

# **Wild Plants of Sobrante Ridge Regional Preserve**

**Grouped by Growth Form  
Alphabetical by Scientific Name**

**September 5, 2003**



**East Bay Regional  
Park District**  
[www.ebparks.org](http://www.ebparks.org)

# Wild Plants of Sobrante Ridge Regional Preserve

## Grouped by Growth Form Alphabetical by Scientific Name

This document contains a comprehensive list of the wild plants reported to be found in Sobrante Ridge Regional Preserve.

The plants are grouped according to their growth form for easy accessibility. These four groups are: Ferns & Horsetails, Grasses & Grasslike, Herbaceous, and Woody.

The plants within each group are listed alphabetically by scientific name. Other information on each plant includes the common name, family, whether the plant is native or introduced, and its longevity.

For quick reference, the upper left corner of each page displays both the group name (based on growth form) and the genus of the first scientific name.

### The abbreviations used:

✓	Checklist column for marking off the plants you observe
<b>Scientific Name</b>	According to <i>The Jepson Manual: Higher Plants of California, 1993</i>
<b>Common Name</b>	According to <i>Jepson</i> and other references (highly variable)
<b>Family</b>	The scientific plant family name according to <i>Jepson</i>
<b>L</b>	Longevity: Annual ( <b>a</b> ), Biennial ( <b>b</b> ), Perennial ( <b>p</b> ), or a combination
<b>N/I</b>	Native ( <b>n</b> ) or Introduced ( <b>i</b> ) according to <i>Jepson</i>

The listing of plants included in this document is by no means complete. The intent is to maintain an ongoing inventory to which additional plants can be added over time. Readers are encouraged to report any corrections or additions to this list by emailing the District Botanist (Wilde Legard, [wlegard@ebparks.org](mailto:wlegard@ebparks.org)). This welcomed assistance will help facilitate improved management of the Park District's natural resources.

***Ferns & Horsetails***  
***Dryopteris***

- √ **Scientific Name**
- Dryopteris arguta*
  - Pentagramma triangularis* ssp. *triangularis*
  - Pteridium aquilinum* var. *pubescens*

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<b>Common Name</b>	<b>Family</b>	<b>L</b>	<b>N/I</b>
Fern, Coastal Wood	Dryopteridaceae	p	n
Fern, Goldenback	Pteridaceae	p	n
Fern, Bracken	Dennstaedtiaceae	p	n

**Grasses & Grasslike  
Agrostis**

- √ **Scientific Name**
- Agrostis pallens
- Aira caryophyllea
- Avena fatua
- Bromus carinatus var. carinatus
- Bromus diandrus
- Bromus hordeaceus
- Cynosurus echinatus
- Elymus glaucus ssp. glaucus
- Hordeum murinum ssp. leporinum
- Juncus patens
- Lolium multiflorum
- Melica californica
- Melica torreyana
- Nassella pulchra

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<b>Common Name</b>	<b>Family</b>	<b>L</b>	<b>N/I</b>
Bent Grass, Dune	Poaceae	p	n
Hair Grass, Silver European	Poaceae	a	i
Oat, Wild	Poaceae	a	i
Brome, California	Poaceae	p	n
Brome, Rippgut	Poaceae	a	i
Brome, Soft	Poaceae	a	i
Dogtail Grass, Hedgehog	Poaceae	a	i
Wild Rye, Blue	Poaceae	p	n
Barley, Hare	Poaceae	a	i
Rush, Spreading	Juncaceae	p	n
Rye Grass, Awned Italian	Poaceae	p	i
Melic Grass, California	Poaceae	p	n
Melic Grass, Torrey	Poaceae	p	n
Needle Grass, Purple	Poaceae	p	n

