that East Bay Parks are more than just a pretty place.

Based on this report, we now know that the Park District:

• Hosts 25 million visits a year. This is more than the A’s, Raiders, Warriors, Giants, 49ers, Earthquakes, and Sharks combined.
• Provides a range of benefits to residents, businesses, and visitors that total about $500 million annually. This includes the values of recreation, healthcare, property values, and other ecosystem services.
• Generates nearly $200 million in regional economic activity every year that would not happen without the District. This includes visitor spending and grant-funded capital investments, and the multiplier effects of both.

What does that translate into? This scientific report conclusively says that the District is interconnected with many aspects of life in the East Bay including infrastructure, jobs, transportation, public health, and housing.

In addition to these benefits, the District is a good investment. Based on our annual budget of $127 million, every $1 yields a return of $4. This means that Alameda and Contra Costa County taxpayers are getting good value for themselves and all residents regardless of background.

This report is the second installment in a longitudinal study by Economic & Planning Systems, Inc, a land use and economics firm based in Oakland. The first report was produced in the year 2000 and was groundbreaking at the time. A lot has changed over the past 17 years. The 2017 report – which you can find on our website at ebparks.org – builds on the 2000 methodology and will add to the national body of research about the economic impact of parks and open spaces.

What does this all mean for you as a resident of Alameda and Contra Costa Counties and as a park user? It means that you can go out and enjoy East Bay Parks knowing that they are more than just pretty places. They are an integral part of life in the East Bay.
SWIM LESSONS
Swim Lessons are a great start to a safe fun summer around the water. We offer a wide range of American Red Cross swim levels for ages 6 months through teens (Adult lessons offered at Roberts). The Contra Loma classes meet Mon/Wed or Tue/Thurs for four weeks. The Roberts Pool classes meet Mon-Thurs for two weeks. Reserve your spot by signing up now. For more info on dates, times, and class descriptions, visit www.eblifeguard.org/swimlessons.

http://goo.gl/TngKU

JUNIOR LIFEGUARD
This program will challenge teens ages 14-18 mentally and physically. Develop skills in teamwork, professionalism, communication and other skills employers look for when hiring. You will be training like a lifeguard. Cadets should expect daily physical fitness activities, swimming and rescue skill training, first aid lectures, emergency procedure drills and insider knowledge of how to become a lifeguard. Applications due May 1. For information and an application, contact Kyle Maxwell at kmaxwell@ebparks.org or call (510) 690-6620.

http://goo.gl/TngKU

JUNIOR LIFEGUARD AIDE
Learn leadership, communication, and team building skills in the Junior Lifeguard Aide program. Participants assist instructors and act as role models to young Junior Lifeguard participants by demonstrating and teaching skills as well as setting up and leading activities as directed by the lead instructor. This is a great opportunity to get a foot in the door if you would like to be a lifeguard. Offered for age 13-15. Applications are required for this program and due May 1. For more information regarding the Aide program and to receive an application, contact Aaron Roth at aroth@ebparks.org or call 510-690-6624.

PARK’N IT DAY CAMP
Mon-Fri, 8:30am-4pm
Jun 19-23, Temescal #16559
Jun 26-30, Don Castro #16560
Jul 3-7, Various Parks #16562
Jul 10-14, Contra Loma #16563
Jul 17-21, Various Parks #16564
Jul 24-28, Miller Knox #16565
Jul 31-Aug 4, Ardenwood #16488

Spend a whole week exploring and playing in the Regional Parks! Recreation leaders, lifeguards, and Naturalists provide caring supervision for hiking, fishing, swimming, arts & crafts, sports, and active fun in the great outdoors. 10% family discount for registration of second child of same family; only applies when both children register and pay in one transaction—either by phone or online. 5-12yrs.

Registration is required.
Fee: $200 (non-res. $220)

KIDS CAMP:
STONE AGE TIME TRAVELERS
Coyote Hills    Dino Labiste & Interp. Staff
9am-3pm, Mon, Jun 19-Thu, Jun 22 #16171

Discover how to make fire, produce stone tools, create a shelter, and twist cordage. Step back into modern times and become an archeologist, discovering clues about people who lived in the Stone Age. 9-13yrs
Registration is required.
Fee: $200 (non-res. $220)

LEADERS IN TRAINING
Mon-Fri, 9am-4pm
Jun 12-16, Temescal #16095
Jun 19-23, Temescal #16483
Jun 26-30, Don Castro #16484
Jul 10-14, Contra Loma #16486
Jul 24-28, Miller Knox #16487
Jul 31-Aug 4, Ardenwood #16488

Looking for work experience or a career in Parks & Recreation? Under staff guidance, work with other teens helping run our day camp! LITs must first apply and interview for positions. They will receive a tee shirt, training, 35 community service hours, and job-skills development from staff. LITs are encouraged to work for more than one camp session. Download an application at www ebparks.org or contact Jeanne Coffin, Recreation Coordinator, at jcoffin@ebparks.org, 510.544.2566 for a paper copy. 13-17yrs.
Fee: $50

OFF-LEASH DOG RECALL AND SAFETY
Wildcat Metro Dog
11am-12:30pm, Sat, May 6 #17290
Jun 3 #17292
Jun 18 #17293

Learn valuable skills to train your dog to hike off-leash and how you can be a more conscientious trail user. Practice as a group during a short hike. Class suitable ONLY for social dogs that are good with dogs and people, and do not hunt.
Registration is required.
Fee: $35 (non-res. $39)

JUNIOR CADET
If you’re too old for Junior Lifeguards or were in the Aide program and are now looking for a physical and mental challenge, the Junior Cadet program is for you! Under the supervision of a veteran lifeguard, Junior Cadets will complete long distance swims and paddles, in-depth skill practice, training with the lifeguard staff, lots of physical training, and gain insider knowledge of how to become an EBRPD lifeguard. Offered for ages 14-18. Applications (required) are due May 1. For more information and to receive an application, contact Kyle Maxwell, KMaxwell@ebparks.org, or call 510-690-6620.
KAYAKING / BOATING

POLE WALKING & POLE HIKING

PET FIRST AID/CPR

RIDGETOP SHUTTLE RUN

ARCHERY - INTRODUCTION

POLE WALKING & POLE HIKING Learning how to use poles helps walkers & hikers improve endurance, posture, balance, confidence and strength and enhances your enjoyment of the outdoors all year long. All levels focus on learning anatomically-optimal techniques to achieve your desired performance while learning how to avoid joint stress or strain. Carefully select the class that suits your physical ability and inclination. A variety of top quality poles are provided at all seminars. Beautiful hiking locations are based on the season/weather. Mobility class locations offer indoor training and lovely/easy pole practice walks. Next mobility class will be in the July/August session.

POLES 3: PRACTICE HIKE PLUS YOGA

POLES 2: BOTANIC GARDEN PRACTICE HIKE

POLES 3: PRACTICE HIKE

POLE WALKING & POLE HIKING

POLE WALKING & POLE HIKING

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POLES 2: BOTANIC GARDEN PRACTICE HIKE

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POLES 3: PRACTICE HIKE PLUS YOGA

POLES 2: BOTANIC GARDEN PRACTICE HIKE

POLE WALKING & POLE HIKING
BIKING BY THE BAY: USS HORNET TOUR
MLK Shoreline Recreation Staff
10am-4pm, Sun May 21 #17036
Join us for a leisurely bike ride through Alameda to the USS Hornet for lunch (12 miles round trip). Trip includes a tour of the WWII-era ship, and friendly bike tour guides to lead the way. Loaner bikes/helmets available upon advance request: (510) 544-2567. 12+yrs. Registration is required. Fee: $40 (non-res. $44)

FISHING - BASS BASICS
Contra Loma Recreation Staff
8-10am, Sat, Jun 10 #17039
Learn the basics of bass fishing including gear selection, tackle and rigging, fish behavior, and bait selection. This course is designed for those who have some experience fishing but want to gain additional knowledge specifically about bass fishing. Valid CA fishing license required for ages 16+yrs. Gear provided. 12+yrs. Registration is required. Fee: $19 (non-res. $21)

CATCH OF THE DAY! NEW!
Various James Wilson/Recreation Staff 1-3pm, Sat May 13 #17046, Point Pinole; Sat, May 27 #17081, Miller/Knox
Explore the Bay firsthand and see what’s biting. Use provided fishing gear, with instruction, while discovering the natural history of this unique waterway! May 13: Point Pinole. May 27: Miller/Knox.

