

**Wild Plants
of
Shadow Cliffs
Regional Recreation Area**

**Grouped by Growth Form
Alphabetical by Scientific Name**

September 5, 2003



**East Bay Regional
Park District**
www.ebparks.org

Wild Plants of Shadow Cliffs Regional Recreation Area

Grouped by Growth Form Alphabetical by Scientific Name

This document contains a comprehensive list of the wild plants reported to be found in Shadow Cliffs Regional Recreation Area.

The plants are grouped according to their growth form for easy accessibility. These four groups are: Ferns & Horsetails, Grasses & Grasslike, Herbaceous, and Woody.

The plants within each group are listed alphabetically by scientific name. Other information on each plant includes the common name, family, whether the plant is native or introduced, and its longevity.

For quick reference, the upper left corner of each page displays both the group name (based on growth form) and the genus of the first scientific name.

The abbreviations used:

✓	Checklist column for marking off the plants you observe
Scientific Name	According to <i>The Jepson Manual: Higher Plants of California, 1993</i>
Common Name	According to <i>Jepson</i> and other references (highly variable)
Family	The scientific plant family name according to <i>Jepson</i>
L	Longevity: Annual (a), Biennial (b), Perennial (p), or a combination
N/I	Native (n) or Introduced (i) according to <i>Jepson</i>

The listing of plants included in this document is by no means complete. The intent is to maintain an ongoing inventory to which additional plants can be added over time. Readers are encouraged to report any corrections or additions to this list by emailing the District Botanist (Wilde Legard, wlegard@ebparks.org). This welcomed assistance will help facilitate improved management of the Park District's natural resources.

**Grasses & Grasslike
Aira**

- √ **Scientific Name**
- Aira caryophyllea*
- Arundo donax*
- Avena barbata*
- Bromus diandrus*
- Bromus hordeaceus*
- Cynodon dactylon*
- Cyperus eragrostis*
- Eleocharis macrostachya*
- Hordeum marinum* ssp. *gussoneanum*
- Hordeum murinum* ssp. *leporinum*
- Juncus phaeocephalus* var. ?
- Lolium multiflorum*
- Phalaris aquatica*
- Poa annua*
- Polypogon monspeliensis*
- Scirpus acutus* var. *occidentalis*
- Vulpia* sp.

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Common Name	Family	L	N/I
Hair Grass, Silver European	Poaceae	a	i
Reed, Giant	Poaceae	p	i
Oat, Slender Wild	Poaceae	a	i
Brome, Ripgut	Poaceae	a	i
Brome, Soft	Poaceae	a	i
Bermuda Grass	Poaceae	p	n
Nutsedge, Tall	Cyperaceae	p	n
Spikerush, Common	Cyperaceae	p	n
Barley, Mediterranean	Poaceae	a	i
Barley, Hare	Poaceae	a	i
Rush, Brownhead	Juncaceae	p	n
Rye Grass, Awnead Italian	Poaceae	p	i
Harding Grass	Poaceae	p	i
Blue Grass, Annual	Poaceae	a	i
Rabbitfoot Grass, Annual	Poaceae	a	i
Bulrush, Hardstem	Cyperaceae	p	n
Fescue, Annual	Poaceae	a	n

**Herbaceous
Amsinckia**

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√ Scientific Name	Common Name	Family	L	N/I
<input type="radio"/> Amsinckia grandiflora	Fiddleneck, Largeflower	Boraginaceae	a	n
<input type="radio"/> Amsinckia menziesii var. intermedia	Fiddleneck, Common	Boraginaceae	a	n
<input type="radio"/> Anagallis arvensis	Pimpernel, Scarlet	Primulaceae	a	i
<input type="radio"/> Artemisia douglasiana	Mugwort, California	Asteraceae	p	n
<input type="radio"/> Bellardia trixago	Bellardia	Scrophulariaceae	a	i
<input type="radio"/> Brassica nigra	Mustard, Black	Brassicaceae	a	i
<input type="radio"/> Cardamine oligosperma	Bitter Cress, Western	Brassicaceae	a	n
<input type="radio"/> Carduus pycnocephalus	Thistle, Italian	Asteraceae	a	i
<input type="radio"/> Castilleja attenuata	Valley Tassels	Scrophulariaceae	a	n
<input type="radio"/> Castilleja exserta ssp. exserta	Owl's Clover, Purple	Scrophulariaceae	a	n
<input type="radio"/> Centaurea solstitialis	Thistle, Yellow Star	Asteraceae	a	i
<input type="radio"/> Chamomilla suaveolens	Pineapple Weed	Asteraceae	a	n
<input type="radio"/> Clarkia purpurea ssp. quadrivulnera	Clarkia, Fourspot Winecup	Onagraceae	a	n
<input type="radio"/> Clarkia sp.	Clarkia	Onagraceae	a	n
<input type="radio"/> Conium maculatum	Poison Hemlock	Apiaceae	b	i
<input type="radio"/> Conyza bonariensis	Horseweed, South American	Asteraceae	a	i
<input type="radio"/> Crassula connata	Pygmy Weed, Sand	Crassulaceae	a	n
<input type="radio"/> Dipsacus sativus	Teasel, Wild	Dipsacaceae	b	i
<input type="radio"/> Epilobium brachycarpum	Willowherb, Panicked / Weedy	Onagraceae	a	n
<input type="radio"/> Erodium botrys	Filaree, Long-beaked	Geraniaceae	a	i
<input type="radio"/> Erodium cicutarium	Filaree, Red-stem	Geraniaceae	a	i
<input type="radio"/> Erodium moschatum	Filaree, White-stem	Geraniaceae	a	i
<input type="radio"/> Eschscholzia californica	Poppy, California	Papaveraceae	p	n
<input type="radio"/> Euthamia occidentalis	Goldenrod, Western	Asteraceae	p	n
<input type="radio"/> Filago gallica	Fluffweed	Asteraceae	a	i
<input type="radio"/> Foeniculum vulgare	Fennel, Sweet	Apiaceae	p	i
<input type="radio"/> Galium murale	Bedstraw, Tiny	Rubiaceae	a	i
<input type="radio"/> Geranium dissectum	Geranium, Purpletip Cut-leaf	Geraniaceae	a	i
<input type="radio"/> Grindelia camporum var. camporum	Gumplant, Great Valley	Asteraceae	p	n
<input type="radio"/> Helenium sp.	Sneezeweed / Rosilla	Asteraceae	bp	n
<input type="radio"/> Hirschfeldia incana	Mustard, Shortpod	Brassicaceae	bp	i
<input type="radio"/> Hypochaeris glabra	Cat's-ear, Smooth	Asteraceae	a	i
<input type="radio"/> Lactuca saligna	Willow, Lettuce	Asteraceae	a	i
<input type="radio"/> Lactuca serriola	Lettuce, Prickly	Asteraceae	a	i
<input type="radio"/> Lotus corniculatus	Deerweed, Bird's-foot	Fabaceae	p	i
<input type="radio"/> Lotus purshianus var. purshianus	Clover, Spanish	Fabaceae	a	n
<input type="radio"/> Lupinus bicolor	Lupine, Miniature Dove	Fabaceae	a	n
<input type="radio"/> Lupinus succulentus	Lupine, Arroyo	Fabaceae	a	n
<input type="radio"/> Lythrum hyssopifolium	Loosestrife, Grass Poly	Lythraceae	ap	i
<input type="radio"/> Marrubium vulgare	Horehound, Common	Lamiaceae	p	i
<input type="radio"/> Medicago polymorpha	Bur Clover, California	Fabaceae	a	i
<input type="radio"/> Melilotus indica	Clover, Sour	Fabaceae	ab	i
<input type="radio"/> Mimulus sp.	Monkey Flower	Scrophulariaceae	ap	n