**Herbaceous  
Achillea**

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√ Scientific Name	Common Name	Family	L	N/I
<input type="radio"/> Achillea millefolium	Yarrow	Asteraceae	p	n
<input type="radio"/> Agoseris grandiflora	Dandelion, Large-flower Native	Asteraceae	p	n
<input type="radio"/> Anagallis arvensis	Pimpernel, Scarlet	Primulaceae	a	i
<input type="radio"/> Aristolochia californica	Pipevine, Calif. / Dutchman's	Aristolochiaceae	p	n
<input type="radio"/> Artemisia douglasiana	Mugwort, California	Asteraceae	p	n
<input type="radio"/> Aster chilensis	Aster, Common California Wild	Asteraceae	p	n
<input type="radio"/> Boschniakia strobilacea	Cone Flower / Ground Cone	Orobanchaceae	p	n
<input type="radio"/> Brassica nigra	Mustard, Black	Brassicaceae	a	i
<input type="radio"/> Calochortus umbellatus	Star Tulip, Oakland	Liliaceae	p	n
<input type="radio"/> Capsella bursa-pastoris	Shepherd's Purse	Brassicaceae	a	i
<input type="radio"/> Carduus pycnocephalus	Thistle, Italian	Asteraceae	a	i
<input type="radio"/> Centaurea calcitrapa	Thistle, Purple Star	Asteraceae	ab	i
<input type="radio"/> Centaurea melitensis	Tocalote	Asteraceae	a	i
<input type="radio"/> Chlorogalum pomeridianum var. pomeridianum	Soap Plant, Common	Liliaceae	p	n
<input type="radio"/> Cirsium vulgare	Thistle, Bull	Asteraceae	b	i
<input type="radio"/> Clarkia rubicunda	Clarkia, Ruby Chalice	Onagraceae	a	n
<input type="radio"/> Claytonia perfoliata ssp. ?	Miner's Lettuce	Portulacaceae	a	n
<input type="radio"/> Conium maculatum	Poison Hemlock	Apiaceae	b	i
<input type="radio"/> Cynara cardunculus	Cardoon / Artichoke Thistle	Asteraceae	p	i
<input type="radio"/> Epilobium brachycarpum	Willowherb, Panicked / Weedy	Onagraceae	a	n
<input type="radio"/> Eriogonum nudum var. ?	Buckwheat, Naked-stem	Polygonaceae	p	n
<input type="radio"/> Erodium botrys	Filaree, Long-beaked	Geraniaceae	a	i
<input type="radio"/> Erodium cicutarium	Filaree, Red-stem	Geraniaceae	a	i
<input type="radio"/> Erodium moschatum	Filaree, White-stem	Geraniaceae	a	i
<input type="radio"/> Eschscholzia californica	Poppy, California	Papaveraceae	p	n
<input type="radio"/> Euphorbia lathyris	Spurge, Caper	Euphorbiaceae	ab	i
<input type="radio"/> Filago gallica	Fluffweed	Asteraceae	a	i
<input type="radio"/> Galium porrigens var. porrigens	Bedstraw, Climbing	Rubiaceae	p	n
<input type="radio"/> Gnaphalium californicum	Everlasting, California	Asteraceae	b	n
<input type="radio"/> Gnaphalium ramosissimum	Everlasting, Pink	Asteraceae	b	n
<input type="radio"/> Grindelia camporum var. camporum	Gumplant, Great Valley	Asteraceae	p	n
<input type="radio"/> Heracleum lanatum	Parsnip, Cow	Apiaceae	p	n
<input type="radio"/> Holocarpha macradenia	Tarplant, Santa Cruz	Asteraceae	a	n
<input type="radio"/> Hypochaeris radicata	Cat's-ear, Rough	Asteraceae	p	i
<input type="radio"/> Lactuca saligna	Willow, Lettuce	Asteraceae	a	i
<input type="radio"/> Lathyrus latifolius	Pea, Everlasting	Fabaceae	p	i
<input type="radio"/> Lathyrus vestitus var. vestitus	Pea, Pale Purple Pacific	Fabaceae	p	n
<input type="radio"/> Lepidium nitidum var. nitidum	Peppergrass, Threadleaf	Brassicaceae	a	n
<input type="radio"/> Lotus scoparius var. scoparius	Deerweed	Fabaceae	p	n
<input type="radio"/> Lupinus formosus var. formosus	Lupine, Summer / Woodland	Fabaceae	p	n
<input type="radio"/> Madia sativa	Tarweed, Common / Coast	Asteraceae	a	n
<input type="radio"/> Malacothrix floccifera	Dandelion, Woolly / Flocked	Asteraceae	a	n
<input type="radio"/> Marah fabaceus	Manroot, Common / California	Cucurbitaceae	p	n

