Welcome to Tilden

FIND FUN IN TILDEN Tilden Regional Park, one of three original Regional Parks opened to the public in 1936, was named to honor Major Charles Lee Tilden, a park founder and first president of the East Bay Regional Park District's Board of Directors. The park's recreational, historical, and environmental features include a swim complex at Lake Anza, an 18-hole golf course, the Herschell Spillman merry-go-round and band organ, the Little Farm with domestic animals, the Regional Parks Botanic Garden of California native plants, and the miniature steam passenger railway. At the north end of the park is the Environmental Education Center (EEC), which offers naturalist-led programs and exhibits on topics of wide interest.

LAKE ANZA Attractions include beach sunbathing, swimming, picnicking, and food service. There is an entrance fee for the swim complex. For swim season and lifeguard hours see www.ebparks.org, or call 1-888-327-2757, option 3, ext. 4563.

GOLF COURSE Enjoy the driving range, the 18-hole championship golf course, a practice green, the pro shop, and food service. Phone (510) 848-7373 for reservations.

NATURE AREA Tilden Nature Area is a 740-acre preserve just north of Tilden Regional Park. With 10+ miles of hiking trails, the preserve contains a blend of native and introduced plant communities, including oak/bay woodlands, grasslands, and eucalyptus forests. A 750-foot boardwalk leads to Jewel Lake, a historic reservoir and a peaceful place to watch wildlife. At the Environmental Education Center (EEC) you can explore exhibits that tell the story of the Wildcat Creek Watershed, find information on park activities, and purchase nature-related books and materials, including a self-guiding trail booklet. The EEC (510-544-2233) is open Tue-Sun, 10 a.m.-4:30 p.m. Adjacent to the EEC is the Little Farm (open daily 8:30 a.m.-4 p.m.) built in 1955 and featuring a variety of farm animals, including cows, sheep, goats, rabbits, chickens, and pigs. Several heritage breeds are preserved, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery (but nothing else) to feed the animals.

TILDEN NATURE AREA TRAILS Tilden Nature Area's many trails vary in length and difficulty, and go through a variety of habitats. Trails are designated by symbols on trailside directional posts. **A self-guiding trail booklet is available for the Jewel Lake Trail** from the EEC, open Tuesdays-Sundays, 10 a.m. to 4:30 p.m. Jewel Lake Trail–.90 miles, gentle loop. Pack Rat Trail–.86 miles, moderate. Sylvan Trail–.68 miles, gentle. Wildcat Peak Trail–1.5 miles, steep. Pine Tree Trail–.93 miles, moderate. Laurel Canyon Trail–1.11 miles, moderately steep. Memory Trail– .51 miles, moderate.

BOTANIC GARDEN The Regional Parks Botanic Garden, a separate botanical area within the park, specializes in the propagation of California native trees, shrubs, and flowers. Plants are segregated into 12 geographic ranges–from desert to Pacific rain forest. Garden hours are 8:30 a.m. to 5 p.m. daily. Phone (510) 544-3169.

BRAZIL BUILDING This historic facility is popular for weddings, social events, and meetings, and is available for reservation. Catering may be arranged. The hall, patio, and commercial kitchen may be viewed on Tuesdays from 1-8 p.m. (except the 4th Tuesday of each month). Phone (510) 544-3164.