ARDENWOOD
Ardernwood is open Tues-Sun from 10am to 4pm. House tours are available by reservation only (call 510-791-4196). Admission fees apply. For program and fee info: 510-544-2797 or arvvisit@ebparks.org.

TRAIN RIDES
Ardernwood Railroad Museum at Ardenwood 10:30am - 3:30pm, Every Thu, Fri & Sun Climb aboard for a ride back in time to the days when railroads connected the East Bay to the world. Check the daily schedule and meet the train at Arden Station or Deer Park.

PATTERSON HOUSE TOURS
Ardernwood Patterson House Docents Various times, Every Thu-Sun Tour the beautifully restored Patterson House Museum. Discover its history on tours led by docents dressed in 19th-century clothing. Check for tickets at the Train Station. Special tours for children 6 yrs. and under are offered Thursdays and Fridays at 2:30pm, Saturdays and Sundays at 11:30am.

ANIMAL FEEDING
Ardernwood Interpretive Staff 3pm, Every Thu-Sun Feed the pigs, check for eggs, and bring hay to the livestock. You’ll learn all the animals’ favorite foods as you help shut the farm down for the evening.

TOODLER TIME
Ardernwood Interpretive Staff 10:30-11:45am, Wed, May 3, 17, Jun 7, 21 Bring the tots to hear a story, do some chores, and meet some farm friends. Little ones will enjoy a variety of activities at their own pace. We’ll meet rain or shine!

GARDEN CHORES FOR KIDS
Ardernwood Interpretive Staff 11am-noon, Sat, May 6, 20, Jun 10 Help weed, water and plant our healthy vegetables. We might even taste a few!

WE ALL SCREAM FOR ICE CREAM!
Ardernwood Interpretive Staff 1-2pm, Sat, May 6, Jun 17, 24; Sun, May 28 Put together some ice, salt, cream, sugar, then add a little muscle power and learn how delicious old-fashioned ice cream is made. Learn the tasty history of this popular treat.

WAX: IT’S THE BEES’ KNEES!
Ardernwood Interpretive Staff 2-3pm, Sat, May 6, 20 This secretion of waxiness is important to both bees and humans. Make a candle and sample Ardenwood’s honey.

HENS LAY EGGS
Ardernwood Interpretive Staff 10:30-11am, Sun, May 7, 28; Sat, Jun 24 Bring the little ones to the farm to meet the chickens, listen to a story, feel a hen’s feathers, and search the coop for eggs.

YOUR CAKE AND EAT IT TOO!
Ardernwood Mindy Castle 11am-noon, Sun, May 7 Enjoy some strawberry shortcake in the Country Kitchen. Stop by to try a sample and see old-fashioned cooking in the farmyard!

RURAL FARM HOME REMEDIES
Ardernwood Nicholas Fowlks Noon-1pm, Sun, May 7 Discover a few simple remedies used by rural Americans in the late 19th century.

AFTERNOON FUN & GAMES
Ardernwood Interpretive Staff 2-3pm, Sun, May 7; 1-2pm, Sat, May 20 2-2:30pm, Sun, May 28 Life on a farm wasn’t all work and no play. Join us for some old-fashioned fun! Try your hand at classic American pastimes including stilts walking, potato-spoon race, tug-o-war and sack races.

THE ITSY BITSY SPIDER...
Ardernwood Interpretive Staff 10:30-11am, Sat, May 13, 27 ...went down the water spout and built a beautiful web! Join us for a hike around the farm to see where our littlest critters hide. Bring your magnifying glasses!

PRETTY PEACOCKS
Ardernwood Max Cade 11am-noon, Sat, May 13 Get to know these beautiful birds who strut about the farm. Make a craft inspired by the colors of this feathered friend.

MEET THE CHICKENS
Ardernwood Interpretive Staff 1-2pm, Sat, May 13 Check out our coop full of chickens! Discover why they like to roam around the farmyard and scratch and peck at the ground while you feed them a little snack.

SCRUMPTIOUS SOURDOUGH!
Ardernwood Jenna Scimeca 2-3pm, Sat, May 13 Come taste one of the oldest forms of leavened bread. Check out the wild-caught yeast used in our biscuits and discover how this bread gets its sour kick!

FARM MOMS
Ardernwood Mindy Castle 10:30-11:30am, Sun, May 14 Many new moms are on the farm in springtime. Visit the hens, ewes and nany goats and learn how they take care of their babies.

COOKING IN THE COUNTRY KITCHEN
Ardernwood Interpretive Staff 11am-1pm, Sun, May 14, 21, June 11, 25 Stop by the Country Kitchen and take a tasty step back in time! Learn to cook with a wood-burning stove and sample the special of the day. Pick up a historic recipe to try at home.

RABBIT RENDEZVOUS
Ardernwood Interpretive Staff 1-1:30pm, Sun, May 14 1:30-2pm, Sat, May 27, Jun 3 Learn why rabbits are great hoppers and how they use their long ears to sense danger.

TUSSIE-MUSSIE FOR MOM
Ardernwood Mindy Castle 2-3pm, Sun, May 14 Victorians assigned meanings to flowers and sent messages via “tussie-mussies.” Select a few blooms and create your own floral message for your mom or someone special.

APPLE CIDER PRESSING
Ardernwood Jenna Scimeca 10:30-11am, Sat, May 20 Come help squeeze the juice from apples and discover how long people have enjoyed this as a tasty fruit treat! Afterwards, we’ll taste a sample of our hard work.

SATURDAY RAILROAD ADVENTURE DAY
Ardernwood Railroad Museum at Ardenwood 10am-3:30pm, Sat, May 20 Take a relaxing ride on the narrow-gauge railroad at Ardenwood. Special trains will take you around the fields and through the eucalyptus groves. Enjoy the view as you learn about the history of the railroad and the farm. Fee: All-Day Pass $3/person for ages 2 and up – ride as many times as you like!

BARNYARD BUDDIES
Ardernwood Interpretive Staff 10:30-11am, Sun, May 21, Jun 18; Sat, Jun 3 Rise and shine! Lend a hand! We’ll start with a story before we prepare a morning treat for the sheep, goats and chickens.

FUN WITH FELTING
Ardernwood Mindy Castle 11am-noon, Sun, May 21, June 11 Have some good, clean fun as we learn how felt is made from sheep’s wool, and then make a felt toy to take home.

FARMYARD STORY TIME
Ardernwood Interpretive Staff 1-2pm, Sun, May 21 The Little Red Hen, the Billy Goats Gruff and other farm friends are waiting to meet you! Join the story circle for some classic barnyard tales before visiting the main characters.

BEGINNING EMBROIDERY
Ardernwood Mindy Castle 2-3pm, Sun, May 21, Jun 4 Victorians loved to embroider, and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials provided.

FREE OUTDOOR MOVIE NIGHTS!

TRAILS CHALLENGE FREE
The Trails Challenge challenges you to complete 5 featured trails by December 1. The Trails Challenge booklet features trails for all fitness levels as well as tips for new trail users. Go “green” by downloading the booklet – print only what you need. See www ebparks.org for information on how to download the guidebook and other program materials. Get a FREE 50/50 cotton/polyester T-shirt (while supplies last). A commemorative pin will be sent (while supplies last) once you complete the Challenge and return your Trail Log. Kaiser Permanente is a major sponsor of this program.

Kaiser Permanente. thrive
BIG BUTTER BATTLE
Ardenwood  Christina Garcia
1:30-2:30pm, Sat, Jun 3
Ready, set, churn! Learn how butter is made. Join a team to see who can make this dairy delight the fastest; then taste it on crackers.

OLD FASHION SWEETS
Ardenwood  Nicholas Fowlks
12:30-2pm, Sun, Jun 4
Who ever said history couldn’t be tasty? Come and learn about a few sweets that were popular throughout the 19th century. Sampling is highly encouraged.

FIXIN’ FEED
Ardenwood  Interpretive Staff
12:30-1pm, Sat, Jun 10
Shell and grind a tasty treat for the sheep, goats and chickens using our antique equipment. Make a new friend when you feed them by hand.

CORNY FASHION
1-2pm, Sat, Jun 10
Ardenwood  Marco Castaneda
Corn comes in multiple colors. Create your own corny necklace or bracelet using colorful corn grown straight out of Ardenwood’s fields, then show off your fashion!

WAKE UP THE FARM
Ardenwood  Interpretive Staff
10:30-11am, Sun, Jun 11, 25
Say “Good morning!” to the sheep and goats and lend a hand as we prepare a morning snack for the farm animals.