**Herbaceous  
Navarretia**

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√ Scientific Name	Common Name	Family	L	N/I
<input type="radio"/> Navarretia mellita	Navarretia, Honeyscent	Polemoniaceae	a	n
<input type="radio"/> Orobanche vallicola	Broom-rape, Sharp-lobe	Orobanchaceae	p	n
<input type="radio"/> Pedicularis densiflora	Indian Warrior	Scrophulariaceae	p	n
<input type="radio"/> Perideridia kelloggii	Yampah, Kellogg	Apiaceae	p	n
<input type="radio"/> Picris echioides	Ox-tongue, Bristly	Asteraceae	ab	i
<input type="radio"/> Plantago lanceolata	Plantain, English	Plantaginaceae	a	i
<input type="radio"/> Polygonum arenastrum	Knotweed, Common Yard	Polygonaceae	a	n
<input type="radio"/> Potentilla glandulosa ssp. glandulosa	Cinquefoil, Sticky	Rosaceae	p	n
<input type="radio"/> Ranunculus californicus	Buttercup, California	Ranunculaceae	p	n
<input type="radio"/> Rumex acetosella	Sheep Sorrel	Polygonaceae	p	i
<input type="radio"/> Rumex crispus	Dock, Curl	Polygonaceae	p	i
<input type="radio"/> Rumex pulcher	Dock, Fiddle	Polygonaceae	p	i
<input type="radio"/> Sanicula crassicaulis	Sanicle, Pacific Woodland	Apiaceae	p	n
<input type="radio"/> Satureja douglasii	Yerba Buena	Lamiaceae	p	n
<input type="radio"/> Silene gallica	Pink, Windmill	Caryophyllaceae	a	i
<input type="radio"/> Silybum marianum	Thistle, Milk	Asteraceae	ab	i
<input type="radio"/> Sisyrinchium bellum	Grass, Blue-eyed	Iridaceae	p	n
<input type="radio"/> Solidago californica	Goldenrod, California	Asteraceae	p	n
<input type="radio"/> Sonchus asper ssp. asper	Sow Thistle, Prickly	Asteraceae	a	i
<input type="radio"/> Spergularia rubra	Sand Spurry, Ruby	Caryophyllaceae	ap	i
<input type="radio"/> Stachys ajugoides var. rigida	Hedge Nettle, Common Rigid	Lamiaceae	p	n
<input type="radio"/> Stellaria media	Chickweed, Common	Caryophyllaceae	a	i
<input type="radio"/> Torilis arvensis	Hedge Parsley	Apiaceae	a	i
<input type="radio"/> Trifolium hirtum	Clover, Rose	Fabaceae	a	i
<input type="radio"/> Urtica dioica ssp. holosericea	Nettle, Creek Stinging	Urticaceae	p	n
<input type="radio"/> Verbena lasiostachys var. scabrida	Vervain, Robust	Verbenaceae	p	n
<input type="radio"/> Vicia sativa ssp. nigra	Vetch, Narrowleaf	Fabaceae	a	i
<input type="radio"/> Wyethia angustifolia	Mule's Ear, Narrow-leaf	Asteraceae	p	n
<input type="radio"/> Xanthium spinosum	Clotbur, Spiny	Asteraceae	a	n

**Woody  
Arbutus**

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√ Scientific Name	Common Name	Family	L	N/I
<input type="radio"/> <i>Arbutus menziesii</i>	Madrone, Pacific	Ericaceae	p	n
<input type="radio"/> <i>Arctostaphylos pallida</i>	Manzanita, Pallid	Ericaceae	p	n
<input type="radio"/> <i>Arctostaphylos tomentosa</i> ssp. <i>crustacea</i>	Manzanita, Brittle-leaf	Ericaceae	p	n
<input type="radio"/> <i>Artemisia californica</i>	Sagebrush, California	Asteraceae	p	n
<input type="radio"/> <i>Baccharis pilularis</i>	Coyote Bush	Asteraceae	p	n
<input type="radio"/> <i>Eriodictyon californicum</i>	Yerba Santa	Hydrophyllaceae	p	n
<input type="radio"/> <i>Garrya elliptica</i>	Silk Tassel, Coast	Garryaceae	p	n
<input type="radio"/> <i>Heteromeles arbutifolia</i>	Toyon	Rosaceae	p	n
<input type="radio"/> <i>Holodiscus discolor</i>	Creambush / Ocean Spray	Rosaceae	p	n
<input type="radio"/> <i>Lonicera hispidula</i> var. <i>vacillans</i>	Honeysuckle, Hairy Vine	Caprifoliaceae	p	n
<input type="radio"/> <i>Lupinus albifrons</i> var. ?	Lupine, Blue Bush / Silver	Fabaceae	p	n
<input type="radio"/> <i>Mimulus aurantiacus</i>	Monkey Flower, Bush	Scrophulariaceae	p	n
<input type="radio"/> <i>Quercus agrifolia</i> var. <i>agrifolia</i>	Oak, Coast Live	Fagaceae	p	n
<input type="radio"/> <i>Quercus wislizenii</i> var. <i>frutescens</i>	Oak, Dwarf Interior Live	Fagaceae	p	n
<input type="radio"/> <i>Rhamnus californica</i> ssp. <i>californica</i>	Coffeeberry, California	Rhamnaceae	p	n
<input type="radio"/> <i>Ribes menziesii</i>	Gooseberry, Canyon	Grossulariaceae	p	n
<input type="radio"/> <i>Rosa californica</i>	Rose, California Wild	Rosaceae	p	n
<input type="radio"/> <i>Rubus ursinus</i>	Blackberry, Native California	Rosaceae	p	n
<input type="radio"/> <i>Sambucus mexicana</i>	Elderberry, Blue	Caprifoliaceae	p	n
<input type="radio"/> <i>Toxicodendron diversilobum</i>	Poison Oak	Anacardiaceae	p	n
<input type="radio"/> <i>Umbellularia californica</i>	Bay Laurel, California	Lauraceae	p	n