

## Recreation Programs

Join Recreation Staff for a boating trip or fishing trip on our lakes and shorelines, or for a biking trip to one of our parks or along the shoreline. Trip experiences can be customized for your group size and ability. All necessary gear is provided along with high quality guide instruction. Booking must be made a minimum of 30 days in advance.

Program Location: Various Parks



## Police Programs

Spend some time with an EBRPD police officer to learn about: social responsibility and preserving the environment through law enforcement, personal safety and protection from thieves, careers in law enforcement careers, or request a specific topic.

Program Location: Various Parks



## Aquatics Programs

Learn to swim or become comfortable in the water during group or private lessons in one of our pools or lakes. Adaptive swim lessons and certified lifeguarding courses available.

Program Location: Various Parks



To get more information and to apply for an outreach program visit: [www.ebparks.org/activities/Community\\_Outreach](http://www.ebparks.org/activities/Community_Outreach)

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Enjoy *YOUR* Regional Parks!

# OUTREACH PROGRAMS

*East Bay Regional  
Park District*

East Bay   
Regional Park District  
[www.ebparks.org](http://www.ebparks.org)

## Northwest Sector

Explore Tilden: Are you curious about nature nearby and the history of the land? We can go on a nature walk and explore or visit our Little Farm, where we'll meet the farm animals and learn the importance of agriculture in our daily lives.

Program Location: Tilden Nature Area  
(Berkeley)

Nature Walk: Meander the trails at Point Pinole Regional Shoreline through breezy meadows, aromatic eucalyptus woods, and along bluffs and beaches, investigate the rolling hills of Briones Regional Park, or see the beautiful views at Miller Knox Regional Shoreline. We can go on a nature walk, explore, learn about the Bay and discover your area's rich history.

Program Location: Various Parks (Pinole, Martinez, Lafayette, Richmond)

## Northeast Sector

Mine Tour: Head underground for a tour of the awe-inspiring and historic Hazel-Atlas silica sand mine. Must be 7+ years old to participate. \*Additional fees apply\*

Program Location: Black Diamond Mines  
Regional Preserve and Visitor Center  
(Antioch)

Shoreline Exploration: Make yourself at home along the Delta! Explore the wild beauty of Martinez Regional Shoreline or Bay Point Regional Shoreline on a naturalist-led walk.

Program Location: Martinez Regional Shoreline  
or Bay Point Regional Shoreline

## Delta Sector

Meet the Delta: Come share the sights, sounds and stories of the Delta on a tour of the shoreline. We'll walk through the new Delta exhibits at the visitor center and head out on a flat, paved wetland walk to the waterfront.

Program Location: Big Break Regional  
Shoreline and Visitor Center (Oakley)

## Central Sector

Cove Days: Explore outdoors to learn about San Francisco Bay creatures, see them up close (tide permitting) and view the exhibits and aquariums in the visitor center.

Program Location: Crown Beach and Crab  
Cove Visitor Center (Alameda)

Redwood Forest Day: Explore in our local forest, see the huge trees and learn about the animals that live here along with the fascinating history.

Program Location: Redwood Regional Park  
(Oakland)

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## Naturalist Led Interpretive Programs

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## Mobile Education Programs

Nature to You: Skip the buses and have a Naturalist come to you with our Mobile Visitor Center. Our two most popular program options include a live reptile presentation and a hands-on mammals program.

## Southwest Sector

Ohlone Cultures Indian Program: Develop a deeper awareness of the ways the first peoples interacted with the abundant natural resources of this land and continue to interact today.

Program Location: Coyote Hills Regional Park  
and Visitor Center (Fremont)

Nature Walk: Experience the wonder of stunning plant and wildlife habitats on a stroll through the beautiful landscapes found here.

Program Location: Various Parks (Hayward, Castro Valley, Fremont)

## Southeast Sector

California History: Learn about the cultural history of the land from the time of the first peoples through the Mission, Rancho, and American settlement periods to the present day. On a history walk discover evidence in the landscape of previous human occupation.

Program Location: Sunol Regional Wilderness  
or Del Valle Regional Park (Livermore)

Nature Walk and Talk: Topics from the life of a butterfly, wildflowers and pollination, animal homes and adaptation, bird life, creek critters and exploring a stream are but a few of the many possible programs naturalists can customize for your needs.

Program Location: Sunol Regional Wilderness  
or Del Valle Regional Park (Livermore)

## Ardenwood Historic Farm

Explore Ardenwood: Experience what life was like on a farm in the mid-1800's. Train rides and tours of the beautifully restored Patterson House are available seasonally. \*Additional fees apply\*

Program Location: Ardenwood (Fremont)

**Can't make it out to the parks?  
Have a Naturalist come to you for  
an Interpretive Program at  
YOUR center!**