HAY HARVESTING HPHP
Ardenwood  Mindy Castle & Interp. Staff
1-3pm, Sun, Jun 11, 18, 25
Hop into the hay wagon for a ride into the fields, then help load the freshly mown hay and haul it back to the hay boom to build a big stack.

WALK WITH A GOAT
Ardenwood  Christina Garcia
10:30-11am, Sat, Jun 17
Explore the farmyard with a four-legged friend – Maise the goat! We’ll find out what tastes good to her (hold onto your hat…) as we greet the rest of the livestock.

KATIE TRAIN ACTIVITIES DAY
Ardenwood  Railroad Museum at Ardenwood
10am-3:30pm, Sat, Jun 17
Ride the narrow gauge railroad behind Katies locomotive to Deer Park, where a day full of activities await for toddlers and kids 6 years old and under, including: PLAY engineer and operate our wooden railroad layout; DESIGN & BUILD with our wooden train track and blocks, and then PUSH a wooden train on the track you created; BLOW bubbles; enjoy STORY TIME when our railroad librarian reads train book treasures; and MUCH MORE! Fee: All-Day Pass $5/person for ages 2 and up – includes unlimited train rides and all activities.

MAMMALS OF THE MARSH
Big Break  Interpretive Staff
2-3pm, Sat, May 20
Discover some of the Delta’s furry cuties: river otters, beavers, minks, and more. Find out their similarities, differences, and adaptations to the unique habitat they call home.

LEVEE TOP STROLL
Big Break  Interpretive Staff
2-3pm, Sun, June 11
What animals roam our wetlands? Catch “scat track fever” and find out through the clues they leave behind.

ARACHNID ADVENTURES
Big Break  Interpretive Staff
2-3pm, Sat, June 17
Our eight-legged residents are prowling the park for food! Drop by to learn about spiders and join us in fun arachnid activities!

REGISTRATION INFORMATION
www ebparks org/register or 1-888-327-2757 (1-888-EBPARKS), option 2
## May 2017

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### Tuesday, May 1
- **Big Break:** Big Break Littles
- **Briones:** Monday Birding-Briones
- **Shadow Cliffs:** Wood Ducking!
- **Sunol:** Outdoor Discoveries

### Wednesday, May 2
- **Roberts:** Hikes for Tykes
- **Tilden Nature Area:** Tilden Tots

### Thursday, May 3
- **Ardenwood:** Toddler Time
- **Big Break:** Coffee Talk & Delta News
- **Tilden Nature Area:** Tilden Little Farmers

### Friday, May 4
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides
- **Tilden Nature Area:** Young Naturalists

### Saturday, May 5
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides
- **Round Valley:** Vasco Caves Tours

### Sunday, May 6
- **Ardenwood:** We All Scream For Ice Cream!
- **Patterson House Tours, Wax:** Bees Knees!
- **Animal Feeding, Garden Chores For Kids**
- **Big Break:** Delta Discoveries, Dawn Chorus Yoga, Testing The Water
- **Black Diamond:** Hazel Atlas Mine Tours
- **Brooks Island:** Boat to Brooks
- **Brushy Peak:** Vasco Caves Tours
- **Coyote Hills:** Wildlife Volunteers - Riparian Re-Lead, Bird Walk, Citizen Scientist - Bird Boxes, Discovery Days
- **Crab Cove:** Family Nature Fun, Fish Feeding, Poles 3: Practice Hike Plus Yoga
- **Hayward Shoreline:** Wildlife Volunteers
- **Las Trampas:** Torrential Showers Bring May Flowers
- **Miller/Knox:** Shoreline Stroll
- **Roberts:** Forest Immersion Walk
- **Tilden Nature Area:** Farm Chores For Littles
- **Wildcat Canyon:** Off-Leash Dog Recall

### Monday, May 7
- **Ardenwood:** Have Your Cake And Eat It Too!, Old-Fashioned Fun, Patterson House Tours, Rural Farm Home Remedies, Animal Feeding, Hens Lay Eggs, Train Rides
- **Big Break:** Delta Discoveries, Testing Water
- **Black Diamond:** Hazel Atlas Mine Tours

### Tuesday, May 8
- **Crockett Hills:** Monday Birding

### Wednesday, May 9
- **Crab Cove:** Sea Squirts
- **Del Valle:** Eagle Watch, Paddling with the Birds!
- **SF Bay Trail:** Weekday Bird Walk - Eden Landing

### Thursday, May 10
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Friday, May 11
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Saturday, May 12
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Sunday, May 13
- **Ardenwood:** Pretty Peacocks, Scrumptious Sourdough!, Patterson House Tours, Animal Feeding, Meet The Chickens, The Itsy Bitsy Spider...
- **Big Break:** Delta Discoveries, Testing Water
- **Black Diamond:** Hazel Atlas Mine Tours
- **Coyote Hills:** Connecting To Our Roots, Discovery Days, Herbivores on the Hills
- **Crab Cove:** Family Nature Fun, Fish Feeding
- **Del Valle:** After the Flood
- **MLK Jr Shoreline:** Pet First Aid & CPR, Shoreline Habitat Restoration Volunteers
- **Oyster Bay:** Saturday and Sunday Strolls
- **Pittsburg Library:** A Bird's World
- ** Pleasanton Ridge:** Ridgetop Shuttle Runs
- **Point Pinole:** Catch of the Day
- **Redwood:** Llamas - Mystics of Andes, Llamas - The Andean Dream Come to Life
- **Sunol:** Poles 3: Practice Hike Plus Yoga
- **Tilden Nature Area:** Fun With Leaf Painting, Pond Exploration, Farm Chores For Littles

### Monday, May 14
- **Ardenwood:** Cooking In The Country Kitchen, Patterson House Tours, Animal Feeding, Farm Moms, Tussie-Mussie For Mom, Train Rides
- **Big Break:** Delta Discoveries, Mother's Day Flowers, Testing The Water
- **Brushy Peak:** Tortoise Trekkers
- **Coyote Hills:** Dust Marsh Bird Hike, Discovery Days, Engaging Ecotherms
- **Crab Cove:** Family Nature Fun, Fish Feeding, Moms on the Mudflat, Songs and Stories by the Shore
- **Del Valle:** Citizen Science: Wood Ducking!
- **MLK Jr Shoreline:** Biking by the Bay
- **Redwood:** Resilient Redwoods
- **Tilden Nature Area:** Spider Hang-Out, Talk With The Animals
- **Wildcat Canyon:** Off-Leash Dog Recall

### Tuesday, May 15
- **Shadow Cliffs:** Wood Ducking!
- **Sunol:** Outdoor Discoveries

### Wednesday, May 16
- **Anthony Chabot:** Hikes for Tykes

### Thursday, May 17
- **Ardenwood:** Toddler Time

### Friday, May 18
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Saturday, May 19
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Sunday, May 20
- **Ardenwood:** Apple Cider Pressing, Old-Fashioned Fun, Patterson House Tours, Wax: Bees Knees!, Animal Feeding, Garden Chores For Kids, Railroad Adventure Day
- **Big Break:** Delta Discoveries, Mammals of the Marsh, Testing The Water, Kayaking
- **Black Diamond:** Hazel Atlas Mine Tours
- **Clayton:** Gateway to Coal Country
- **Coyote Hills:** Citizen Scientist - Bioblitz, Discovery Days, Macrophotography
- **Crab Cove:** Family Nature Fun, Fish Feeding, Low Tide Exploration
- **Del Valle:** Has the Eagle Landed!
- **Encinal Beach:** Bay Beach Clean-Up, Kennedy Grove: Outdoor Movie Night!
- **Roberts:** Archery Introduction
- **Tilden Nature Area:** Farm Chores

### Monday, May 21
- **Ardenwood:** Fun With Felting, Cooking In The Country Kitchen, Patterson House Tours, Animal Feeding, Barnyard Buddies, Farmyard Story Time, Train Rides
- **Big Break:** Delta Discoveries, Testing Water
- **Black Diamond:** Hazel Atlas Mine Tours
- **Coyote Hills:** Ohlone People & Culture, Discovery Days
- **Crab Cove:** Family Nature Fun, Fish Feeding
- **Garin:** Ohlone Plant Uses
- **MLK Jr Shoreline:** Biking by the Bay
- **Redwood:** Resilient Redwoods
- **Tilden Nature Area:** Spider Hang-Out, Talk With The Animals
- **Wildcat Canyon:** Off-Leash Dog Recall

### Tuesday, May 22
- **Botanic Garden:** The Over-The-Hills-Gang
- **Coyote Hills:** Weekday Bird Walk
- **Crab Cove:** Sea Squirts: Incredible Insects

