

EAST BAY REGIONAL PARK DISTRICT

LIFEGUARD I

GENERAL FUNCTION

Under direct supervision, performs general lifeguard functions at a District aquatic facility. May teach aquatic and safety programs and do other work as required.

ESSENTIAL FUNCTIONS

The essential functions of this position include, but are not limited to, the following: performs the tasks necessary to promote public safety at an aquatic facility by lifeguarding. Monitors activities in aquatic areas to prevent accidents; enforces regulations, cautions swimmers regarding unsafe swimming activities, rescues swimmers in danger of drowning, administers first aid, and maintains order in aquatic areas. Inspects facility for cleanliness, keeping aquatic area clean and free from hazards. Inspects and maintains equipment and materials in proper working order. Participates in training sessions. Takes reports from the public; fills out medical incident reports, training logs, and other forms and paperwork as required.

OTHER FUNCTIONS AND DUTIES

Other tasks related to this position will include: instructs aquatic and safety programs, as required.

MINIMUM QUALIFICATIONS (New Lifeguards must successfully complete the District's Lifeguard Academy)

- Sixteen years of age or older, and
- A current "CPR/AED for Lifeguards" provider certificate from the American Red Cross or American Heart Association or its equivalent, and
- A current First Aid certificate that meets the State of California Health & Safety Code (Title 22) requirements, and
- A current "Lifeguarding/Waterfront/First Aid" certificate from the American Red Cross or its equivalent.

DESIRABLE QUALIFICATIONS

A current "Water Safety Instructor" (WSI) certificate from the American Red Cross or its equivalent, a "current CPR/AED for the Professional Rescuer" Instructor certificate from the American Red Cross or its equivalent, and a current "Lifeguard Training" Instructor certificate from the American Red Cross or its equivalent.

KNOWLEDGE, SKILLS & ABILITIES

Knowledge of lifeguarding. Knowledge of correct English usage, including spelling, grammar and punctuation, sufficient to write accurate reports and forms. Ability to use a computer terminal. Ability to swim 550 yards (500 meters) over a measured course in ten minutes or less. Ability to operate and maintain lifesaving equipment. Ability to effectively teach aquatic and safety programs to varying age levels. Ability to walk, run, jump, climb, swim, dive, sit, lift and carry equipment weighing up to 60 pounds, lift overhead and balance equipment weighing up to 40 pounds, and work outdoors in the sun for prolonged periods of time. Ability to breath-hold dive to 15 feet and recover 150 pound person while wearing mask and fins in an open water environment. Ability to understand and apply District and department policies, procedures, protocols, and pertinent local and state regulations relating to lifeguard operations and emergency procedures. Ability to establish and maintain positive working relationships with

those contacted in the course of work at all levels, including a culturally diverse public, with a focus on quality service to internal and external customers.

CONDITIONS OF EMPLOYMENT

Lifeguards are required to wear uniforms and may be required to work unusual hours, weekends and holidays. Lifeguards may be required to work at aquatic facilities other than their assigned facility. Individuals chosen for hire must be able to pass continuous skill audits. Lifeguards must participate in a minimum of 16 hours of formal rescue skills training per season. Lifeguards are required to work 750 hours before progressing to the next pay step. Lifeguards have limited representation by Local 2428, American Federation of State, County & Municipal Employees (AFSCME), AFL-CIO.

REPORTS TO: Lifeguard III (Head Lifeguard) or Lifeguard II (Assistant Head Lifeguard).

EMPLOYMENT CATEGORY: Seasonal
Adopted by Board of Directors: June 7, 1994
Revision Approved by General Manager: June 6, 2001
Revision Approved by General Manager: December 21, 2010