IRON HORSE REGIONAL TRAIL, Concord to Livermore (30.72 miles): Begun in 1986, this multi-use, whole-access trail between the cities of Concord and Pleasanton follows the Southern Pacific Railroad right-of-way established in 1891 and abandoned in 1977. The completed Iron Horse Regional Trail will span a distance of over 50 miles from the Alameda County / San Joaquin County line to Suisun Bay in Contra Costa County, connecting two counties and nine communities. Representing interagency cooperation and a community-wide effort by individuals and groups, this trail creates an important recreational and commute component for the communities it serves. The trail corridor connects residential and commercial areas, business parks, schools, public transportation (BART, County Connection), open space and parks, regional trails, and community facilities. The trail will continue to grow in the future, with connections extending east through Livermore and northward to Martinez.

The trail is developed from Marsh Drive near Highway 4 in Concord south through Pleasanton to the western boundary of Livermore. Extensions are planned that will connect Shadow Cliffs Regional Recreation Area through Livermore and farther eastward to San Joaquin County. The Iron Horse Trail's connection with the Alamo Canal Trail in Dublin provides access to the Alameda County Fairgrounds, and a planned extension eastward to the Iron Horse Trail's future extension to Shadow Cliffs from downtown Pleasanton will provide an 11-mile circuit hrough these two cities.

Throughout the entire length of the trail, opportunities to view the valley ridgeline and landscape features like Mt. Diablo create a pleasant trail experience.

CONTRA COSTA TRAIL, Martinez to Concord (13.49 mi.): One of the first Regional Trails established (in 1976), and one of the most popular trails in the Park District system, this multi-use, mostly whole-access trail is a paved pathway suitable for bikers, runners, and equestrians. Created through a cooperative effort of the Contra Costa Water District, the Bureau of Reclamation, and the Park District, this trail provides a safe off-road corridor connecting Martinez, Pleasant Hill, Walnut Creek, and Concord.

Meandering along the Contra Costa Canal, following a horseshoe-shaped path through central Contra Costa County, the trail connects a number of local parks in Pleasant Hill (Las Juntas Park), Walnut Creek (Larkey Park, Heather Farm Park), and Concord (Lime Ridge). It also makes important connections to several regional trails, including the California State Riding and Hiking Trail, the Briones-to-Mt. Diablo Trail, and the Iron Horse Trail, and will connect with the Delta de Anza Trail when that trail is completed through the future Concord Hills Regional Park.

With access to schools, commercial areas, and public transportation (BART, County Connection), this trail is an integral factor in county non-vehicular transportation and also provides significant recreation opportunities in central Contra Costa County. From urban access to rural open space, the Canal Trail provides a pleasant recreational experience and transportation opportunity.

LAFAYETTE-MORAGA REGIONAL TRAIL 7.65 miles: Established in 1972, the Lafayette-Moraga Regional Trail parallels Las Trampas Creek and St. Mary's Road through Lafayette and Moraga. This whole-access trail is intended for hiking, bicycling, and equestrian use. The trail is maintained and operated by the East Bay Regional Park District. It was established largely along utility rights-of-way in cooperation with the cities of Lafayette and Moraga, the Central Contra Costa Sanitary District, the East Bay Municipal Utility District (EBMUD), and Pacific Gas and Electric Co.

Coursing through the Moraga Valley, connecting Las Trampas Ridge to the Oakland Hills and the cities of Lafayette and Moraga, this trail corridor has a rich and varied history. It was once used by mule trains to carry redwood from Oakland to Sacramento. Later, when the mule trains had passed into history, the lumber was carried by steam trains, including the Oakland-Antioch and Eastern Railroad, the San Francisco-Sacramento, and the Sacramento Northern, for which the easement was historically named. With the abandonment of the railroads, the corridor became a utility easement and, ultimately, with the cooperation of local communities, utility districts, and the East Bay Regional Park District, a paved multi-use recreational trail serving hikers, bicyclists, and equestrians.

The trail's north end is at Olympic Boulevard and Pleasant Hill Road south of Highway 24 in Lafayette, and it runs to EBMUD's Valle Vista staging area on the outskirts of Moraga, bordering San Leandro Reservoir and Redwood Regional Park. (An annual permit is required to hike in EBMUD lands, call 510-287-0459.) The trail makes connections to a variety of schools (including St. Mary's College), the Briones-to-Las Trampas Regional Trail, the Lamorinda Trail Loop, local parks (Moraga Commons), and commercial areas in downtown Moraga. One of the first rail-trails in California, this 60-foot-wide recreational trail corridor offers residential access, regional connections, scenic areas, and convenience to local facilities.