### Wednesday, May 23
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Thursday, May 24
- **Round Valley:** Raptor Baseline

### Friday, May 25
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides

### Saturday, May 26
- **Shadow Cliffs:** Lakeside Littles

### Sunday, May 27
- **Anthony Chabot:** Campfire Program

### May 28
- **Ardenwood:** We All Scream For Ice Cream!
- **Crab Cove:** Family Nature Fun, Fish Feeding, Meet The Chickens, The Itsy Bitsy Spider...
- **Del Valle:** Delta Discoveries, Testing Water
- **Shadow Cliffs:** Wood Ducking!
- **Sunol:** Outdoor Discoveries

### May 29
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle:** Scenic Boat Tour, Snake Feedings
- **Redwood:** Llamas - Mystics of Andes, Llamas - The Andean Dream Come to Life

### May 30
- **Crab Cove:** Hikes for Tykes
- **Pleasanton Ridge:** Tuesday Twilights

### May 31
- **Sunol:** Wednesday Walks

### June 1
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle:** Citizen Science: Wood Ducking!

### June 2
- **Ardenwood:** Patterson House Tours, Animal Feeding, Train Rides
- **Del Valle:** Family Explorers

### June 3
- **Anthony Chabot:** Campfire Program
**Regional in Nature**

**Ardenwood**: Birds In The Garden, Patterson House Tours, Animal Feeding, Barnyard Budsies, Rabbit Rendezvous, Rope Making & Hay Hoisting

**Big Break**: Delta Discoveries, Yoga, Testing The Water, Levee Top Stroll, Kayaking

**Black Diamond**: Hazel Atlas Mine Tours

**Coyote Hills**: Tracking, Discovery Days

**Crab Cove**: Family Nature Fun, Fish Feeding

**Del Valle**: Del Valle Campfire, Scenic Boat Tour, Lakeside Cup of Joe

**Diablo Foothills**: Fragrant Frolic

**Dry Creek/Pioneer**: Bird Walk

**Tilden Nature Area**: Explore the Nature Area, Farm Chores For Littles, Outdoor Movie Night!

**Wildcat Canyon**: Off-Leash Dog Recall

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**June 4**

**Ardenwood**: Old Fashion Sweets, Patterson House Tours, Animal Feeding, Rope Making & Hay Hoisting, Train Rides

**Big Break**: Delta Discoveries, Testing Water

**Black Diamond**: Hazel Atlas Mine Tours

**Coyote Hills**: Discovery Days, Butterfly & Bird Festival

**Crab Cove**: Family Nature Fun, Fish Feeding, Native Plant Gardening

**Del Valle**: Scenic Boat Tour, Snake Feeding, Morgan Territory - Grassland Management

**Tilden Nature Area**: Dragons and Damsels, Hike to the Peak, Talk With The Animals

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**June 5**

**Big Break**: Big Break Littles & Picnic

**Sunol**: Outdoor Discoveries

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**June 6**

**Carquinez Strait**: Tuesday Twilight

**Sibley**: Hikes for Tykes

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**June 7**

**Ardenwood**: Toddler Time

**Big Break**: Coffee Talk & Delta News

**Del Valle**: Batting & Birding by Kayak!

**Kennedy Grove**: Wednesday Walks

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**June 8**

**Ardenwood**: Patterson House Tours, Animal Feeding, Train Rides, Farmyard Docent Training

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**June 9**

**Ardenwood**: Patterson House Tours, Animal Feeding, Train Rides

**Crab Cove**: Concert at the Cove

**Del Valle**: Family Explorers

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**June 10**

**Anthony Chabot**: Campfire Program

**Ardenwood**: Corny Fashion, Patterson House Tours, Sheep To Shawl, Animal Feeding, Fixin’ Feed, Garden Chores For Kids

**Big Break**: Delta Discoveries, Testing Water

**Black Diamond**: Hazel Atlas Mine Tours, Prospect Promenade at Night

**Contra Loma**: Fishing - Bass Basics

**Coyote Hills**: Discovery Days, Nectar Garden Fun Day

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**June 11**

**Alameda Creek Trail**: Biking Basics

**Ardenwood**: Fun With Felting, Cooking In The Country Kitchen, Patterson House Tours, Animal Feeding, Hay Harvesting, Wake Up The Farm, Train Rides

**Big Break**: Delta Discoveries, Second Sundays, Testing Water, Scat Track Fever

**Black Diamond**: Hazel Atlas Mine Tours

**Coyote Hills**: Berry Picking Basket, Ohlone Village Site Tour, Discovery Days

**Crab Cove**: Family Nature Fun, Fish Feeding

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**June 12**

**Temescal**: Park’n It, Leaders in Training

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**June 13**

**Carquinez Strait**: Over-The-Hills-Gang

**Crab Cove**: Sea Squirts

**Crockett Hills**: Tuesday Twilight

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**June 15**

**Ardenwood**: Patterson House Tours, Animal Feeding, Train Rides, Farmyard Docent Training

**Big Break**: Sunset Photography Stroll

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**June 21**

**Ardenwood**: Toddler Time

**Tilden Nature Area**: Summer Solstice Hike

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**June 22**

**Ardenwood**: Patterson House Tours, Animal Feeding, Train Rides

**Roberts**: Hiking with POLES

**Shadow Cliffs**: Kayaking for Folks 50+

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**June 23**

**Ardenwood**: Patterson House Tours, Animal Feeding, Train Rides

**Big Break**: Stargazing

**Del Valle**: Family Explorers

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**June 24**

**Alameda Creek Trail**: Canine Capers Walk

**Anthony Chabot**: Campfire Program

**Ardenwood**: We All Scream For Ice Cream!, Herbs, Animal Feeding, Hens Lay Eggs

**Big Break**: Delta Discoveries, Testing Water

**Black Diamond**: Hazel Atlas Mine Tours

**Coyote Hills**: Ohlone Tour, Discovery Days

**Crab Cove**: Family Nature Fun, Fish Feeding

**Del Valle**: Del Valle Campfire, Scenic Boat Tour, Lakeside Cup of Joe

**Morgan Territory**: Walk into Night

**Tilden Nature Area**: Twilight Walk, Farm Chores For Littles, Creek and Pond Study

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**June 25**

**Ardenwood**: Cooking In The Country Kitchen, Patterson House Tours, Victorian Games, Animal Feeding, Hay Harvesting, Wake Up The Farm, Train Rides

**Big Break**: Delta Discoveries, Garden in a Bottle, planktonic Plunge, Testing Water

**Black Diamond**: Hazel Atlas Mine Tours

**Coyote Hills**: Discovery Days

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**Bird Walks**

- **Paddling With The Birds!**, page 5.
- **Batting & Birding By Kayak!**, page 5.
- **Birds In The Garden**, page 7.
- **Thursday Birding**: Raptor Baseline, page 7.
- **Dust Marsh Bird Hike**, page 10.
- **Citizen Scientist – Bioblitz**, page 10.
- **18th Annual Butterfly & Bird Festival**, page 11.
- **Return Of The Terns**, page 11.
- **Eagle Watch!**, page 11.
- **Hike To The Peak**, page 12.
- **Monday Birding**, page 13.
- **Bird Walk**, page 14.
- **Early Morning Birding**, page 14.
Registration information — register beginning March 28
www ebparks org/register or 1-888-327-2757 (1-888-EBPARKS), option 2

PLANKTONIC PLUNGE
Big Break Interpretive Staff 2-3pm, Sun, June 25
Collect and identify some of the smallest creatures of the Delta: plankton. Examine their habits and learn the vital role they play in our ecosystem.

SECOND SUNDAYS CAMPFIRE
Big Break Interpretive Staff 6:30-8pm, Sun, Jun 11
Gather the family for an evening in the park! Bring a picnic dinner to enjoy before the festivities begin! We'll explore the wonders of Big Break through activities and a family campfire (and S’mores of course!).

SUNSET PHOTOGRAPHY STROLL
Big Break Interpretive Staff 7-8:30pm, Thu, Jun 15 #17285
Photograph the flora and fauna of the park while learning about this special habitat. Bring your own camera equipment. Registration is required.

SUMMER SOLSTICE SUNSET WALK
Big Break Interpretive Staff 7:30-9pm, Tue, Jun 20 #17286
Celebrate the longest day of the year with an evening exploration of the Delta. Registration is required.

PLANT SALE
The Botanic Garden is open 8:30am-5pm. It is located in Tilden Regional Park on Wildcat Canyon Road between Anza View Road and South Park Drive, Berkeley, CA 94701. Info: 510-544-3169. See www.nativeplants.org for information about docent training, special events, and classes, and to sign up for our e-newsletter.

