



PARK'n IT DAY CAMP

# Health Form + Waiver

Complete this form and return it to:  
Philip Coffin, Tidewater Boating Center  
4675A Tidewater Ave, Oakland, CA 94601  
Fax: 510.261.8114 Email: [pcoffin@ebparks.org](mailto:pcoffin@ebparks.org)



Child Last Name	Child First Name	Child Date of Birth	Child T-Shirt Size
<b>Swimming:</b> Campers will be in chest-deep water, supervised by lifeguards and recreation leaders. Swim areas are roped off. Please tell us if your child is allowed to go in the water.			
<input type="checkbox"/> Yes, my child may go in the water with staff supervision <input type="checkbox"/> No, I do not want my child to go in the water at all			

**Which week(s) are you signing up for?**

<input type="checkbox"/> June 13-17: Temescal, Oakland	<input type="checkbox"/> July 4-8, Contra Loma, Antioch	<input type="checkbox"/> July 25-29: Miller Knox, Richmond
<input type="checkbox"/> June 20-24: Temescal, Oakland	<input type="checkbox"/> July 11-15, Monument Crisis Center	<input type="checkbox"/> August 1-5, Ardenwood, Fremont
<input type="checkbox"/> June 27-July 1: Don Castro, Hayward	<input type="checkbox"/> July 18-22, YES Nature-to-Neighborhoods	

**Primary Parents/Guardians:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

**In addition to the Parent/Guardian, please list 2 more emergency contacts:**

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Phone: \_\_\_\_\_

**In addition to the Parent/Guardian, who is authorized to pick up the camper? (photo I.D. required at pick-up)**

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Phone: \_\_\_\_\_

**Medical History:**

1. Please describe any medical issues or injuries that we should be aware of: \_\_\_\_\_  
\_\_\_\_\_
2. Please describe any psychological/emotional issues that we should be aware of: \_\_\_\_\_  
\_\_\_\_\_
3. Are there any activities that your child should not be allowed to participate in? \_\_\_\_\_
4. Please list all of the camper's allergies: \_\_\_\_\_
5. Please list any medications your child needs to take *while at camp*: \_\_\_\_\_
6. The camper is up-to-date with immunizations. \_\_\_\_\_ (Initial here) Month/year of most recent tetanus shot: \_\_\_\_\_
7. a) Please list current medications (both prescribed and over the counter): \_\_\_\_\_  
b) How is medication administered? \_\_\_\_\_ When? \_\_\_\_\_ Dosage? \_\_\_\_\_
7. Health Insurance: \_\_\_\_\_ Policy #: \_\_\_\_\_ Doctor Name + Phone: \_\_\_\_\_

*Please feel free to attach additional information, or call the Recreation Coordinator at 510.544.2566 to discuss any other issues.*

**Parent/Guardian Authorization:**

This health history is correct to the best of my knowledge, and the person herein has permission to engage in all prescribed program activities. In the case of emergency in which I am not able to give permission for medical treatment and my designated emergency contact cannot be reached, I authorize the staff or agents of the district to obtain whatever medical treatment is deemed necessary for my child's welfare. In the case of my child, this authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. I further understand and agree that I will be financially responsible for all charges and fees incurred in the rendering of said emergency treatment, regardless of whether my medical insurance would cover such charges or fees.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I, the undersigned, as participant, or as parent or legal guardian of the child listed on this form, hereby assume full responsibility for all risk of injury or loss which may result from my or my child's participation in the program listed below, and hereby agree to hold harmless, release and forever discharge The East Bay Regional Park District, its officers, directors, agents, and employees (collectively "District") and their representatives, from any and all claims and demands whatsoever which the undersigned, and any of them or any third party and their representatives or any person acting under persons, or damage to, loss of or destruction of property arising or resulting directly or indirectly from my or my child's participation in the aforementioned activity, and occurring said participation, or anytime subsequent thereto regardless of whether said claims or demands arise out of negligence on the part of the District. The terms of this release shall serve as a release and assumption of risk for myself, my child, heirs, executives, administrators, and for all of my family members.

I understand, agree, and acknowledge that some activities in this program may be hazardous nature and/or include physical and/or strenuous activity. I hereby assume all risk of such activities. Understanding this, I state to the best of my knowledge that I or my child listed on this form have no medical, physical, mental, or emotional health conditions which would hinder my or my child's active participation in the program listed on this form.

In the case of any emergency in which I am not able to give permission for medical treatment and my designated emergency contact cannot be reached, I authorize the staff or agents of the District to obtain whatever medical treatment is deemed necessary for my child's welfare. In the case of my child, this authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. I further understand and agree that I will be financially responsible for all charges and fees incurred in the rendering of said emergency treatment, regardless of whether my medical insurance would cover such charges and fees.

I give my full permission to East Bay Regional Park District and any other media sources to use my or my child's name and any photographs, video graphs, motion pictures, or recordings for any publicity and promotional purposes without obligation or liability to me.

**Camper's Name:** \_\_\_\_\_ **Parent/Guardian Name:** \_\_\_\_\_

**Parent or Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_