OLD MORAGA RANCH TRAIL, Canyon Road to Bollinger Canyon Road in Moraga (4.64 miles): This trail has the distinction of being one of the District's oldest regional trails. The hiking and equestrian trail rollercoasters through the scenic hills of Moraga and affords spectacular views of St. Mary's College, the Moraga Valley, and distant landscape features. The steep, hilly terrain provides great opportunities to view soaring raptors and vultures taking advantage of thermal updrafts. Hikers can pick up the trail by parking at Rancho Laguna Park in Moraga and heading north to intercept the trail as it crosses Camino Pablo from EBMUD's Valle Vista staging area. Equestrians can begin at Valle Vista (EBMUD permit required, phone 510-287-0459). The trail ends at Bollinger Canyon Road to the east.

CALIFORNIA STATE RIDING AND HIKING TRAIL, Martinez to Concord (20.35 mi.): This historic trail (portions of which were established in the 1940s) provides spectacular views, community access, and a challenging and rewarding experience to trail users of various abilities. When completed, it will connect Martinez to Lime Ridge Open Space. The trail passes from Carquinez Regional Shoreline over the Franklin Hills and makes a connection to the John Muir Historic Site. It passes over and through the hilly residential area of southern Martinez, past city parks (Hidden Lakes, Las Juntas), and into Pleasant Hill, where it utilizes a portion of the Contra Costa Canal Trail. It follows the Canal Trail past Walnut Creek's Larkey Park and Heather Farm Park and crosses through Lime Ridge Open Space in Concord. It courses through open space and residential areas of Concord and into Concord's Newhall Community Park. Heading south, the trail reaches Ygnacio Valley Road and continues towards Alberta Way. There the trail heads southeast, then southwest, towards Lime Ridge. Along much of its route, the trail can be accessed from a variety of parks and schools.

BRIONES-TO-MT. DIABLO REGIONAL TRAIL (11.78 mi.): Spanning the distance between Briones Regional Park and Mt. Diablo State Park, this trail serves the communities of Lafayette and Walnut Creek and makes important connections to the Contra Costa Canal Trail, California State Riding and Hiking Trail, and the Iron Horse Trail. The Briones-to-Mt. Diablo Trail also connects schools, community facilities, and city parks and open space areas, including Briones Regional Park, Larkey Park, Heather Farm Park, Shell Ridge Open Space, Diablo Foothills Regional Park, and Mt. Diablo State Park. This trail is multi-use with paved and unpaved portions, and offers opportunities for trail users of all abilities. Sweeping views of Pleasant Hill and Walnut Creek are afforded from portions of the trail.

Leaving Briones, the trail passes over Acalanes Ridge (Walnut Creek open space) and continues into Larkey Park and past the Alexander Lindsay Museum. It shares a right-of-way with the Contra Costa Canal Trail for a short distance, passes by Heather Farm Park, goes into Shell Ridge Open Space, enters the Park District's Diablo Foothills Regional Park, and finally enters Mt. Diablo State Park, ending at Macedo Ranch. Scenic vistas, wildlife viewing, and beautiful natural settings reward users of this regional trail corridor.

BRIONES-TO-LAS TRAMPAS REGIONAL TRAIL (1.51 mi.): When complete, this trail will connect two of the Park District's largest open space parks. The existing portion of this trail links Briones Regional Park to the Lafayette-Moraga Trail in the City of Lafayette. The segment heading south from Briones is hilly, steep, and appropriate only for hiking use. Paved portions of the trail pass 0.8 miles east of the Lafayette BART station on Deer Hill Road, bisect the commercial area of Lafayette, and connect to the Lafayette-Moraga Trail at Foye Drive and Moraga Blvd.

LAS-TRAMPAS-TO-MT. DIABLO REGIONAL TRAIL, Camille Ave. in Alamo to Macedo Ranch Staging, Mt. Diablo State Park (4.30 miles): This hiking and equestrian trail connects Las Trampas Regional Wilderness to Mt. Diablo State Park. Leaving the eastern edge of Las Trampas at Camille Lane in Alamo, the trail goes through Hap Magee Ranch Park, passes under I-680, weaves its way over the ridge, crosses Stone Valley Road in Alamo, ascends the grassland and chaparral-dotted slopes overlooking the valley, and enters Mt. Diablo State Park at Macedo Ranch Gate. Passing through residential and open space areas, it provides convenient access and offers an interesting contrast between development and parkland.