Herbaceous Phyla

- √ **Scientific Name**
- Phyla nodiflora var. ?
 - Picris echioides
 - Plantago coronopus
 - Plantago erecta
 - Plantago lanceolata
 - Plantago major
 - Polygonum sp.
 - Raphanus sativus
 - Rumex crispus
 - Rumex salicifolius var. transitorius
 - Senecio vulgaris
 - Silybum marianum
 - Solanum sp.
 - Sonchus asper ssp. asper
 - Trifolium dubium
 - Trifolium hirtum
 - Trifolium sp.
 - Vicia sativa ssp. nigra
 - Vicia sativa ssp. sativa
 - Vicia villosa ssp. ?

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Common Name	Family	L	N/I
Verbena, Lemon	Verbenaceae	p	n
Ox-tongue, Bristly	Asteraceae	ab	i
Plantain, Cut-leaf	Plantaginaceae	ab	n
Plantain, California Dwarf	Plantaginaceae	a	n
Plantain, English	Plantaginaceae	a	i
Plantain, Common	Plantaginaceae	ap	i
Knotweed / Smartweed	Polygonaceae	ap	
Radish, Wild	Brassicaceae	a	i
Dock, Curly	Polygonaceae	p	i
Dock, Ovate Willow	Polygonaceae	p	n
Groundsel, Common	Asteraceae	a	i
Thistle, Milk	Asteraceae	ab	i
Nightshade	Solanaceae	ap	
Sow Thistle, Prickly	Asteraceae	a	i
Clover, Shamrock	Fabaceae	a	i
Clover, Rose	Fabaceae	a	i
Clover	Fabaceae	ap	
Vetch, Narrowleaf	Fabaceae	a	i
Vetch, Spring	Fabaceae	a	i
Vetch	Fabaceae	ab	i

**Woody
Baccharis**

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√ Scientific Name	Common Name	Family	L	N/I
<input type="radio"/> Baccharis pilularis	Coyote Bush	Asteraceae	p	n
<input type="radio"/> Baccharis salicifolia	Mulefat	Asteraceae	p	n
<input type="radio"/> Heteromeles arbutifolia	Toyon	Rosaceae	p	n
<input type="radio"/> Juglans californica var. hindsii	Walnut, N. California Black	Juglandaceae	p	n
<input type="radio"/> Olea europaea	Olive	Oleaceae	p	i
<input type="radio"/> Platanus racemosa	Sycamore, Western	Platanaceae	p	n
<input type="radio"/> Populus fremontii ssp. fremontii	Cottonwood, Fremont	Salicaceae	p	n
<input type="radio"/> Prunus dulcis	Almond	Rosaceae	p	i
<input type="radio"/> Pyracantha angustifolia	Firethorn	Rosaceae	p	i
<input type="radio"/> Quercus lobata	Oak, Valley	Fagaceae	p	n
<input type="radio"/> Rubus discolor	Blackberry, Himalayan	Rosaceae	p	i
<input type="radio"/> Rubus ursinus	Blackberry, Native California	Rosaceae	p	n
<input type="radio"/> Salix exigua	Willow, Narrowleaf	Salicaceae	p	n
<input type="radio"/> Salix laevigata	Willow, Red	Salicaceae	p	n
<input type="radio"/> Salix lasiolepis	Willow, Arroyo	Salicaceae	p	n
<input type="radio"/> Salix lucida ssp. lasiandra	Willow, Shining	Salicaceae	p	n
<input type="radio"/> Toxicodendron diversilobum	Poison Oak	Anacardiaceae	p	n