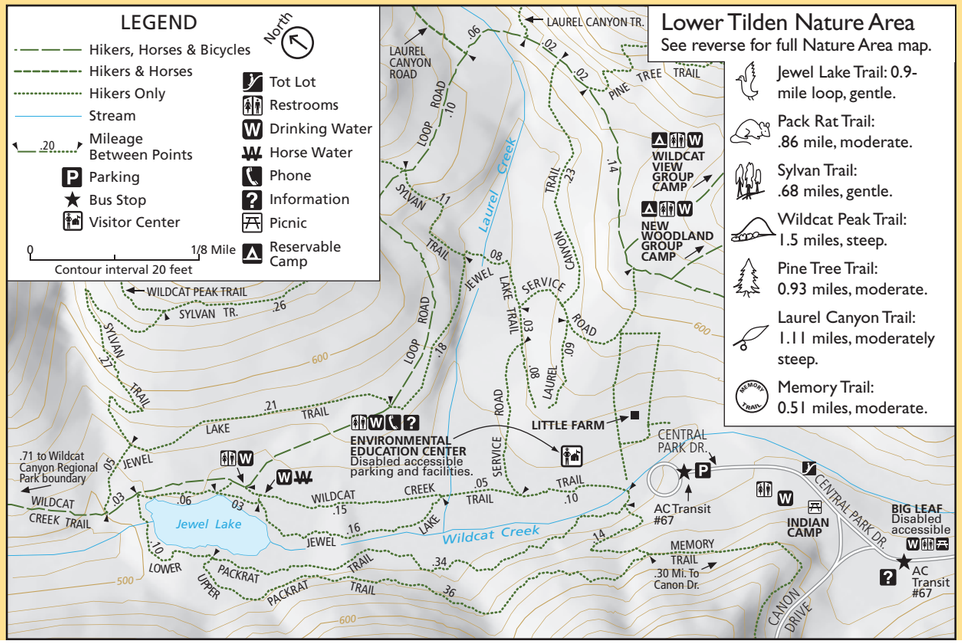
MERRY-GO-ROUND The Herschell-Spillman merry-go-round, with beautifully restored wooden menagerie carousel animals, is open from 11 a.m.-5 p.m. on weekends and holidays, and on weekdays during school spring and summer vacation. There is a fee. Phone (510) 524-6773.

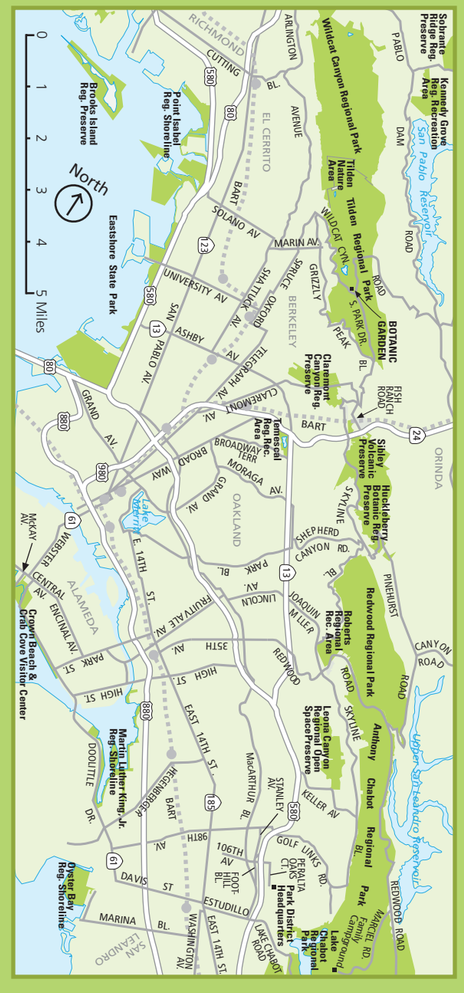
TRAIN RIDES The Redwood Valley Railroad miniature trains run from 11 a.m.-6 p.m. (or until dark) on weekends and holidays, and from noon-5 p.m. during school spring break and summer vacation. There is a fee. Phone (510) 548-6100. The Golden Gate Live Steamers are free and are open Sundays noon-3 p.m. Phone (510) 486-0623.

OTHER PARK FEATURES Tilden Regional Park offers hiking and equestrian trails, picnic areas (some reservable, some first-come, first-served), and the Rotary Peace Grove. The park's Nimitz Way, accessible from Inspiration Point, is a paved, multi-use, ridgetop trail. It is a segment of the Bay Area Ridge Trail and the East Bay Skyline National Trail, a 31-mile trail running from Wildcat Canyon Regional Park to Anthony Chabot Regional Park.

PICNIC AND CAMPING RESERVATIONS Group picnic reservations and camping reservations for organized youth groups must be made at least 14 days in advance by phoning the Park District's Reservations Department at 1-888-EBPARKS, option 2, then 1.

MEMBERSHIPS The Regional Parks Foundation offers memberships to park users. For more information, call (510) 544-2203 or see www.regionalparksfoundation.org.





Tilden
Regional Park

East Bay Regional Park District

East Bay Regional Park District
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1-888-EBPARKS www.ebparks.org
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