Ancient oaks, rolling hills, and spectacular views greet those willing to challenge this unique regional trail. Access to the trail for equestrians is most convenient at Macedo Ranch Gate at the north end of Green Valley Road above Danville. For hikers, Macedo Ranch Gate on the north end, La Gonda Way on the south end, or Oak Hill Park in the middle (at Stone Valley Road and Glenwood Court) are the best access points. At Macedo Ranch, the trail connects with the Brionesto-Mt. Diablo and Green Valley regional trails.

GREEN VALLEY TRAIL, (2.03 miles): The Green Valley Trail is a local access, unpaved hiking and equestrian trail providing convenient entry into Mt. Diablo State Park from the Alamo area. With sweeping views of the San Ramon Valley, this trail makes connections from local residential areas into the rolling hills and open space bordering the state park. It provides access to the extensive trail system of Mt. Diablo, including the Summit Trail and other major trails in Dan Cook Canyon. The best staging to access the trail is at Mt. Diablo's Macedo Ranch staging area on Green Valley Road. From Macedo Ranch, head south along Green Valley Road to intercept the trail where it crosses Green Valley Creek.

DELTA DE ANZA REGIONAL TRAIL, (13 miles): This whole access trail is named for the eighteenth century Spanish explorer Juan Bautista de Anza, who was halted in an expedition of discovery by the Sacramento San Joaquin River Delta. The multi-use hiking, bicycling, and equestrian trail generally follows EBMUD's utility corridor and the Contra Costa Water District's canal corridor to connect Concord in central Contra Costa County to Oakley in the east. It currently connects to the Marsh Creek Trail in Oakley and, when completed, is planned to intersect with the Iron Horse Regional Trail in Concord. This map shows only the western end of the trail, where it passes over the Willow Pass and connects with Willow Pass Road north of Concord. For coverage of the rest of the trail, see the Eastern Contra Costa Regional Trails map.

Regional Trails provide enjoyment, recreation, and alternative transportation . . . Only a few steps from the busy streets of Contra Costa and Alameda counties is a network of beautiful regional trails for hiking, bicycling, and horseback riding. Although these trails pass through the urban heart of the I-680 corridor in the growing valleys of these two counties, they allow the user a leisurely, rural pace, and fresh air and exercise in beautiful surroundings with views of nearby hills.

This regional trail system has evolved over the years to become a vital network of over 100 miles of trails, linking 12 cities, four Regional Parklands, Mt. Diablo State Park, Lime Ridge and Shell Ridge open space areas, numerous schools and municipal parks, job centers, commercial areas, and transit facilities including several BART stations—and the system is being expanded. There are links to Las Trampas and Redwood Regional Parks through East Bay Municipal Utility District watershed lands (an annual permit is needed to hike on EBMUD lands; call 510-287-0459 for information).

This trail system will be expanded to link to the Delta de Anza Regional Trail, providing access eastward to Antioch and Brentwood. Links will be completed from the Dublin-Pleasanton BART station south to the Alameda County Fairgrounds and east to Livermore and Del Valle Regional Park.

Because trails are convenient they are both popular and functional. The Park District's paved trails are increasingly being utilized as an alternative method of transportation. A 1997 study showed that over one-third of the use of the Iron Horse Trail from Walnut Creek to San Ramon was for transportation purposes. With the increase in population growth expected for this region, the use of paved trails for non-motorized transportation is expected to grow. Trails are an integral part of people's lives and are one of the most popular features of the East Bay Regional Park District system. They can be enjoyed by people of all ages and abilities, so go and enjoy a walk on a trail near you!

MEMBERSHIPS The Regional Parks Foundation offers memberships to park users. For information, call (510) 544-2220, or see www.regionalparksfoundation.org.