DOCENT-GUIDED BOTANIC GARDEN TOURS
Saturdays at 2pm; Sundays at 11am, 2pm. Learn about California native plants on free, docent-guided tours at the 10-acre Botanic Garden, “the living museum.” The Garden is open 8:30am-5pm (main gate closes at 5 p.m.; west gate at 4:30 p.m.). Directions and information: http://nativeplants.org/directions.html, call 510-544-3169 or email bgarden@ebparks.org.

THURSDAY MORNING PLANT SALE
When the Botanic Garden is open and it’s not pouring rain, volunteers usually sell California native plants on Thursday mornings 9 a.m.-11 a.m. year-round (except during the 4 weeks before the spring and the fall plant sales) at the Juniper Lodge potting shed. Park on Anza View Road and enter via west gate.

POLLINATION TOUR OF CALIFORNIA OF NATIVE PLANTS
Botanic Garden Docents 11am-noon, Sun, May 21
Please join us for a free, family-friendly, docent-led tour where you’ll dissect a California poppy, watch pollinators at work, and learn how seeds disperse. Meet at the Botanic Garden Visitor Center. Rain cancels.

CLASSES THROUGH THE FRIENDS OF REGIONAL PARKS BOTANIC GARDEN
See www.nativeplants.org/events-and-classes/classes-field-trips-workshops/ for fun and informative classes, field trips, and workshops that offer something for every native plant lover. Questions? Email: bgardenreg@gmail.com. Advance registration is required. Drop-ins not permitted.

AN EVENING AT ROSE HILL CEMETERY
Black Diamond Virginia Delgado 6–8:30pm, Fri, May 26 #16726
Hike 1/2 mile uphill to a pioneer cemetery. Learn about the coal miners and their families. Decipher the meaning of the symbols used on the historic tombstones. 6+yrs. Registration is required.

PROSPECT PROMENADE AT NIGHT
Black Diamond Kevin Dixon 7:30–10pm, Sat, Jun 10
Share the beauty of an East County night with owls, bats, coyotes, foxes and assorted critters as we walk an easy open road to Prospect Tunnel and back. Meet at the end of Frederickson Lane in Antioch. 6+yrs.

BAT MONITORING
Black Diamond Virginia Delgado 7-9:30pm, Fri, Jun 30 #16757
Stay after hours in the park to help monitor our bat colony as they fly out of the hills and into the night sky. 7+yrs. Registration is required.

CONNECTING TO OUR ROOTS
Coyote Hills Mika Valois 1-2pm, Sat, May 13
Get to know some of the plants native peoples used — and still use — as medicine. We’ll explore the characteristics and uses of each. 5+yrs.

DUST MARSH BIRD HIKE
Coyote Hills Francis Mendoza 9-11am, Sun, May 14
Go on a flat, easy 2-mile hike as we look for ducks, shorebirds, and passerines in this stop along the Pacific migratory flyway. 15+yrs.

ENGAGING ECTOTHERMS
Coyote Hills Francis Mendoza 1-2pm, Sun, May 14
Look for resident reptiles, native fish, and butterflies in and around the Visitor Center. We’ll observe characteristics and behaviors that help these ectotherms regulate their body temperature. 5+yrs.

MACROPHOTOGRAPHY WORKSHOP
Coyote Hills Parkison/Jedlovec 10am-noon, Sat, May 20 #17094
Learn about the plants and animals of Coyote Hills while photographer Don Jedlovec teaches macrophotography for intermediate-level photographers. Bring a macro lens with your digital SLR or another camera equipped for close-up photography. 12+yrs. Registration is required.

CITIZEN SCIENTIST — BIOBLITZ
Coyote Hills Kristina Parkison 1-3pm, Sat, May 20
Discover how many species of birds we can find in two hours in our marsh. Join us and become a Citizen Scientist! 8+yrs.

18TH ANNUAL BUTTERFLY & BIRD FESTIVAL
Coyote Hills Dino Labiste 10am-3:30pm, Sun, Jun 4
Join us for a fun time at the Butterfly & Bird Festival, dedicated to increasing the numbers and species of butterflies and birds in Bay Area landscapes. Enjoy garden tours, family hands-on activities, educational speakers, photo presentations and music. Learn to create wildlife friendly habitat in your backyard.
CRAB COVE

Coyote Hills Interpretive Staff
10am-4pm Mon, May 29
Drop by the Visitor Center to learn about Ohlone culture, the history of the military within the park, and the wonders of nature that await you on the trails.

MEMORY GARDEN FUN DAY

Coyote Hills Interpretive Staff
1-3pm, Sat, Jun 10
Come face-to-face with a caterpillar, chrysalis, or butterfly. Make a butterfly-themed gift, share a morning of shoreline fun with your pre-school age child. We'll play games, explore nature, share stories, and do a craft. Please, no older or younger siblings (exception: infants). 3-5 years.

FISH FEEDING TIME

Crab Cove Interpretive Staff
3-3:30pm, Every Sat & Sun
Watch our crabs, flounder, perch, pipefish and more -- while they eat. What's on their menu, how are they adapted to their environment and how do food chains work? Come find out!

SEA SQUIRTS

Crab Cove Interpretive Staff
10:30-11:45am, Tue, May 9 #16733, 23 #16739 & Jun 13 #16742, 27 #16743
Share a morning of shoreline fun with your pre-school age child. We'll play games, explore nature, share stories, and do a craft. Please, no older or younger siblings (exception: infants). 3-5 years. May 9: Nature Art! May 23: Incredible Insects.

MOMS ON THE MUDBLATT

Crab Cove Morgan Dill
9-11am, Sat, May 14
Celebrate Mother’s Day by the Bay as we discover what crabs, lugworms and other moms are doing to help their young survive. Wear mud boots to explore as you look for mudflat moms in action!

SONGS AND STORIES BY THE SHORE

Crab Cove Morgan Dill
1-2pm, Sun, May 14
Gather together to hear tales and sing songs about worms, fungus, leaves and flowers, predators and prey and more! Enjoy an interactive hour of nature fun for the whole family!

Bay Beach Clean-Up

Encinal Beach Susan Ramos
9-11am, Sat, May 20
Help us clean up this secluded area of the Bay! Bring gloves & bucket or borrow ours. Directions: From Webster Street in Alameda, turn right on Central Ave, go 0.8 miles (just past Encinal High School) and take a sharp left onto the access road to the boat ramp. Look for “Bay Trail” signs on the fence. Meet at the parking lot.

Low Tide Exploration

Crab Cove Susan Ramos
12:30-2pm, Sat, May 20
What is in store? On the mudflat and rocky shore? Search for creatures big and small! Can we hope to catch them all? Wear clothes and shoes you can get muddy.

Early-Early Grunion Search

Crown Beach Susan Ramos
1-3 am, Sat May 27 and 2-4 am Sun, May 28 #16937
On full and new moon nights the grunion appears on sandy beaches to spawn. Help us search the shore to see if they are here! Registration is required.

Morning Yoga by the Bay

Crab Cove Stacy Dulan & Interpretive Staff
8-9:30am, Sun, May 28, Jun 25
Greet the day and energize with Vinyasa flow yoga, connecting movement to breath. Finish your session with some nature exploration. Everyone is welcome. Bring a yoga mat; class held indoors or out, weather dependent.

Memorial Day Open House

Crab Cove Interpretive Staff
10am-4pm, Mon, May 29
Meet our turtle and snake, make a nature craft, and more fun for the family all day long. Try our self-guided history walk – ask at the front desk. 10am-noon: Minus Tide Discovery Walk – wear mud boots or old shoes for exploring. 2-3pm: Memorial Day Memories. 3-3:30pm: Fish Feeding program.

Concert at the Cove

Crab Cove Interpretive Staff
5:30-7:30pm, Fri, Jun 9
Start your weekend with free music and family fun as the sun sets over San Francisco Bay. The Visitor Center stays open later with activities on our deck starting at 4:30 pm. Bring your blanket or lawn chair and blankets or chairs. Free admission. Enjoy refreshments provided by the Visitor Center.

RETURN OF THE TERNS

Crab Cove Interpretive Staff
10am-4pm, Sat, Jun 17
Join us for a special day dedicated to the California least tern, an endangered species! View a slide show to learn about their long journey and fascinating behavior. At 3:30pm, join a naturalist to watch these amazing acrobats hunt in the Bay (binoculars available for loan). Reservations are required for bus rides to the colony: 11am #17352, 12:15pm #17353, and 1:30pm #17354. 8+ years old for bus ride. Reserve a spot to view a nest site teeming with several hundred pairs of terns and their chicks, accessible only on our tour bus. Experts will interpret bird behavior. Fee: $9 per person for bus ($11 non-res.)

