

# Point Isabel Regional Shoreline

*San Francisco Bay Trail to Rosie the Riveter World War II Homefront National Historical Park Visitor Center*

**Length:** 6.25-mile round-trip **Elevation:** Approximately 75 feet

**Location:** Richmond

**GPS:** 37.900929, -122.324709

**Intensity:** Easy



**Park Features:** There are beautiful views of San Francisco Bay, the Golden Gate Bridge, Marin County and Brooks Island from this popular 23-acre park. The San Francisco Bay Trail runs through the park continues in both directions along the shoreline for miles. One of the park's most popular features is the large dog play area, which allows dogs to be off leash. The shoreline also offers birdwatching opportunities, fishing, bike riding, kite flying, kayaking and picnicking. The park draws over one million visitors annually.

**Trails Highlights:** This trail is completely paved; it not only offers pristine views of the bay, but also the marshlands and hills to the East. This scenic trail follows the San Francisco Bay Trail along the waterfront passing through two local parks before reaching the Rosie the Riveter World War II Homefront National Historical Park. The visitor center there is free and open daily 10 a.m. to 5 p.m. Pack water, lunch and sunblock for an active day exploring the Richmond shoreline and its rich historical past.

**Trail Directions:** Park at the Rydin Road parking lot. Walk toward the bathrooms and pick up the paved path to the East that is outside the fences and behind the bathrooms. This is the San Francisco Bay Trail. Follow the SF Bay Trail to the left, to the North; stay on the trail, keeping the water on your left. You'll pass a connecting side route on the right, and you'll cross a short bridge within the first mile. After about 1 mile, you will cross another short bridge and come to a fork in the path. Stay left, keeping along the SF Bay Trail and the shoreline. Turn right at Shimada Friendship Park, to go through the parking lot and cross Marina Bay Parkway. Follow the paved trail, passing apartments on the right, and reconnect with the SF Bay Trail on the waterfront. Turn right and continue along the SF Bay Trail as it winds around and along the inner harbor and public boat launch area. After another 1.5 miles, you will reach the Rosie the Riveter World War II National Historical Park visitor center. To return to the starting point, simply turn around and retrace your steps.

**Health Tip:** When you get outside and enjoy fun activities – hiking, walking, boating, or swimming – it's important to stay hydrated. Drink plenty of water during light activities, and sports drinks with electrolytes and carbohydrates for more strenuous activities.



Photo: Shelly Lewis



**Driving Directions: To Rydin Rd. entrance:** From either I-580 or I-80, take Central Ave. west to Rydin Rd. Continue to the end of Rydin. Turn left into the parking lot.

**To Isabel St. entrance:** You can also enter the dog park from Isabel Street. Exiting on to Central, continue to the end of Central; turn right onto Isabel St. Turn right into the parking lot.

**Park Hours:** 5am to 10pm

**Fees:** No fees

**Website:** [ebparks.org/parks/pt\\_isabel](http://ebparks.org/parks/pt_isabel)