East Bay Regional Park District
2950 Peralta Oaks Court,
Oakland, CA 94605-0381
1-888-EBPARKS www.ebparks.org
Rev. 8/18

Central Contra Costa
Regional Trails

East Bay Regional Park District

Includes These Regional Trails:
- Iron Horse Trail
- Contra Costa Canal Trail
- Lafayette-Moraga Trail
- Cal. Riding and Hiking Trail
- Old Moraga Ranch Trail
- Briones-To-Mt. Diablo Trail
- Las Trampas-To-Mt. Diablo Trail
- Tassajara Creek/Ridge Trail
- Green Valley Trail
- Briones-To-Las Trampas Trail
- West end of Delta de Anza Trail
- Various Municipal Trails

RESPONSIBLE TRAIL-USE RULES
Violations of any of the following may result in citation.

ALL TRAIL USERS:
- Trail curfew: 10 p.m. to 5 a.m.
- Open containers or consumption of alcoholic beverages are not permitted within 50 feet of paved trails, roads, or parking areas.
- Be safe, considerate, and aware of your impact on the trail and other trail users.
- For everyone's safety, keep to the right. Proceed single file around blind curves.
- For your safety, headphones are not advised.
- Safety helmets are required by law for bicyclists under 18, and are strongly recommended for all bicyclists and equestrians.
- Do not litter. Deposit litter in a trash receptacle.
- Carry drinking water. Wear a hat and/or use sunscreen to protect yourself from overexposure to the sun.

DOGS:
- Dogs must be on leash (six foot maximum) on all paved trails and where posted, and under full verbal control elsewhere. Carry a disposable bag to clean up after your dog and dispose of the waste in a trash receptacle. Persons who walk more than three dogs at a time on Regional Parks trails must obtain a permit; please call (510) 690-6508 for information.

BICYCLES:
- Bicycles are not permitted, either walked, ridden, or carried, on trails marked "No Bicycles."
- Bicycles shall not be ridden at an unsafe speed, or greater than the posted speed limit. Be aware of how you are perceived by other trail users.
- Bicycles always yield to pedestrians. Before passing, SLOW DOWN, establish verbal contact, and/or ring bell.
- When approaching equestrians, call out and/or ring bell and STOP, whether you are seen or not. Ask for instructions on how to pass safely.
- On blind turns, SLOW DOWN, call out, and/or ring bell, and ride single file.

PEDESTRIANS:
- Keep to the right when approached by others.
- Always yield to equestrians.
- Look behind and to both sides before changing course.

EQUESTRIANS:
- Keep your horse to the right or where safe when encountering other trail users.
- Communicate. Let other trail users know how to pass your horse safely.
- Please dispose of your horse's waste by placing it in a garbage can.

Trail conflicts or violations should be reported online at www.ebparks.org/pwr.htm (Park Watch Report). For an immediate response, call the Regional Parks Police at (510) 881-1833. In case of emergency dial 9-1-1.

CALAVERAS RIDGE TRAIL (8.98 mi.): When complete, this trail will connect four of the Park District's largest open space parks in Contra Costa and Alameda County. The existing portion of this trail links Briones Regional Park to the Lafayette-Moraga Trail in the City of Lafayette. The segment heading south from Briones is hilly, steep, and appropriate for hiking use only. Paved portions of the trail pass 0.8 miles east of the Lafayette BART station on Deer Hill Road, bisect the commercial area of Lafayette, connect to the Lafayette-Moraga Trail at Foye Drive and Moraga Blvd. to the Olympic Blvd. Staging Area. South from the Olympic Blvd. Staging Area, the Calaveras Ridge Trail is proposed to cross Olympic Blvd. and travel up through the hills of Lafayette along Burton Ridge through easements acquired by the Park District. When complete the Calaveras Ridge Trail will stretch over 45 miles from Lafayette to the Ohlone Regional Wilderness Trail in Alameda County.

TASSAJARA CREEK/RIDGE TRAIL (5.54 mi.): This unpaved and paved regional trail extends from the lowlands of Tassajara Creek in Alameda County to the ridgeline above Dougherty Valley in Contra Costa County. This multi-use hiking, bicycling, and equestrian trail extends north from the Tassajara Ridge Trail Staging Area at Windemere Parkway to Camino Tassajara in San Ramon. In Alameda County, roughly 4.4 miles of existing paved segments connects form the Iron Horse Trail in Dublin, north along Tassajara Creek to the Contra Costa County line. There are gaps preventing continuous travel between the two counties, but once completed this trail will stretch a total of 9.9 miles from the Iron Horse Trail to Mount Diablo State Park.