

Volunteer Here!

in Your Regional Parks

East Bay 
Regional Park District
www.ebparks.org



Why Volunteer?

- Enjoy time in nature
- Gain new skills
- Spend time with family
- Develop greater knowledge of natural and cultural resources
- Meet new people
- Secure job references
- Explore career possibilities
- Be part of a team
- Personal satisfaction of making a difference
- Appreciation and recognition

Information

For details about any of these volunteer opportunities, please contact:

Volunteer Coordinator
Tel: 510-544-2515
Email: volunteers@ebparks.org



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VOLUNTEER PROGRAM

East Bay Regional Park District
2950 Peralta Oaks Court
P.O. Box 5381
Oakland, CA 94605

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Healthy Parks 
Healthy People

“After participating in the Trails Challenge for several years, I wanted to inspire others to explore the parks... As a volunteer, I’m always discovering and learning new things from staff, fellow Ambassadors, and the public.” – Raj H., Regional Parks Ambassador

“I consider the people at Tilden to be my second family; they are so nice to me!” – Gretchen G., Regional Parks Docent

“I enjoy the parks so much, I wanted to do something that was paying back to the parks.” – Albert C., Ivan Dickson Volunteer Trail Maintenance



Special Event and Short-term Volunteers

Sign up to help with our many special events and short-term projects. Volunteers help us maintain trails, lead tours, take photos, keep trails safe for all users, distribute fliers, serve as host/greeter, help set up and staff booths, monitor wildlife, remove invasive plants, help with recycling activities, and assist with shoreline clean-ups.

Many of these opportunities are on weekends, and volunteers usually serve in shifts. Many programs are suitable for groups.

Visit our web site:
www.ebparcs.org/getinvolved/volunteer

Ongoing Volunteer Opportunities

Devoted volunteers assist in several departments and in many of our 65 Regional Parks spanning Alameda and Contra Costa counties. Docents (tour guides) provide support to naturalists and share their passion for nature and history. There are also several opportunities for individuals who wish to help with gardening. Qualified volunteers assist with recreation and enrichment activities for youth, older adults, and people with disabilities. Those wanting to help restore parklands to their original state can help replace non-native plants with native ones or work with staff to restore vital habitats. Volunteers may also assist with police services and trail safety.

These types of volunteer opportunities may require training and/or fingerprinting, background checks, and TB testing.

Groups & Community Service

Volunteers of all ages have something to offer and are welcome. Volunteer projects can be tailored for school groups, individuals, students, corporate groups, Scout groups, and service clubs. We also have company team-building service projects. Work may also be arranged for court referrals. Children under the age of 18 must have signed permission by parent or legal guardian. Children under the age of 13 should be accompanied by an adult.

Eagle Scout and Gold Award Girl Scout projects are also welcome.

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