Kids’ Nature Creations on Father’s Day

Crab Cove Michael Charnofsky
9:30-11am, Sun, Jun 18
Kids collaborate with your parents to design, arrange, and artfully construct temporary masterpieces in our Create with Nature Zone, using found objects from the beach and surroundings.

Del Valle

All programs meet at the Del Valle Rocky Ridge Visitor Center unless otherwise noted. The Rocky Ridge Visitor Center is open on Saturdays and Sundays 10am-5pm from May 1 to Sept. 30. $6 parking fee. Info: (510) 544-3146.

Eagle Watch!

Del Valle Cat Taylor
1:30-3pm, Tue, May 9
We’ll wander through the campground watching and listening to birds as we make our way to our eagle viewing area. Meet at the Campground Amphitheater. Bring binoculars or spotting scopes. 10+ yrs.

After the Flood

Del Valle Ashley Grenier
9am-noon, Sat, May 13
Rushing streams. Rising water levels. Muddy trails. Park closures. After 31 years, Lake Del Valle endured another major flooding event. Discover the aftermath and hard work behind the cleanup effort. Meet at the Beach View picnic site near the East Swim Beach.

Has the Eagle Landed?

Del Valle Ashley Grenier
8:30-10:30am, Sat, May 20, Jun 17
Once a federally endangered species, the bald eagle has made a comeback in the East...
BAY. We’ll hike through the campground to see if the eagles are nesting again. Bring binoculars, spotting scopes, and field guides.

FAMILY EXPLORERS
Del Valle Interpretive Staff
7:30-9:30pm, Fridays beginning May 26
Bring the family for games and nature crafts, while staff share some camping and recreation tips about Del Valle’s secrets around the campfire. Meet at the Campground Amphitheater.

LAKE VALLE CUP OF JOE
Del Valle Interpretive Staff
9-10am, Saturdays beginning May 27
Come to the Visitor Center for a cup of coffee and to see how the fishing is, what wildlife has been seen, and what’s planned for the weekend.

BEACH BLAST
Del Valle Interpretive Staff
1-1:15pm, 2-2:15pm & 3-3:15pm, Saturdays and Sundays beginning May 27
When the whistle blows and lifeguards clear the water for a 15-minute swim break, join us for a beach side nature break! Enjoy games, animals, and more while the whistle blows again! Meet at the West Swim Beach.

LAKE DEL VALLE SCENIC BOAT TOUR
Del Valle Interpretive Staff
1:30-3:30pm, Saturdays beginning May 27 and Sundays beginning May 28; 1-2:30pm, Mon-Sun, May 29
Take a shady, creekside walk with the PINE CREEK STROLL
Diablo Foothills Kevin Dixon
9-11am, Sat, May 6
Take a shady, creekside walk with the family and search for the creatures who call this place home. Meet at the Orchard Staging Area. Info: (510) 544-2750.

SHORELINE STROLL
Miller/Knox Trail Gail
2-3:30pm, Sat, May 6
From Ferry Point to Keller Beach we’ll explore this gem on the bay. Meet at the first parking lot after the tunnel for this mostly flat walk. Info: (510) 544-2233.

EXPLORE THE NATURE AREA
Tilden Nature Area Trent Pearce
2-4pm, Sat, Jun 3
Take a stroll through eucalyptus and oak on this easy, 1-mile loop, exploring the history and nature of this park. Meet at the Environmental Education Center.

NATURE RAMBLE
Tilden Nature Area Trail Gail
1:30-3:30pm, Sat, May 27
Come explore the Nature Area with a naturalist. We’ll take a walk down to and around the lake looking for signs of the local wildlife.

COASTAL CONSERVATION CELEBRATION
Tilden Nature Area Brianna Contaxis-Tucker
1-2pm, Sun, May 28
Come celebrate in honor of the birthday of Rachel Carson—a historic activist, conservation scientist, and writer.

TRAIL CAM ADVENTURES
Tilden Nature Area Anthony Fisher
2-3pm, Sun, May 28
Another episode of the secret lives of animals captured on motion-activated cameras.

MEMORIAL DAY OPEN HOUSE
Tilden Nature Area Interpretive Staff
11am-3pm, Mon, May 29
Join us to celebrate at the Nature Area and Little Farm. Blow bubbles, hold chickens and enjoy your park!

HIKE TO THE PEAK
Tilden Nature Area Anthony Fisher
8-11am, Sun, Jun 4
Share the best part of the day with animal tracks, birds and native plants on a semi-strenuous walk to the top of the park.

DRAGONS AND DAMSELS
Tilden Nature Area Anthony Fisher
3-4:30 pm, Sun, Jun 4
The highly skilled and strangely beautiful dragonflies have ruled the earth since the Jurassic. Today, we delve into their mind-bending world and try to understand these aerial predators.

CAMERA TRAPPING 101
Tilden Nature Area Trent Pearce
11am-12:30pm, Sat, Jun 10
Take a short hike and learn the basics of infrared camera trapping, then view photos and videos of some of the creatures caught here at the Nature Area.

CREEK AND POND STUDY
Tilden Nature Area Trent Pearce
2-3:30pm, Sat, Jun 10 & 24
Learn how to sample aquatic invertebrates on these family-friendly outings. Wear shoes to get wet and muddy. Nets provided!

INSECT STORIES AND SEEKING STRATEGIES
Tilden Nature Area Brianna Contaxis-Tucker
12:30-1:30pm, Sun, Jun 11
This week celebrates the 87th birthday of E. O. Wilson—scientist, naturalist, and author. Honor his insect explorations through stories and projects while learning how to protect and enjoy animals and nature.

NATIVE AMERICAN LIFEWAYS
Tilden Nature Area Trail Gail
2-3:30pm, Sun, Jun 11
The Ohlone have lived here for thousands of years. Discover some of the traditional ways they made this area their home. 7+yrs
GARDEN AND GREENHOUSE GALA  Ⓢ
Tilden Nature Area  Laura Graham
1-2:30pm, Sat, Jun 17
Spring’s not over yet! Sow the seeds of col-
lards and squash then bring a few home and
watch your hard work grow.

TULE FLOAT –
MAKE A MINI TUBE BOAT  Ⓢ
Tilden Nature Area  Trail Gail
1:30-2:30pm, Sun, Jun 18
Join a naturalist and make a mini tube boat,
then go out and see if they float!

SWEET AND SOUR SOLTICE  Ⓢ
Tilden Nature Area  Brianna Contaxis-Tucker
3-4pm, Sun, Jun 18
Celebrate the sun with some festive crafts,
then help press lemons and other seasonal
fruits to make a refreshing summer treat.

SUMMER SOLTICE SUNSET HIKE  Ⓢ
Tilden Nature Area  Trail Gail
7-9:30pm, Wed, Jun 21
Climb to the peak and watch the sunset on
this longest day of the year. Bring a flashlight.

TWILIGHT WALK  Ⓢ
Tilden Nature Area  Trent Pearce
7-9pm, Sat, Jun 24
Explore secret worlds on an evening walk
with fellow crepuscular creatures.

WET FELTING BIRD POD/HOUSE  Ⓢ
Tilden Nature Area  Trail Gail
10am-3pm, Sun, Jun 25  #16882
Make a small hollow birdhouse while learning
wet felting. Learn different construction
methods, how to layout the fiber, decorate
your birdhouse, and inflate your birdhouse
with a balloon. Perfect for beginners! 8+ yrs
Registration is required.
Fee: $10 (non-res. $12)

THE BUTTERFLY NECESSITIES  Ⓢ
Tilden Nature Area  Brianna Contaxis-Tucker
2-3pm, Sun, Jun 25
Adventure into the garden to find caterpillars
and butterflies. Learn about their lifecycle
and join us for some butterfly-themed crafts.

OTHER PARKS

DEL VALLE CAMPFIRE  Ⓢ
Del Valle  Interpretive Staff
8-9pm, Sat, May 27
8:30-9:30pm, Sat, Jun 3, 10, 17, 24
The evening glow gives way to the roaring
fire, as families gather along the creekside.
We will discover the wonders of the park and
this camping tradition each Saturday night.
Meet at the Campground Amphitheater.
June 10: Nature Nearby. June 17: Del Valle

CHABOT CAMPFIRE  Ⓢ
Chabot  Interpretive Staff
8-9pm, every Sat. Memorial weekend
through Labor Day weekend
FREE! Join us for after-dark fun! Learn about
the parks and nature through games, songs,
photos and stories around the campfire.
Non-campers are welcome! Info: (510)

544-3187.


MONDAY BIRING  Ⓢ
Various Parks  Anthony Fisher
9am-noon, Mon, May 1, 8
Birds: the sons and daughters of the dino-
saurs… May 1: Briones, meet at the Bear
Creek entrance, turn left after the kiosk, hills.
May 8: Crockett Hills, meet at the Crockett
Ranch staging area, hills. Info: (510) 544-2233.

CITIZEN SCIENCE:
WOOD DUCKING!  Ⓢ
Various Parks  Cat Taylor
1:30-3pm, Mon, May 1 #16659; 3-4:30, Sun,
May 14 #16662; 1:30-3pm, Mon, May 15
#16676; 8:30-10am, Thu, June 1 #16665,
June 15 #16677
Participate in a long-term statewide study
of nesting wood ducks. Record data, count
eggs, climb ladders, traverse uneven terrain,
carry equipment. May 1: Shadow Cliffs.
May 14: Del Valle, Arroyo staging. May 15:
Shadow Cliffs. June 1 and 15: Del Valle, Ar-
royo staging. 7+yrs. Registration is required.

HIKES FOR TYKES  Ⓢ
Various Parks  Interpretive Staff
10:30-11:45am, Tue, May 2, 16, 30 & Jun 6, 20
Enjoy some nature before naptime with your
young child! Join us to travel over hill and dell
and explore the flora and fauna of the Re-

gional Parks. Tools for exploration provided.
Hikes average about one mile. Bring a snack.
Strollers not recommended for most hikes.
May 2: Roberts (Plain, lowwaterpark lot). May 16:
Anthony Chabot (Bort Meadow). May 30:
Crab Cove. June 6: Sibley, June 20: Redwood
(Skyline Gate). Info: (510) 544-3187.

VASCO CAVES
REGIONAL PRESERVE TOUR  Ⓢ
Vasco Caves  Interpretive Staff
9am-2pm, Fri, May 5 #16807; Sat, May 6 #16816;
Sun, May 7 #16820
Hike 2.5 miles through windsweped land
which is sacred to local California Indian
communities and a refuge for golden eagles,
fairy shrimp, and tiger salamanders. The
Preserve is only accessible through guided
tours, which stage at Round Valley (May 5) or
Brushy Peak (May 6 & 7). 10+yrs. Registration
is required. Fee: $30 (nonresident $34)

TORTOISE TREKKERS HIKE SERIES  Ⓢ
Various parks  Cat Taylor
7-10:30pm, Sun, May 14 #16749; 6-10pm, Sun,
Jun 11 #16752; 6:30-9:30pm, Sun, Jun 25 #16756
Calling all Meanderthals! For those who want
to more intimately explore the parks at a lei-
surely pace. Life is about the journey, not just
the destination! May 14, Brushy Peak, Laugh-
lin Staging; Summer Stars, 4.3 miles. June
11, Las Trampas, Bollinger Staging; Ridge-
top Sunset Dinner, 4.5 miles. June 25, Del Valle,
bridge parking lot: Dusk at Del Valle, Valleci-
tos to Sailor Camp, 3 miles. 7+yrs.
Registration is required.

LAKESIDE LITTLES  Ⓢ
Shadow Cliffs  Ashley Grenier
10-11am, Fri, May 19, Jun 16
Bring your little ones to discover nature. We'll
explore a trail, look at bugs, search for birds,
and more. Let's get outside! Meet at the en-
trance on Stanley Blvd. in Pleasanton. Parent/
caregiver participation required. 1-5yrs.

OHOLNE PLANT USES  Ⓢ
Garin  Francis Mendoza
9-11:30am, Sun, May 21
Go on a 3-mile hike to learn how the Ohlone
traditionally use plants for food, medicine,
shelter and tools. Some steep sections and
ridge-crossings, so bring sturdy shoes, water
and sun protection. Meet at the Garin Barn
Visitor Center. 15+yrs. Info: (510) 544-3220.

RESILIENT REDWOODS  Ⓢ
Redwood  James Martinez & Morgan Dill
10am-noon, Sun, May 21
Meander through the rain-making, fire-re-
sistant, re-sprouting, and adaptive redwood
forest on a 2-mile hike as we discover what
shapes this verdant gem of our Oakland hills.
Meet at the Canyon Meadow Staging Area.
Info: (510) 544-3187.

THE OVER-THE-HILLS-GANG  Ⓢ
Various parks  Trail Gail
10am-12:30pm, Tue, May 23, Jun 13
For hikers 55 years and older interested in
nature study, history, fitness, and fun. May
23: meet at the Botanic Garden in Tilden
Regional Park.
June 13: Carquinez Shoreline, meet at the
Nedjedly Staging Area. Info: (510) 544-2233.

CAMEE CAPERS WALK  Ⓢ
Various Parks  Kristina Parkison
9-11am, Sat, May 27 #17035, Jun 24 #17026
Join this monthly adventure with your pet
to nurture our inner and outer-selves by ex-
ploring and learning about the natural world.

TILDEN TOTS  Ⓢ
Tilden Nature Area  James Wilson
3-4pm, Tue, May 2
Join an outdoor nature adventure pro-
gram for 3-4 year olds, each accompanied
by an adult (grandparents welcome!).

TILDEN LITTLE FARMERS  Ⓢ
Tilden Nature Area  James Wilson
3-5pm, Wed May 3 #16672
Join an after-school farm adventure for
5-7 year olds, who may be accompanied
by an adult. No younger siblings please.
Registration is required.
Fee: $6 (non-res. $8)

TILDEN YOUNG NATURALISTS  Ⓢ
Tilden Nature Area  James Wilson
3:30-5:30pm, Thu, May 4 #16688
Do you like hiking, conservation, and
nature-based activities? This after-school
program is for you! It's designed for
kids 8-13 years old, unaccompanied by
parents. Dress to ramble and get dirty;
bring a snack.
Registration required
Fee: $6 (non-res. $8)

CAMP OF THE WILD  Ⓢ
Tilden Nature Area  Broesder/Fisher
10am-4pm, Mon-Fri, Jul 10-14 #16403
Jul 17-21 #16404, Jul 24-28 #16405
Get in touch with your wild side! Learn an-
cient and useful skills. We'll build shelters,
courage and containers, cook over an open
fire, and discover edible and useful
plants. Make things! Explore! 9-12 yrs.
Registration is required
Fee: $260 (non-res. $280)
around us as we hike park trails. May 27: Garin. June 24: Alameda Creek Trail. 8+ yrs. Registration is required.

ZOOM IN ON ANIMALS AND PLANTS
Contra Loma Kevin Dixon
10:30am-12:30pm, Sat, May 27
Visit the reservoir to get a new perspective on nature through telescopes, binoculars, magnifiers and microscopes. Meet near the Redwing Picnic Area. Info: (510) 544-2750.

BIRD WALK
Dry Creek Kristina Parkison
8-10am, Sat, Jun 3
The Bay Area bursts with bird life! New and experienced birders alike, join us as we discover patterns of behavior, migration, and habitat. 8+ yrs. Info: (510) 544-3220.

FRAGRANT FROLIC
Diablo Foothills Kevin Dixon
9-11:30am, Sat, Jun 3
Let your nose be your guide as you explore the arroyos and foothills of Mt. Diablo in search of fragrant and fantastic plants. Meet at the Orchard Staging Area. 7+yrs. Info: (510) 544-2750.

GRASSLAND MANAGEMENT
Morgan Territory Willis/Defreeze
10am-12:30pm, Sun, Jun 4 #16911
Hike with the pros to learn how livestock are used to promote native species and control medusahead and barbed goat grass. Observe native grasses, wildflowers, and wildlife along the way. Meet at the staging area on Morgan Territory Road. Registration is required.

FATHER'S DAY ADVENTURE: FIRE MAKING
Garin Dino Labiste
10am-noon, Sun, Jun 18
Learn to start a fire without matches. Unravel the science behind how the hand drill produces an ember. Generate solar power to create a fire-hot coal using an aluminum can or water bottle. Learn to build a safe, efficient campfire. Meet at the Garin Barn Visitor Center. 8+ yrs. Info: (510) 544-3220.

FATHER'S DAY ADVENTURE: ATLATL THROWERS
Garin Dino Labiste
1:30-3:30pm, Sun, Jun 18
Join us for a day of Stone Age activity using a prehistoric dart thrower. Atlats were utilized by huntergatherer societies. Watch a demonstration on how to create a Paleolithic stone point. Try your skill at hitting a target with an atlal dart. Meet at the Garin Barn Visitor Center. 8+ yrs. Info: (510) 544-3220.

THE OLDEST EAST BAY REDWOOD
Leona Canyon Michael Charnofsky
9:30am-12:30pm, Sun, Jun 11
Hike five miles through a beautiful stream-carved canyon and then to Oakland’s Leona Heights Park with a view of five bridges. Glimpse from above the only “old growth” East Bay redwood, and discuss logging history. Meet at the Canyon Oaks Drive parking area, Oakland. 8+ yrs. Info: (510) 544-3187.

FROM SERPENT TO SERPENTINITE
Redwood Crockett Hills Anthony Fisher
2:30pm, Sun, Jun 11
Discover how native plants, inhospitable soils, and snakes are part of the story of California’s state rock as we explore a unique prairie preserve. Meet at the Trudeau Training Center on Skyline Blvd., Oakland. Info: (510) 544-3187.

CROCKETT HILLS
Crockett Hills Crockett Hills
7:30-9:30pm, Tue, Jun 13
Climb high through the golden hour for long views of Nature and industry on a steep 5 mile. Meet at the Crockett Ranch staging area. Info: (510) 544-2233.

EARLY MORNING BIRDING
Contra Loma Kevin Dixon
7-9am, Sat, Jun 17
Greet the weekend by soaking in the morning songs of Contra Loma’s many bird folk. Beginning birders welcome. Meet at the main parking area. Info: (510) 544-2750.

VOLLMER PEAK HIKE
Tilden Trail Gail
8-11am, Sun, Jun 18
Who was August “Gus” Vollmer? We’ll explore local history and look for wildflowers on this trek to the peak and back. Meet at the Padre Staging Area. Bring water and snacks. 8+ yrs. Info: (510) 544-2233.

POINT PINOLE
Point Pinole James Wilson
7:30-9:30pm, Tue, Jun 20
Explore the explosive and peaceful past of this unique shoreline park that was “preserved by dynamite” as we catch the coast grassland sunset and suanter through the beautiful eucalyptus trees. Meet at the Atlas Bridge. Info: (510) 544-2233.

WALK INTO NIGHT
Morgan Territory Kevin Dixon
8-10:30pm, Sat, Jun 24 #16958
Away from city lights, and even the moon, walk ridges at night and rest your mind on this vast expanse. Info: (510) 544-2750. 12+yrs. Registration is required.

BRIONES
Briones Trail Gail
7-9:30pm, Tue, Jun 27
To the hilltop we go for views of the Diablo Range sunset and howling coyotes. Meet at Alhambra Staging Area. Info: (510) 544-2233.

WILDLIFE VOLUNTEERS – "RIPARIAN RE-LEAF"
Coyote Hills Doc Quack
9:30-noon, Sat, May 6
Here is your opportunity to help the park’s wildlife by planting willow, cottonwood, and sycamore sapling. Physical labor is involved with this project. By participating, you’ll earn your “Wetland Partners” patch. Parent participation required. All ages. Registration is required.

WILDLIFE VOLUNTEERS – LEAST TERN COLONY MONITORS
Hayward Shoreline Doc Quack
1:30-4pm, Sat, May 6
Become a “Birding-Peeping-Tom” by peering into the family life of terns. You will help record data about their nest distribution, chronology and reproductive success. Surveys are conducted from a vehicle about 75 feet from the island at various times of day. A professional spotting scope on a car window mount will be available. By participating, you’ll earn your “Least Tern Habitat Helper” patch. Registration is required.

FRENCH BROOM REMOVAL/RESTORATION PROJECT
Redwood Staff
9am-1pm, Sat, May 13, Jun 10
Help remove invasive French broom at various locations in the park. Tools provided. Info: 1-888-327-2757, option 3, ext. 4553. Registration is required.

FRENCH BROOM REMOVAL/RESTORATION PROJECT
Huckleberry, Sibley Staff
9:30am, Sat, May 13, Jun 10: Huckleberry 9am, Sun, May 21, Jun 18: Sibley
Help protect native plants against French broom displacement. Tools provided. Info: (510) 544-3112.

SHORELINE HABITAT RESTORATION VOLUNTEERS
MLK, Jr. Shoreline Staff
10am-2pm, Sat, May 13 #17301, Jun 10 #17302
Join park staff to restore the natural wetland habitat: help remove invasive plants/weeds and shoreline debris harmful. Registration is required.

NATIVE PLANT GARDENING
Crab Cove Michael Charnofsky
9:30am-12:30pm, Sun, Jun 4 #16821
Help keep our wildlife-friendly gardens beautiful by pruning, weeding, and mulching around the Visitor Center. Community service hours available for students. Snacks and refreshments served, tools provided. 8+ yrs. Registration is required.

TUESDAY TWILIGHTS – DARKENING DINNER HIKE
Pleasanton Ridge Cat Taylor
7-9:30pm, Tue, May 30 #16793
We’ll go up the ridge to spectacular views ‘neath darkening skies. Bring flashlights, something to sit on, snacks & water. 2.5 miles. Meet at the Sunol Train Station. 7+ yrs. Registration is required.

HIKE THE STRAIT AT NIGHT
Carquinez Strait Virginia Delgado
7-8:30pm, Tue, Jun 6
Take a 1.5-mile stroll on even terrain along the Carquinez Overlook Loop Trail while enjoying views of the water and city lights beneath the night sky. Meet at the Bull Valley Staging Area. Info: (510) 544-2750. 6+ yrs.

WEDNESDAY WALKS
Various parks Interpretive Staff
9:30am, Wed, May 31, Jun 7, 28

SATURDAY & SUNDAY STROLLS
Various Parks Interpretive Staff
10am-noon, Sat, May 13 & Sun, May 28, Jun 25
Wake up and walk into nature. Each week we will explore a different park and the natural wonders within. Hikes range from 2.5 miles. Great for families. Dogs welcome on most hikes. May 13, Oyster Bay: Take a stroll along the Bay looking for straggling shorebirds and more! May 28, Crab Cove: Walk along the Bay Trail to the USS Hornet and learn about the military past of Alameda. June 25, Crown Beach (Elise Roemer Bird Sanctuary): Observe a variety of open landscapes with rich histories on a 3.5-mile flat walk to Doolittle Pond at MLK Jr. Regional Shoreline. Info: (510) 544-3187.
**How to Register • Fee Payment**

**Many programs do not require registration.** Simply join the instructor at the location indicated in the program description. Call the phone number listed in the program description if you need further information.

**For programs that indicate “Registration is required.”** register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed in the program description.

**ONLINE registration** is available if the program title displays this symbol: ▲ Go to www.ebparks.org. When registering online, use the course code printed next to the program date(s).

**WALK-IN:** Come to the District Headquarters between 8:30am and 5:30pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Dunsmuir House and south of the Oakland Zoo off I-580. See map below.

**BY PHONE:** Phone registration requires a VISA or Mastercard. The Reservations Office is open between 8:30am-4:30pm Mondays through Thursdays and 8:30am and 4pm on Fridays (closed weekends and holidays). Call 1-888-EBPARKS (327-2757) and select option 2. TRS Relay for the Hearing Impaired: 7-1-1.

**BY MAIL:** Call the Reservations Office at 1-888-EBPARKS (327-2757) option 2, to request a mail-in registration form. Registration is payable by check only up to 15 days before the program.

**FEE PAYMENT:** Fees must be paid in full at the time of registration. Fees may be paid by money order, VISA, Mastercard, cash, or pre-printed check for walk-in registration. Make checks payable to EBRPD. Programs registered in the parks may be paid for by check up until the day the program if space is available. Returned checks will be charged a $25 Returned Check charge. Non-resident fees apply to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

**CREDIT CARDS:** VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

**CANCELLATION POLICY:**
- **REFUNDS/TRANSFERS:** Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. CANCELLATION POLICY: At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.
JUNE 9 • JULY 14 • AUGUST 11
Join us for incredible free music and fun!
4:30 to 5:30 PM .......... Food and Crab Cove Family Program
5:30 to 7:30 PM .......... Music

Give online at: www.RegionalParksFoundation.org/MIL or call 510-544-2220.

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Membership is a great way to show your support and commitment to your Regional Parks. As a thank you Members receive:
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• Swimming
• Annual Dog Pass

Sign up for a Membership today: www.RegionalParksFoundation.org/MEM; or call 510-544-2220.

www.ebparks.org